

# Developmental Observer

The Official Newsletter of the NIDCAP<sup>®</sup> Federation International

## NIDCAP Federation International (NFI)

Founded in 2001, the NFI is an international, non-profit membership organization. The NFI encourages highly attuned implementation of the Newborn Individualized Developmental Care and Assessment Program (NIDCAP) for all intensive, special care and newborn nurseries around the world. The NFI serves as the authoritative leader for research, development, and dissemination of NIDCAP, and for the certification of trainers, healthcare professionals, and nurseries in the NIDCAP approach.

“The best time to plant a tree was 20 years ago. The second-best time is now.”

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## Greetings from the Editor

The NIDCAP Federation International has reached 20 years and we all look forward to the celebrations at this year's NIDCAP Trainers Meeting. In this issue we highlight the work of the various committees within the NFI. I encourage you, the members to get involved as your organization is only as strong as the membership's contributions.

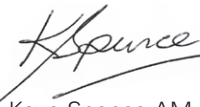
In this issue Eleni Gerassis shows us how the impact of having a sick baby proved to be a catalyst for her amazing ongoing support for the current families as she celebrates her daughter's 13 years. We can learn so much from the families and how they cope with the trauma of an early birth.

We are challenged to improve our practice. Inge Van Herreweghe and Delphine Druart in Belgium share their efforts to improve feeding practices for small babies. From her Science Desk, Ita Litmanovitz challenges us about technology and its impact on the babies and families.

The profile of the Children's Hospital University of Illinois (CHUI) Training Center takes you through a NIDCAP Report to give an update on their amazing work. We travel to South Africa to hear about one woman's extraordinary work to ensure Developmental Care has an impact – congratulations Welma Lubbe.

The Facebook pages of many of the Training Centers highlight NIDCAP. If your center has a Facebook page please let me know so I can profile your work. The number of publications relevant to NIDCAP is increasing – a small sample is included in this issue.

Enjoy the issue and please let me know what you liked and what you would like to see more of in future issues.



Kaye Spence AM

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## NIDCAP Care in the Moment

*Calming Supportive  
Hands*



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