



SCIENTIFIC AND THEORETICAL BASIS OF SOCIAL-EMOTIONAL EDUCATION OF THE CADETS OF HIGHER MILITARY EDUCATIONAL INSTITUTIONS ON THE BASIS OF AN INTEGRATED APPROACH

Ismailov Dosbol Tileuberdievich

Chirchik Higher Tank Commander-Engineering Educational Institution

senior teacher, associate professor, lieutenant colonel

Annotatsiya. Maqolada oliy harbiy ta'lim muassasalari kursantlarini integrativ yondashuv asosida ijtimoiy-emotsional tarbiyalashning ilmiy-nazariy asoslari ochib berilgan.

Tayanch soʻzlar: O'qituvchi, kursant, oliy harbiy ta'lim muassasasi, integrativ yondashuv, ijtimoiy-emotsional tarbiya, ilmiy-nazariy asoslar.

Аннотация. В статье раскрыты научно-теоретические основы социально-эмоционального воспитания курсантов высших военных образовательных учреждений на основе интегративного подхода.

Ключевые слова: преподаватель, курсант, высшее военное образовательное учреждение, интегративный подход, социально-эмоциональное воспитание, научно-теоретические основы.

Abstract. The article reveals the scientific and theoretical foundations of socio-emotional education of cadets of higher military educational institutions based on an integrative approach.

Key words: teacher, cadet, higher military educational institution, integrative approach, social-emotional education, scientific and theoretical foundations.

In modern society, the Armed Forces of the Republic of Uzbekistan are undoubtedly one of the most important springboards for the development of society and occupy a special place in the system of lifelong education. Thanks to the high moral and psychological qualities of soldiers, the traditional values of society associated with the defense of the state are preserved. The degree of development of society is reflected in the level of development of the country's armed forces.

The development of military education is associated with the social development of society, especially the institute, however, all transformation processes of society make changes in the process of training and education of military youth.

Large-scale economic, organizational and structural transformations in the country affect the development of military education, directly related to the training and education of future officers who continue to transmit the universal values of love for the Motherland and form a comprehensively developed personality, physically resilient, capable of overcoming the difficulties of military service. The personal development of a serviceman, the formation of a system of professional, spiritual and moral values of cadets are the most important priority of military education.

One of the main aspects in the military education system is the manifestation of social-emotional education of cadets, as well as the determination by the teaching staff of tasks to achieve goals for the development of a comprehensively developed personality, physically resilient, capable of overcoming the difficulties of military service.

In modern conditions, the development of social-emotional education of cadets is becoming a priority issue, since today's practice shows that not all cadets are ready to effectively perform their professional duties in

mastering modern technologies in difficult and extreme conditions. That is why the problem of social-emotional education of cadets is one of the most pressing in modern pedagogical science.

Many scientists pay great attention to the issue of the influence of socio-emotional factors on the success of an individual's activities in various conditions, especially extreme ones. The cadet's ability to regulate his personal state in situations of emotional stress, showing his best volitional qualities, has enormous psychological and pedagogical significance for regulating all his activities and behavior.

In our opinion, it is necessary to consider the problem of social-emotional education of cadets from the point of view of pedagogy, based on the integration approach in education. This fact determines the priority focus of pedagogical research on the socio-emotional education of cadets.

Having analyzed the philosophical, psychological, and pedagogical literature on this issue, we came to the conclusion that the opinions of researchers in defining the concept of "social-emotional education" are insignificant. Basically, scientists in their scientific works have revealed emotional stability. Works in which emotional stability is considered as a characteristic of the emotional sphere of a person, stability of emotions, emotional stability, and lack of a tendency to frequently change emotions have become widespread.

A number of researchers have linked emotional stability with the manifestation of strong-willed personality traits and the ability to consciously manage emerging emotions.

Cadets of higher military educational institutions represent a special aggregate subject of social relations, where the socio-emotional education of cadets of higher military educational institutions can be purposefully carried out on the basis of an integrative approach.

The peculiarities of the formation and development of socio-emotional education of cadets of higher military educational institutions are carried out in the process of forming the personality of a serviceman who is capable of translating involuntary emotional reactions in extreme situations into conscious and controlled actions.

Among the indicators of social-emotional education, adequate understanding of the situation, analysis and assessment of the current situation and decision-making in choosing the most correct actions required to achieve the goal and fulfill one's duties are very significant.

Social-emotional education is a certain combination of personality characteristics that ensure the success of activities in an emotional environment, that is, in situations that evoke a particular emotion.

Cadets of higher military educational institutions go through the stage of growing up and developing personality in very restrictive conditions. At this age, cadets' desires and aspirations develop faster than their will and strength of character. Among the characteristics of cadets one can highlight directness of judgment, receptivity and increased emotionality. This is especially evident in the first year of training, when cadets encounter a new environment and a contradiction occurs between the usual forms of behavior and the statutory requirements of a higher military educational institution. It is obvious that the social-emotional education of cadets in this environment is low. At this stage of training, the main task of teachers and officers will be to assist cadets in developing the skills and abilities of independent work.

Senior cadets are characterized by increased social-emotional stability, since they already have some experience of studying and serving in a higher military educational institution. Among them, close-knit military teams are formed and their actions in fulfilling military regulations become more confident.

The formation of basic professional skills and abilities of cadets is associated with a broad worldview, which allows cadets to strengthen their ideological and moral positions. Expanding the worldview and the ability to think globally will strengthen the social and emotional education of cadets, since acquired knowledge develops into beliefs and cadets already have the ability to defend them with arguments.

Graduate cadets gradually become professionally mature individuals: they develop a stable life position and character traits, and their creative abilities are fully revealed.

Thus, in the formation and further development of social-emotional education of cadets, one of the main tasks of the teaching staff of higher military educational institutions and commanders will be the development of cadets' skills in maintaining and restoring their positive states in extreme situations, as well as the formation of cadets' abilities to transfer involuntary emotional reactions in normal and extreme situations into conscious and controlled ones, using techniques of self-knowledge, self-control, self-government, social awareness, which contributes to the formation of positive relationships with other

cadets in order to develop the teaching to make the right and responsible decision.

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