

TECHNOLOGY OF ORGANIZING AND CONDUCTING SPORTS EVENTS IN SCHOOLS

Mukhammadiyev Dostonbek Farhodovich

Bukhara International University

1st-year Master's Student

Abstract: This article provides a systematic analysis of the technology for organizing and conducting sports events in schools. The study highlights the processes of planning sports events, defining organizational stages, engaging students, and effectively implementing the events. Sports activities contribute to improving students' physical fitness, promoting a healthy lifestyle, and developing social and moral skills such as teamwork, responsibility, discipline, and strategic thinking. The article also presents effective technological approaches, pedagogical methods, and practical recommendations for school sports management.

Keywords: School sports events, organization of sports activities, physical education, student engagement, teamwork and collaboration, health and fitness promotion, sports pedagogy, event planning and management, motivation in sports

INTRODUCTION

School sports events play a significant role in the physical, moral, and social development of students. Today, promoting a healthy lifestyle and raising children as physically active and socially responsible individuals are among the main objectives of school sports. Effective organization and management of sports events not only enhance students' physical preparedness but also introduce them to teamwork, discipline, responsibility, and strategic thinking.

In modern educational processes, planning sports events, applying organizational technologies, and implementing them systematically are increasingly studied. The success of an event depends on active student participation, maintaining their interest, and considering each participant's physical and moral capabilities. Therefore, studying the technology for organizing and conducting school sports systematically is of great importance for pedagogy and physical education.

This article analyzes the processes of planning school sports events, applying organizational technologies, engaging participants, and effectively conducting the events.

MAIN PART

Theoretical Foundations of Organizing Sports Events

1. Pedagogical Significance Sports events help develop the following qualities in students: comprehensive physical fitness (strength, endurance, agility, coordination), volitional traits (determination, resilience, self-control), moral and ethical values (honesty, respect, fairness, discipline), and social skills (collaboration, team decision-making, leadership).

2. Psychological Factors The psychological impact of sports events on students includes stress reduction, increased self-confidence, emotional stability, and the formation of positive motivation.

3. Methodological Requirements When conducting sports events, it is essential to consider age-appropriate workloads, adhere to safety rules, select scientifically-based games and exercises, and establish clear evaluation criteria.

Technology of Organizing and Conducting Sports Events

The success of a sports event depends on thorough planning, precise organizational activities, and professional pedagogical approaches. The technology consists of the following stages:

1. Planning Stage

- Setting objectives and tasks: Main objectives include enhancing students' physical activity, promoting a healthy lifestyle, identifying sports talents, and cultivating a sports culture among students.
- Choosing the event format: School sports events may include spartakiads, sports festivals, competitions (individual and team), wellness runs, active games weeks, and academic-sports olympiads.
- Identifying participants: Based on age groups, classes, gender differences, or physical fitness levels.
- Preparing organizational documents: Scenario, rulebook, composition of judges, evaluation criteria, safety requirements.

2. Organizational Preparation Stage

- Material and technical support: Preparing sports equipment and venues, marking lines, obstacles, flags, audio equipment, and first aid kits.
- Staff and responsible persons: Event manager, judges, medical personnel, and technical support team.
- Information and promotion: Announcements, posters, school social media, and information distributed via classes.

3. Event Implementation Stage

- Opening ceremony: National anthem, statement of event objectives, introduction of participants.
- Competition process: Conducted according to the plan while observing safety requirements. Judges record results, and coaches provide necessary methodological assistance.
- Safety assurance: Measures to prevent injuries, immediate medical assistance, and strict adherence to technical rules.

4. Final Stage: Evaluation and Analysis

- Summarizing results: Identifying winners, awarding diplomas, medals, and certificates, and rewarding active participants.
- Analytical report: Evaluating event effectiveness, identifying shortcomings, and proposing improvements.
- Participant feedback: Collecting opinions from students, teachers, and parents for future event planning.
- Problems and recommendations: Enhancing effectiveness through modern sports equipment, training school sports specialists, introducing innovative games and competitions, strengthening parental involvement, and implementing digital ranking and evaluation systems.

Conclusion

The technology of organizing and conducting sports events in schools plays a crucial role in students' comprehensive development. Properly organized sports events ensure:

- Physical development
- Moral and ethical growth
- Social activity
- Psychological stability

Therefore, modern school physical education systems require scientific planning of sports events, reliance on pedagogical approaches, and the use of innovative methods.

Recommendations

Based on the analysis of school sports event organization and implementation, the following recommendations are proposed to enhance their effectiveness:

- 1.Modern Equipment and Facilities:** Ensure that schools are equipped with up-to-date sports equipment, properly marked fields, and necessary technical support to conduct safe and engaging events.
- 2.Professional Staff Training:** Train school sports specialists, coaches, and event managers to improve the quality of planning, organization, and execution of sports activities.
- 3.Innovative Event Formats:** Introduce new and interactive games, competitions, and festival formats that capture students' interest and increase participation.
- 4.Parental and Community Involvement:** Strengthen cooperation with parents and the local community to support events, encourage participation, and reinforce healthy lifestyle habits.
- 5.Digital Management Tools:** Implement digital systems for ranking, evaluation, and feedback collection to monitor performance, improve transparency, and streamline organization.
- 6.Safety and Health Measures:** Strictly follow safety protocols, provide first aid resources, and ensure that all participants are aware of rules to prevent injuries.
- 7.Student Motivation and Engagement:** Develop strategies to maintain high levels of student motivation, including recognition, awards, and positive reinforcement.
- 8.Continuous Assessment and Improvement:** Regularly analyze the effectiveness of sports events, gather feedback from participants and stakeholders, and apply lessons learned to future planning.

By following these recommendations, schools can ensure that sports events contribute not only to students' physical development but also to their moral, social, and psychological growth.

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