

**EDUCATION OF PRESCHOOL CHILDREN TO BE EDUCATED, EDUCATED,  
PHYSICALLY HEALTHY, STRONG****Kasimova . D.B.***psychology and pedagogy of preschool education  
TSPU named after Nizami*

**Annotation:** Strengthening the spiritual immunity of children in preschool education, meaningful organization of their leisure time, involvement in various areas of art, taking into account their interests and abilities, organization of clubs in various sports, strengthening their health, strengthening their interest in computers, books emphasis is placed on reading, developing their first skills in various professions in various games and competitions.

**Keywords:** Initiative, ability, national games, talent, educational tools, traditions.

**"Preschool education is the primary link in the system of continuing education, which plays an important role in the upbringing of a healthy and well-rounded child and his preparation for school."**

**THE PRESIDENT OF THE REPUBLIC OF UZBEKISTAN**

**Sh.M. MIRZIYOEV**

On the basis of 5 important initiatives of President Shavkat Mirziyoyev to raise the morale of young people and the meaningful organization of their leisure time, to strengthen the spiritual immunity of children in preschool education, meaningful organization of their leisure time, involvement in various arts, taking into account their interests and abilities. Emphasis is placed on the organization of clubs of various types, strengthening their health, strengthening them in all respects, increasing their interest in the computer field, reading books, developing their first skills in various professions in various games and competitions.

Here are 5 important initiatives to raise the morale of young people and meaningful organization of their leisure time;

The first initiative: to organize events in preschool educational institutions aimed at increasing the interest of students in music, painting, literature, theater and other types of art, to reveal their talents.

The second initiative is to ensure the continuity of activities aimed at physical training of young people, creating the necessary conditions for them to demonstrate their abilities in sports.

Third initiative: To organize the effective use of computer technology and the Internet by teachers and staff in preschool education.

The fourth initiative: Raising the morale of teachers and staff in preschool education institutions, students, the widespread promotion of reading among them.

Fifth Initiative: 5 initiatives are important in strengthening the spiritual immunity of children, meaningful spending of their free time, to fulfill tasks such as employment of women and girls.

Therefore, national games help to bring up children as believers, believers, mentally fit, healthy. Folk games enhance the aesthetic taste of children, educate them to be polite and moral. Their ability to remember the richness of language, their consciousness is developed. Children grow up to be agile and alert by counting, singing, and reciting poetry. The role of the preschool educator and physical education instructor in the aesthetic education of preschool children by

means of national games is based on the fact that they play an important socio-pedagogical role in shaping the spiritual and aesthetic worldview of children.

Each historical period also creates its own games, which have a certain educational and pedagogical significance in a number of national value systems, and these games play an important role in educating the person of their time.

The measures taken by the President of the Republic of Uzbekistan to study the "Five Important Initiatives" are reflected in the music of children in preschool education, organization of events aimed at increasing interest in painting, literature, theater and other arts, the development of talent and ensuring the continuity of activities aimed at creating the necessary conditions for physical training of young people in sports, as well as effective use of computer technology and the Internet in preschool education. organization and organization of preschool education teachers and staff, Raising the morale of the pupils and promoting reading among them has shown that we need to pay attention to the employment of the most vulnerable women and girls. In order to implement the above measures in preschool education organizations, it would be expedient to organize work in the following order. In-depth study of the "Five Important Initiatives" of the President of the Republic of Uzbekistan among employees of preschool education.

Development of a plan of measures and measures for the organization of preschool education, ensuring its implementation,

In the organization of events aimed at increasing the interest of students in preschool education in music, painting, literature, theater and other types of art, the development of their talents;

- Conducting military-patriotic artistic event "I am also a defender of the motherland", conducting military-patriotic artistic event "I am also a defender of the motherland", registration and submission of proposals to the district (city) preschool district department on the state of equipment of music halls of preschool educational institutions

- Carrying out of musical physical training actions "I see my homeland", "Gymnastrad" in preschool educational institutions

- Organization of events in the circle "Emerald Circle" in the upbringing of our little girls

- Carrying out a drawing competition on the theme "Let's protect nature," "Let the sky be clear", "Give the world to children" (awarding the winners).

- Improving the activities of puppet theaters organized in preschool educational institutions, providing children with music, art,

it is necessary to promote the discovery of talent to enhance other interests in literature, theater, and the arts.

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