



This issue of the *Developmental Observer* launches the move from a newsletter to the official publication of the NIDCAP Federation International. We have a fresh look and have introduced some new ideas as we increase to three issues each year – February, June and October. With this expansion we would like to receive stories

and articles from the membership. You can submit in any language, or work with the editorial team if English is not your first language.

We are challenged each year to meet virtually, yet the content of the NIDCAP Trainers Meeting goes from strength to strength. In this issue we see a global contribution from Japan, Italy, Israel, Canada, Sweden, India, USA, Ireland, and France. These perspectives, research and practices all support the NIDCAP approach to care of the Newborn and their families. The abstracts contribute to the body of evidence for NIDCAP, and we have included the Journal Club summaries for the first time.

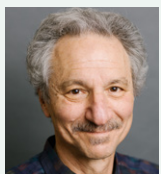
Magdalena Persson Pettersen and André Persson from Sweden share their beautiful story of Benjamin's start in life with couplet care and all the benefits of this sensitive approach in avoiding separation. We hear about Trauma Informed Care and the road to self-discovery from Kristy Fuller and her team. Our regular features take us to Ireland to learn about developmental care and Jeff Alberts challenges us from the Science Desk.

It is always a pleasure to hear about the fantastic achievements from the membership and this issue we congratulate Pierre Kuhn on his award. We also have a sad farewell to John Buehler who was a strong supporter of the NFI over the years.

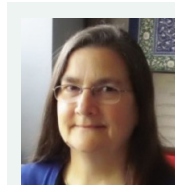
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Editorial Board



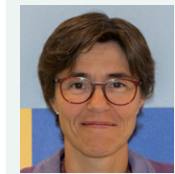
Jeffrey R. Alberts, PhD, is Professor of Psychological and Brain Sciences at Indiana University -- Bloomington (USA). Jeff is also a NIDCAP Professional and blends his lab studies with similar research at Cincinnati Children's Hospital Medical Center.



gretchen Lawhon, PhD, is the Clinical Nurse Scientist with Newborn special care associates, at Abington Jefferson Health and a NIDCAP Master Trainer. gretchen has reviewed articles for peer reviewed journals. gretchen has extensive experience as a clinical nurse scientist and has authored numerous articles in her areas of expertise.



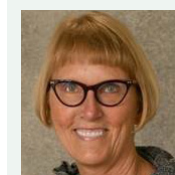
Diane Ballweg, MSN, is the Developmental Specialist at WakeMed Hospital in Raleigh, North Carolina, USA. Diane's writing and editing experience also includes reviewing for several peer reviewed journals and authoring several journal publications and book chapters related to developmental care.



María López Maestro is a Neonatologist at the Hospital 12 de Octubre in Madrid, and is a NIDCAP Trainer and Member of the National Committee for the implementation of Developmental Centered Care in Spain. Maria has 10 research works.
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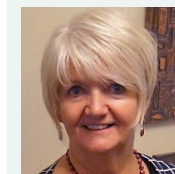
Deborah Buehler, PhD, is a developmental psychologist with expertise in developmental care within newborn and infant intensive care nurseries. Her work has focused on NIDCAP research, education and mentorship, and awareness. Deborah has authored and co-authored papers and manuals pertaining to NIDCAP care.



Debra Paul is an occupational therapist and NIDCAP Professional at Children's Hospital Colorado in Aurora, Colorado and the Column Editor for the Family Voices section for the *Developmental Observer*. Debra writes policies and guidelines which requires succinct writing and an eye for editing.



Sandra Kosta, PhD, NFI Executive Director of Administration and Finance, has been an Associate Editor for the *Developmental Observer* since 2007. As a Research Specialist at Boston Children's Hospital, Sandra has co-authored several papers on the effectiveness and long-term outcomes of NIDCAP Care.



Kaye Spence AM is a clinical nurse consultant and clinical researcher with numerous publications in peer reviewed journals and several book chapters and is a peer reviewer for eight professional journals. She is a past Editor of *Neonatal*, *Paediatric* and *Child Health Nursing*. <https://orcid.org/0000-0003-1241-9303>