

The Life Connotation of Taoist Culture to Solve the Problem of the Value of Life in Today's Society

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Abstract: The Taoist culture is a precious cultural heritage of the Chinese nation, but in today's era of weak life, how to guide citizens to understand the Taoist culture, understand the true meaning of "your birth, born again", the Taoist culture in the idea of respect for life, love life by heart, externalized in line, to improve the quality of the citizens, strengthen social stability is particularly important. Taoism's idea of "being indifferent to fame and wealth" is also a good medicine for today's society, which provides a better perspective for in-depth study of Taoist culture and a feasible way to promote Taoist culture.

Keywords: Taoist culture, Contemporary culture, Life view.

1. Introduction

"Tangshan barbecue shop beating incident" sounded the alarm bell for us. In today's materialistic era, people increasingly despise others and even their own lives. There are problems with the value orientation of life in the society, so this kind of behavior of ignoring others' lives and breaking the law seriously undermines the social order. As early as in the middle and late Eastern Han Dynasty, the Taoist classic "Taiping Jing" once pointed out: "Since the road went wrong today, many cheap women, and the anti-thieves killed them, so that the women are less than men, so Yin qi. Taoism advocates respect for the lives of others and considers the mutilation of life, especially women's life, to be "incompatible with the law of heaven and earth.", will disrupt the normal social order, resulting in "wang Zhi cannot be peaceful".

Taoism's view on life is comprehensive and multi-dimensional. He not only advocated paying attention to his own life, as the Taiping Jing said, "Cao's affairs should be reborn and born first [1]." He also advocates respecting the lives of others. Taoism says, "If you want to learn from me, don't be afraid to kill others. All living beings love life and fear death. My life is his life, don't be inferior to the other. Belly happy sweet fat, killing fill xiao food. With compassion, miss that fear. Therefore, you should not bear to dawn to prove compassion [2]."

Now social violence is also worth our thinking. In order to solve this phenomenon fundamentally, we should fundamentally change modern people's outlook on life and values, promote the Taoist concept of "rebirth, precious life" and "indifference to fame and wealth" within the social scope, lead people to learn the essence of Taoism and absorb the Taoist spirit of "precious life and rebirth". Guide people multidimensional view of life, attach importance to life. While improving the quality of social citizens, it will inject new vitality into the development of Taoist culture, expand the influence of Taoist culture, and maintain the long-term stability of the society.

2. Taoist Cultural Spirit and Its Inner View of Life

Taoist culture has a long history, and its life concept is

becoming perfect. The Book of Changes puts forward the Way of Heaven as the way of "Yin and Yang", also known as the way of "life and growth". It holds that the Way of Heaven is the way that all living things should obey, and everything is in line with heaven and earth, and must not "go against heaven". This thought has a great influence on the Taoist view of life. Lao-tzu drew on the thoughts about life in Zhouyi to further explore and put forward the "unity of heaven and man", which has become an important basic view of the Taoist view of life.

Taoism emphasizes the inherent value of life, attaches great importance to life, indifferent to fame and wealth, and holds that the development of things has natural laws and cannot be enforced. Laozi put forward that the natural law of human beings is "human law, earth law, heaven law, heaven law and nature law", believing that life is an externalized embodiment of "Tao". Taoism values life, but does not fear death. Although Zhuangzi was sad for a short time after his wife passed away, he sang and sang, which is reflected in this view. However, it does not mean that Taoism does not value life and ignore death. On the contrary, life is the most important thing in Taoism's eyes. Taoism in see through life and death on the basis of the "not to pleased, raw by death is not sad" free and easy state of mind, and give top priority to own need little training, and further puts forward the viewpoint that "health", think don't let the noise of the secular to natural life and complicated with chains, also don't damage the natural life, especially the behavior of the opposition to sacrifice her life for fame and fortune, It is considered to be an injury to nature, which is also an affirmation and recognition of natural life, which once again proves that life is the top priority in the Taoist view of life.

Taoist pay attention to "doing nothing", is not to care about a thing apart, rational view of substance, is the so-called "five color blindness, tone deaf, five tastes to population, galloping Tian hunting makes the heart become mad", "can do", even if full of temptation, but excessive of struggle with outside material fame and fortune, is bound to pay more to harm life, it is also against the meaning of life, Lao Zi asked, "Who is close to you? Body and cargo?"

In the Taoist view of life, "free and easy travel" is the guide of the meaning of life. Taoism regards the changes of nature and the vicissitudes of the world as a weak external thing, and does not care about fame and gain and loss, only then can the

real "free and easy" be achieved. No matter it is "doing nothing" or "wandering freely", its essence is to put their own lives in the first place, the rest of everything is insignificant compared with the existence of life itself. For the value of life, tao will life in the universe of heaven and earth environment, and proposed the daodejing "big, big, big, people also big", the "people" by itself in a high position, the zhuangzi, let the king think life is better than day in [3], put forward "the world to heavy, but not to harm self life world", They all reflect the Taoist view of "rebirth" and "precious life". Taoism strongly opposes people wasting their lives on the pursuit of material fame and wealth, but emphasizes "rebirth" and "precious life", attaches importance to the meaning of life itself, and protects life, which is the fundamental affirmation of the value of life.

Taoism's view of life, in essence, is a reflection on the nature of life. First of all, Taoism respects life, believing that life is not mixed with fame and wealth, and yearns for a free and unrestrained life. Secondly, Taoism respects life and is based on the respect for Tao. Taoism has a reverence for life and values life over death.

3. The Influence of Taoist Culture On the Contemporary Society -- A Case Study of Qingcheng Mountain

In today's society, Taoism culture still has a prominent embodiment in some parts of China. Take Qingcheng Mountain for example, as a Taoist resort, Qingcheng Mountain has a long history, with thousands of years of cultural deposition. In November 2000, it was listed as a World Cultural Heritage site along with Dujiangyan. Legend has it that Zhang Daoling practiced and preached in Qingcheng Mountain during the Eastern Han Dynasty, which is considered to be one of the birthplaces of Taoism. As a famous Taoist resort, Mount Qingcheng has a strong Taoist cultural heritage, with numerous activities, such as the "Medicine King Meeting" held in the fourth month of the lunar calendar every year [4]. There are often activities with Taoist culture as the theme in Qingcheng Mountain to attract tourists to understand and learn Taoist culture and promote Taoist culture [5]. Its Taoism culture has a great influence on the surrounding areas. Chengdu's slow pace of life is closely related to the accumulation and spread of Taoism culture with long history. At a time when other cities are pursuing a fast pace of life, Chengdu's slow pace stands out, making it one of the most popular cities in China.

It can be seen that the influence of Taoism is subtle and ubiquitous. Similarly, Taoist culture provides new ideas for solving the realistic problems in today's society, which is of great significance.

4. The Significance of Taoist Thoughts to Solve the Value Orientation of Life in Contemporary Society

After thousands of years of development, the concept of "precious life and rebirth" in Taoism has not simply attached importance to individual life, but developed into a kind of human norms, that is, from respecting oneself to all living beings, advocating that you can love others and even all things before you love yourself [6]. Just as the Taiping Sutra said, "If a lady can cultivate herself deeply, she can cultivate others. A lady who can love herself can love others. Have a body and since suddenly, can not raise themselves, Ann can

thick raise people zai? Having a body and not being able to love oneself and respect the whole form, keeping the ancestor of the ancestors, can you love the whole person?" This is what is lacking in today's society, as evidenced by the frequent occurrence of violent incidents. The most fundamental reason for these events is the disregard for life. Only by allowing the spirit of Taoism to be truly accepted, understood, internalized in the heart and externalized in the practice of the whole society can this phenomenon be fundamentally eradicated. And the constraint of external conditions can only be the act of raising the soup to stop boiling water, or may be severely hit, severe punishment to reduce the occurrence of this phenomenon, but can not be eradicated. Only by making every citizen of the society truly understand the significance of "rebirth" and look at life from a respectful perspective, can we not randomly hurt and despise every living life.

Similarly, the Taoist emphasis on "pure mind and few desires, full understanding of the value of life" is also of great reference significance for today's society. Taoism is an important part of Traditional Chinese culture [5]. As Qingxitai said, "Taoism is not a culture that is far away from the world, isolated from the world, and has nothing to do with modern life. On the contrary, many of its thoughts are of great significance to the current real life, and can even be said to be a good way to save the world. [8] "in the world under the diversification and the wave of economic globalization, social environment material, under the temptation of these glamorous money fame and wealth, many people no longer think about the value of life, began to appear" profit-driven, "forget your beginner's mind, once, and this trend will become a hotbed of corruption, vice. Therefore, the idea of "lack of desire" proposed by Taoism is worth every contemporary citizen's thinking and reflection. Greed and desire will imprison our thoughts, and eventually we will be consumed by these external things. This is also the reason why Taoism put forward the idea of "seeing plain and simple, less private and less desire". It is true that no one in the world can truly be desires free, but Taoism believes that people should keep their inner rationality, control their desires in terms of fame and wealth, pay attention to the essence and value of life, and get the true inner prosperity. Taoist culture is extremely consistent with the development needs of today's society, and it is of great significance to carry forward Taoist culture.

In a word, the core of Taoist culture to solve current problems lies in improving people's inner qualities. At the same time, it will also lead the society to feed Taoism culture, so that the Spirit of Taoism "live" up, add new connotation in the new era, let Taoism culture and The Times grow together. This makes the traditional Taoist culture with The Times significance, Taoism culture and modern life view, values integration development, for fundamentally solve the current social violence, suicide and a series of major problems provided a new way. We should make good use of Taoist thought as a good medicine to escort high-quality development in the new era.

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