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Fatty acid oxidation participates of the survival to starvation, cell cycle progression
and differentiation in the insect stages of *Trypanosoma cruzi*

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34 **Abstract**

35 During its complex life cycle, *Trypanosoma cruzi* colonizes different niches in its insect and
36 mammalian hosts. This characteristic determined the types of parasites that adapted to face
37 challenging environmental cues. The primary environmental challenge, particularly in the insect
38 stages, is poor nutrient availability. These *T. cruzi* stages could be exposed to fatty acids originating
39 from the degradation of the perimicrovillar membrane. In this study, we revisit the metabolic fate of
40 fatty acid breakdown in *T. cruzi*. Herein, we show that during parasite proliferation, the glucose
41 concentration in the medium can regulate the fatty acid metabolism. At the stationary phase, the
42 parasites fully oxidize fatty acids. [U-¹⁴C]-palmitate can be taken up from the medium, leading to
43 CO₂ production via beta-oxidation. Lastly, we also show that fatty acids are degraded through beta-
44 oxidation. Additionally, through beta-oxidation, electrons are fed directly to oxidative
45 phosphorylation, and acetyl-CoA is supplied to the tricarboxylic acid cycle, which can be used to
46 feed other anabolic pathways such as the *de novo* biosynthesis of fatty acids.

47

48 **Author Summary**

49 *Trypanosoma cruzi* is a protist parasite with a life cycle involving two types of hosts, a
50 vertebrate one (which includes humans, causing Chagas disease) and an invertebrate one (kissing
51 bugs, which vectorize the infection among mammals). In both hosts, the parasite faces environmental
52 challenges such as sudden changes in the metabolic composition of the medium in which they
53 develop, severe starvation, osmotic stress and redox imbalance, among others. Because kissing bugs
54 feed infrequently in nature, an intriguing aspect of *T. cruzi* biology (it exclusively inhabits the
55 digestive tube of these insects) is how they subsist during long periods of starvation. In this work, we
56 show that this parasite performs a metabolic switch from glucose consumption to lipid oxidation, and
57 it is able to consume lipids and the lipid-derived fatty acids from both internal origins as well as
58 externally supplied compounds. When fatty acid oxidation is chemically inhibited by etomoxir, a very
59 well-known drug that inhibits the translocation of fatty acids into the mitochondria, the proliferative
60 insect stage of the parasites has dramatically diminished survival under severe metabolic stress and
61 its differentiation into its infective forms is impaired. Our findings place fatty acids in the centre of
62 the scene regarding their extraordinary resistance to nutrient-depleted environments.

63

64

65

66 **Introduction**

67 *T. cruzi*, a flagellated parasite, is the causative agent of Chagas disease, a neglected health
68 problem endemic to the Americas [1]. The parasite life cycle is complex, alternating between
69 replicative and non-replicative forms in two types of hosts, mammals and triatomine insects [2].
70 In mammalian hosts, two primary forms are recognized: replicative intracellular amastigotes and
71 nondividing trypomastigotes, which are released from infected host cells into the extracellular
72 medium. After being released from infected cells, trypomastigotes can spread the infection by
73 infecting new cells, or they can be ingested by a triatomine bug during its blood meal. Once inside
74 the invertebrate host, the ingested trypomastigotes differentiate into epimastigotes, which initiate
75 their proliferation and colonization of the insect digestive tract [3]. Once the epimastigotes reach the
76 final portion of the digestive tube, they initiate differentiation into non-proliferative, infective
77 metacyclic trypomastigotes. These forms will be expelled during a new blood meal and will be able
78 to infect a new vertebrate host [2,4–6].

79 The diversity of environments through which *T. cruzi* passes during its life cycle (i.e., the
80 digestive tube of the insect vector, the bloodstream and the mammalian cells cytoplasm) subjects it
81 to different levels of nutrient availability [3,7]. Therefore, this organism evolved a robust, flexible
82 and efficient metabolism [5,8]. As an example, it was recognized early on that epimastigotes are able
83 to rapidly switch their metabolism, allowing the consumption of carbohydrates and different amino
84 acids [9,10]. Several studies identified aspartate, asparagine, glutamate [11], proline [12–14],
85 histidine [15], alanine [11,16] and glutamine [11,17] as oxidisable energy sources. Despite the
86 quantity of accumulated information on amino acid and carbohydrate consumption, little is known
87 about how *T. cruzi* uses fatty acids and how these compounds contribute to the parasite's metabolism
88 and survival. In this study, we explore fatty acid metabolism in *T. cruzi*. We also address fatty acid
89 regulation by external glucose levels and the involvement of their oxidation in the replication and
90 differentiation of *T. cruzi* insect stages.

91

92 **Methods**

93 **Parasites**

94 Epimastigotes of *T. cruzi* strain CL clone 14 were maintained in the exponential growth phase
95 by sub-culturing them for 48 h in Liver Infusion Tryptose (LIT) medium at 28 °C [18]. Metacyclic
96 trypomastigotes were obtained through the differentiation of epimastigotes at the stationary growth
97 phase in TAU-3AAG (Triatomine Artificial Urine supplemented with 10 mM proline, 50 mM
98 glutamate, 2 mM aspartate and 10 mM glucose) as previously reported [19].

99

100 **Fatty acid oxidation assays**

101 **Preparation of palmitate-BSA conjugates.** Sodium palmitate at 70 mM was solubilized in water by
102 heating it up to 70 °C. BSA free fatty acids (FFA BSA) (Sigma®) was dissolved in PBS and warmed
103 up to 37 °C with continuous stirring. Solubilized palmitate was added to BSA at 37 °C with
104 continuous stirring (for a final concentration of 5 mM in 7% BSA). The conjugated palmitate-BSA
105 was aliquoted and stored at -80 °C [20].

106

107 **CO₂ production from oxidisable carbon sources.** To test the production of CO₂ from palmitate,
108 glucose or histidine, exponentially growing epimastigotes (5×10^7 mL⁻¹) were washed twice in PBS
109 and incubated for different times (0, 30, 60 and 120 min) in the presence of 0.1 mM of palmitate
110 spiked with 0.2 µCi of ¹⁴C-U-substrates. To trap the produced CO₂, Whatman paper was embedded
111 in 2 M KOH solution and was placed in the top of the tube. The ¹⁴CO₂ trapped by this reaction was
112 quantified by scintillation [15,16].

113

114 **¹H-NMR analysis of the exometabolome.** Epimastigotes (1×10^8 mL⁻¹) were collected by
115 centrifugation at 1,400 x g for 10 min, washed twice with PBS and incubated in 1 mL (single point
116 analysis) of PBS supplemented with 2 g/L NaHCO₃ (pH 7.4). The cells were maintained for 6 h at 27
117 °C in incubation buffer containing [U-¹³C]-glucose, non-enriched palmitate or no carbon sources. The
118 integrity of the cells during the incubation was checked by microscopic observation. The supernatant
119 (1 mL) was collected and 50 µl of maleate solution in D₂O (10 mM) was added as an internal
120 reference. ¹H-NMR spectra were collected at 500.19 MHz on a Bruker Avance III 500 HD
121 spectrometer equipped with a 5 mm Prodigy cryoprobe. The measurements were recorded at 25 °C.
122 The acquisition conditions were as follows: 90° flip angle, 5,000 Hz spectral width, 32 K memory
123 size, and 9.3 sec total recycling time. The measurements were performed with 64 scans for a total
124 time of close to 10 min and 30 sec. The resonances of the obtained spectra were integrated and the
125 metabolite concentrations were calculated using the ERETIC2 NMR quantification Bruker program.

126

127 **Oxygen consumption.** To evaluate the importance of internal fatty acid sources in O₂ consumption,
128 exponentially growing parasites were treated or not treated with 500 µM ETO (the inhibitor of
129 carnitine palmitoyltransferase 1), washed twice in PBS and resuspended in Mitochondrial Cellular
130 Respiration (MCR) buffer. The rates of oxygen consumption were measured using intact cells in a
131 high-resolution oxygraph (*Oxygraph-2k*; *Oroboros Instruments*, Innsbruck, Austria). Oligomycin A
132 (0.5 µg/mL) and FCCP (0.5 µM) were sequentially added to measure the optimal non-coupled

133 respiration and the respiration leak state, respectively. The data were recorded and treated using
134 *DatLab 7* software [15,16,21].

135

136 **Mitochondrial activity assays**

137 **MTT and Alamar Blue.** The parasites were washed twice and incubated in PBS supplemented with
138 0.1 mM palmitate in 0.35% FFA BSA, 0.35% FFA BSA alone, and 5 mM glucose, and 5 mM histidine
139 or not supplemented media were used as controls (positives and negative, respectively). The cell
140 viability was evaluated at 24 h and 48 h after incubation using the MTT assay, as described in [15,16].

141 **Alamar Blue.** The parasites were washed twice and incubated in PBS or PBS supplemented with 500
142 μ M ETO in 96-well plates. The plates were maintained at 28 °C during all the experiments. After
143 every 24 h, the cells were incubated with 0.125 μ g.mL⁻¹ of Alamar Blue reagent and kept at 28 °C for
144 2 h under protection from light. The fluorescence was accessed using the wavelengths $\lambda_{exc} = 530$ nm
145 and $\lambda_{em} = 590$ nm in the SpectraMax® i3 (Molecular Devices) plate reader.

146

147 **Measurement of intracellular ATP content**

148 The intracellular ATP levels were assessed using a luciferase assay kit (Sigma-Aldrich ®), as
149 described in [15–17]. In brief, the parasites were incubated in PBS supplemented (or not) with 0.1
150 mM palmitate, 0.35% FFA BSA, 5 mM glucose or 5 mM histidine for 24 h at 28 °C. The ATP
151 concentrations were determined by using a calibration curve with ATP disodium salt (Sigma), and
152 the luminescence at 570 nm was measured as indicated by the manufacturer.

153

154 **Enzymatic activities**

155 **Carnitine palmitoyltransferase 1 (CPT1).** The epimastigotes were washed twice in PBS (1,000 x
156 g, 5 min at 4 °C), resuspended in buffered Tris-EDTA (100 mM, 2.5 mM and 0.1% Triton X-100)
157 containing 1 μ M phenylmethyl-sulphonyl fluoride (PMSF), 0.5 mM N-alpha-p-tosyl-lysyl-
158 chloromethyl ketone (TLCK), 0.01 mg aprotinin and 0.1 mM trans-epoxysuccinyl-L-leucyl amido
159 (4-guanidino) butane (E-64) as a protease inhibitors (Sigma Aldrich®) and lysed by sonication (5
160 pulses for 1 min each, 20%). The lysates were clarified by centrifugation at 10,000 x g for 30 min at
161 4 °C. The soluble fraction was collected and the proteins were quantified by Bradford method [22]
162 and adjusted to 0.1 mg/mL protein. The reaction mixture contained 0.5 mM L-carnitine, 0.1 mM
163 palmitoyl-CoA and 2.5 mM DTNB in Tris-EDTA buffer (pH = 8.0). The CPT1 activity was measured
164 spectrophotometrically at 412 nm by DTNB reaction with free HS-CoA, forming the TNB⁻ ion. To
165 calculate the specific activity, the absorbance values were converted into molarity by using the TNB⁻
166 extinction molar coefficient of 12,000 M⁻¹.s⁻¹ [23]. As a blank, we performed the same assay without

167 adding the substrate. All the enzymatic assays were performed in 96-well plates at a final volume of
168 0.2 mL in the SpectraMax® i3 (Molecular Devices).

169

170 **Acetyl-CoA carboxylase (ACC).** The ACC activity was measured spectrophotometrically by
171 coupling its enzymatic reaction with that of citrate synthase (CS), which uses oxaloacetate and acetyl-
172 CoA to produce citrate. Measurements were performed at the end-points in two steps. First, the
173 reaction mixture contained 100 mM potassium phosphate buffer (pH = 8.0), 15 mM KHCO₃, 5 mM
174 MnCl₂, 5 mM ATP, 1 mM acetyl-CoA and 0.1 μM biotin. The reaction was initiated by adding 0.1
175 mg of cell extract and developed using 15 min incubations at 28 °C. The reaction was stopped by
176 adding perchloric acid 40% (v/v) and centrifuged 10,000 x g for 15 min at 4 °C. The second reaction
177 was performed by using 0.1 mL of the supernatant from the first reaction, 20 mM oxaloacetate and
178 0.5 mM of DTNB in 100 mM potassium phosphate buffer (pH = 8.0). The reaction was initiated by
179 adding 0.5 units of CS (Sigma Aldrich©). To calculate the specific activity of ACC, we converted
180 the absorbance values to molarity by using the TNB⁻ extinction molar coefficient of 12,000 M⁻¹.s⁻¹.
181 For the blank reaction, we performed the same assay without acetyl-CoA [24].

182

183 **Hexokinase (HK).** The HK activity was measured as described in [25]. Briefly, the activity was
184 measured by coupling the hexokinase activity with a commercial glucose-6-phosphate
185 dehydrogenase, which oxidizes the glucose-6-phosphate (G6PD, SIGMA) resulting from the HK
186 activity with the concomitant reduction of NADP⁺ to NADPH. The resulting NADPH was
187 spectrophotometrically monitored at 340 nm. The reaction mixture contained 50 mM Triethanolamine
188 buffer pH 7.5, 5 mM MgCl₂, 100 mM KCl, 10 mM glucose, 5 mM ATP and 5 U of commercial
189 G6PD. To calculate the specific activity, the absorbance values were converted to molarity using the
190 NADP(H) extinction molar coefficient of 6,220 M⁻¹.s⁻¹.

191 **Serine palmitoyltransferase (SPT).** The SPT activity was measured through the reduction of the
192 DTNB reaction by the free HS-CoA, forming the TNB⁻ ion, which was measured
193 spectrophotometrically at 412 nm as previously described [23]. In brief, the epimastigotes were
194 washed twice in PBS, resuspended in Tris-EDTA buffer (100 mM/2.5 mM) containing Triton X-100
195 0.1% and lysed by sonication (20% of potency, during 2 min). The reaction mixture contained 0.1
196 mg of protein free-cell extract, 0.5 mM L-serine, 0.1 mM palmitoyl-CoA and 2.5 mM DTNB in Tris-
197 EDTA buffer (100 mM/2.5 mM) pH = 8.0 [26]. To calculate the specific activity, we converted the
198 absorbance values to molarity using the TNB⁻ extinction molar coefficient of 12,000 M⁻¹.s⁻¹. For the
199 blank reaction, we performed the same assay without adding palmitoyl-CoA. All the enzymatic assays
200 were performed in 96-well plates in a final volume of 0.2 mL in the SpectraMax® i3 (Molecular
201 Devices).

202

203 **Glucose and triglyceride quantification**

204 Spent LIT medium from epimastigote cultures was collected by recovering the supernatants
205 from a centrifugation (10,000 x g for 15 min at 4 °C). Each sample of spent LIT was analysed for its
206 glucose and triglyceride contents using commercial kits (triglyceride monoreagent and glucose
207 monoreagent by Bioclin Brazil) according to the manufacturer's instructions. These kits are based on
208 colorimetric enzymatic reactions, and the absorbance of each assay was measured in 96-well plates
209 at a final volume of 0.2 mL in the SpectraMax® i3 (Molecular Devices).

210

211 **Proliferation assays**

212 Exponentially growing *T. cruzi* epimastigotes (5×10^7 mL⁻¹) were treated with different
213 concentrations of ETO or not treated (negative control) in LIT medium. As a positive control for
214 growth inhibition, we used a combination of rotenone (60 µM) and antimycin (0.5 µM) [27]. The
215 parasites (2.5×10^6 mL⁻¹) were transferred to 96-well plates and then incubated at 28 °C. The cell
216 proliferation was quantified by reading the optical density (OD) at 620 nm for eight days. The OD
217 values were converted to cell numbers using a linear regression equation previously obtained under
218 the same conditions. Each experiment was performed in quadruplicate [28].

219

220 **Flow cytometry analyses**

221 **Cell death.** Epimastigotes in the exponential phase of growth were maintained in LIT and treated
222 with ETO 500 µM for 5 days. After the incubation time, the parasites were analysed as described in
223 [28]. The cells were analysed by flow cytometry (FACScalibur BD Biosciences).

224

225 **Cell cycle (DNA content).** Epimastigotes in the exponential phase of growth were maintained in LIT
226 and treated with ETO 500 µM over 5 days. After the incubation time, the parasites were washed twice
227 in PBS and resuspended in lysis buffer (phosphate buffer Na₂HPO₄ 7.7 mM; KH₂PO₄ 2.3 mM; pH =
228 7.4) and digitonin 64 µM. After incubating on ice for 30 min, propidium iodide 0.2 µg/mL was added.
229 The samples were analysed by flow cytometry (Guava) adapted from [29].

230

231 **Fatty acid staining using BODIPY® 500/510.** Exponentially growing epimastigotes were kept in
232 LIT medium to reach three different cell densities (2.5×10^7 mL⁻¹, 5×10^7 mL⁻¹ and 10^8 mL⁻¹) in 24-
233 well plates at 28 °C. Twenty-four hours before the flow cytometry analysis, the parasites were treated
234 with 1 µM C₁-BODIPY® 500/510-C₁₂. This fluorophore allows for measurements of the relationship
235 between fatty acid accumulation and consumption by shifting the fluorescence filter. The samples
236 were collected, washed twice in PBS and incubated in 4% paraformaldehyde for 15 min. After

237 incubation, the cells were washed twice with PBS and suspended in the same buffer. Flow cytometry
238 analysis was performed with FL-1 and FL-2 filters in a FACS Fortessa DB®. The results were
239 analysed using FloJo software.

240

241 **Fluorescence microscopy**

242 The parasites were maintained in LIT medium as previously reported for fatty acid staining
243 using *BODIPY*® 500/510. After incubation, the cells were washed twice in PBS and placed on glass
244 slides. The images were acquired with a digital DFC 365 FX camera coupled to a DMI6000B/AF6000
245 microscope (Leica). The images were analysed using ImageJ software.

246

247 **Results**

248 **Palmitate supports ATP synthesis in *T. cruzi***

249 We initially investigated the ability of *T. cruzi* epimastigotes to oxidize fatty acids. To this
250 end, we used palmitate as a proxy for fatty acids in general. The parasites were incubated with 0.1
251 mM ¹⁴C-[U]-palmitate, which allowed us to measure the production of 1.3 nmoles of CO₂ derived
252 from palmitate oxidation during the first 60 min and 1.5 extra nmoles during the following 60 min
253 (Fig 1a). This finding indicated that beta-oxidation and the further ‘burning’ of the resulting acetyl-
254 CoA is operative in epimastigote mitochondria. Because palmitate is taken up from extracellular
255 medium and oxidized to CO₂, it is reasonable to assume that it could contribute to resistance to severe
256 nutritional stress. To support this idea, we tested the ability of palmitate to extend parasite survival
257 under extreme nutritional stress. Parasites were incubated for 24 and 48 h in PBS (negative control,
258 in this condition we expected the lower viability after the incubations), 0.1 mM palmitate in PBS
259 supplemented with BSA (as a palmitate carrier), 5.0 mM histidine in PBS or 5.0 mM glucose in PBS
260 (both positive controls, since it is well knowing the ability of both metabolites to extend the parasites’
261 viability in metabolic stress conditions, see [15]). As an additional negative control, we used PBS
262 supplemented with BSA without added palmitate. The viability of these cells was assayed by
263 measuring the total reductive activity by MTT assay. Additionally, we measured the total ATP levels.
264 Cells incubated in the presence of palmitate showed higher viability than the negative controls, but
265 not as high as that of parasites incubated with glucose or histidine (Fig 1b). Consistently, parasites
266 incubated in the presence of palmitate showed higher ATP contents than both negative controls.
267 However, the intracellular ATP levels in the cells incubated with palmitate were diminished by half
268 when compared to parasites incubated with histidine. Interestingly, the palmitate kept the ATP
269 content at levels comparable to glucose (Fig 1c).

270

271 **Figure 1. Palmitate oxidation promotes ATP production and viability in epimastigote forms**
272 **under starvation.** Schematic representation of ^{14}C -U-palmitate metabolism. The metabolites
273 corresponding to labelled palmitate metabolism are presented in green. A) $^{14}\text{CO}_2$ production from
274 epimastigotes incubated in PBS with ^{14}C -U-palmitate 100 μM . The $^{14}\text{CO}_2$ was captured at 0, 30, 60
275 and 120 min. B) Viability of epimastigote forms after incubation with different carbon sources and
276 palmitate. The viability was assessed after 24 and 48 h by MTT assay. C) The intracellular ATP
277 content was evaluated following incubation with different energy substrates or not (PBS, negative
278 control). The ATP concentration was determined by luciferase assay and the data were adjusted by
279 the number of cells. A statistical analysis was performed with one-way ANOVA followed by Tukey's
280 post-test at $p < 0.05$ using the GraphPad Prism 8.0.2 software program. We represent the level of
281 statistical significance in this figure as follows: *** p value < 0.001 ; ** p value < 0.01 ; * p value $<$
282 0.05 . For a p value > 0.05 we consider the differences to be not significant (ns).
283

284 **Epimastigote forms excrete acetate as a primary end-product of palmitate oxidation**

285 Because the epimastigotes were able to oxidize ^{14}C -U-palmitate to $^{14}\text{CO}_2$, we were interested
286 in analysing their exometabolome and comparing it with that of parasites exclusively consuming
287 glucose, palmitate or without any carbon source. Thus, we subjected exponentially growing parasites
288 to 16 h of starvation and then incubated them for 6 h in the presence of 0.3 mM palmitate, 10 mM
289 ^{13}C -U-glucose or without any carbon source. For the control, we analysed a sample of non-starved
290 parasites. After the incubations, the extracellular media were collected and analysed by ^1H -NMR
291 spectrometry. As expected, all the incubation conditions produced different flux profiles for excreted
292 metabolites (Fig 2 and S1 Fig). Under our experimental conditions, the non-starved parasites
293 primarily excreted succinate and acetate in similar quantities, and alanine and lactate to a lesser extent.
294 Parasites starved for 16 h in PBS and left to incubate in the absence of other metabolites had
295 diminished succinate production (~ 7 -fold) but increased acetate production three-fold compared to
296 the non-starved parasites. It is relevant to stress that the only possible origin for these metabolites are
297 internal carbon sources (ICS). Notably, no other excreted metabolites were detected under these
298 conditions, indicating that under starvation, most of the ICS are transformed into acetate as an end
299 product, which is compatible with the oxidation of internal fatty acids. These results raise the question
300 about the metabolic fates of glucose or fatty acids in previously starved parasites. Starved
301 epimastigotes that recovered in the presence of glucose exhibited a profuse excretion of succinate
302 (450-fold the quantity excreted by the starved cells) and roughly equivalent quantities of acetate
303 compared with the starved cells. Interestingly, lactate and alanine were also excreted at similar levels.
304 As expected, the recovery with glucose produced an increase in all the secreted metabolites. However,
305 analysing their distribution is a reconfiguration of the metabolism towards a majority production of
306 succinate. Finally, in epimastigotes incubated with palmitate, we observed an increase in the acetate
307 and alanine production of approximately 2.5 times to the levels in parasites that recovered in the
308 presence of glucose. Interestingly, succinate is excreted in a smaller quantity than acetate and alanine,
309 but still at 10-fold the rate observed in the starved non-recovered cells. Surprisingly, there was also a

310 significant production of pyruvate (not previously described in the literature, and not observed under
311 any other conditions) and a small amount of lactate derived from palmitate.

312

313 **Figure 2. Excreted end products of glucose and palmitate metabolism in epimastigote forms of**
314 ***T. cruzi*.** A) The extracellular medium of epimastigote forms incubated under different conditions
315 was analysed by ¹H-NMR spectrometry to detect and quantify the end-products. The resulting data
316 were expressed in nmoles/h/10⁸ cells. Means ± SD of three independent experiments. ICS is internal
317 carbon sources; *nd* is non-detectable. B) and C) Schematic representation of the contribution of
318 glucose and palmitate to the metabolism of epimastigote forms of *T. cruzi*. The glycosomal
319 compartment and TCA cycle are indicated. The amount of end-product determined by the font size.
320 Numbers indicates enzymatic steps. 1. Glycolysis; 2. pyruvate dehydrogenase; 3. citrate synthase; 4.
321 aconitase; 5. isocitrate dehydrogenase; 6. α-ketoglutarate dehydrogenase; 7. succinyl-CoA
322 synthetase; 8. Succinate dehydrogenase/complex II/fumarate reductase NADH-dependent; 9.
323 fumarate hydratase; 10. malate dehydrogenase; 11. Malic enzyme; 12. alanine dehydrogenase/alanine
324 aminotransferase; 13. lactate dehydrogenase; 14. acetate:succinyl-CoA transferase; 15. acetyl-CoA
325 hydrolase; 16. succinyl-CoA synthetase; 17. Glycosomal fumarate reductase and 18. Palmitate
326 oxidation by beta-oxidation, resulting in FADH₂, NADH and acetyl-CoA; Abbreviations: Cit: Citrate,
327 Aco: Aconitase, IsoC: Isocitrate, α-kg: α-Ketoglutarate, Suc-CoA: Succinyl-CoA, Suc: Succinate,
328 Fum: Fumarate, Mal: Malate, and Oxa: Oxaloacetate.

329

330 **Glucose metabolism represses the fatty acid oxidation in epimastigotes**

331 Glucose is the primary carbon source for exponentially proliferating epimastigotes, and after
332 its exhaustion from the culture medium, the parasites change their metabolism to use amino acids as
333 carbon sources preferentially [10]. Therefore, we were interested in analysing if this preference for
334 glucose is maintained in relation to the consumption of lipids. To determine if glucose metabolism
335 interferes with the consumption of fatty acids, we created a 48 h proliferation curve using parasites
336 with an initial concentration adjusted to 2.5 x 10⁷ mL⁻¹ and quantified them for 24 h each. Under these
337 conditions, the parasites from the beginning of the experiment, at 0 h, are at mid-exponential phase,
338 they are at late exponential phase at 24 h, and at 48 h they reached stationary phase at a concentration
339 of 10 x 10⁷ mL⁻¹ (Fig 3A). At 0 h, 24 h and 48 h, the culture medium was collected to measure the
340 remaining glucose and triacylglycerol (TAGs) concentrations (Figs 3B and 3C). Most of the glucose
341 was consumed during the first 24 h (during proliferation), while the concentration of TAGs remained
342 the same. After 48 h of proliferation (stationary phase), the TAG levels and lipid contents of the
343 droplets were decreased by 1.5-fold and 2-fold, respectively, suggesting that glucose is preferentially
344 consumed relative to fatty acids. These data show a decrease in the extracellular TAGs between 24
345 and 48 h, while the glucose was already almost entirely consumed, suggesting that glucose is
346 negatively regulating the fatty acid catabolism.

347

348

349 **Figure 3. Changes in glucose and triacylglycerol contents in LIT medium.** A) Growth curve of
350 epimastigote forms. B) Glucose quantification over 48 h. C) Triacylglycerol levels over 48 h. In each
351 experiment, we collected each medium at different times and subjected it to quantification according
352 to the manufacturer's instructions. All the experiments were performed in triplicates. Statistical
353 analysis was performed with one-way ANOVA followed by Tukey's post-test $p < 0.05$ using the
354 GraphPad Prism 8.0.2 software program. We represent the levels of statistical significance in this
355 figure as follows: *** p value < 0.001 ; ** p value < 0.01 ; and * p value < 0.05 . For p value > 0.05 ,
356 we consider the differences not significant (ns).
357

358 **Epimastigote forms use endogenous fatty acids to support growth after glucose exhaustion**

359 From the previous results, we learned that under glucose deprivation, TAGs are taken up by
360 the epimastigotes, and internally stored fatty acids are mobilized. However, to date, we did not
361 provide any evidence pointing to their use as reduced carbon sources. To confirm this idea,
362 exponentially proliferating epimastigotes were incubated in PBS supplemented with palmitate and
363 ^{14}C -U-glucose, or reciprocally, glucose and ^{14}C -U-palmitate. In both cases, the production of ^{14}C -
364 labelled CO_2 was quantified. The presence of 5 mM glucose diminished the release of $^{14}\text{CO}_2$ from
365 ^{14}C -U-palmitate by 90% while the presence of palmitate did not interfere with the production of $^{14}\text{CO}_2$
366 from ^{14}C -U-glucose (Fig 4). Taken together, our results show that glucose inhibits TAGs and fatty
367 acid consumption, and after glucose exhaustion, a metabolic switch occurs towards the oxidation of
368 internally stored fatty acids.

369

370 **Figure 4. Glucose metabolism inhibits FAO.** Parasites were incubated in the presence of ^{14}C -U-
371 palmitate + 5 mM glucose and ^{14}C -U-glucose + 0.1 mM palmitate in PBS. $^{14}\text{CO}_2$ production from
372 epimastigotes incubated in PBS. The $^{14}\text{CO}_2$ was captured after 120 min of incubation. The
373 experiments were performed in triplicates. Statistical analysis was performed with one-way ANOVA
374 followed by Tukey's post-test $p < 0.05$ using the GraphPad Prism 8.0.2 software program. We
375 represent the level of statistical significance in this figure as follows: *** p value < 0.001 ; ** p value
376 < 0.01 ; and * p value < 0.05 . For p value > 0.05 , we consider the differences not significant (ns).
377

378 To monitor the dynamics of use or accumulation of fatty acids in lipid droplets, we used as a
379 probe a fluorescent fatty acid analogue called BODIPY 500/510 $\text{C}_1\text{-C}_{12}$. BODIPY shifts its
380 fluorescence from red to green upon the uptake and catabolism of fatty acids, and from green to red
381 when fatty acids are accumulated in the lipid droplets. Parasites collected at the mid and late
382 exponential proliferation phases and the stationary phase were incubated with 1 μM BODIPY
383 500/510 $\text{C}_1\text{-C}_{12}$ for 16 h, before fluorescence determination by flow cytometry (Figs 5A, 5B and 5C).
384 The fluorescence values increased with the harvesting time (and therefore, with the glucose
385 depletion), indicating the increased uptake and use of fatty acids as substrates by a fatty acyl-CoA
386 synthetase. These data were confirmed by fluorescence microscopy (Fig 5D). Interestingly, parasites
387 in stationary phase showed an accumulation of activated fatty acids in spots along the cell. However,
388 the number of lipid droplets increased upon parasite proliferation (Figs 6A, 6B 6C). This observation

389 indicates that not only fatty acids metabolism is activated after glucose exhaustion, but also the
390 parasite storage of fatty acids into lipid droplets.

391

392

393 **Figure 5. Flow cytometry reveals distinct patterns in fatty acid pools during epimastigote**
394 **growth.** The epimastigotes were treated with 1 μ M of BODIPY C₁-C₁₂ (500/510) and analysed by
395 flow cytometry and fluorescence microscopy. A) 0 h. B) 24 h. C) 48 h. In the flow cytometry
396 histograms, dashed peaks represent unstained parasites. Green-filled peaks represent stained
397 parasites. D) Mean fluorescence per cell. The fluorescence for each cell was calculated using ImageJ
398 software. All the experiments were performed in triplicates. Statistical analysis was performed with
399 one-way ANOVA followed by Tukey's post-test $p < 0.05$ using the GraphPad Prism 8.0.2 software
400 program. We represent the level of statistical significance in this figure as follows: *** p value $<$
401 0.001; ** p value $<$ 0.01; and * p value $<$ 0.05. For p value $>$ 0.05, we consider the differences not
402 significant (ns).

403

404

405 **Figure 6. Epimastigote forms accumulates fatty acids into lipid droplets during growth.** The
406 epimastigotes were treated with 1 μ M BODIPY C₁-C₁₂ (500/510) and analysed by flow cytometry
407 and fluorescence microscopy. A) 0 h. B) 24 h. C) 48 h. In the flow cytometry histograms, dashed
408 peaks represent unstained parasites. Yellow filled peaks represent positively stained parasites. The
409 number of green/yellow spots for each cell was calculated using ImageJ software. All the experiments
410 were performed in triplicates.

411

412 To find if the increase in fatty acid pools is accompanied by a change in the levels of enzymes
413 related to fatty acid metabolism, we evaluated the specific activities of the enzymes hexokinase (HK),
414 which is responsible for the initial step of glycolysis and an indicator of active glycolysis; acetyl-CoA
415 carboxylase (ACC), which produces malonyl-CoA for fatty acid synthesis and carnitine
416 palmitoyltransferase 1 (CPT1), the complex that plays a central role in fatty acid oxidation (FAO) by
417 controlling the entrance of long-chain fatty acids into the mitochondria [30]. For the control, we
418 selected the enzyme serine palmitoyltransferase 1 (SPT1), a constitutively expressed protein in *T.*
419 *cruzi* [31] (Fig 7). The hexokinase activity diminished up to 30% with the progression of the
420 proliferation curve and the correlated depletion of glucose (Fig 7A). In addition, the ACC activity is
421 no more detectable in the stationary phase cells (Fig 7B). By contrast, the CPT1 activity is increased
422 by ~4-fold when the stationary phase is reached (Fig 7C), which confirms that fatty acid degradation
423 occurs in the absence of glucose. It is noteworthy that the high levels of ACC activity in the presence
424 of glucose supports the idea that under these conditions, fatty acids are probably synthesized instead
425 of being catabolized. As expected, SPT1 did not change during the analysed time frame (Fig 7D).

426

427 **Figure 6. Activities of enzymes related to lipid and glucose metabolism during *T. cruzi* growth**
428 **curves.** A) (HK) Hexokinase B) (ACC) acetyl-CoA carboxylase, C) (CPT1) carnitine-
429 palmitoyltransferase, and D) (SPT) serine palmitoyltransferase. All these activities were measured in

430 crude extracts from epimastigote forms at different moments of the growth curve. All the experiments
431 were performed in triplicates. Time course activities and controls shown in Fig S2. Statistical analysis
432 was performed with one-way ANOVA followed by Tukey's post-test at $p < 0.05$, using the GraphPad
433 Prism 8.0.2 software program. We represent the level of statistical significance in this figure as
434 follows: *** p value < 0.001 ; ** p value < 0.01 ; and * p value < 0.05 . For p value > 0.05 we consider
435 the differences not significant (ns).

436
437

438 **Etomoxir, a CPT1 inhibitor, affects *T. cruzi* proliferation and mitochondrial activity**

439 To investigate the role of FAO in *T. cruzi*, we tested the effect of a well characterized inhibitor
440 of CPT1, etomoxir (ETO), on the proliferation of epimastigotes. Among the ETO concentrations
441 tested here (from 0.1 to 500 μM), only the higher concentration arrested parasite proliferation (Fig
442 8A). Importantly, the ETO effect was manifested when the parasites reached the late exponential
443 phase (a cell density of approximately $5 \times 10^7 \text{ mL}^{-1}$). This result is consistent with our previous
444 findings showing that FAO (and thus CPT1 activity) acquires an important role at this point in the
445 proliferation curve. To confirm that CPT1 is in fact a target of ETO in *T. cruzi*, we assayed the drug's
446 effect on the enzyme activity in free cell extracts. Our results showed that 500 μM ETO diminished
447 the CPT1 activity by almost 80% (Fig 8B). To confirm the interference of ETO with the beta-
448 oxidation of fatty acids, parasites incubated in PBS containing ^{14}C -U-palmitate were treated with 500
449 μM ETO to compare their production of $^{14}\text{CO}_2$ with that of the untreated controls. Palmitate-derived
450 CO_2 production diminished by 80% in ETO-treated cells compared to untreated parasites (Fig 8C).
451 In addition, ETO treatment did not affect the metabolism of ^{14}C -U-glucose or ^{14}C -U-histidine, ruling
452 out a possible unspecific reaction of this drug with CoA-SH as described by [32]. Other compounds
453 described as FAO inhibitors were also tested, but none of them inhibited epimastigote proliferation
454 or $^{14}\text{CO}_2$ production from ^{14}C -U-palmitate (S3 Fig). In addition, the BODIPY cytometric analysis of
455 cells treated with 500 μM ETO showed a strong decrease in the CoA acylation levels (activation of
456 fatty acids) with respect to the untreated controls (Fig 8D), as confirmed by fluorescence microscopy
457 (Fig 8D). To reinforce the validation of ETO for further experiments, a set of controls are offered in
458 S3 Fig. Our preliminary conclusion is that ETO inhibited beta-oxidation by inhibiting CPT1,
459 confirming that the breakdown of fatty acids is important to proliferation progression in the absence
460 of glucose.

461

462 **Figure 8. ETO inhibits CPT1 and interferes with cell proliferation in epimastigote forms.** (A)
463 Proliferation of epimastigote forms in the presence of 0.1 to 500 μM ETO. For the positive control
464 of dead cells, a combination of antimycin (0.5 μM) and rotenone (60 μM) was used. (B) Inhibition of
465 CPT1 activity in crude extracts using 250 and 500 μM of ETO. C) $^{14}\text{CO}_2$ capture from ^{14}C -U-
466 palmitate oxidation. D) Flow cytometry analysis and fluorescence microscopy of epimastigote forms
467 treated (or not) with ETO. In the histograms, dashed peaks represent unstained parasites and green-
468 filled peaks represent parasites stained with BODIPY $\text{C}_1\text{-C}_{12}$. All the experiments were performed in

469 triplicates. Statistical analysis was performed with one-way ANOVA followed by Tukey's post-test
470 at $p < 0.05$ using the GraphPad Prism 8.0.2 software program. We represent the level of statistical
471 significance in this figure as follows: *** p value < 0.001 ; ** p value < 0.01 ; and * p value < 0.05 .
472 For p values > 0.05 , we consider the differences not significant (ns).
473

474 **Etomoxir treatment affects cell cycle progression**

475 The metabolic interference of ETO diminished epimastigote proliferation; however, this
476 finding could be due to a decrease in the parasite proliferation rate or an increase in the death rate.
477 Therefore, we checked if this compound could induce cell death through programmed cell death
478 (PCD) or necrosis. PCD is characterized by biochemical and morphological events such as exposure
479 to phosphatidylserine, DNA fragmentation, decreases (or increases) in the ATP levels, and increases
480 in reactive oxygen species (ROS), among others [33]. The parasites were treated with 500 μ M of
481 ETO for 5 days, followed by incubation with propidium iodide (PI) for cell membrane integrity
482 analysis and annexin-V FITC to evaluate the phosphatidylserine exposure. Parasites treated with ETO
483 showed negative results for necrosis or programmed cell death markers (Fig 9A), indicating that the
484 cell proliferation was arrested but cell viability was maintained. Because the multiplication rates
485 seemed to be diminished, we performed a cell cycle analysis. Noticeably, the treated parasites were
486 enriched in G1 (85.9%) with respect to non-treated cells (43.6%), suggesting that ETO prevented the
487 entry of epimastigotes into the S phase of the cell cycle (Fig 9B). Last, we noticed that after washing
488 out the ETO, the parasites recovered their proliferation at rates comparable to our untreated controls
489 (Figs 9C).
490

491 **Figure 9. Analysis of extracellular phosphatidylserine exposure, membrane integrity and cell**
492 **cycle after ETO treatment.** Parasites in the exponential growth phase were treated with 500 μ M of
493 ETO for 5 days. (A) Following the incubation period, the parasites were labelled with propidium
494 iodide (PI) and annexin V-FITC (ANX) and analysed by flow cytometry. (B) The cell cycle was
495 assessed using PI staining. (C) Growth curves of epimastigote forms before and after removing the
496 treatment. All the experiments were performed in triplicates. Statistical analysis was performed with
497 one-way ANOVA followed by Tukey's post-test $p < 0.05$, using the GraphPad Prism 8.0.2 software
498 program. We represent the level of statistical significance in this figure as follows: *** p value $<$
499 0.001 ; ** p value < 0.01 ; and * p value < 0.05 . For p values > 0.05 , we consider the differences not
500 significant (ns).

501

502 **Inhibition of FAO by ETO affects energy metabolism, impairing the consumption of** 503 **endogenous fatty acids**

504 The evidence obtained to date suggests that parasites resist metabolic stress by mobilizing and
505 consuming stored fatty acids. Therefore, it is reasonable to hypothesize that ETO, which blocks the
506 mobilization of fatty acids into the mitochondria for oxidation, probably perturbs the ATP levels in

507 late-exponential or stationary phase cells. Parasites growing for 5 days under 500 μM ETO treatment
508 or no treatment were collected to evaluate the ability of parasites that were treated or not with ETO
509 to trigger oxygen consumption. The rates of O_2 consumption corresponding to basal respiration were
510 measured in cells resuspended in MCR respiration buffer. We then measured the leak respiration by
511 inhibiting the ATP synthase with oligomycin A. Finally, to measure the maximum capacity of the
512 electron transport system (ETS), we used the uncoupler FCCP [21]. Our results demonstrate that
513 compared to no treatment, ETO treatment diminishes the rate of basal oxygen consumption, the leak
514 respiration and the ETS capacity. In general, respiratory rates diminished in parasites treated with
515 ETO when compared to the untreated ones. As expected, ETO treatment led to a 75% decrease in the
516 levels of total intracellular ATP compared to untreated parasites (Fig 10A). To complement this
517 result, because all these experiments were conducted in the complete absence of an oxidizable
518 external metabolite, our results show that the parasite is able to oxidize internal metabolites (Figs 10B
519 and 10C). Taking into account that treating parasites with ETO diminished the basal respiration rates
520 of these parasites by approximately one-half (Figs 10B and 10C), it is reasonable to conclude that a
521 relevant part of the respiration in the absence of external oxidizable metabolites is based on the
522 consumption of internal lipids. This is consistent with the confirmation that epimastigotes maintain
523 their viability in the presence of non-fatty acid carbon sources in the presence of ETO (S4 Fig). In
524 summary, these results confirm that ETO is interfering with ATP synthesis through oxidative
525 phosphorylation in epimastigote forms.

526

527 **Figure 10. Effects of ETO on respiration and ATP production in epimastigote forms of *T. cruzi*.**
528 (A) Oxygen consumption of epimastigote forms after normal growth in LIT medium. (B) Oxygen
529 consumption after ETO 500 μM treatment. Parasite growth in LIT medium with the compound until
530 the 5th day. In black, a time-course register of the concentration (pmols) of O_2 in the respiration
531 chamber. In blue, negative of the concentration derivative (pmols) of O_2 with respect to time (velocity
532 of O_2 consumption in pmoles per second). The parasites were washed twice in PBS and kept in MRC
533 buffer at 28 °C during the assays (see Materials and Methods for more details). (C) The basal
534 respiration (initial oxygen flux values, MRC), respiration leak after the sequential addition of 0.5
535 $\mu\text{g}/\text{mL}$ of oligomycin A (2 $\mu\text{g}/\text{mL}$), and electron transfer system (ETS) capacity after the sequential
536 addition of 0.5 μM FCCP (2 μM) were measured for each condition. (D) Intracellular levels of ATP
537 after treating with 500 μM ETO. The intracellular ATP content was assessed following incubation
538 with different energy substrates or not (PBS, negative control). The ATP concentration was
539 determined by luciferase assay and the data were adjusted by the number of cells. All the experiments
540 were performed in triplicates. Statistical analysis was performed with one-way ANOVA followed by
541 Tukey's post-test at $p < 0.05$ using GraphPad Prism 8.0.2 software. We represent the level of statistical
542 significance as follows: *** p value < 0.001 ; ** p value < 0.01 ; and * p value < 0.05 . For p values $>$
543 0.05, we consider the differences not significant (ns).
544

545 **Endogenous fatty acids contribute to long-term starvation resistance in epimastigote forms**

546 As previously demonstrated, ETO interferes with the consumption of endogenous fatty acids,
547 and this impairment causes ATP depletion and cell cycle arrest. One intriguing characteristic of the
548 insect stages of *T. cruzi* is their resistance to starvation. To observe the importance of internal fatty
549 acids in this process, we incubated epimastigotes in PBS in the presence (or absence) of 500 μ M ETO.
550 The mitochondrial activity of these cells was followed for 24 h with Alamar blue®. Our results
551 showed that the mitochondrial activity of the parasites in the presence of ETO was reduced by 31%
552 after 48 h of starvation, and 65% after 72 h of starvation (Fig. 11) compared to the controls (untreated
553 parasites). These data confirmed our hypothesis that the breakdown of accumulated fatty acids
554 partially contributes to the resistance of the parasite under severe starvation.

555

556 **Figure 11. Internal fatty acid consumption contributes to parasite viability under severe**
557 **nutritional starvation.** Viability of epimastigote forms after incubation in PBS with or without ETO.
558 The viability was assessed every 24 h using Alamar Blue®. Statistical analysis was performed with
559 one-way ANOVA followed by Tukey's post-test $p < 0.05$ using GraphPad Prism 8.0.2 software. We
560 represent the levels of statistical significance as follow: *** p value < 0.001 , and for p values > 0.05 ,
561 we consider the differences not significant (ns).
562

563 **Inhibition of CPT1 impairs metacyclogenesis**

564 Considering that the FAO increases in the epimastigotes during the stationary phase, and that
565 differentiation into infective metacyclic trypomastigotes (metacyclogenesis) is triggered in the
566 stationary phase of epimastigote parasites, one might expect a possible relationship between the
567 consumption of fatty acids and metacyclogenesis. To approach this possibility, we initially compared
568 the CPT1 activity of stationary epimastigote forms before and after a 24 h incubation in the
569 differentiation medium TAU-3AAG. As observed, there is an increase in CPT1 activity after
570 submitting the parasites to the metacyclogenesis *in vitro* (Fig. 12A). Parasites were then submitted to
571 differentiation with TAU-3AAG medium in the presence of the probe BODIPY. The probe was
572 incorporated into lipid droplets, confirming that fatty acids metabolism was active during the
573 beginning of metacyclogenesis (Fig 12B). To address the importance of FAO during differentiation,
574 metacyclogenesis was induced *in vitro* on ETO-treated or untreated (control) parasites. ETO
575 treatment interfered with differentiation, diminishing the number of metacyclic forms present in the
576 culture (Fig 12C). In addition, this inhibition was dose-dependent, with an $IC_{50} = \pm 32.96 \mu$ M (Fig
577 12D). Importantly, we ruled out that the variation found in the differentiation rates was due to a
578 selective death of treated epimastigotes, since their survival during this experiment in the presence or
579 absence of ETO (from 5 to 500 μ M) was not significantly different (**S5 Fig**). Based on these data, we
580 could conclude that fatty acid oxidation, at the level of the CPT1, was also participating in the
581 regulation of metacyclogenesis.

582

583 **Figure 12. ETO inhibits metacyclogenesis.** A) CPT1 activity of epimastigote forms in stationary
584 phase and 24h after incubated in TAU-3AAG medium (for triggering metacyclogenesis). B)
585 Fluorescence microscopy of cells incubated in TAU-3AAG in the presence of BODIPY® 500-510
586 C₁-C₁₂. C) Effects of different ETO concentrations on metacyclogenesis. The differentiation was
587 evaluated by counting the cells in a Neubauer chamber each day for 6 days. This experiment was
588 performed in triplicate. D) Percentage of differentiation at the 5th day of differentiation. Inset: IC₅₀ of
589 metacyclogenesis inhibition by ETO. The enzymatic activities were measured in duplicate. All the
590 other experiments were performed in triplicates.
591

592

593 **Discussion**

594 During the journey of *T. cruzi* inside the insect vector, the glucose levels decrease rapidly after
595 each blood meal [34], leaving the parasite exposed to an environment rich in amino and fatty acids in
596 the digestive tube of *Rhodnius prolixus* [35,36]. Because the digestive tract of triatomine insects
597 possesses a perimicrovillar membrane, which is composed primarily of lipids and is enriched by
598 glycoproteins [37], it has been speculated that its degradation could provide lipids for parasite
599 metabolism [38]. In this study, we showed that the insect stages of *T. cruzi* coordinate the activation
600 of fatty acid consumption with the metabolism of glucose. Our experiments corroborate early studies
601 about the relatively slow use of palmitate as an energy source by proliferating epimastigotes [39,40].
602 In addition, our results shed light on the end product excretion by epimastigote forms during
603 incubation under starvation conditions, and during their recovery from starvation using glucose or
604 palmitate. First, we showed that non-starved and starved parasites recovered in the presence of
605 glucose, excreting succinate as their primary metabolic waste, as expected [41–43]. After 16 h of
606 nutritional starvation, the consumption of internal carbon sources produces acetate as the primary
607 end-product. In the presence of glucose after 16 h of starvation, we found that glucose-derived
608 carbons contribute to the excreted pools of acetate and lactate. Interestingly, palmitate metabolism
609 contributed to the increase in acetate production, followed by the production of alanine, pyruvate,
610 succinate and lactate. The unexpected production of alanine, pyruvate and lactate can be explained
611 by an increase in the TCA cycle activity, producing malate, which can be converted into pyruvate by
612 the decarboxylative reaction of the malic enzyme (ME) [44]. Pyruvate can be converted into alanine
613 through a transamination reaction by an alanine- [45], a tyrosine- [46] an aspartate aminotransferase
614 [47], or a reductive amination by an alanine dehydrogenase [48]. The excretion of lactate could be a
615 consequence of lactate dehydrogenase activity. However, it should be noted that this enzymatic
616 activity has not been observed to date. In relation to the succinate production, a relevant factor
617 favouring this process is the production of NADH by the third step of the beta-oxidation (3-
618 hydroxyacyl-CoA dehydrogenase). This NADH can be oxidized through the activity of NADH-

619 dependent mitochondrial fumarate reductase [49], which concomitantly converts NADH into NAD⁺
620 and fumarate into succinate. This succinate can be excreted or re-used by the TCA cycle, and the
621 resulting NAD⁺ can be used as a cofactor for other enzymes.

622 As previously mentioned, it is well known that during the initial phase of proliferation,
623 epimastigotes preferentially consume glucose, and during the stationary phase, a metabolic switch
624 occurs towards the consumption of amino acids [8,10,42]. Our results show that this switch
625 constitutes a broader and more systemic metabolic reprogramming, which also includes FAO. We
626 detected this switch through changes in the enzymatic activities of key enzymes responsible for the
627 regulation of FAO, such as CPT1 and ACC, which have increased and decreased activities,
628 respectively, in the presence of glucose. Our findings showed that the inhibition of CPT1 affects the
629 late phase of proliferation of epimastigotes when the switch to FAO has already occurred.

630 An interesting question about *T. cruzi* epimastigotes is how they survive long periods of
631 starvation. Early data showed high respiration levels in epimastigotes incubated in the absence of
632 external oxidisable carbon sources. This oxygen consumption was attributed to the breakdown of
633 TAGs into free fatty acids and their further oxidation [50]. Here, we confirmed this finding by
634 inhibiting the internal fatty acid consumption, which in turn diminished the oxidative phosphorylation
635 activity, internal ATP levels and the total reductive activity of parasites under severe nutritional stress.
636 Even more notably, we showed that under these conditions, the lipids stored in lipid droplets [51,52]
637 are consumed. Unlike what has been observed in procyclic forms of *T. brucei*, in which the function
638 of lipid droplets is not clear [53], our results show that in *T. cruzi*, they are committed to epimastigote
639 survival under extreme metabolic stress. Of course, the contribution of other metabolic sources and
640 processes such as autophagy in coping with nutritional stress cannot be ruled out [54].

641 Multiple metabolic factors has been involved in metacyclogenesis, such as the proline, aspartate,
642 glutamate [55], glutamine [17] and lipids present in the triatomine digestive tract [56]. Interestingly,
643 the occurrence of metacyclic trypomastigotes in culture leads to an increase in CO₂ production from
644 labelled palmitate [39]. The ETO treatment inhibited metacyclogenesis *in vitro*, showing that the
645 consumption of internal fatty acids is important for cell differentiation. Consequently, we propose
646 that lipids are not only external signals of metacyclogenesis, as previously suggested [56], but they
647 also have a central role in the bioenergetics of metacyclogenesis. As in the oxidation of several amino
648 acids, the acetyl-CoA produced from beta-oxidation and probably the reduced cofactors resulting
649 from these processes are contributing to the mitochondrial ATP production necessary to support this
650 differentiation step.

651 In conclusion, fatty acids are important carbon sources for *T. cruzi* epimastigotes in the
652 absence of glucose. Palmitate can be taken up by the cells and fuel the TCA cycle by producing
653 acetyl-CoA, the oxidation of which generates CO₂. However, in the absence of external carbon

654 sources, lipid droplets become the primary sources of fatty acids, helping the organism to survive
655 nutritional stress. Importantly, FAO supports endogenous respiration rates and ATP production and
656 powers metacyclogenesis.

657

658

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665

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891 Supporting information

892 S1

893 **S1 Fig. ¹H-NMR analysis of excreted end products from glucose and threonine metabolism.** The
894 metabolic end products (succinate, acetate, alanine and lactate) excreted by the epimastigote cells that
895 were incubated after 6 h in PBS (A), PBS after 16 h of starvation without (B) or with D-[U-¹³C]-
896 glucose (C) or palmitate (D) were determined by ¹H-NMR. Each spectrum corresponds to one
897 representative experiment from a set of at least 3. A part of each spectrum ranging from 0.5 ppm to
898 4 ppm is shown. The resonances were assigned as indicated: A₁₂, acetate; A₁₃, ¹³C-enriched acetate;
899 Al₁₂, alanine; Al₁₃, ¹³C-enriched alanine; G₁₃, ¹³C-enriched glucose; L₁₂, lactate; L₁₃, ¹³C-enriched
900 lactate; P₁₂, palmitate; S₁₂, succinate; and S₁₃, ¹³C-enriched succinate.

901 S2

902 **S2 Fig. Time course activities of enzymes measured in this work.** A) (ACC) acetyl-CoA
903 carboxylase, B) (CPT1) carnitine-palmitoyltransferase, and C) (SPT) serine palmitoyltransferase. All
904 the activities were measured in cell-free extracts of epimastigote forms at different moments of the
905 growth curve as indicated in the main text. All the measurements were performed in triplicates.

906 S3

907 To check if other well-known FAO inhibitors have the same effect on the proliferation of *T. cruzi*
908 epimastigotes, we performed the same assay as described in Materials and Methods by evaluating
909 different concentrations of valproic acid (AV) [57], trimetazidine [58,59] and β-hydroxybutyrate [60],
910 which are inhibitors of 3-ketothiolase. Because they did not affect the proliferation of the epimastigote
911 forms, we used the higher concentration evaluated in these assays to know if the compounds inhibit
912 FAO by ¹⁴CO₂ trapping by using U-¹⁴C-palmitate as a substrate. As observed, none of these
913 compound inhibited the ¹⁴CO₂ production from palmitate, confirming that they are not inhibiting FAO
914 in *T. cruzi*.

915

916 **S3 Fig. Other FAO inhibitors did not affect cell proliferation and FAO in the epimastigote**
917 **forms.** The compounds were evaluated at concentrations between 0.1 and 1000 μM. For positive
918 controls of dead cells, a combination of antimycin (0.5 μM) and rotenone (60 μM) were used. The
919 maximum concentration tested for these compounds does not diminish CO₂ liberation from FAO. A)
920 Valproic Acid (AV). B) Trimetazidine (TMZ). C) β-hydroxybutyrate (βHOB).

921

922 S4

923 In this study, we showed that the epimastigote forms of *T. cruzi* present low sensitivity in response
924 to ETO treatment. Recently, some groups described off-target effects when ETO is used at
925 concentrations of up to 200 μM [61,62]. To validate ETO as an FAO inhibitor of *T. cruzi*, the parasites
926 were incubated for 24 h in PBS (negative control), 0.1 mM palmitate supplemented with BSA, 5.0

931 mM histidine, 5 mM glucose, 0.1 mM carnitine and BSA without adding palmitate in the presence
932 (or not) of 500 μ M ETO. The viability of these cells was inferred from the measured total reductive
933 activity using MTT assays (see Material and Methods section for more details). As expected, ETO
934 treatment did not affect the viability of cells incubated in glucose or histidine but did affect the
935 viability of the cells incubated with palmitate or carnitine. Surprisingly, we also observed an ETO
936 effect on parasites under metabolic stress, such as those incubated with PBS or BSA. This finding
937 could be explained by the fact that under metabolic stress, the parasite mobilizes and consumes its
938 internal lipids.

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940

941 **S4 Fig. ETO did not affect the viability of epimastigote forms in the presence of other carbon**
942 **sources.** The viability of epimastigote forms after incubation with different carbon sources and
943 palmitate. The viability was assessed after 24 h using MTT.

944

945 **S5**

946

947 Because metacyclogenesis occurs in chemically defined conditions, we performed a viability assay
948 to define the maximum tolerated concentration that allows the parasites to survive under ETO
949 treatment. Stationary epimastigotes in TAU-3AAG media were treated with different concentrations
950 of ETO (range 5 to 500 μ M) during 24 h. The viability of these cells was inferred by measuring the
951 total reductive activity using an Alamar blue assay [63]. Briefly, after 24 h in the presence or absence
952 of ETO, the cells were incubated with 0,125 μ g.mL⁻¹ of Alamar blue reagent in accordance with the
953 protocol by [17]. Under these conditions, the parasites were 10 times more sensitive to ETO
954 treatment, surviving when subjected to ETO concentrations between 5-50 μ M (Fig. S3 A). This range
955 of concentrations used to treat the parasites was maintained in TAU-3AAG medium and to follow
956 the differentiation by daily counts, based on the percentage of metacyclic trypomastigotes collected
957 in culture supernatant. To confirm that the parasites were still alive after 5 days under differentiation,
958 we checked the viability of cells that were treated (or not, control) using the same assay. As shown
959 above (Figure S3 B), the parasites were viable under all the tested conditions. Considering that TAU-
960 3AAG contains glucose in its composition, we performed an *in vitro* metacyclogenesis using only
961 proline as a metabolic inducer [64]. As observed, even in the absence of glucose, ETO treatment
962 affects metacyclogenesis.

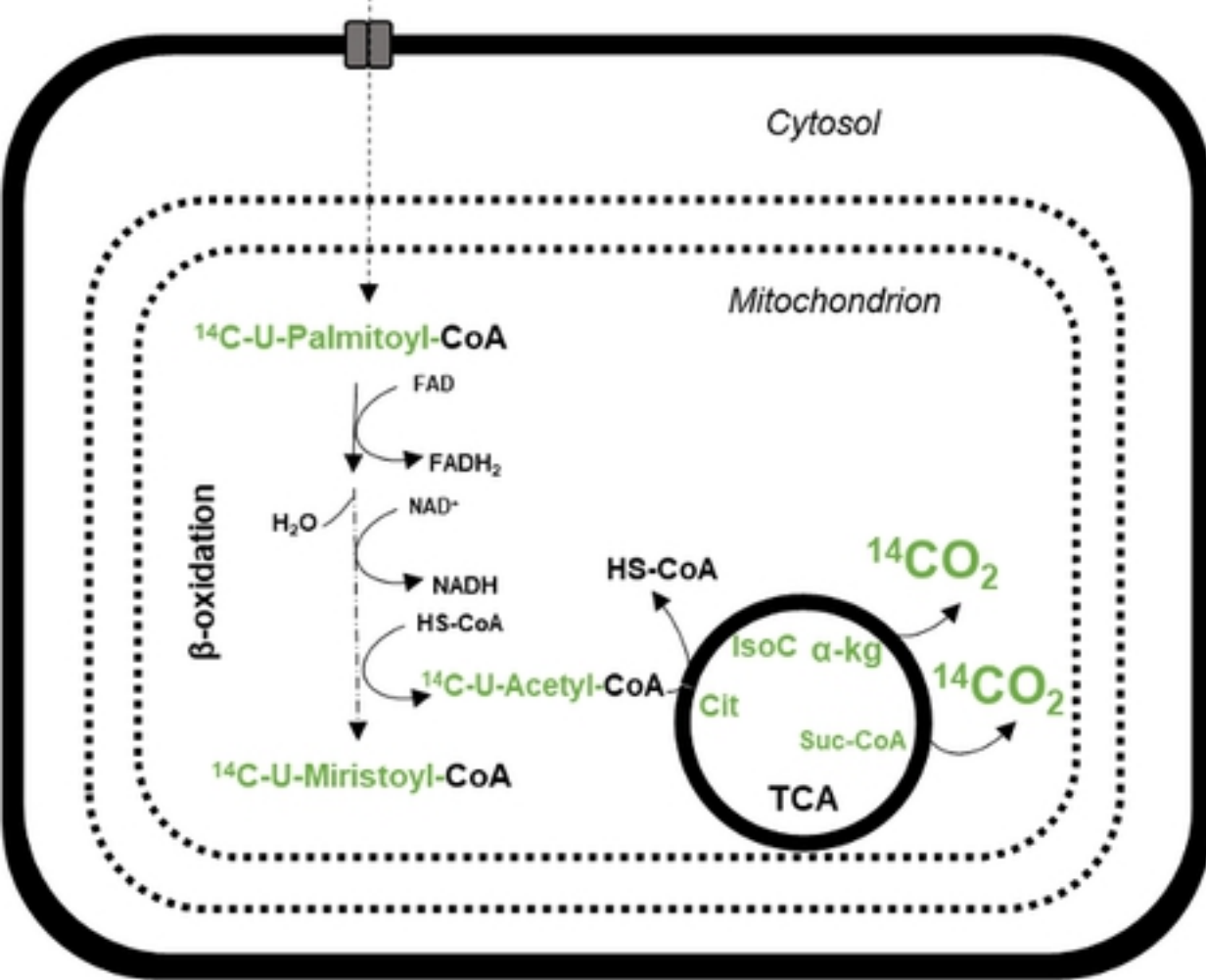
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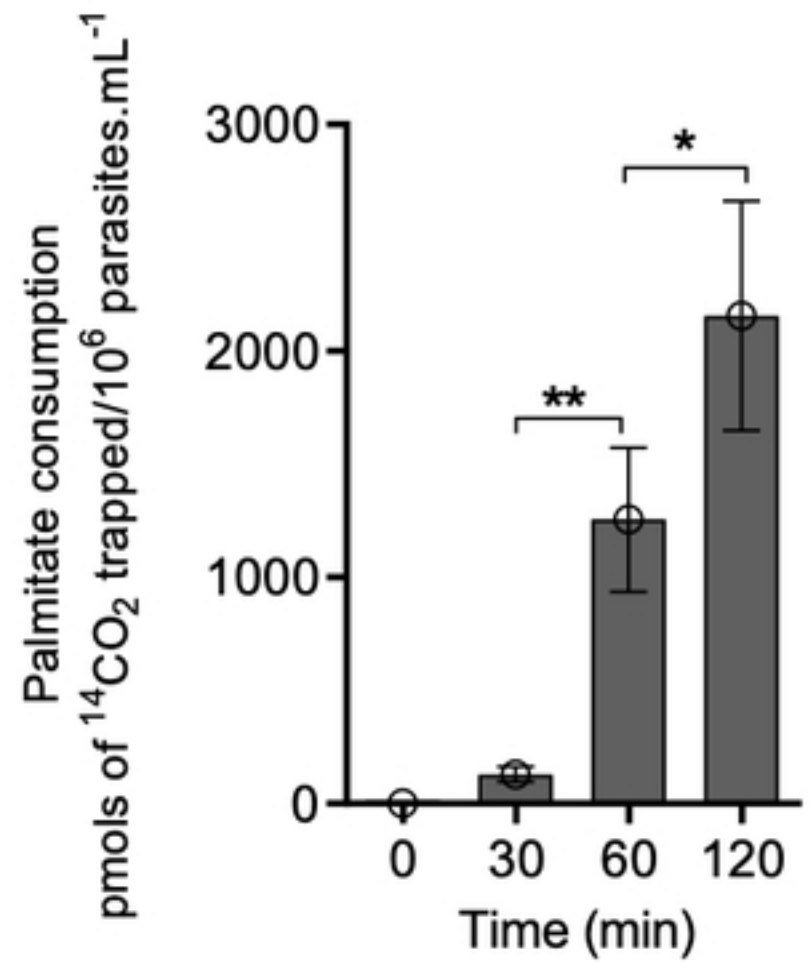
965

966 **Fig S5. Viability of epimastigote forms subjected to metacyclogenesis under different ETO**
967 **concentrations.** A) Cell viability under metacyclogenesis after 24 h of treatment with different ETO
968 concentrations. B) Cell viability under metacyclogenesis after 5 days in the presence of ETO. C)
969 Effect of ETO on the metacyclogenesis induced by proline.

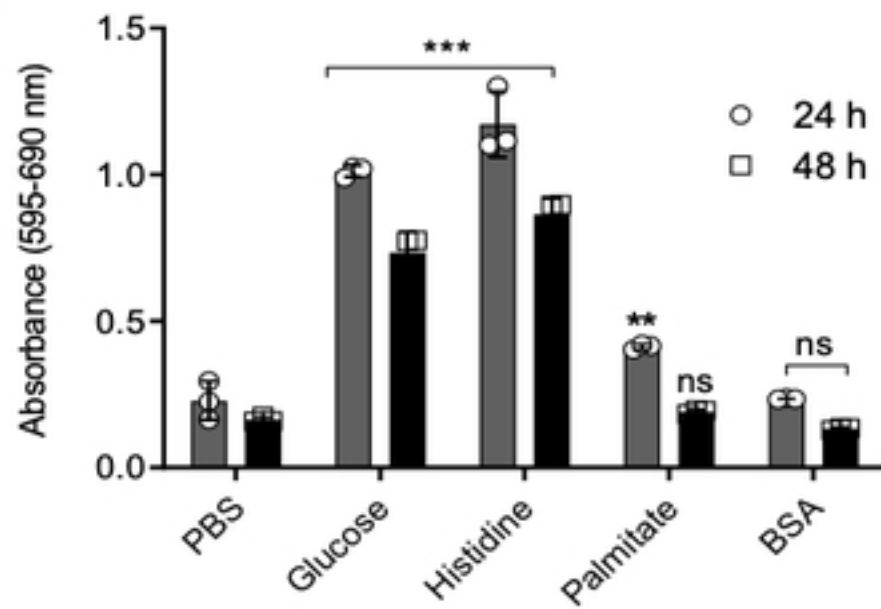
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A)



B)



C)

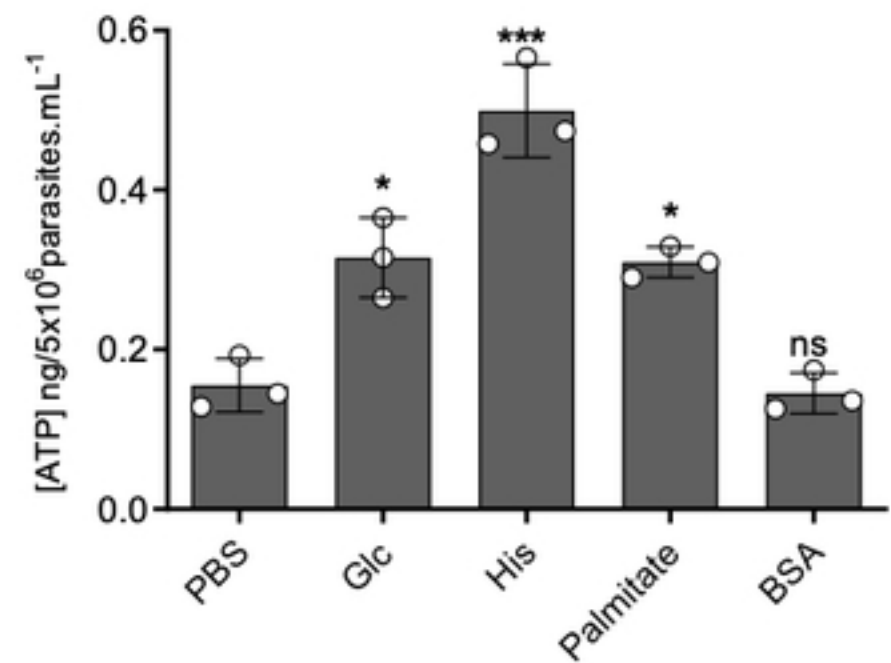


Figure 1

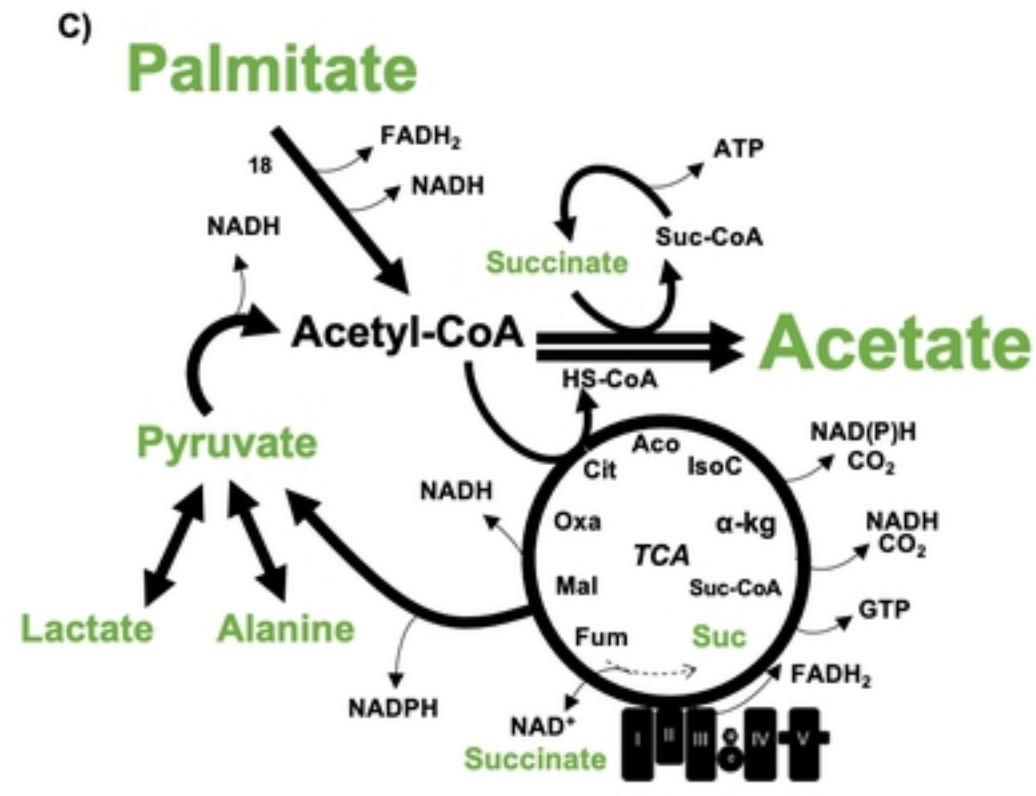
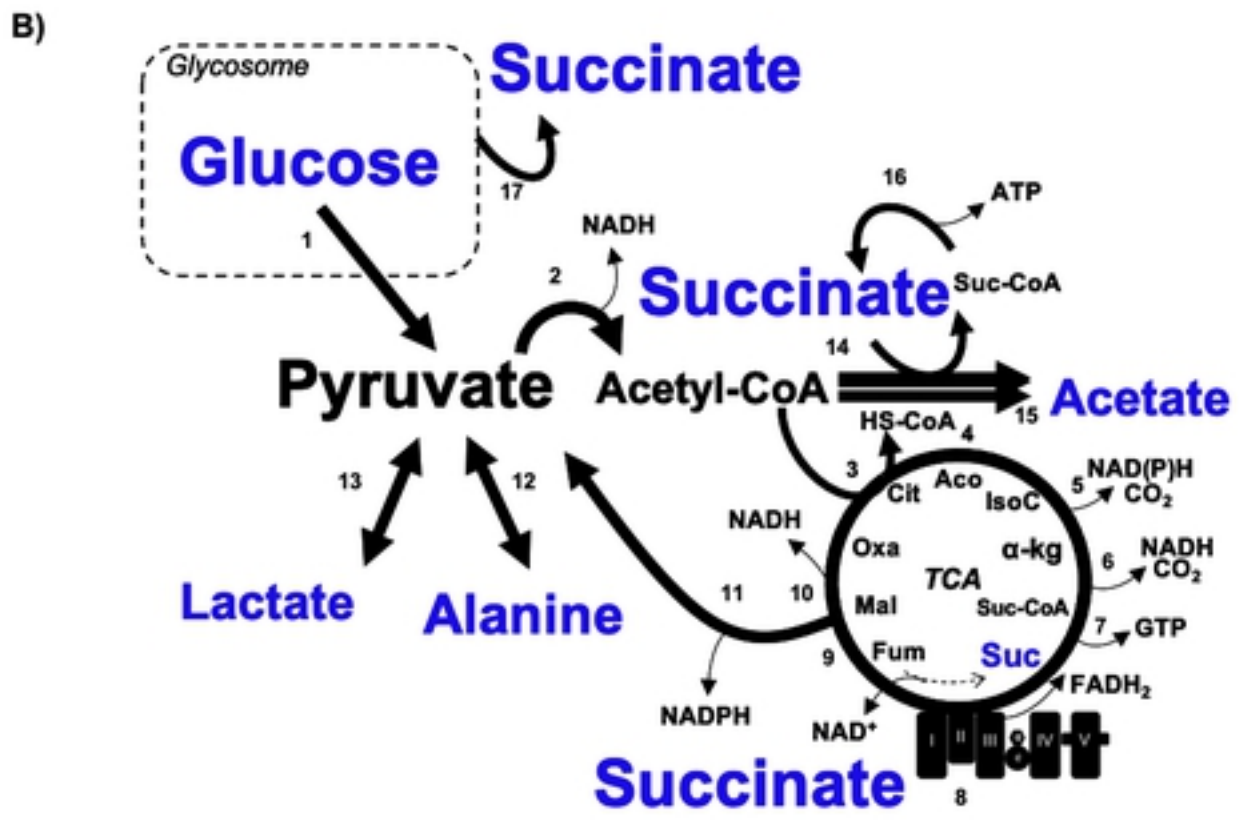
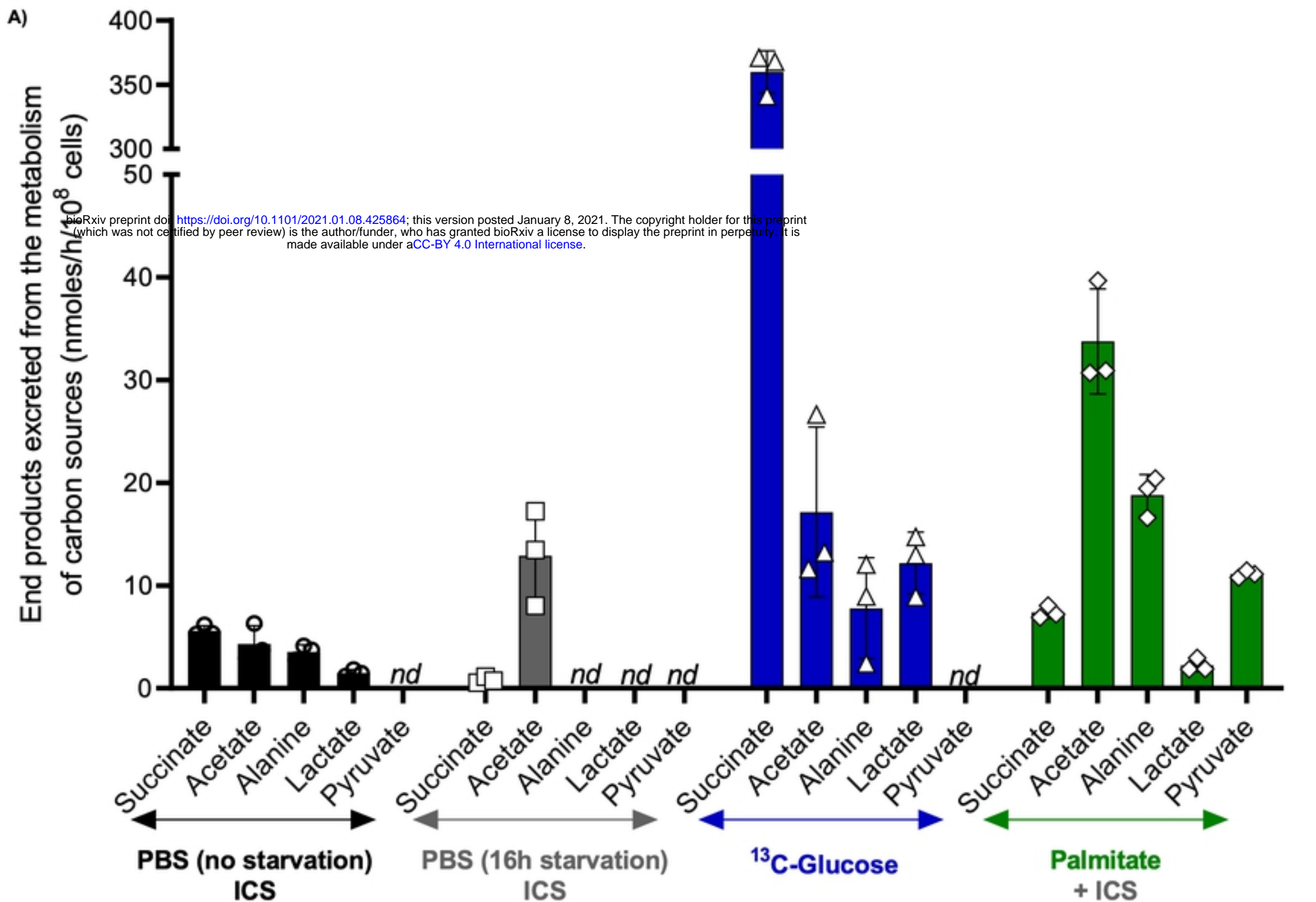


Figure 2

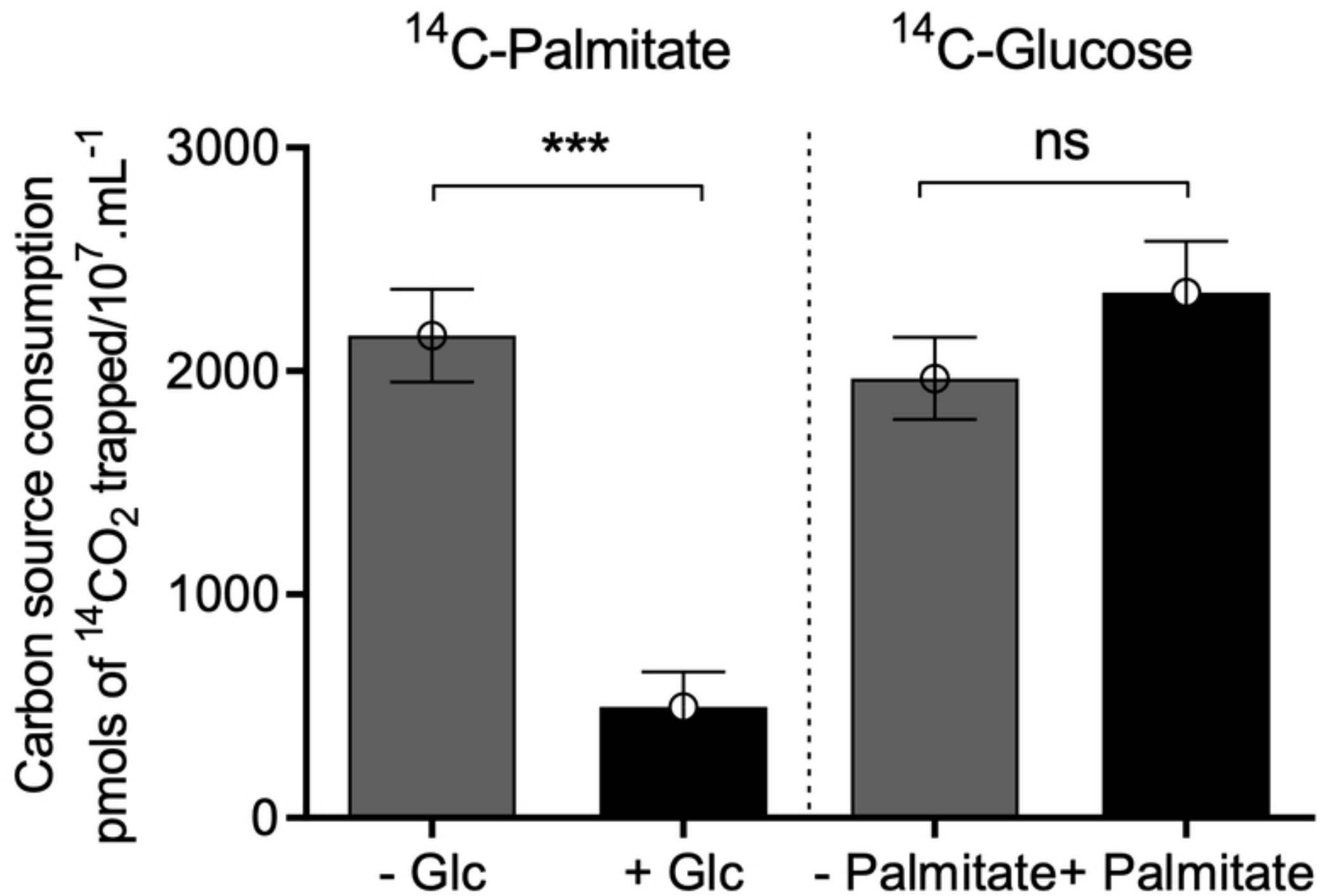
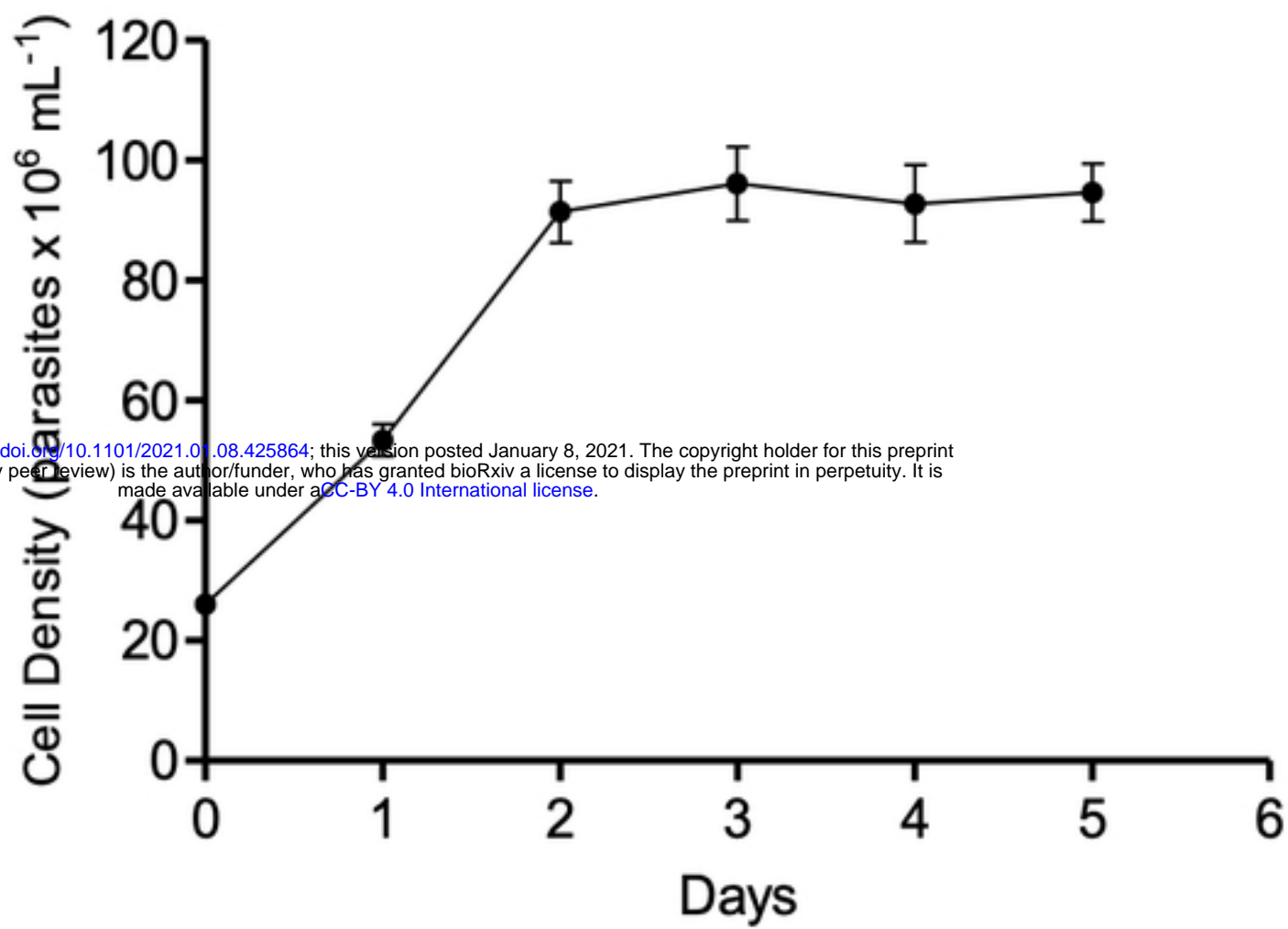
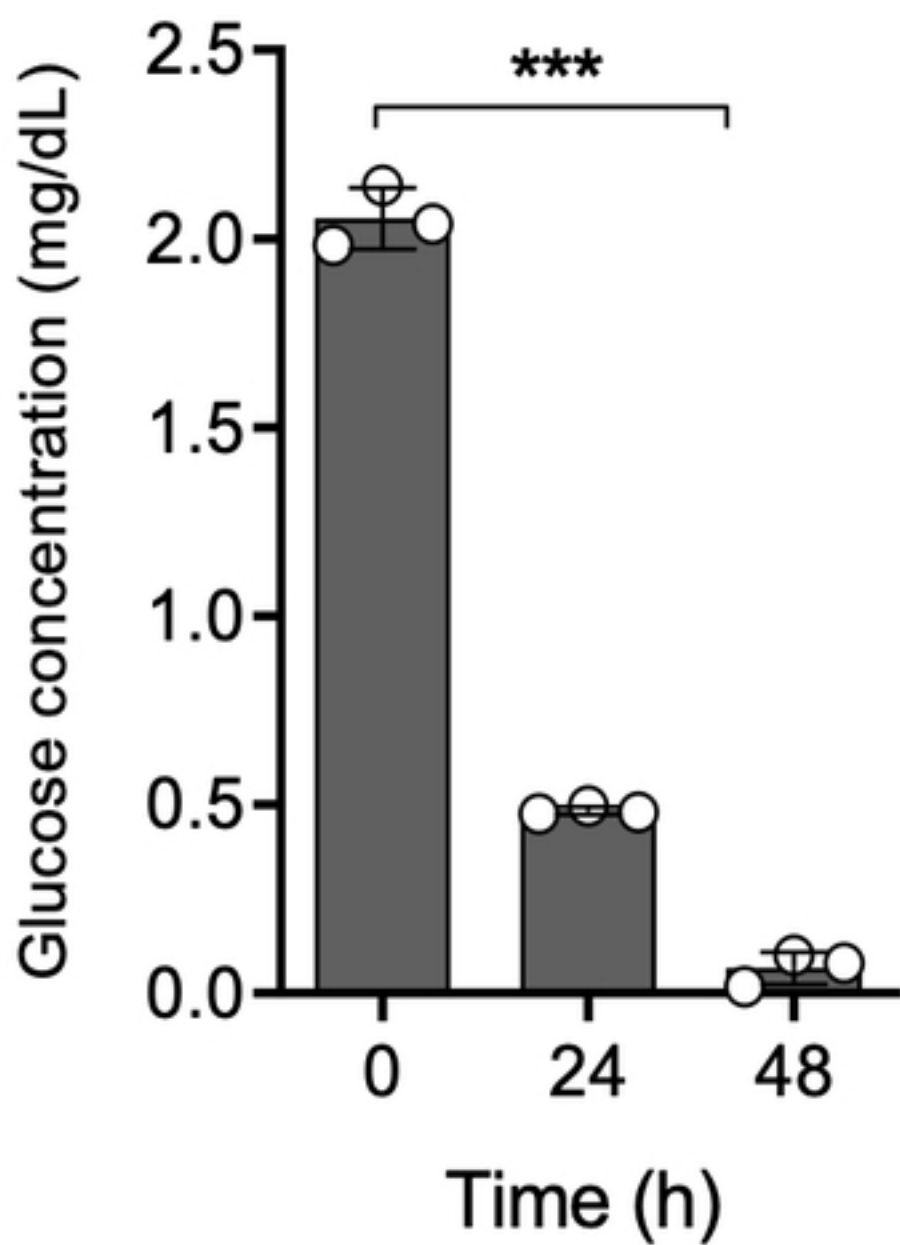


Figure 3

A)



B)



C)

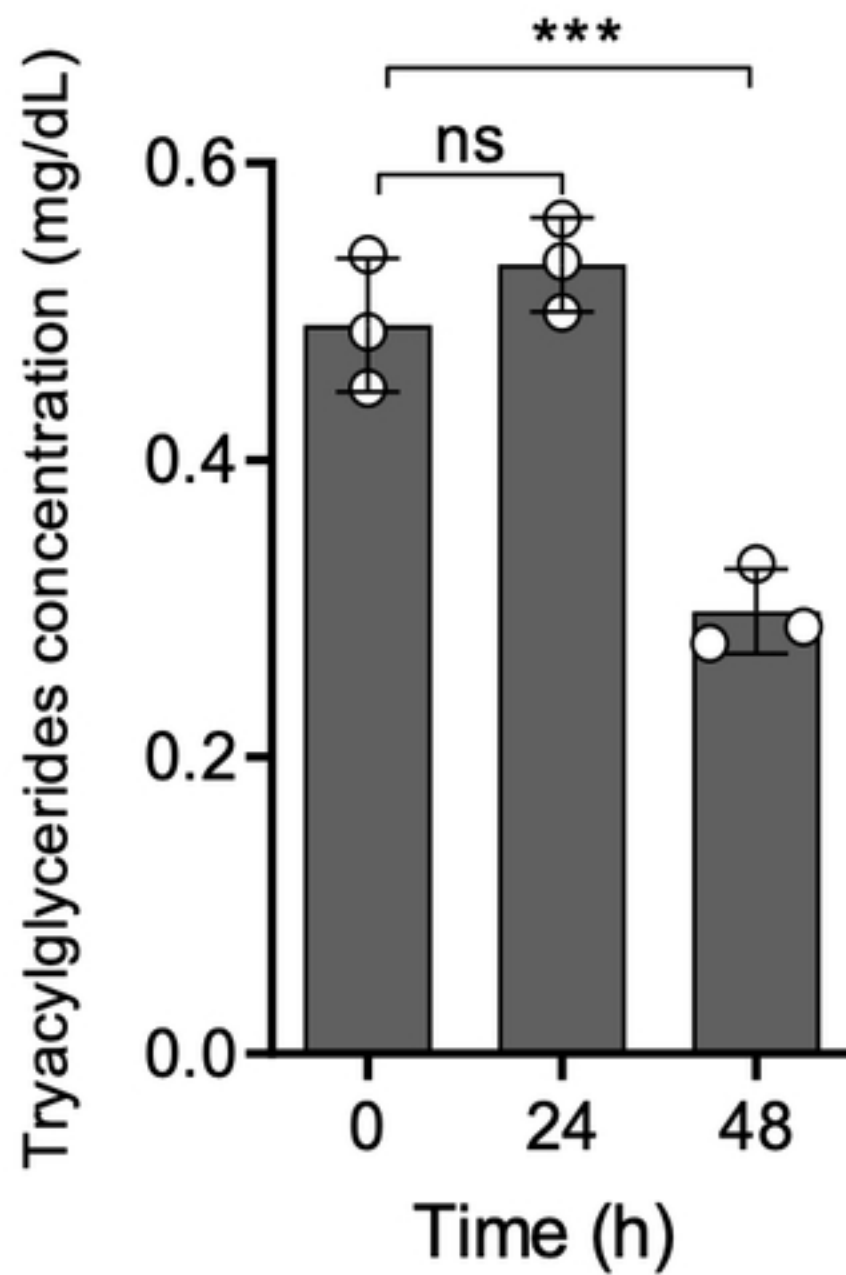
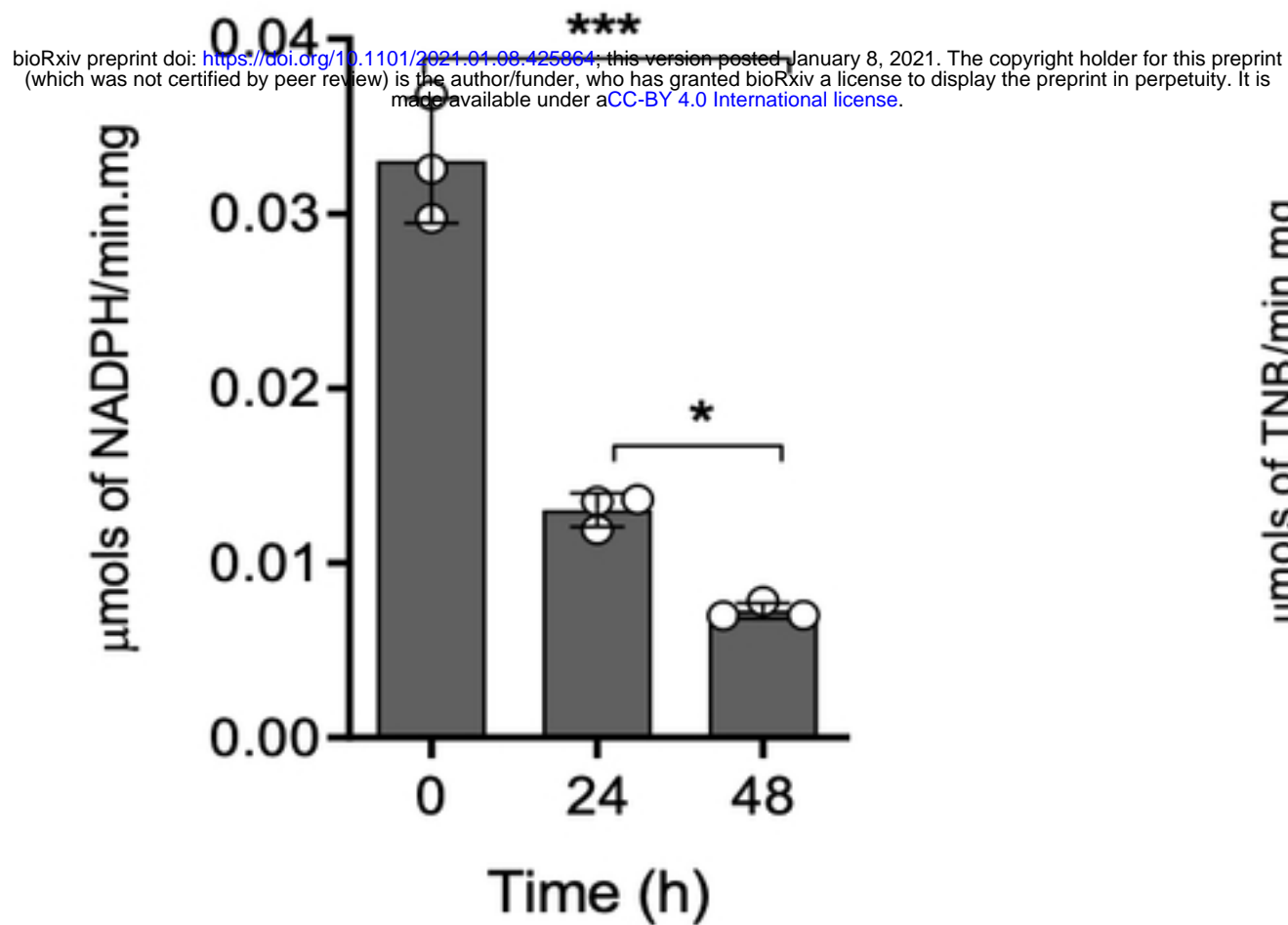


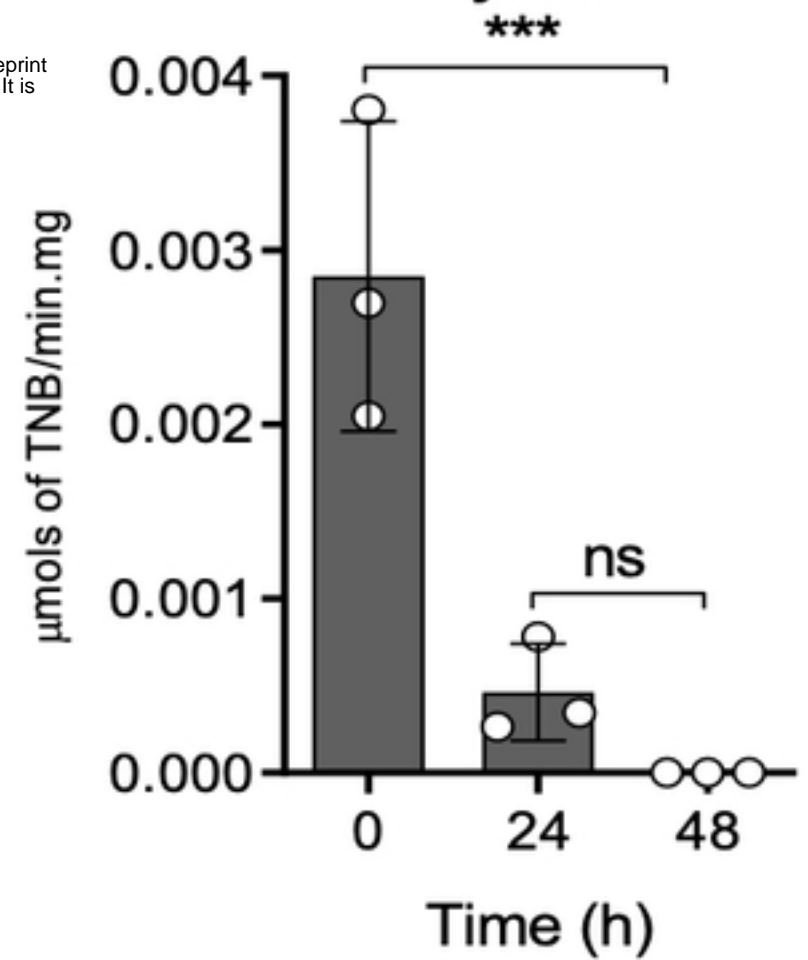
Figure 4

A)

Hexokinase

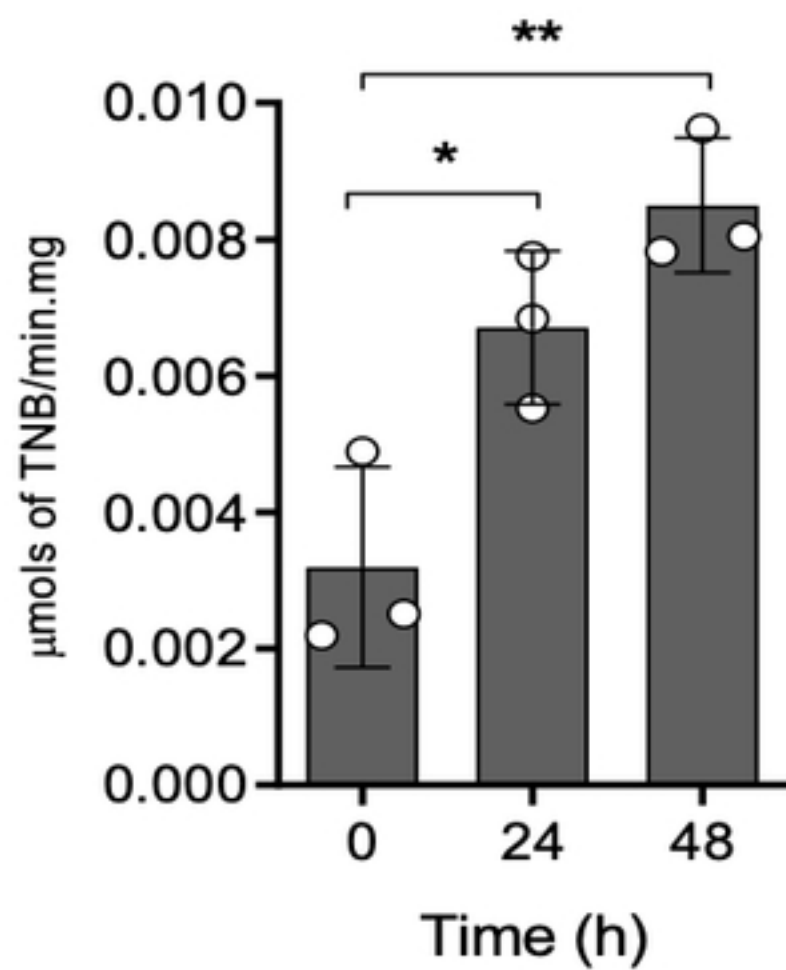


B)

Acetyl-CoA
Carboxylase

C)

Carnitine palmitoyltransferase 1



D) Serine palmitoyltransferase

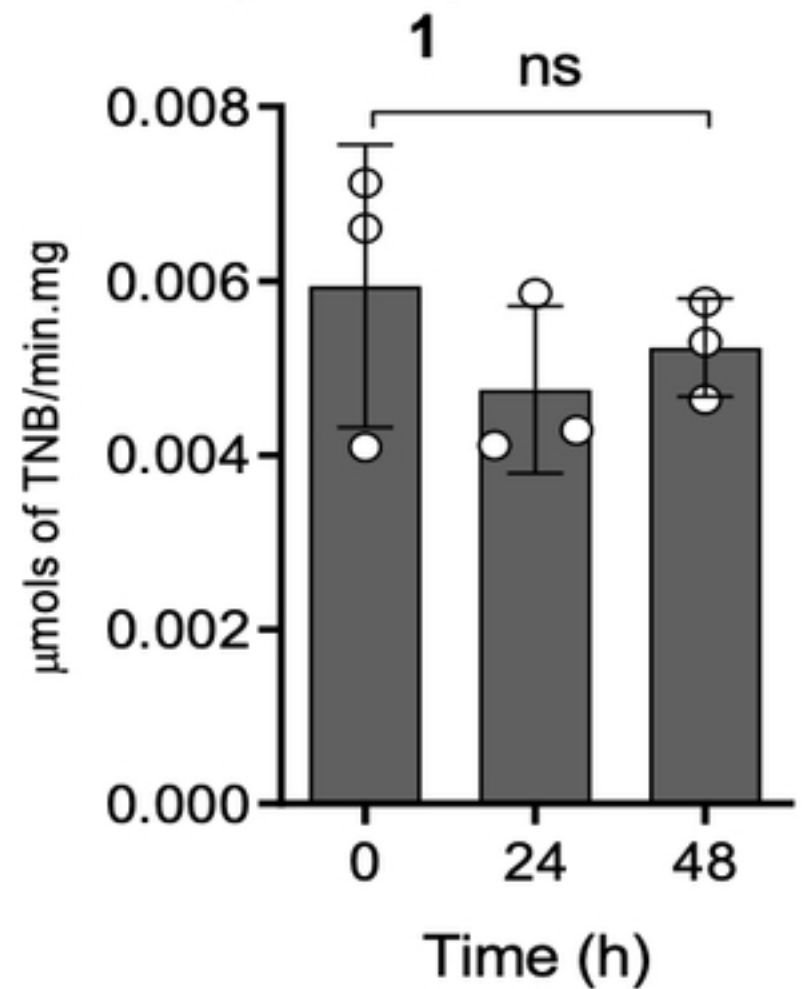
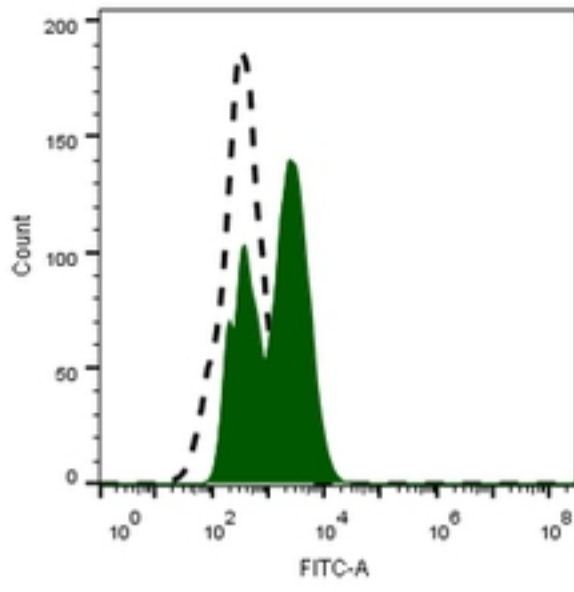
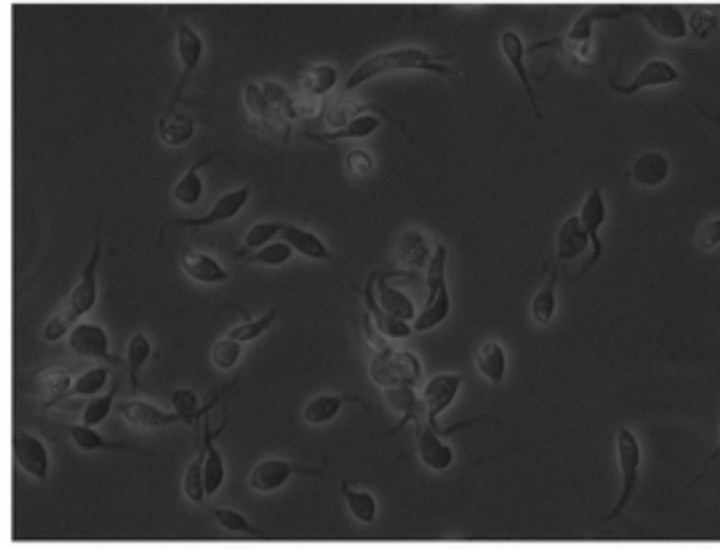
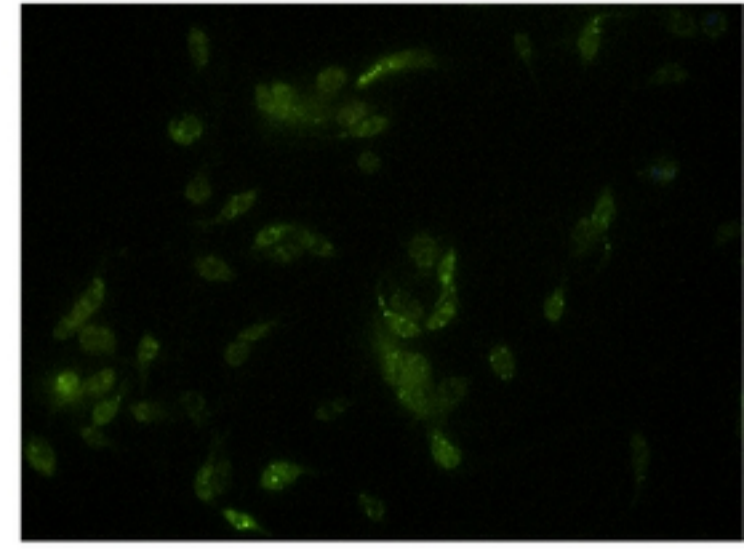
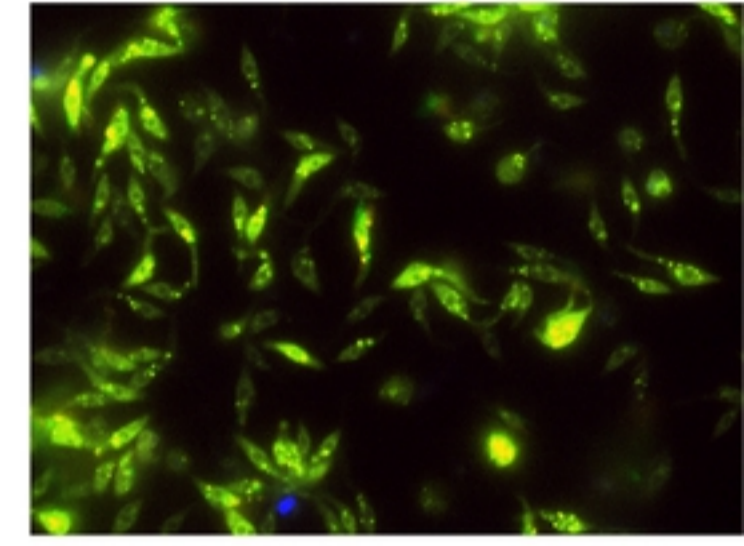
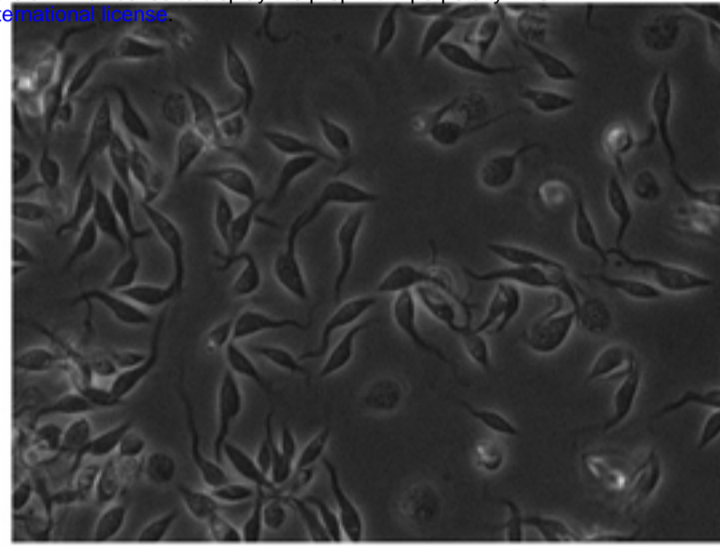
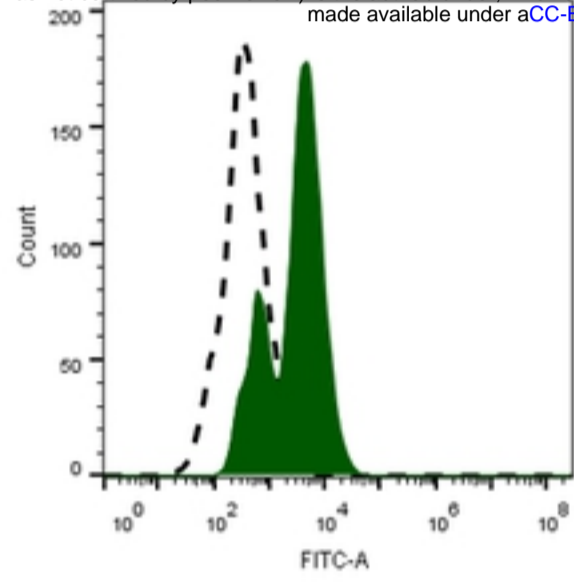
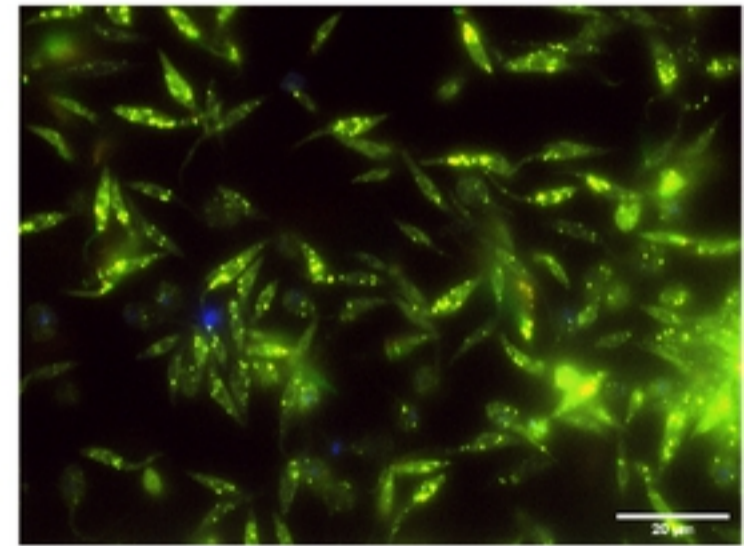
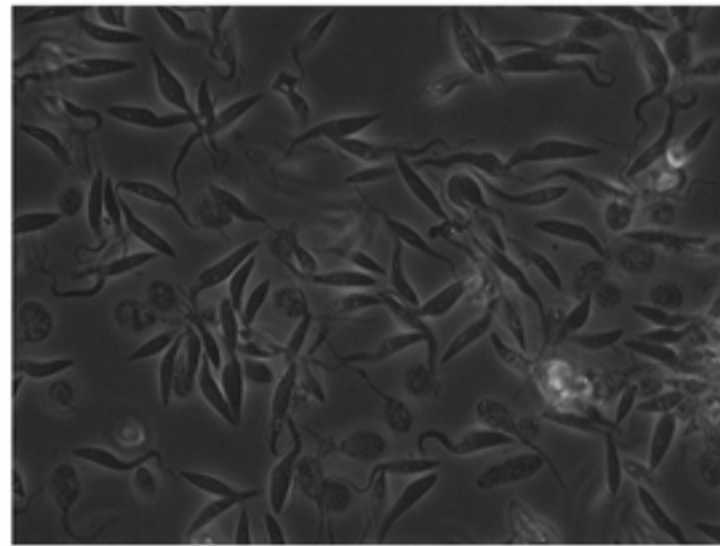
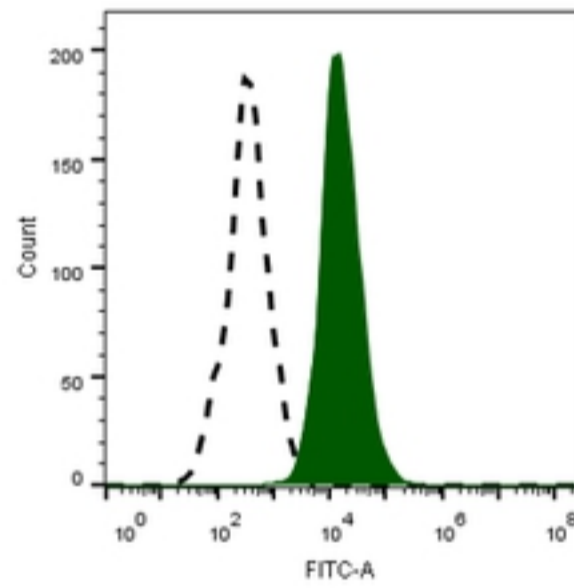
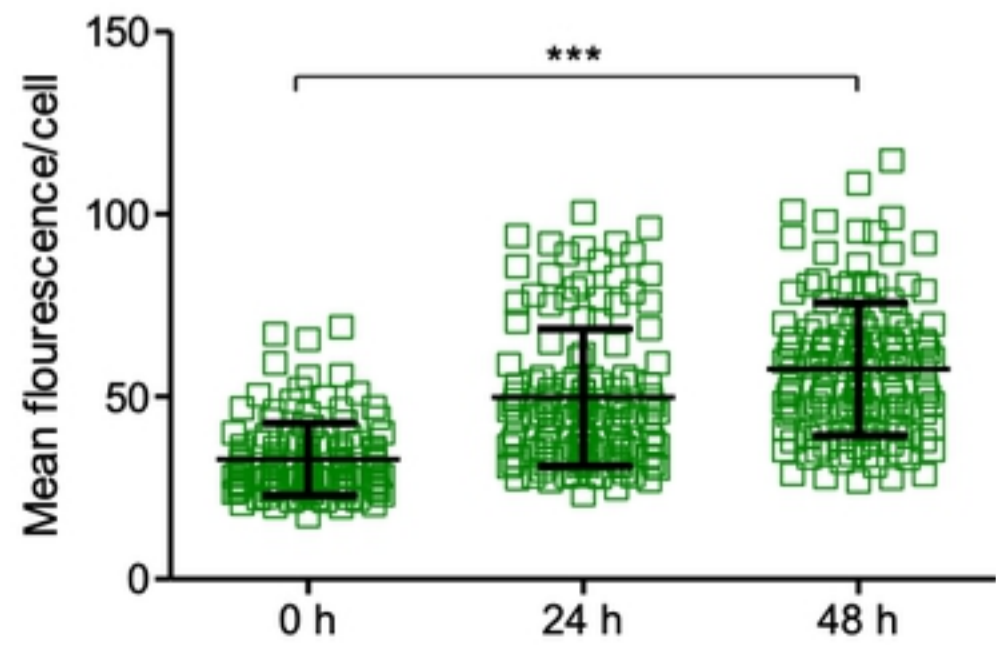


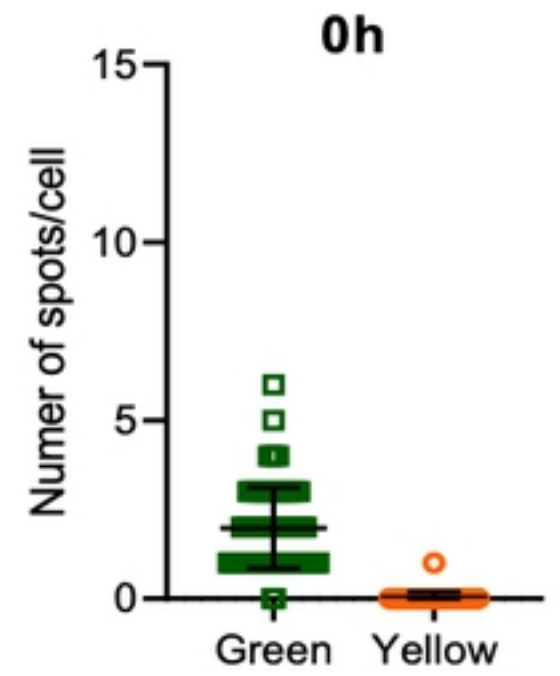
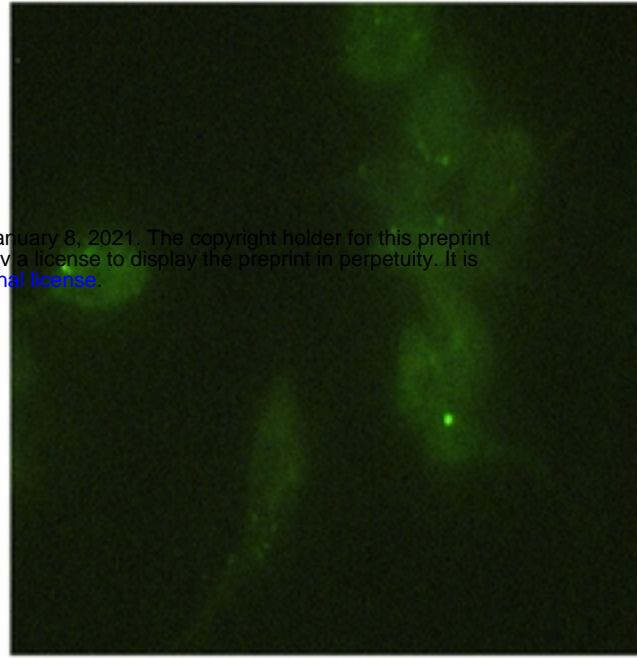
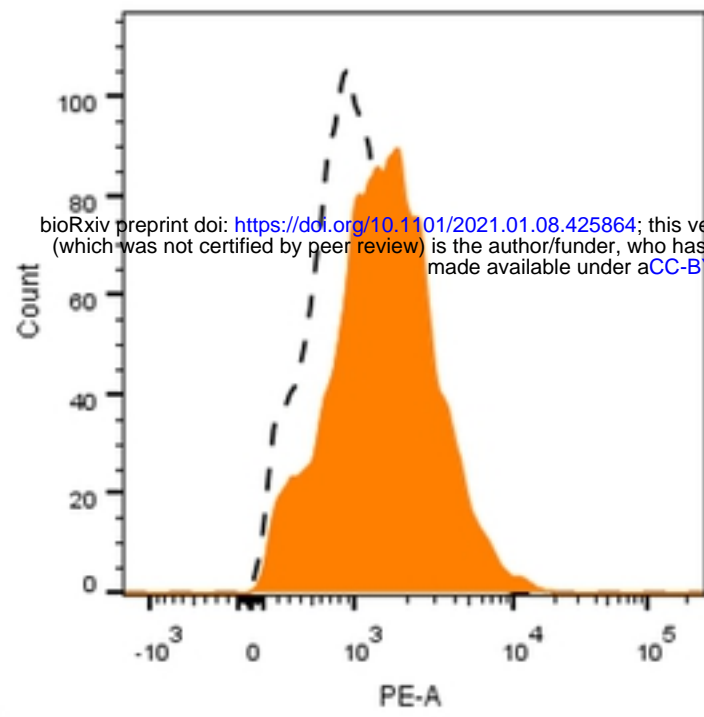
Figure 5

A)**Phase****BODIPY® C₁-C₁₂****B)**

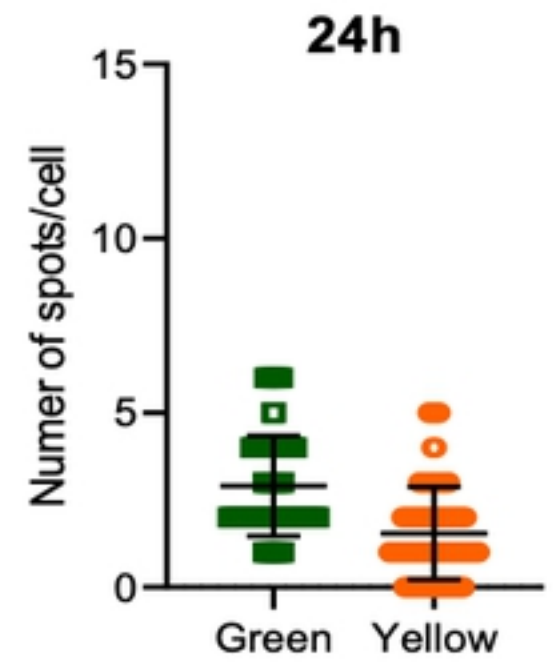
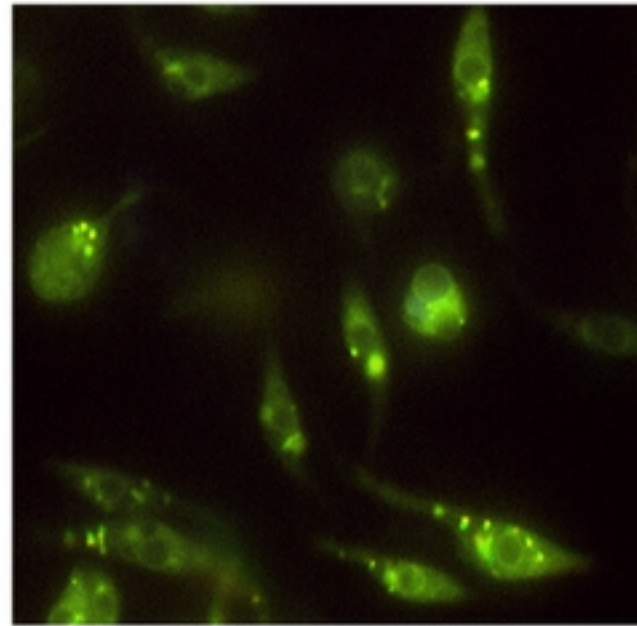
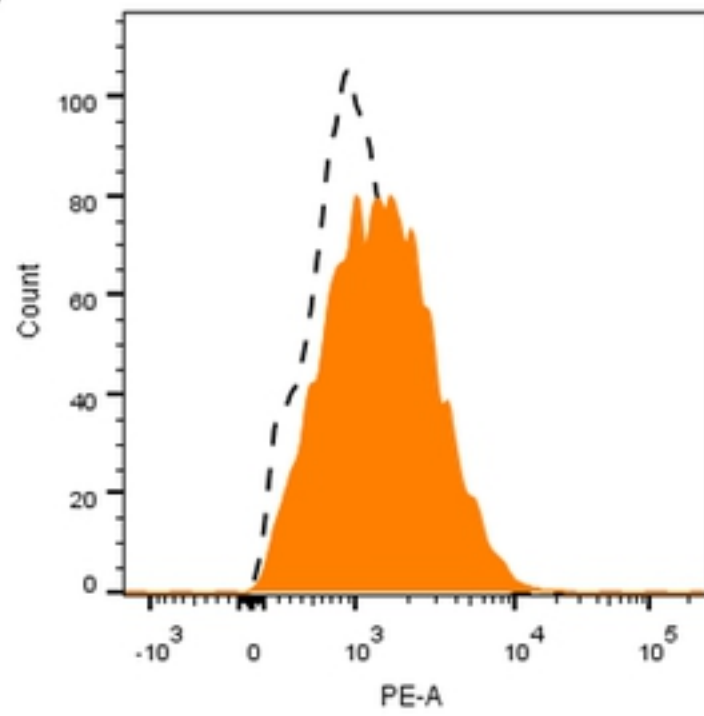
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**C)****D)****Figure 6**

A)



B)



C)

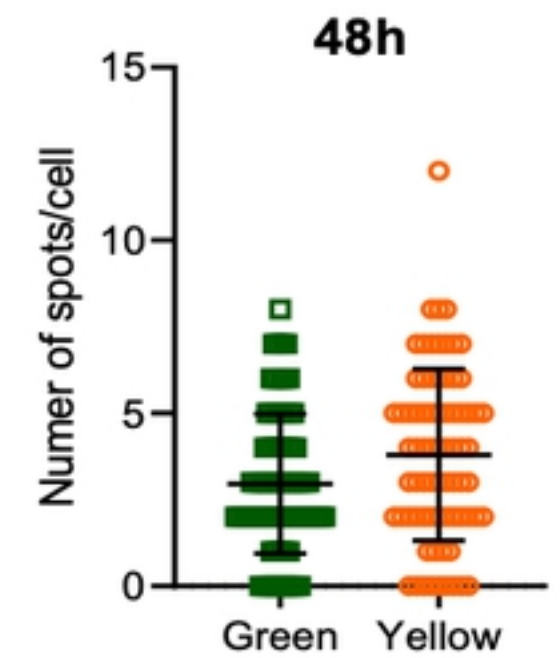
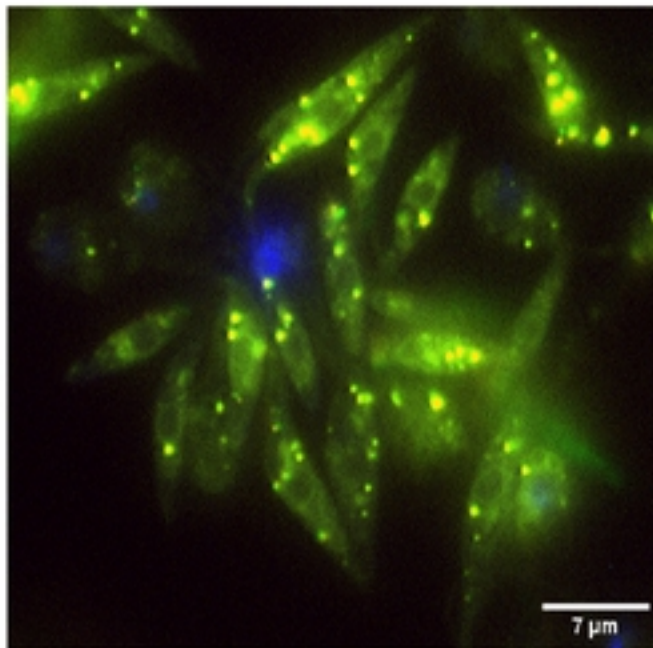
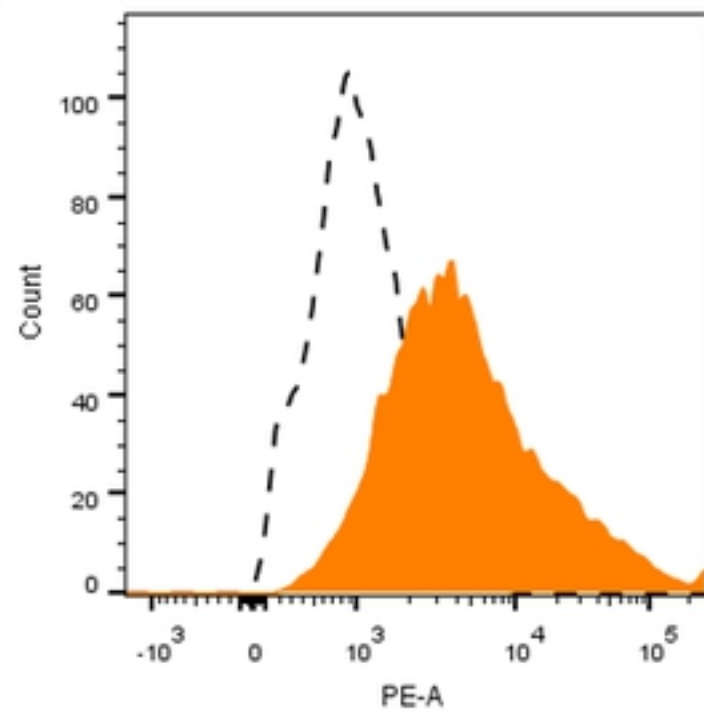


Figure 7

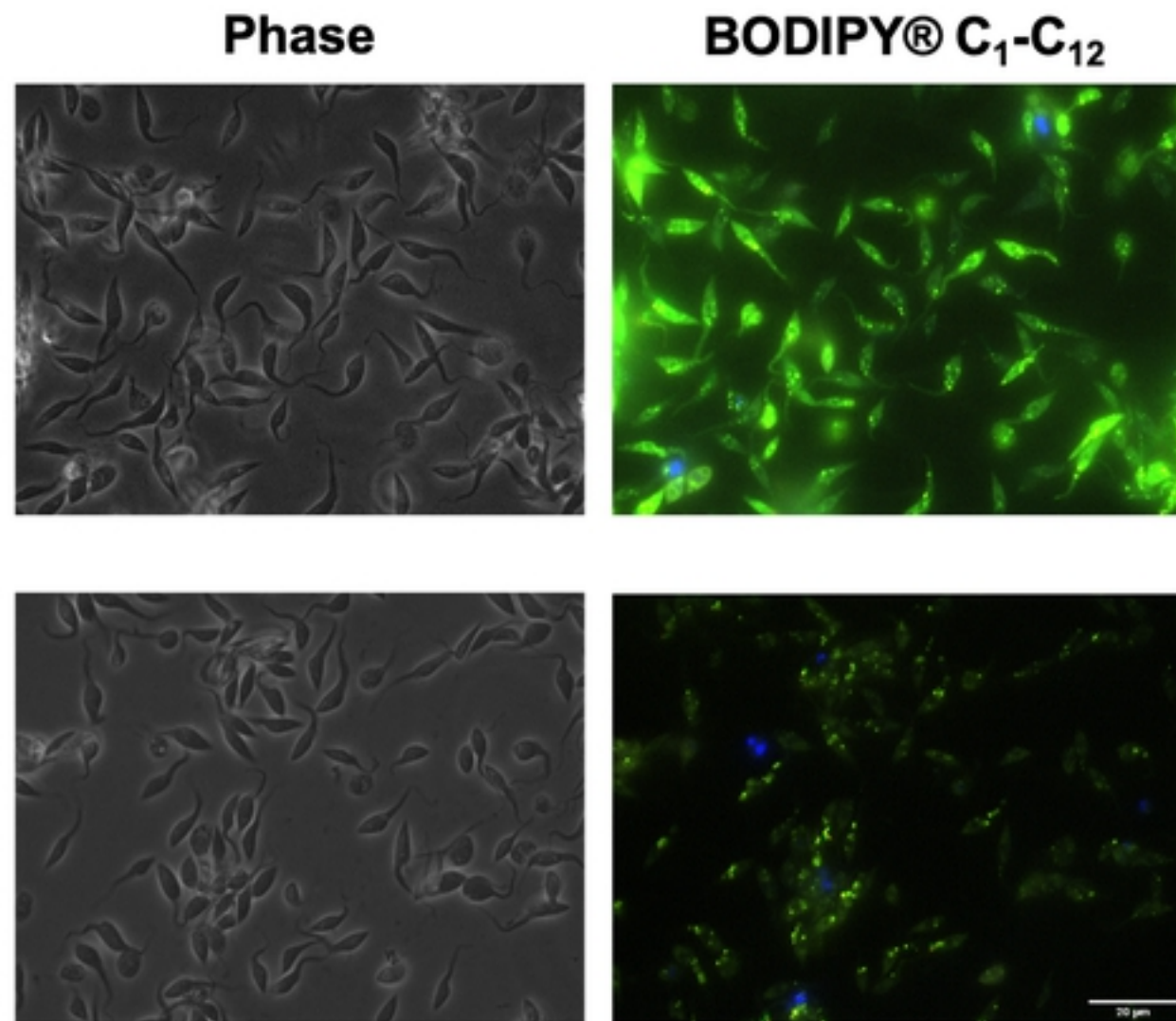
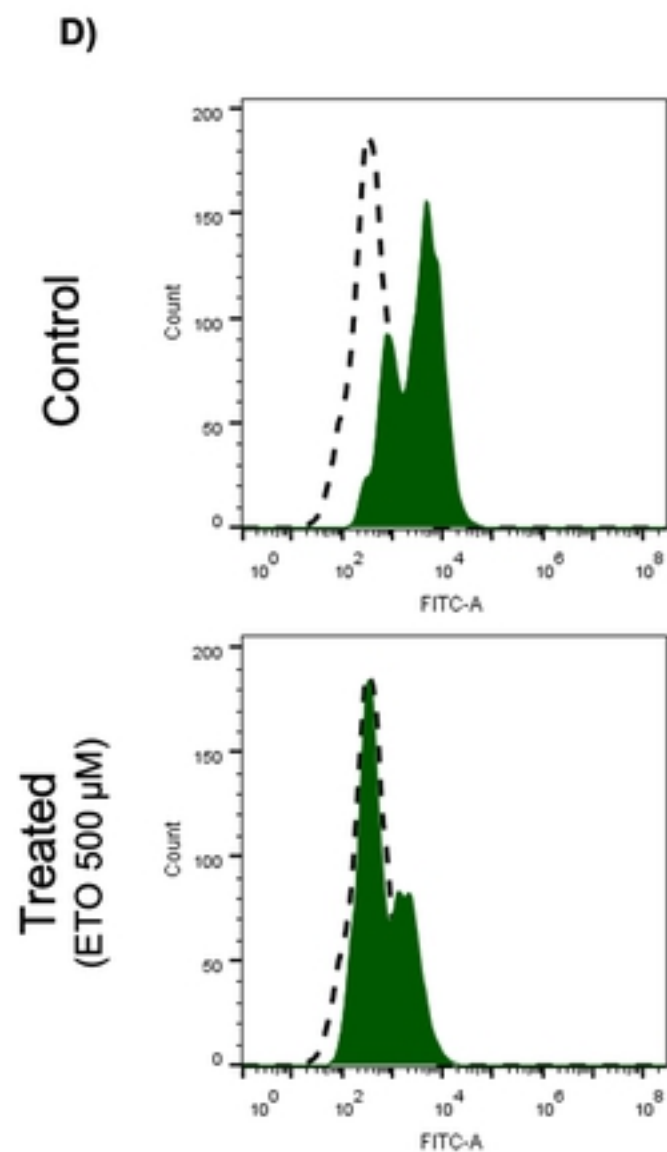
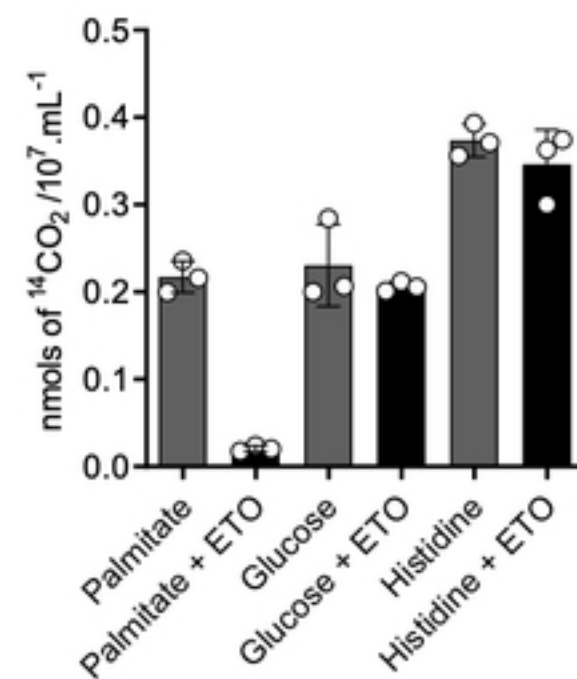
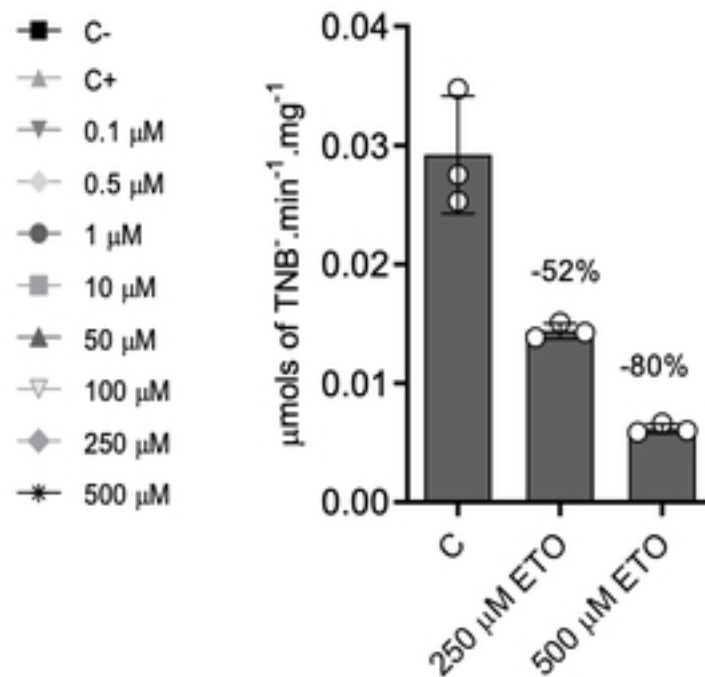
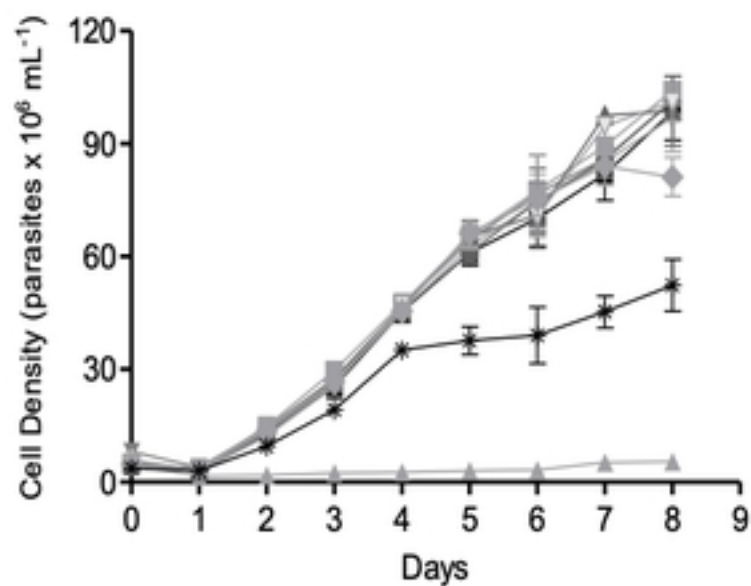
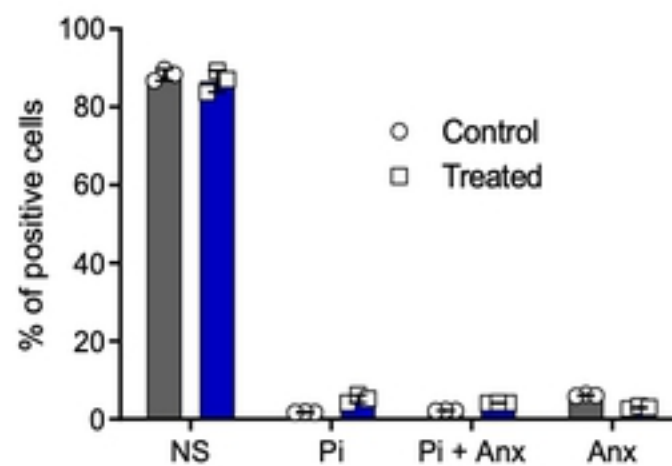
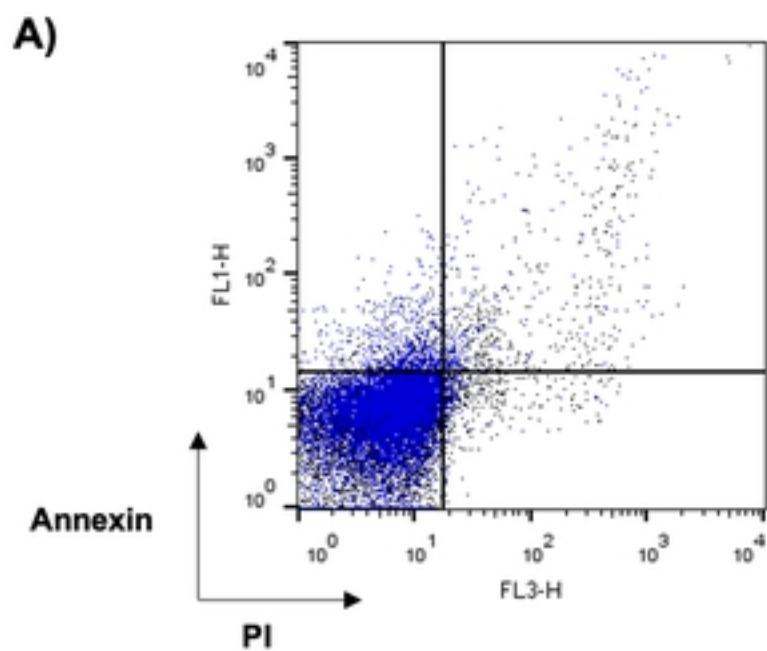
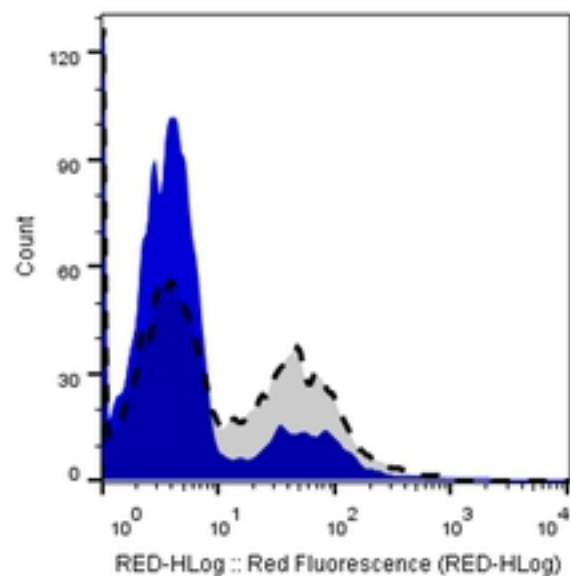


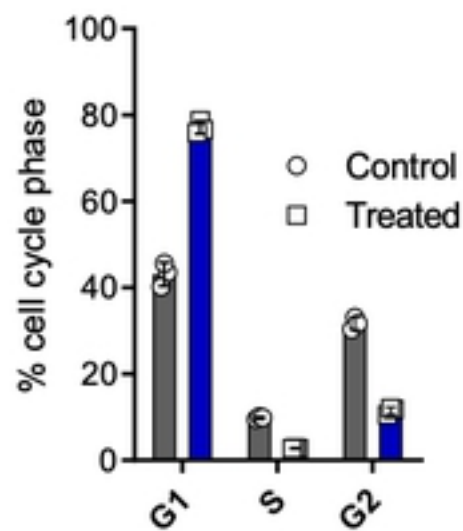
Figure 8



B)



G1 - S - G2
PI



C)

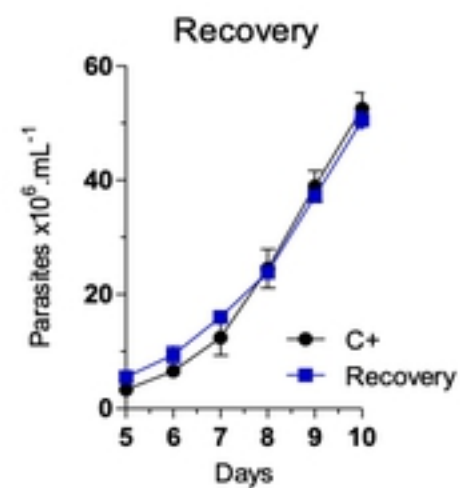
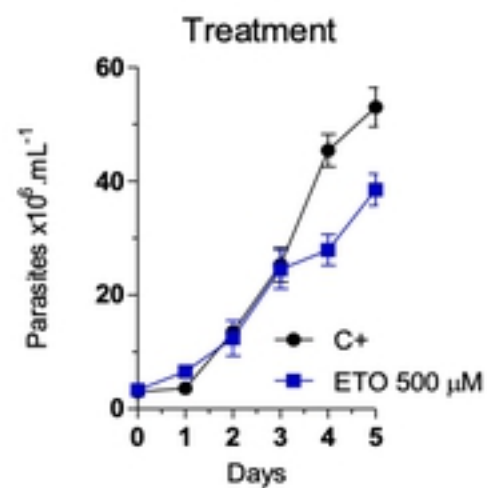


Figure 9

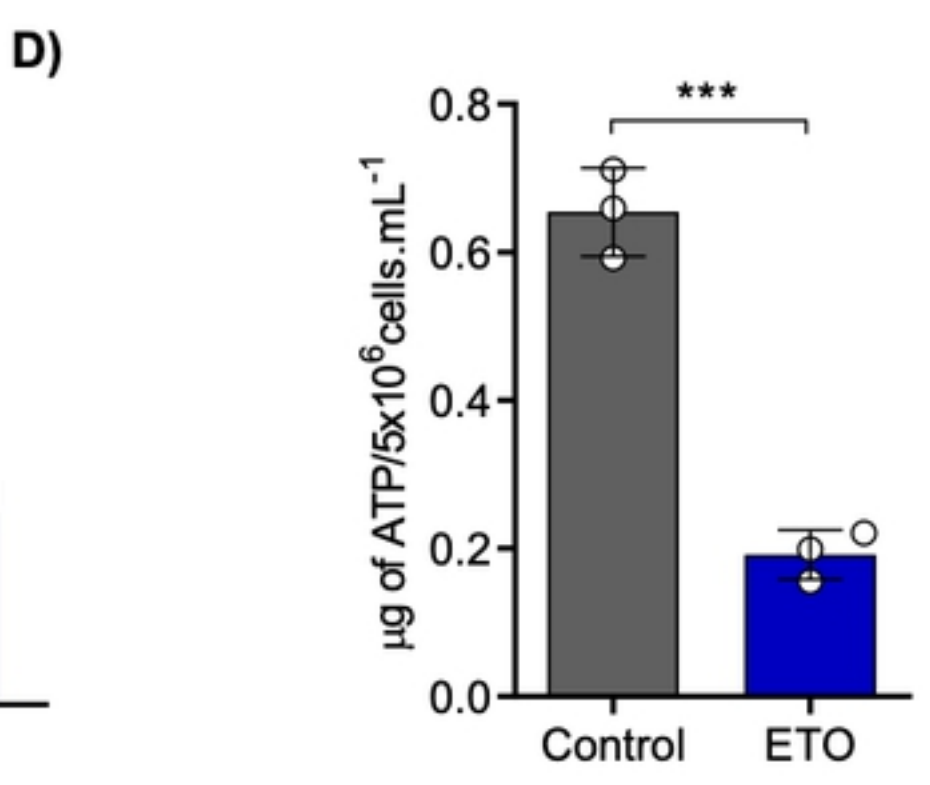
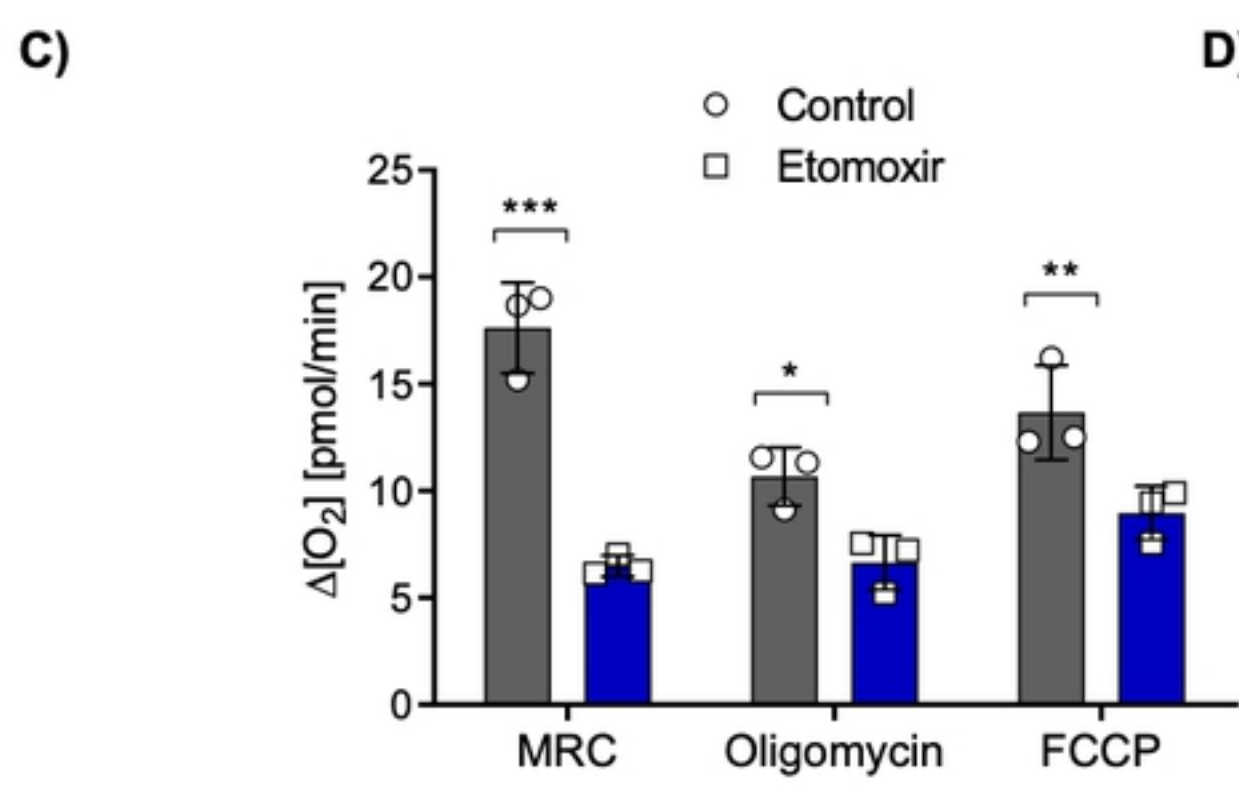
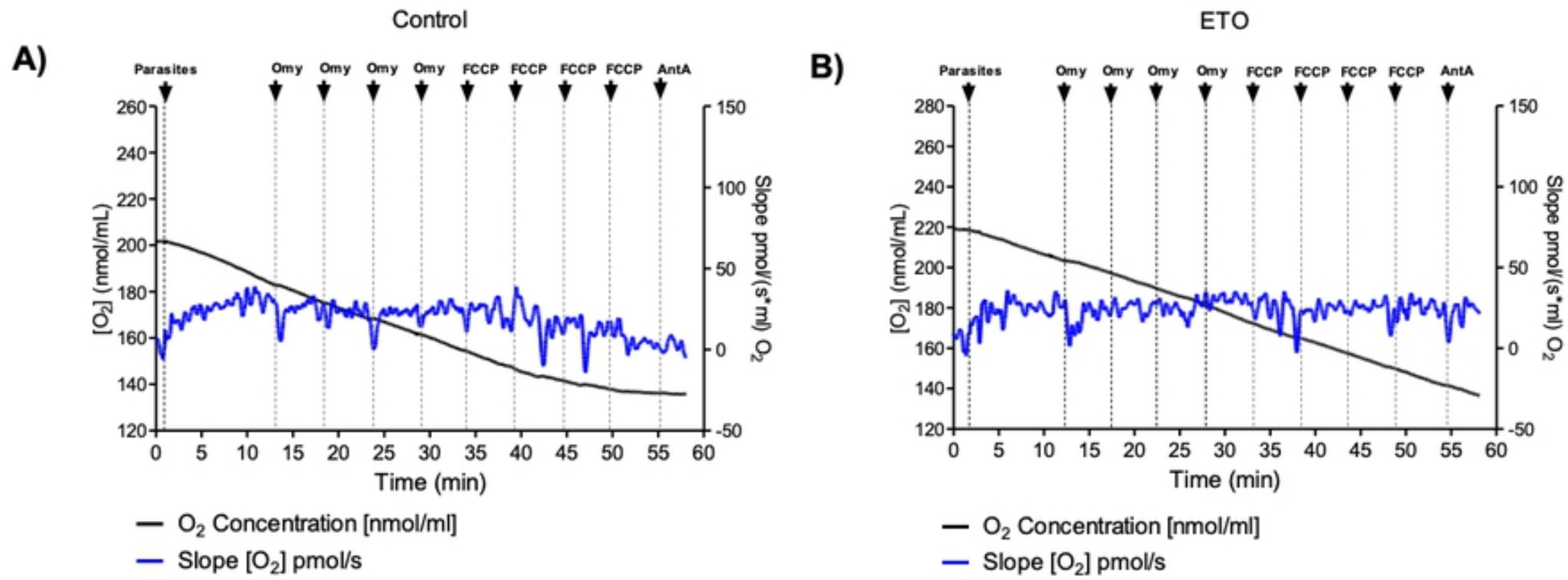


Figure 10

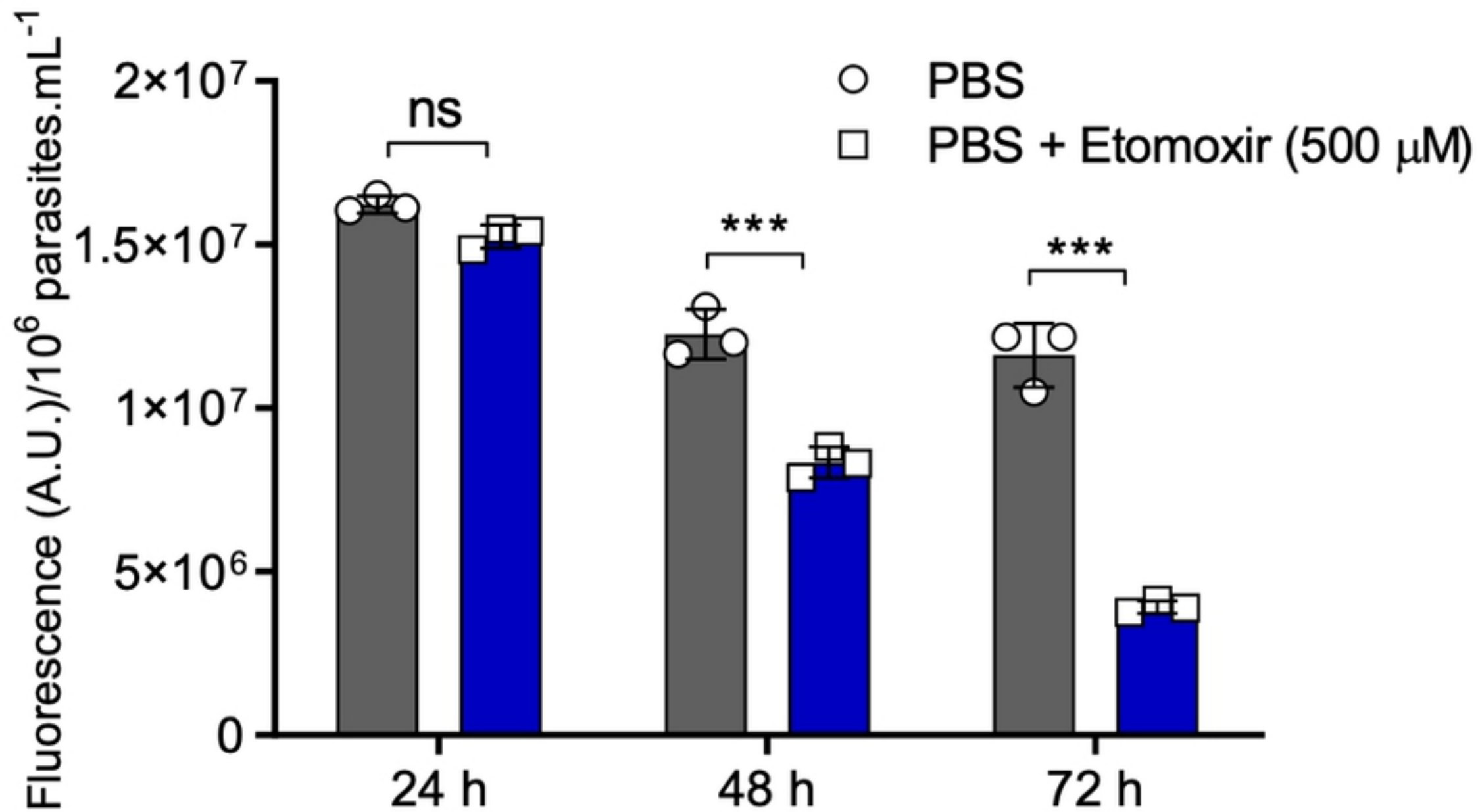


Figure 11

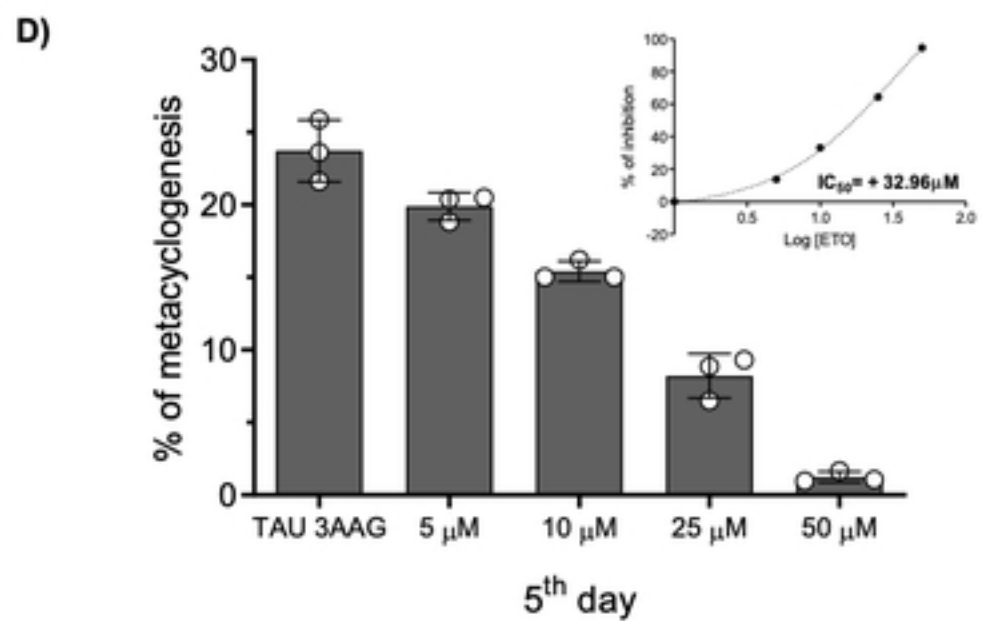
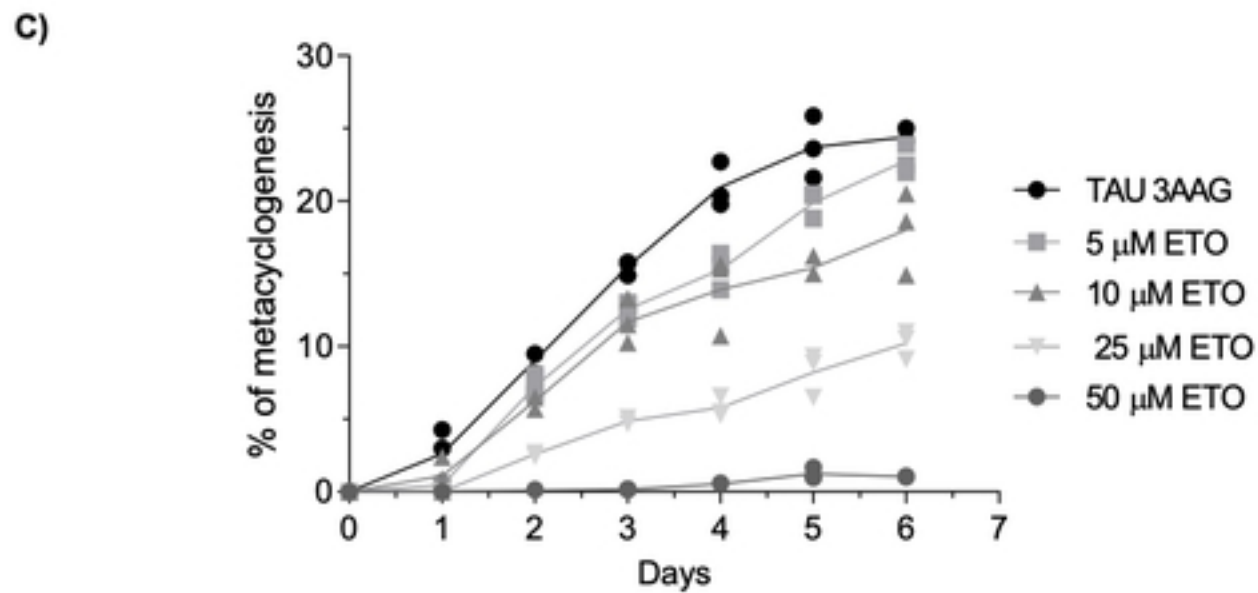
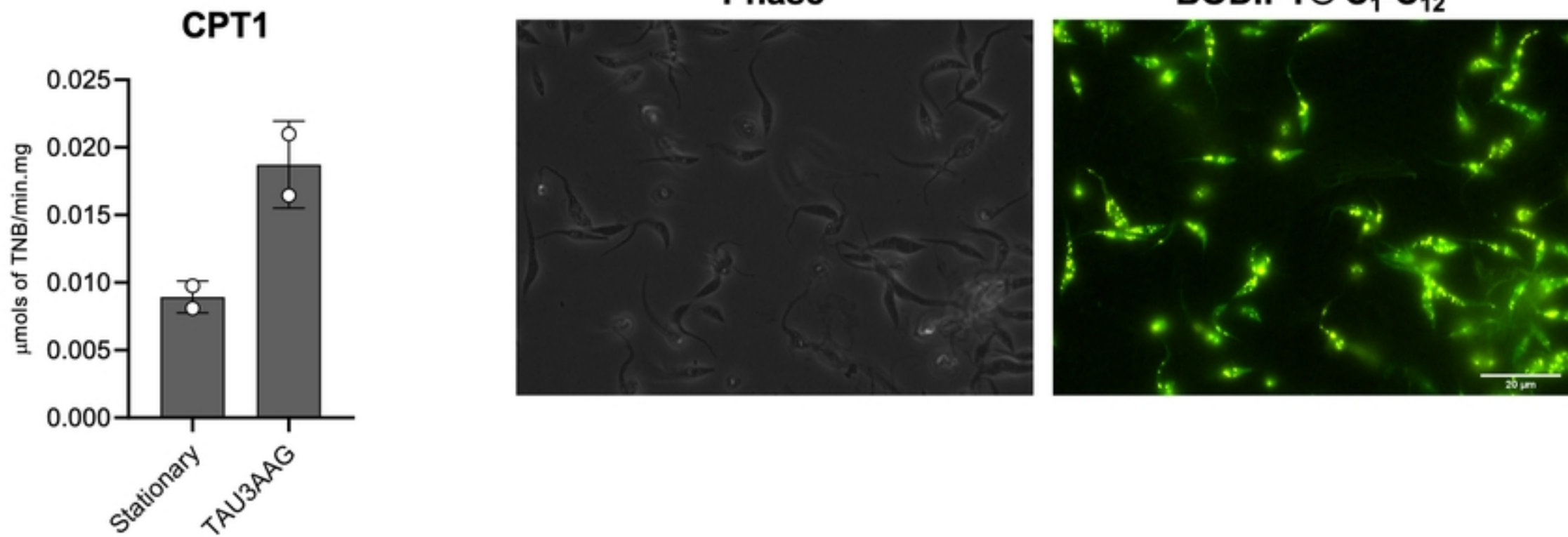


Figure 12