



TRAINING PRIMARY SCHOOL STUDENTS IN THE SPIRIT OF NATIONAL CUSTOMS AND TRADITIONS

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Abstract: This article considers the importance, methodology and practice of training primary school students in the spirit of national customs and traditions. The article explains how students can contribute to their personal development by promoting national heritage, traditions, and traditional values. Also, opinions are expressed about the role of educational institutions and the importance of educational methods in the process of primary education in the formation of national spirituality, and pedagogical approaches are presented.

Keywords: primary class, national customs, traditions, education, pedagogy, national spirituality, personal development, values.

Аннотация: В данной статье рассматриваются значение, методика и практика обучения учащихся начальных классов в духе национальных обычаев и традиций. В статье объясняется, как студенты могут способствовать своему личному развитию, продвигая национальное наследие, традиции и традиционные ценности. Также высказаны мнения о роли образовательных учреждений и значении образовательных методов в процессе начального образования в формировании национальной духовности, представлены педагогические подходы.

Ключевые слова: начальный класс, национальные обычаи, традиции, образование, педагогика, национальная духовность, развитие личности, ценности.

Training primary school students in the spirit of national customs and traditions is a crucial step in preserving cultural heritage while fostering a sense of identity and pride. Below are some key aspects to consider when designing such a training program:

1. Understanding National Customs and Traditions

- **Content Development:** Identify core customs, traditions, and values specific to the nation or community. These may include festivals, historical events, traditional attire, music, art, and folklore.
- **Age-Appropriate Lessons:** Simplify complex cultural ideas into concepts that children can understand and relate to.

2. Interactive and Practical Learning

- **Storytelling:** Share folk tales, legends, and anecdotes that highlight the nation's values and history.
- **Role-Playing and Performances:** Encourage students to act out traditional stories, wear cultural attire, or participate in reenactments of historical events.
- **Cultural Activities:** Organize hands-on activities such as crafting traditional artifacts, cooking traditional foods, or learning national songs and dances.

3. Integration with Academic Curriculum

- **Cross-Disciplinary Approach:** Integrate cultural education into subjects like literature, history, art, and music to make it a seamless part of the school curriculum.
- **Thematic Projects:** Assign group or individual projects focusing on national customs, such as creating a presentation on a festival or preparing a cultural exhibition.

4. Community and Parental Involvement

- **Parental Engagement:** Involve parents by inviting them to share their knowledge, traditions, and experiences with the class.
- **Community Programs:** Partner with local cultural organizations or elders to provide authentic learning experiences, such as visiting museums or attending traditional ceremonies.

5. Instilling National Pride

- **Symbols of Identity:** Teach the importance of national symbols such as the flag, anthem, and emblem.
- **Values Education:** Emphasize universal and national values such as respect, unity, and patriotism through activities and discussions.

6. Using Modern Technology

- **Digital Tools:** Utilize educational apps, videos, and virtual tours of historical and cultural sites to make learning engaging and accessible.
- **Multimedia Projects:** Encourage students to create digital presentations or short videos on aspects of their culture and traditions

7. Regular Assessments

Creative Assignments: Evaluate students through creative outputs like artwork, essays, or cultural performances rather than traditional tests.

- **Feedback and Reflection:** Provide constructive feedback and encourage students to reflect on what they've learned about their heritage.

By nurturing primary school students in the spirit of national customs and traditions, educators play a vital role in creating culturally aware individuals who respect their heritage while being open to other cultures.

In Uzbekistan, national traditions and customs are an integral part of the cultural heritage of our people, and it is very important for the young generation to know about their origin, history and importance. Learning and respecting our national values plays an important role not only in understanding our history, but also in ensuring unity and harmony in society. Therefore, the process of introducing primary school students to our national traditions and educating them needs special attention.

Main part

There are several main aspects of studying national traditions in elementary grades:

1. Historical context: Providing students with information about the history and culture of

Uzbekistan has a positive effect on their minds and thinking systems. Lessons should talk about national heroes, historical events, national symbols.

2. Introduction to traditions: by studying traditional holidays of the Uzbek people (such as Navroz, Eid al-Adha), family ceremonies (wedding, birthday) and other events, children will be introduced to the traditions of the Uzbek people. interest can be increased. In this process, it is necessary to make teaching more interesting through practical activities (celebration of holidays).

3. Art and literature: It is possible to develop children's aesthetic feelings by introducing national works of art (painting, music) and literary figures (poetry, prose). Children learn from folk stories through these art forms.

4. Characteristic behavior of the nation: studying the characteristics of the Uzbek people, such as hospitality and sincerity, forms social values in children. It is necessary to develop a sense of respect in children by teaching them the rules of etiquette.

5. Practical activity: Children can be involved in creativity by encouraging them to learn about traditional professions (fine textiles or food preparation). This will help them realize the value of manual labor.

Summary

In conclusion, special attention should be paid to the study of national traditions in primary school. This process not only expands the scope of children's knowledge, but also serves their development as a person. By introducing the rich cultural heritage of our nation, we will succeed in educating the younger generation in the spirit of patriotism. In this way, we will raise the future generation to be knowledgeable, spiritual and cultured people.

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