

to respond to the survey, thus creating response bias and overestimating the beneficial effect of photography.

Overall, this survey study revealed that dermatopathologists find clinical photography most beneficial in the diagnosis of inflammatory skin diseases, and they would like to receive photographs more frequently. They prefer a convenient method of delivery, most commonly a printed-out photograph attached to the requisition slip.

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## PRACTICE GAPS

### Submitting Clinical Photographs to Dermatopathologists to Facilitate Interpretations

Advances in immunohistochemical stains, molecular analysis, and laboratory technology have facilitated dermatopathologic diagnostic accuracy. Nevertheless, patients and clinicians are often frustrated when dermatopathologists render nonspecific diagnoses, which may lead to diagnostic and/or therapeutic uncertainty. Given the importance of clinicopathologic correlation (CPC), a practice gap exists between what dermatopathologists desire and what the clinicians provide.<sup>1,2</sup>

Mohr et al point out that one of the most important tools used to assist accurate dermatopathologic diagnosis is the information supplied on the dermatopathology form accompanying tissue specimens. They also report

that dermatopathologists find the addition of a clinical photograph useful in rendering a microscopic diagnosis, especially when dealing with inflammatory skin diseases. The use of clinical photographs may be particularly helpful when dermatopathologists receive specimens with an inadequate clinical description on the dermatopathology form, which may be more of a concern with specimens submitted by nondermatologists who have less CPC experience.

Although clinical photographs are desired, it is extremely infrequent for a dermatopathologist to be provided with one. Barriers to sending clinical photographs with biopsy specimens include the time it takes to create and implement standard operating procedures (SOP), which include identifying the body region to be photographed, obtaining consent from the patient, taking the digital photograph, downloading the photographic file, labeling the photograph, and either printing or electronically sending the picture to the pathologist. Other barriers are limited computer file storage space; costs of obtaining 1 or more digital cameras for the physician office; and compliance with the secure data transfer standards of the Health Insurance Portability and Accountability Act and Health Information Technology for Economic and Clinical Health. It is also possible that some patients may object to photography, particularly of specific body parts.

This gap between what dermatopathologists desire and what the clinicians provide can be narrowed by improving the quality of information supplied by the clinician to the dermatopathologist. Education directed at office efficiency should include instruction on efficient processes to incorporate patient photography. Mohr et al underscore that patient care will benefit when clinicians improve the quality and quantity of the information provided, and they encourage incorporation of photography as part of routine biopsy procedures. Development of a more comprehensive way of communicating information to dermatopathologists is needed. Clinician-friendly pathology forms and reminder systems to include clinical photographs may help.

Considering patient volume and increasing time limitations of office visits, it would be optimal for clinicians to train an assistant to take and process the photographs for relevant patients. The SOP should be defined for this process to assist personnel in implementation without loss of efficiency. Creating an SOP for a proper and complete provision of information including completion of requisition forms and taking clinical photographs will help establish uniformity of photographic information to the dermatopathologist.

Hard copies of photographs are not always necessary. Digital technology provides a variety of media to safely transmit images, including secure Internet connections and storage on compact discs and flash drives, to protect the confidentiality of patient photographic information, usually considered personal health information. Data transfer between dermatologists and dermatopathologists can be optimized to maximize the quality of dermatopathology diagnosis.

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## Lentiginous Melanoma In Situ Treatment With Topical Imiquimod: Need for Individualized Regimens

**M**elanoma in situ, lentiginous type (LM), is a precursor lesion for invasive malignant melanoma, lentiginous type (LMM). Already the most prevalent subtype of in situ melanoma, LM has been shown to be increasing in incidence.<sup>1</sup> Currently, nonsurgical patients with LM have no treatment alternative but irradiation and so must endure the associated adverse effects of this treatment. In addition, recurrence following standard therapies is unacceptably high (8%-20%).<sup>2</sup> For these reasons, a new effective therapy for LM that provides local control, prevents progression to LMM, and decreases morbidity and mortality is clinically desirable.

Small studies have reported successful treatment of LM with imiquimod, 5%, cream. The present case series

highlights 15 LM lesions in 14 patients treated with topical imiquimod. Histologic tissue specimens obtained before, during, and after treatment were evaluated to assist in directing patient management and in providing objective posttreatment histopathologic response.

**Methods.** This study was approved by the Saint Louis University institutional review board. After diagnostic biopsy, patients were offered surgical excision or treatment with topical imiquimod, 5%. The risks of each treatment were thoroughly discussed. Patients began imiquimod therapy with topical application 5 to 7 times each week, and this regimen was altered based on clinical response. Patients kept a log of treatment days and were observed closely during treatment. Pretreatment and posttreatment assessments were performed histologically and clinically in all patients. Intratreatment 4-mm punch biopsy specimens were obtained in 6 of the 14 patients. Imiquimod treatment was discontinued only after the tumor clinically resolved with no remaining inflammatory response and biopsy specimens showed no residual tumor histologically.

**Results.** We report 15 LM lesions in 14 patients treated effectively with imiquimod, 5%, cream as determined by clinical and histopathologic assessment. The patient demographics, treatment applications, and histologic and clinical findings are summarized in the **Table**. Patients were treated over 12 to 20 weeks with a range of 47 to 106 treatment applications (average, 79.5). All patients agreed to posttreatment biopsies, and 6 of the 14 agreed to intratreatment biopsies. Biopsies were performed dur-

**Table. Patient Characteristics and Treatment Summary**

| Patient No./ Sex/Age, y | Lesion Location | Type of Lesion | Treatment Duration, d | Findings of Intratreatment Histologic Evaluation   | Findings of Posttreatment Histologic Evaluation                                    | Clinical Posttreatment Follow-up, mo |
|-------------------------|-----------------|----------------|-----------------------|--|--|--------------------------------------|
| 1/F/82                  | Cheek           | New            | 65                    | NP   | Prominent basilar pigmentation and solar lentigo, at 2 and 13 mo, respectively     | 31                                   |
| 2/M/90                  | Cheek           | Recurrence     | 100                   | NP   | Postinflammatory hyperpigmentation, 2 mo   | 28                                   |
| 3/M/80                  | Cheek           | Recurrence     | 84                    | NP   | Dermal scar, actinic keratosis, 10 mo  | 30                                   |
| 4/M/59                  | Scalp           | Recurrence     | 62                    | NP   | Dermal fibrosis, 4 mo  | 21                                   |
| 5/M/82                  | Nose            | Recurrence     | 84                    | NP   | Dermal fibrosis, 2 mo  | 20                                   |
| 6/M/86                  | Neck            | New            | 106                   | Postinflammatory pigment alteration, 47 d  | Postinflammatory pigment alteration, 0 mo  | 21                                   |
| 7/M/77                  | Scalp           | New            | 60                    | NP   | Postinflammatory pigment alteration, 1 mo  | 14                                   |
| 8/F/71                  | Nose            | New            | 85                    | NP   | Solar lentigo, 12 mo   | 32                                   |
| 9/F/95                  | Cheek           | New            | 84                    | Lichenoid dermatitis, postinflammatory pigment alteration, 60 d                          | Vacuolar interface dermatitis, PIPA, solar elastosis, 0, 2, and 4 mo, respectively | 11                                   |
| 10/M/78                 | Cheek           | Recurrence     | 84                    | Lichenoid dermatitis, 71 d   | Solar elastosis, solar lentigo, 2 mo   | 6                                    |
| 11/F/70                 | Nose            | New lesion     | 47                    | Lichenoid dermatitis, 26 d   | Dermal lymphocytic infiltrate, 1 mo  | 1                                    |
| 12/F/71                 | Nose            | New            | 104                   | Melanoma in situ, junctional melanocytic proliferation, dense lichenoid infiltrate, 84 d | Lichenoid dermatitis, 0 mo   | 0                                    |
| 13/M/65                 | Scalp           | New            | 48                    | NP   | Solar elastosis, actinic keratosis, 0 mo   | 21                                   |
| 14a/M/87                | Neck            | New            | 100                   | Melanoma in situ, 40 d   | Solar elastosis, actinic keratosis, 0 mo   | 1                                    |
| 14b/M/87                | Lateral canthus | New            | 80                    | NP   | Solar elastosis, actinic keratosis, 0 mo   | 1                                    |

Abbreviations: NP, not performed; PIPA, postinflammatory pigment alteration.