

NIDCAP Federation International (NFI)

Founded in 2001, the NFI is an international, non-profit membership organization. The NFI encourages highly attuned implementation of the Newborn Individualized Developmental Care and Assessment Program (NIDCAP) for all intensive, special care and newborn nurseries around the world. The NFI serves as the authoritative leader for research, development, and dissemination of NIDCAP, and for the certification of trainers, healthcare professionals, and nurseries in the NIDCAP approach.

“Great things are done by a series
of small things brought together.”

VINCENT VAN GOGH

Table of Contents

Editorial	1
Abstracts	2
A Statement on State and Feeding Efficiency.....	19
2019 Inaugural World NIDCAP Day	20
NIDCAP Care in the Moment	20
Meetings and Conferences	21
NIDCAP on the Web	23

Greetings from the Editor

It is a pleasure to write this editorial as the Senior Editor of the *Developmental Observer*. I was excited to be the successful applicant and I hope to see the *Developmental Observer* continue to serve the members of the NIDCAP Federation International (NFI). It is certainly one of the successful resources and I look forward to working with you the members in making it an interactive newsletter for all things NIDCAP.

I come with a history of editing a journal, a publication record and facilitating writing workshops. So you can see I do like to see the written word and using visuals as a way of communicating information. I am working with an enthusiastic editorial team and I am sure together we will continue to meet your needs for an informative and resourceful newsletter. I would encourage you to submit stories about your work and experiences with NIDCAP (email to: developmentalobserver@nidcap.org) as together we are a strong group making a difference for newborn infants and their families. We need to let the world know.



Kaye Spence, AM

An exciting direction for the *Developmental Observer* is to be indexed on ScholarWorks at Indiana University, USA. This will be one of my goals in 2019 to ensure the back issues are archived and future issues are easy to find for all who are interested. Watch this space for more information.

This issue includes the abstracts from the 2018 NIDCAP Trainers Meeting successfully held in Porto, Portugal. For those lucky enough to attend it was an informative and exciting meeting with the hosts excelling themselves with their hospitality. The abstracts included in this issue come from many countries such as Australia, Belgium, Canada, Denmark, France, Italy, Iran, Kingdom of Saudi Arabia, Lebanon, and the USA which demonstrates the global spread of NIDCAP work. You can read about a variety of educational initiatives and some exciting research of the sounds in the environment, care practices such as skin-to-skin care, as well as some innovative ways to support NIDCAP observations through video and observing babies.

A new feature has been introduced in this issue. Jeffrey Alberts our Associate Editor for Science and member of the NIDCAP and Science Subcommittee has provided an enlightening summary of a target article from a recent publication. I hope the readers will be able to take home some useful ideas and help in reading some of the research around NIDCAP related concepts of care.

Enjoy reading this issue and I would like to hear your suggestions for articles and ideas to make the *Developmental Observer* your newsletter.

Kaye Spence AM

Senior Editor – *Developmental Observer*

Adjunct Associate Professor / clinical nurse consultant

Australasian NIDCAP Training Centre / Sydney Children's Hospitals Network / Western Sydney University / Australia