



## THE IMPORTANCE OF USING FAIRY TALE THERAPY IN PRIMARY CLASSES OF SPECIAL EDUCATIONAL INSTITUTIONS

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**Abstract:** The article describes the effective method of using fairy tale therapy in primary classes of children of special educational institutions. The benefits of fairy tale therapy are described. Information about the types of fairy tales used in fairy tale therapy is provided.

**Key words:** special education, cognitive, therapy, hyperactive, competence, individual, anomaly, compensation.

The concept of modernization of education requires a new approach to the educational functions of the general education school and, of course, improvement of the educational process. focused on the development of his personality, knowledge and creative abilities. The general education school should form a comprehensive system of universal knowledge, abilities, skills, as well as the experience of independent activity and personal responsibility of students, that is, the basic competencies that determine the modern quality of educational content. So, what about special education?

One of the main trends in the field of modern education is the creation of special conditions for development, education and upbringing, as well as the creation of innovative technologies. At the same time, the percentage of children who need special education - severe and complex disabilities - is increasing. How to help them?

The development of such a child occurs in a unique way. The approach to education and upbringing of such "needs of special education" children should also be special, non-traditional, based on the individual characteristics of each child, due to the nature of their physical and mental development disorders, education should be adapted to their needs.

One such non-traditional approach is the use of fairy-tale therapy as an accompanying element of the main educational process in an educational institution where children with disabilities study.

Children with disabilities are a complex and unique contingent of students with physical or mental disabilities that present varying degrees of learning difficulties. This category includes children with various developmental disorders:

- hearing,
- to see
- speech,
- musculoskeletal system,
- intelligence,
- with developmental delays and complex disorders,

- children with severe emotional and behavioral disorders. In corrective-pedagogical work with children with various developmental disabilities, a special place is given to fairy tale therapy - it is an innovative educational technology that has already proven its effectiveness.

Story therapy is one of the most effective ways to work with disabled children who have physical, emotional or behavioral difficulties. This method is convenient for children to understand in all types of education. The method of fairy tale therapy allows solving problems of behavior, emotional-will control. He introduces children to books, introduces them to literature, and encourages children to be creative by writing fairy tales together.

Fairy tale therapy develops a child's personality through a multifaceted effect. It develops leadership qualities, speech, imagination, thinking, and also helps to eliminate undesirable qualities found in children: indecisiveness, fear, aggression, etc. Thanks to immersion in a fairy tale, the child opens up, experiences vivid feelings and emotions.

At primary school age, the child actively develops the mechanism of identification, therefore, fairy tale therapy is the most effective method during this period. The child fully gets used to the role of the hero, fully experiences all the events that happen to his character, imposes his personal qualities and relationships on him. Fairy tale images teach the child how to act in this or that difficult life situation, observing the norms of morality and ethics.

A fairy tale serves as an intermediary between reality and the inner world for a child. A fairy tale is perceived and understood (as a rule, at the subconscious level) solves some psychological problems, or, more precisely, provides a person with access to social relations. Any fairy tale is aimed at socio-pedagogical effect: it teaches, educates, encourages activity and even heals. Fairytale images are emotionally rich, colorful and unusual, but at the same time simple and understandable for children. Therefore, fairy tales and their characters are one of the main sources of knowledge of reality (events, behavior, character of people) for a child. It is in the form of a fairy tale that a child encounters complex events and feelings: love and hatred, anger and compassion, betrayal and lies.

Children with disabilities are a complex, unique contingent. In them, underdevelopment of cognitive activity is observed - as a main sign, a symptom of mental weakness, and some features of the emotional-will sphere are lagging behind in development. The feelings of children who need special education are unstable and changeable. They may react differently to the same recurring event. Therefore, before telling a fairy tale, it is necessary to create a positive emotional mood, calm the child, introduce him to the "magical situation", interest him in seeing and hearing unusual things.

A fairy tale plays a big role in correcting the emotional sphere of children with special education needs. The emotional background created by the teacher while reading the fairy tale, the change in the voice of the characters, the reflection of the emotional state of the characters of the fairy tale on the teacher's face - all this helps to read the fairy tale. The child unconsciously begins to "reflect" on his face the feelings he experienced while listening to the story.

Fairy tale therapy is one of the least "traumatic" and painless methods of psychotherapy. A fairy tale not only teaches children to experience, rejoice, sympathize, but also encourages them to communicate verbally. Its meaning extends to the concept of "social adaptation", that is, it plays an important role in the correction and compensation of gross anomalies in early development, preparing children with special needs for life and work.

Fairy tales help the child to adapt to life: by solving fairy tale conflicts, the child relieves internal psychological stress, develops self-confidence and a sense of security. The child does not like instructions, and the fairy tale does not teach him directly, offers interesting images, and vital information is absorbed spontaneously, imperceptibly. Through a fairy tale, it is easy to explain to a child the first moral concepts - what is good and what is bad. The characters are vividly expressed in their images, they are strengthened in real life and in relationships with loved ones.

"Journeys" through fairy tales awaken children's imagination and imaginative thinking, get rid of patterns and patterns. Sketches, which are constantly used to express and manifest various emotions, improve and activate expressive tools - plasticity, facial expressions and speech. For the comprehensive development of a child, it is very important to feed his emotional sphere, develop his feelings, and the fairy tale is one of the most convenient means of developing the feelings of a child.

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