

# Be a Healthy Chinese Child First, Then Be a Sunny Man in the World!

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**Abstract:** To educate people with literature and culture is a valuable spiritual wealth created by teachers and students together, which has an intangible and powerful educational power, and is an important platform for shaping the mind, regulating behavior and inculcating personality. It is an important platform for shaping the mind, standardizing behavior and cultivating personality. It shows the unique values of a class, and what kind of class culture will cultivate what kind of children. As an invisible educational force, class culture shows the unique style and spirit of a class, embodies the soul of a class, and has the functions of cohesion, constraint, inspiration and assimilation.

**Keywords:** Culture; Classroom Culture; Educating People Through Literature; Educating People Through Culture.

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## 1. Introduction

Chinese traditional culture has a long history and is profound, especially the excellent traditional Chinese culture and traditional virtues, accumulating the most profound humanistic spirit of the Chinese nation [ Practice and Exploration of the Implementation of Traditional Cultural Education in the Activity Curriculum of the Young Pioneers Chen Hao; - "Young Pioneers Research" - 2017-08-30], containing a rich social and humanistic educational ideas, and it is the unending survival of the Chinese nation, its invincible position and its continuous prosperous development of the inexhaustible power and spiritual source. The word "humanism", which first appeared in the Zhouyi, serves to "transform the world", and its realm is "civilization to stop". Therefore, we should not abandon the excellent traditional Chinese culture, and we should uphold the spiritual lifeblood of the Chinese nation. Therefore, in the social humanistic education, we can only start with children and school education, let the excellent traditional culture enter into teaching materials, classrooms and minds, cultivate students' ideology and morality with the essence of the excellent traditional Chinese culture, educate people by culture and culture, set up solid socialist core values, enhance the Chinese nation's cultural self-confidence and value self-confidence, and consciously take action to turn the socialist core values into spiritual pursuits values into spiritual pursuits.

The word "culture" is derived from the Book of Changes. Zhouyi - Ben Gua" says: "The interplay of rigidity and softness is also astronomy. Civilization to stop, humanities. Observe the astronomy to observe the changes of the time; observe the humanities to transform the world." In ancient China, "culture" originally referred to "culture and education", as opposed to forceful conquest. It was only when Liu Xiang in the Western Han Dynasty used "culture" as an independent concept that the word "culture" really appeared. In the Dictionary, culture, in a broad sense, refers to the sum of all material and spiritual wealth created in the course of the historical development of human society. In a narrower sense, it refers to the ideology of a society, as well as the systems and organizations that go with it, and mainly refers to the results created by human spiritual activities. Therefore, from the connotation of "culture", the essence of "culture" is

"humanization", that is, "to culture people, to culture and educate people. ".

Class culture, as an intangible educational force, shows the unique style and spirit of a class, embodies the soul of a class, and has the functions of cohesion, constraint, inspiration and assimilation. In the construction of classroom culture, based on my understanding of the cultural connotation of the special features of the foreign young children, I have effectively penetrated the construction of classroom culture with the cultural concepts of love in the heart, being a healthy Chinese child first, and then being a sunny world person. I centered on the construction of the culture of foreign young children, elaborated on four aspects of the strategy, namely, the classroom "system culture", "mentality culture", "physical culture", "behavioral culture". Behavioral culture".

## 2. Constructing Self-management Strategies to Lead the Direction of Classroom "Institutional Culture".

Ye Shengtao once put forward the teaching goal of "teaching in order not to need to teach". In the construction of the "system" culture, it is based on the direction and concept of kindergarten environment creation, so that the children can see it at a glance. The classroom management strategy of democracy and freedom for individual children is emphasized through classroom agreements and conventions.

### 2.1. A Chart to Create an Organized Atmosphere

Let's think about it, young children want to play happily, so they need a good atmosphere for playing. So in order to promote children's individuality and autonomy, we can first have a free discussion, improve the rules in the children's continuous experience and reflection, the children's individuality is given full play, so we can follow this method, discuss the rules of entry and exit of each game area and the requirements of the game, and make it posted. For example: the construction area should maintain the blocks and other tools, after the end to clean up and organize and so on. Each corner has a map, the children see the schematic diagram can remind themselves to develop an orderly regional rules. For example, in the arts and crafts area, children are reminded to

use materials sparingly and to clean up after themselves. In the reading area, children are reminded to take care of books and put them away gently.

## **2.2. Sprouting Self-Management Patterns with One Meal, Two Points Self-Help**

The old-fashioned sharing of meals has gradually been replaced by self-service meals. Gradually, the play-based curriculum is advancing and self-management is becoming popular. In the older classes, children take the initiative in order to improve themselves, i.e., self-management. For example, at mealtimes, children pick up and collect their own food. This is a reflection of the self-management mode. Teachers should learn to let go of their children and let them have full opportunities to exercise, which embodies the important concept of life as education.

## **2.3. Each Wall Displays a "Classroom Convention."**

This method has been tried and tested, we first choose a piece of wall surface that meets the requirements, and then conduct a class discussion to summarize a regional convention, and finally presented in a graphic way and posted on the wall, the children will know what things should be done. For example, they should line up in an orderly manner, be quiet when entering and exiting the classroom, raise their hands when they have something to say, and be humble when interacting with others.

## **3. Teachers and Students' Emotional Integration, the Formation of Classroom "Culture of Mind" Style**

### **3.1. Rapport with the Child and Insight into the Child's Inner World**

The inner world of the child is difficult to access, so we need to create an autonomous and harmonious classroom atmosphere, where the children can make their own choices by knowing what they are thinking and understanding their behavior. At the same time, we can also start a game week or a game month (paper cup spinning week, color changing week, building construction month, etc.), which encourages children to independently agree on the rules of the way to collect more toys in various ways, stimulates children's imagination and desire to explore, and makes children more generous and confident. The culture of mind is a process of inner enlightenment, it is the teachers, children with small actions, build up the "positive, progressive, harmonious" pagoda, so that the class "culture of mind" culture of the roots deeper into the children's life and learning, so that the children to fully express themselves.

### **3.2. The Slogan "Sincerity and Harmony, Diligence and Progress, Happy to Teach and Innovate" was Put Forward.**

In the class, the group leader should take the lead and play a leading role; the class leader of the teachers should complement each other's strengths and complement each other's strengths, cooperate with each other; the classroom teacher to do a strong strong backing, the whole classroom teacher with a smile, love, patience and care, touching the young children, so that the children from the heart can really feel the love and enthusiasm of our teachers.

## **4. Actively and boldly innovate to strengthen the "physical culture" of the classroom**

### **4.1. The Concept of "Education, Innovation and Interaction" in the Presentation of the Environment**

In order to present the different concepts of the environment, we need to start from the details, combined with the characteristics of the classroom, each corner of the area more refined specialization, so that the environment reflects its true concepts, and truly become the children's spiritual home and happy paradise. The "theme wall content" and "interactive display" cleverly integrated to explore the deep value of the content. For example, for the theme wall in May, we expanded the recitation of "I Hope" in the teaching activities into a creation, and the children created enough poems and drew the content of their hopes and posted them on the theme wall.

### **4.2. Creative Thinking, Valuing Understanding and Reflection on the Curriculum**

#### **4.2.1. Focus on Young Children's Prior Experience and Be Flexible in Direction**

Discovering the needs and potentials of children, guiding them to actively explore the environment and manipulation materials, activating their thinking, expanding their learning experiences, and skillfully capturing their sudden flashes of thought so that they can be strengthened and upgraded.

#### **4.2.2. Emphasize the Active Development of Young Children and Optimize the Details of Activities**

Respecting the original foundation of young children, when providing materials for young children, we deeply analyze the multi-layered nature of the materials, optimize the details of the activities, create a platform for display, so that every child has the opportunity to show himself or herself to the fullest and experience success, interpreting the wonderful.

#### **4.2.3. Creating Opportunities for Young Children to Use Practical Experiences**

Create opportunities to practice and improve on the basis of previous experiences. Analyze, reflect, improve and enhance the garden-based special courses with a courageous attitude, so as to form some good theme activities.

### **4.3. Enriching Festive Activities to Diversify Forms of Moral Education**

Using diversified forms of moral education, enriching festivals, profound cultural and moral quality education resources, carrying out high-quality moral education activities is an effective way to build physical culture. For example, on Teachers' Day, we will carry out the activity of "Respecting Teachers - Grateful to Teachers"; on Labor Day, we will carry out the activity of "Paying - Harvesting Happiness" activities; Mid-Autumn Festival to carry out" reunion - family and all things happy" activities; National Day to carry out" patriotic - pride and glory" activities and so on. "Pride and Glory" activities and so on. Also organized a variety of parent-child activities, through a series of activities, so that young children by the cultivation of traditional Chinese culture, learn to be grateful, know the reason for caring. This also reflects the outside of the early childhood to "love" word throughout the teaching, so that children learn to be a person

first, and then do things, the first to be a healthy Chinese child, in the sunshine of the world's people concept.

## **5. Focus on the Quality of Details to Enhance the Effectiveness of Classroom "Behavioral Culture".**

### **5.1. Intensive Pre-Course Preparation**

Regarding the pre-class preparation, the preparation before the activity includes understanding the child's prior experience, the child's point setup, the teaching materials, the preparation of teaching tools, and so on. There are also knowledge points that may be involved in the scene, and the teacher should grasp the essence of them and make repeated preparations for the lesson in order to better accomplish the teaching objectives and provide effective guidance in the real activity.

### **5.2. Build Soaring Personalities and Create Diversified Activities**

We have found that we attach importance to each child's every performance and try our best to create an all-round platform for children to show off their performance so that they can get full exercise. For example, the "Daily Announcer" activity encourages children to take the initiative to share and boldly express their own insights and feelings; before lunch, the "Little Announcer" activity cultivates children's good habits of respecting others, listening patiently, and exercising children's ability to express their language; for example, the "I'm a Little Caretaker" activity before naptime guides children's exposure to outstanding literary works. Daily play "Journey to the West", one of the four great ancient masterpieces of China, to feel the profoundness of the traditional classics of our country, for better communication and learning in the future. ....

To educate people with literature, to educate people with culture, classroom culture is a long and challenging road, which always always always makes us happy. The country should be rich, the garden should be strong and make persistent efforts to create brilliance. The classroom culture construction of the kindergarten of the Ministry of Foreign Affairs needs to let the children in our carefully built classroom culture in the children's star shines, personality soars! First do healthy Chinese children, then do sunshine world people!

## **6. Conclusion**

The kindergarten of the Ministry of Foreign Affairs centers on "Chinese traditional culture" to carry out educational and

teaching activities, so that the excellent traditional Chinese culture into the teaching materials, into the classroom, into the mind, with the essence of the excellent traditional Chinese culture to cultivate young children's ideology and morality, in order to culture, in order to consolidate the establishment of the core values of socialism; in order to educate the people to enhance the sublimation of the Chinese nation's cultural values of self-confidence. The only way to consolidate the establishment of socialist core values is to educate people with culture. The educational vision of educating people with culture, educating people with literature, sowing the seeds of "love", healthy Chinese children, and sunny world people will give our children a better and broader tomorrow, and our cause of early childhood education will flourish! We believe that socialist core values will be internalized into our eternal spiritual pursuit.

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