



ISSUES OF DIRECTING CHILDREN WITH PHYSICAL DISABILITIES TO PROFESSIONS

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It is known that some young people may have physical disabilities due to birth injuries or injuries to some of their body parts. In such cases, the arms, legs, and supporting organs are more often damaged. In some cases, moderate growth retardation and underdevelopment of body parts may occur. Children with physical disabilities feel uncomfortable among their healthy peers. Such children face many difficulties in the field of choosing a profession compared to other peers. They will need additional support to succeed in their social and professional lives.

Various conditions have been created for persons with developmental disabilities in the Republic of Uzbekistan, and a number of works are being carried out to further improve these conditions. In particular, the draft of the Presidential Decree "On measures to further improve the system of education for children with disabilities" and the concept of development of inclusive (integrated) education in Uzbekistan until 2030 were discussed by the Ministry of Public Education. The fact that this draft decision and concept was discussed can be considered as a significant step towards social protection of children with disabilities, education, career choice and inclusion of them in the life of our society on the basis of equal rights.

Special education programs, social support, and community outreach help them with their education and career choices. In this study, we tried to consider the methods and strategies used in guiding children with developmental disabilities to career choice, problems and their solutions.

Developmental disabilities come in many forms and affect each child differently. Let's take a look at some of them;

- **Autism** : Children with this condition have difficulties in social relations and communication. They may have problems expressing themselves, communicating with other people, and adjusting to social situations.
- **ADHD (Attention Deficit Hyperactivity Disorder)** : In this condition, children have difficulty concentrating, completing tasks, and managing time . As a result, it becomes difficult to succeed in studying and working.
- **Intellectual Developmental Disabilities** : These children have reduced learning and problem-solving skills, which can lead to difficulties in their education and career choices.

Choosing a profession plays an important role in the future life of children. For children with developmental disabilities, this process can be more complicated. However, by directing such children to a profession based on their capabilities, it allows them to feel confident that they are "necessary" for society, and "equal members" of society.

When guiding children with developmental disabilities to choose a profession, it is necessary to pay attention to the following factors.

- **Individual abilities** : Every child's abilities and interests are different. It is important to recognize and develop them. This factor plays an important role in the career choice of children with developmental disabilities. Because the child's personal abilities are limited through developmental defects. When guiding them to choose a profession, it is recommended to take up professions that are sufficient for their personal capabilities.
- **Social and economic conditions** : Family and community support, as well as educational resources, influence children's career choices. At this point, it should be noted that in guiding children with developmental disabilities to choose a profession, the main focus is not on obtaining economic benefits from their work, but on helping them find their place in social life. Economic support from sponsors and society
- **Special approach** : An individual approach is important in the career selection process for children with developmental disabilities. Teachers and specialists should help the child choose a profession that matches his personal abilities and needs.

Helping children with developmental disabilities to choose a career

Various methods and strategies are used to help children choose a career.

- **Education and teaching methods** : Special educational institutions teach children in an individual approach. This method helps children to develop their abilities. Special educational institutions will introduce children to choose a profession based on an individual approach. It is recommended that educational programs and teaching methods be developed separately for each group.
- **Counseling and support** : It is important to work with professionals in the career selection process. They should guide children in choosing a suitable career, give advice and help them develop their skills.

Social Events : Organizing social events and workshops for children with developmental disabilities to help them showcase their talents and learn about careers.

We would like to recommend a few general ways to approach the following career choices:

Educational or technological pathways: Children can expand their career options through learning and developing technological skills.

Sports: By participating in artistic sports, football, basketball or other sports, children can choose a profession, their physical development and cooperation with the team will increase. The high results of the representatives of our country at the Paris-2024 Paralympic competitions can be said to be the result of the positive work carried out in this field.

Goal-based placement: When children set goals, we can help them identify career paths and achieve them. Of course, in this case, as we mentioned above, it is necessary to take into account the personal capabilities of children.

Conversation and interaction: Students can develop their interests and career paths by interacting with their relatives, teachers, or professionals.

Family environment: Students' families and relatives provide support in the field of career choice. Family members are the people who know the possibilities, abilities, and interests of children with disabilities the most.

It's important to explore and consider children's interests, goals, and abilities when choosing career paths.

There are many examples of successful careers of children with developmental disabilities in Uzbekistan and other countries.

Success Stories : Some children have overcome many challenges and achieved their goals through their talents. For example, we can cite many people who have shown themselves in the field of art or sports. Our compatriots who achieved high results at the Paris-2024 Paralympic Games; Asila Mirzayorova (long jump), Elbek Sultanov (shot put), Khusniddin Norbekov (shot put), Kudratullakhan Marufkhujayev (shot put), Bobirjon Omonov (shot put), Talibboy Yuldashev (discus throw), Yorkinbek Odilov (javelin throw), Nurkhan Kurbanova (javelin throw), Sherzod Namozov (judo, 60 kg), we can show Asad Toshtemirov (cheekwondo, 80 kg) as an example to students.

- **Experiences in other countries** : In a number of leading countries, the conditions and programs created for children with developmental disabilities are showing very good results.

Germany. The right of a disabled child to choose any type of educational institution on an equal basis with everyone else is legally confirmed. The German education system includes the creation of inclusive schools, where children with special characteristics and normal children are taught together.

Great Britain. The state is in contact with the family of the special child and provides conditions for medical assistance and rehabilitation activities. For each child with physical disabilities, a team of specialists is created to monitor their health and help them overcome communication or learning difficulties.

Switzerland. The current child support system allows children to live at home, study at school and adapt to society. Financial support is given to children attending school or specialized courses.

Spain. Any school in the country has a specially equipped classroom for children with disabilities. Schools with students with disabilities must create an architecturally comfortable environment for such students and provide adapted educational programs.

India. According to the draft Law on Disabilities, children with disabilities are guaranteed the right to compulsory free education, partially paid or free equipment. Such experiments are also being implemented in Uzbekistan.

Helping children with developmental disabilities in the process of choosing a profession is important not only for the student, but also for society. Development of their personal skills, social support and special education programs help them choose a successful life path.

In the future, it is important to improve and expand strategies for supporting children with physical disabilities. It is necessary to create the necessary conditions for children with developmental disabilities to actively participate in social life. As we mentioned above, the main goal of vocational training of children with physical disabilities is not to use their labor skills, but to create an opportunity for these children to find their place in society and see themselves as full-fledged members of society.

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