

p-ISSN: 1858-3598
e-ISSN: 2502-5791

Jurnal Ners

Accredited by Decree of The Directorate General of Higher Education
The Ministry of Education and Culture, Republic of Indonesia No.72/E/KPT/2024

Jurnal Ners is a scientific peer reviewed nursing journal which publishes original research and scholarship relevant to nursing and other health related professions, published by Faculty of Nursing Universitas Airlangga, Indonesia, in collaboration with Indonesian National Nurses Association, East Java Province.

Editor-in-Chief

Prof. Ferry Efendi, S.Kep., Ns., M.Sc., Ph.D

Editor:

Prof. Angeline Bushy, PhD, RN, PHCNS-BC, FAAN

Prof. Ching-Min Chen, RN, DNS

Prof. Eileen Savage, Bns., Msc., P.hD.

Prof. Josefina A. Tuazon, RN, MN, DrPH

Dr. David Pickles

Dr. Farhan Alshammari

Dr. Chong Mei Chan, SCM, BNSc, MSc, PhD

Dr. Sonia Reisenhofer

Assistant Professor Pei-Lun Hsieh

Prof. Dr. Ah. Yusuf, S.Kp., M.Kes.

Yulis Setiya Dewi, S.Kep.Ns., M.Ng.

Prof. Dr. Esti Yunitasari, S.Kep., Ns., M.Kep.

Dr. Rizki Fitryasari, S. Kep., Ns., M. Kep.

Dr. Ilya Krisnana, S.Kep., Ns., M.Kep.

Retnayu Pradanie, S.Kep., Ns., M.Kep.

Praba Diyan Rachmawati, S.Kep., Ns., M.Kep.

Laily Hidayati, S.Kep., Ns., M.Kep.

Quality Control:

Gading Ekapuja Aurizki, S.Kep., Ns., M.Sc

Technical Editor:

Rifky Octavia Pradipta, S.Kep., Ns., M.Kep.

EDITORIAL ADDRESS:

Faculty of Nursing Universitas Airlangga

Campus C, Mulyorejo Street 60115 East Java, Indonesia Phone/fax: (031) 5913257, 5913257, +62 811-3287-877

E-mail: ners@journal.unair.ac.id

Website: <http://e-journal.unair.ac.id/index.php/JNERS>

Publication Schedule

Jurnal Ners is published four times a year (February, May, August, and November).

Manuscript Submission

The manuscript should be written in Ms. Word format. Figure, illustration, and picture are included in manuscript file. Submit manuscript directly to <http://e-journal.unair.ac.id/index.php/JNERS>. Jurnal Ners will automatically reject any manuscript submitted via email or hardcopy.

Manuscript Publishing

The Editorial Board determines feasible manuscript after obtaining recommendations from peer reviewers. Manuscript revision is author responsibility, and manuscripts that are not feasible will be returned to the author.

ACKNOWLEDGEMENT TO REVIEWERS

The Editors gratefully acknowledge the assistance of the following people, who reviewed manuscripts for *Jurnal Ners*, Vol. 20 No. 4 November 2025.

1. Dewi Maryam, M.Kep. Ph.D.
Universitas Airlangga, Indonesia
2. Dr Sriyono, S.Kep., Ns., M.Kep.,
Sp.Kep.MB
Universitas Airlangga, Indonesia
3. Dr. Awatiful Azza, S.Kep., Ns., .M.Kep.,
Sp.Kep.Mat.
Universitas Muhammadiyah Jember,
Indonesia
4. Dr. Ika Yuni Widyawati, S.Kep.Ns., M.Kep.,
Ns.Sp.Kep.MB.
Universitas Airlangga, Indonesia
5. Dr. Kristiawati S.Kp., M.Kep., Ns.,
Sp.Kep.An.
Universitas Airlangga, Indonesia
6. Dr. Mira Triharini, S. Kp., M. Kep.
Universitas Airlangga, Indonesia
7. Erna Dwi Wahyuni S.Kep., Ns.M.Kep.
Universitas Airlangga, Indonesia
8. Fadumo Yasin
Hamad Medical Corporation, Qatar
9. Israfil, S.Kep., Ns., M.Kes.
Institute of Technology and Health Bali,
Indonesia
10. Ni Ketut Alit Armini, S. Kp., M. Kes.
Universitas Airlangga, Indonesia
11. Prof. Dr. Tintin Sukartini, S.Kp., M.Kes.
Universitas Airlangga, Indonesia
12. Qori' Ila Saidah, S. Kep., Ns., M. Kep.,
Ns., Sp., Kep.An.
STIKES Hang Tuah, Indonesia
13. Qorinah Estiningtyas Sakilah Adnani,
Ph.D.
College of Health Sciences Widya Dharma
Husada, Indonesia
14. Rista Fauziningtyas, S.Kep.Ns., M.Kep.,
Ph.D.
Universitas Airlangga, Indonesia
15. Ronal Surya Aditya, S.Kep., Ns., M., Kep
State University of Malang, Indonesia
16. RR. Dian Tristiana, S.Kep. Ns., M.Kep.
Universitas Airlangga, Indonesia
17. Shannastaniar Aisyah Adif, BSN, RN, MS
National Cheng Kung University, Taiwan
18. Soumyajit Koley, Ph.D
Indian Institute of Technology Kharagpur,
India
19. Tiyas Kusumaningrum, S.Kep.Ns., M.Kep.
Universitas Airlangga, Indonesia

Jurnal Ners

Accredited by Decree of The Directorate General of Higher Education
The Ministry of Education and Culture, Republic of Indonesia No.72/E/KPT/2024

TABLE OF CONTENT

Jurnal Ners Vol. 20 No. 4 November 2025.

1. **Indonesian nurses abroad: leveraging migration as human capital for national advancement** 332-333
Arsyad Syauqi
2. **Empowering primiparous mothers with e-coaching for enhanced self-efficacy in postpartum and newborn care** 334-344
Ariani Fatmawati, Inggriane Puspita Dewi, Sitti Syabariyah, and Annisa Ridlayanti
3. **Understanding predictors of caregivers' treatment-seeking behavior for mental health: the roles of stigma, motivation, relationship, and literacy** 345-352
Rizki Fitriyasaki, Dwi Indah Iswanti, Dianis Wulan Sari, Lela Nurlela, Marthoenis Marthoenis, Sri Warsini, and Zamzaliza Abdul Mulud
4. **Roles and success factors of community health nurses in providing health care for people with disabilities in southern Thailand: a qualitative descriptive study** 353-362
Todsaporn Tongyoy, Lukawee Piyabanditkul, and Khanitta Nuntaboot
5. **Knowledge, attitude, practice, and salt intake on obesity-related hypertension among institutional older adults: a comparative cross-sectional study** 363-373
Farapti Farapti, Afifah Nurma Sari, Annisaa Wulida Furqonia, Siti Rahayu Nadhiroh, and Chinnappan Ambrose Kalpana
6. **Comparison of anesthesia onset and duration between needle and needle-free methods in pediatric circumcision** 374-380
Y. Sigit Kumara, Khudazi Aulawi, and Ariani Arista Putri Pertiwi
7. **Associations of physical activity and mental well-being with resilience in patients with heart failure: a cross-sectional** 381-389
Beti Kristinawati, Navian Fauzi Arifudin, Itsnaani Rahmadita Nur Latiifah, and Rafi Abrar Pratama
8. **Mitigating chemotherapy-induced oral mucositis: a comparative trial of cryotherapy and normal saline** 390-398
Heba Abubakr Salama, Eslam Mahmoud Abdelfattah, Tawfik Ragab Elkhodary, and Hanan Mohamed Mohamed Soliman
9. **Development and validation of the maternal role adaptation system model (MRASM) to improve breastfeeding success** 399-407
Nurus Safaah, Miftahul Munir, Umu Qonitun, Ilmiatus Qoyimah, and Erna Eka Wijayanti
10. **Risk factors associated with metabolic syndrome in older people in slum areas: a cross-sectional study** 408-416
Sri Supadmi, Marizka Khairunnisa, Ina Kusriani, Agus Wijanarka, Titik Kuntari, Sidiq Purwoko, Taufiq Hidayat, Tri Suwarno, and Slamet Riyanto
11. **Predictors of nutritional status and fluid balance among ESRD patients undergoing hemodialysis** 417-424
Esi Afriyanti, Bobby Febri Krisdianto, and Chichi Hafifa Transyah

12. **Evaluating the FACIT-Sp-12: a systematic review of measurement properties of spiritual well-being in cancer patients** 425-433
Achmad Fauji, Eriyono Budi Wijoyo, Ninik Yunitri, Imami Nur Rachmawati, and Yati Afiyanti
13. **The role of patient portals for cancer patients: a systematic review of benefits, challenges, and opportunities** 434-444
Halfie Zaqiyah Gusti Puspitasari, Agung Subakti Nuzulullail, Dwina Oktavia Deli, Dana Prayoga Irawan, and Bagaskara Yogatama