

Deep Learning Approaches for Face Mask Detection: A Comprehensive Review

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Abstract - The COVID-19 pandemic significantly increased the demand for automated face mask detection systems to support public health measures. This paper presents a comprehensive review of deep learning (DL) approaches for face mask detection, analyzing 11 key studies published between 2016 and 2024. The survey systematically categorizes existing methods into three architectural paradigms: (1) hybrid models combining DL with traditional machine learning, (2) lightweight convolutional neural networks optimized for real-time performance, and (3) object detection frameworks. Performance analysis reveals that hybrid models like ResNet50+SVM achieve up to 99.64% accuracy [4], while efficient architectures such as SSD+MobileNetV2 enable real-time detection at 35 FPS [5]. The review identifies critical challenges including dataset biases (with only 6% African representation in MAFA dataset), significant performance degradation in low-light conditions (24% accuracy drop), and privacy concerns in public surveillance applications. Emerging solutions such as federated learning for privacy preservation and vision transformers for improved accuracy are discussed. The paper concludes with recommendations for future research, emphasizing the need for more balanced datasets, standardized evaluation protocols, and efficient edge-compatible models. This survey provides researchers and practitioners with a structured overview of the current state-of-the-art, limitations, and future directions in DL-based face mask detection systems.

Keywords: face mask detection, deep learning, computer vision, COVID-19, object detection, convolutional neural networks, artificial intelligence

1. Introduction

The COVID-19 pandemic created an urgent need for automated face mask detection systems to help enforce public health measures [4]. Traditional manual monitoring proved inefficient for large crowds, leading researchers to develop computer

vision-based solutions [5]. Among these, deep learning (DL) approaches have demonstrated superior performance in detecting face masks under various conditions [2].

This paper focusing on:

- Architectural evolution from basic CNNs to hybrid systems [8]
- Performance comparisons across different operational constraints [11]
- Real-world implementation challenges [1]
- Emerging solutions and future directions [6]

2. Taxonomy of Approaches

2.1 Hybrid Deep Learning Models

Definition & Rationale:

Hybrid models integrate deep neural networks with traditional machine learning (ML) algorithms to leverage the feature extraction capabilities of DL and the interpretability of ML classifiers.

Key Studies & Implementations:

1. **ResNet50** (for feature extraction) with **Support Vector Machine** [4]:

Architecture: Combines **ResNet50** (for feature extraction) with **Support Vector Machine (SVM)** (for classification). **Performance:** Achieves **99.64% accuracy** on custom datasets but requires **350ms inference time** due to dual-stage processing. **Advantage:** Superior accuracy for small datasets by reducing overfitting through SVM's margin maximization.

2. **YOLOv3 with MobileNet** [8]:

Architecture: **YOLOv3** + **MobileNet** integrated with IoT for edge deployment. **Performance:** **92% accuracy at 28 FPS**, suitable for real-time crowd monitoring. **Innovation:** Uses IoT sensors to trigger DL analysis only when humans are detected, saving computational resources.

Advantages: **Interpretability:** SVM/decision tree classifiers provide clearer decision boundaries than pure DL [7]. **Data Efficiency:** Performs well with limited training samples [10].

Limitations: **Computational Cost:** Two-stage pipelines increase latency [4]. **Scalability:** Manual feature engineering components hinder end-to-end optimization.

2.2 Lightweight Architectures

Design Goals: Optimize for real-time performance on resource-constrained devices (e.g., drones, CCTV cameras).

Key Techniques:

Depthwise Separable Convolutions: Used in **MobileNetV2** [5] to reduce parameters by 75% compared to standard convolutions.

Model Pruning & Quantization[10]: Prunes **EfficientNet-B0**, achieving 89% accuracy with 60% fewer parameters.

Performance Trade-offs:

| Model | Accuracy | FPS | Device |
|-------------------------|----------|-----|--------------|
| SSD+MobileNetV2 [5] | 83% | 35 | Raspberry Pi |
| Pruned EfficientNet[10] | 89% | 28 | Jetson Nano |

Advantages: Deployability: Runs on edge devices with <5W power draw [1]. **Latency:** Sub-50ms inference suitable for live video streams.

Limitations: Accuracy Sacrifice: 5–15% lower accuracy than hybrid models [11]. **Occlusion Sensitivity:** Struggles with masks + sunglasses/scarves [6].

2.3 Object Detection Frameworks

2.3.1 Evolution of Architectures:

Single-Stage Detectors: YOLO variants (Redmon et al., 2016): Optimized for speed (45 FPS) but suffer in accuracy (76% mAP). **EfficientDet** [11]: Improves mAP to 82% while maintaining 33 FPS.

Two-Stage Detectors: Faster R-CNN: Higher accuracy but slower (10–15 FPS) [2].

2.3.2 Critical Design Choices:

Anchor Boxes: YOLO uses predefined boxes to detect masks at multiple scales. **Feature Pyramid Networks (FPN):** EfficientDet employs FPN to enhance small-mask detection.

Advantages: Unified Detection: Single network localizes and classifies masks [7]. **Multi-Scale Handling:** Detects masks at varying distances [3].

Limitations: Training Complexity: Requires large annotated datasets (10K+ images). **Hardware Demands:** High-resolution inputs need GPUs for real-time inference.

Performance Comparison:

| Model | mAP | FPS | Input Resolution |
|---------------------|-----|-----|------------------|
| YOLOv3[9] | 76% | 45 | 416×416 |
| EfficientDet-D0[11] | 82% | 33 | 512×512 |

Summary of Architectural Trade-offs

| Paradigm | Accuracy | Speed | Hardware Needs | Use Case |
|------------------|----------|-------|----------------|------------------------------|
| Hybrid DL+ML | High | Low | High | Medical/High-stakes settings |
| Lightweight CNNs | Medium | High | Low | IoT/Edge devices |
| Object Detectors | High | High | Medium | General surveillance |

This taxonomy provides a framework for selecting models based on **accuracy, speed, and deployment constraints**, which is further analyzed in Section 3’s performance benchmarks.

3. Performance Analysis

The effectiveness of face mask detection systems varies significantly across architectures, with clear tradeoffs emerging between accuracy, speed, and computational efficiency. Hybrid models like ResNet50+SVM [4] achieve exceptional accuracy (99.64%) but suffer from high latency (22 FPS), making them unsuitable for real-time applications. In contrast, lightweight architectures such as SSD+MobileNetV2 [5] prioritize speed (35 FPS) with moderate accuracy (83%), demonstrating their suitability for edge devices. Object detection frameworks like YOLOv5 [9] and EfficientDet [11] strike a balance, delivering 48 FPS and 89.5% mAP respectively, though performance drops 15–20% in crowded or low-light scenarios. Hardware constraints further influence deployment viability—while cloud-based systems using V100 GPUs achieve 100+ FPS, their high power consumption (>100W) and latency (50–100ms) make edge alternatives like Jetson Xavier (30–50 FPS at 15W) more practical for IoT

applications [1]. Real-world performance is also hindered by environmental factors: occlusion reduces accuracy by 40%, and dataset biases cause up to 20% accuracy gaps across demographics [3][6]. These insights underscore the need for context-aware model selection, where healthcare settings may prioritize ResNet50's accuracy, while public surveillance demands MobileNetV2's efficiency. Standardized benchmarking remains critical, as current evaluations often overlook cross-dataset generalization and power efficiency—key factors for scalable deployment.

3.1 Benchmarking Metrics and Methodology

To ensure fair comparisons, we analyze models using standardized metrics:

1. **Accuracy Metrics.** Classification Accuracy: Percentage of correctly classified masked/unmasked faces [4]. Mean Average Precision (mAP): Critical for object detectors [9], measuring localization and classification quality. F1-Score: Balances precision and recall, especially important for imbalanced datasets [3].

2. **Speed Metrics.** Frames Per Second (FPS): Measured on standardized hardware (NVIDIA Jetson Xavier for edge, V100 for cloud). Inference Latency: End-to-end processing time per image [5].

3. **Efficiency Metrics.** FLOPs (Floating Point Operations): Computes theoretical hardware load [11]. Power Consumption: Watts during inference [1].

Testing Protocols: Datasets: MAFA (static images), Custom COVID-19 (real-world videos), WIDER Face (diverse demographics). Hardware: Edge (Raspberry Pi), Embedded GPU (Jetson Xavier), Cloud (NVIDIA V100).

3.2 Comparative Performance Evaluation

Table 1: Cross-Architecture Performance Comparison

| Model | Accuracy/mAP | FPS | Power (W) | Latency (ms) | Hardware Platform | Dataset |
|-------------------------|--------------|-----|-----------|--------------|----------------------|-----------------|
| ResNet50+SVM[4] | 99.64% | 22 | 45 | 350 | NVIDIA V100 (Cloud) | Custom COVID-19 |
| SSD+MobileNetV2[5] | 83% (mAP) | 35 | 3.2 | 28 | Jetson Xavier (Edge) | MAFA |
| YOLOv5s[9] | 91.2% (mAP) | 48 | 7.8 | 21 | RTX 2080 Ti | WIDER Face |
| EfficientDet-D0[11] | 89.5% (mAP) | 33 | 5.1 | 30 | Jetson AGX Xavier | Custom COVID-19 |
| Pruned EfficientNet[10] | 89.00% | 28 | 2.8 | 36 | Raspberry Pi 4 | MFR2 |

Table 2: Environmental Impact on Performance

| Condition | Accuracy Drop | FPS Reduction | Power Increase | Effective Mitigation |
|------------------------|---------------|---------------|----------------|----------------------|
| Low Light (<50 lux)[1] | 24% | 15% | 20% | IR augmentation |
| Partial Occlusion[6] | 40% | 25% | 5% | Multi-view cameras |
| Rain/Fog[11] | 35% | 30% | 15% | Thermal imaging |
| High Crowd Density[7] | 28% | 40% | 10% | Temporal filtering |

4. Critical Challenges

Face mask detection systems face significant hurdles in real-world deployment, primarily due to **dataset biases, environmental constraints, and ethical concerns**. Current datasets like MAFA exhibit demographic imbalances, with 62% Caucasian faces and only 6% African representation, leading to **15–20% lower accuracy** for underrepresented groups [3]. Environmental factors such as low light and occlusion further degrade performance, with studies reporting **24–40% drops** in accuracy under suboptimal conditions [1][6]. Ethical issues also arise, as most systems lack compliance with privacy regulations like GDPR, and biased algorithms risk amplifying discrimination in public spaces [7]. Additionally, hardware limitations restrict scalability—edge devices like Raspberry Pi struggle with high-resolution inputs (<10 FPS), while cloud-based solutions introduce latency and cost inefficiencies [5][8].

To quantify these challenges, the table below summarizes key performance limitations and mitigation strategies:

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| Challenge | Performance Impact | Proposed Solutions |
|------------------------|----------------------|--|
| Demographic Bias[3] | 15–20% accuracy drop | Balanced datasets, adversarial training |
| Low Light[1] | 24% accuracy loss | IR-visible spectrum fusion |
| Occlusion[6] | 40% failure rate | Multi-view cameras, 3D modeling |
| Edge Device Limits[10] | <10 FPS at 720p | Model pruning, 8-bit quantization |
| Privacy Risks[8] | GDPR non-compliance | Federated learning, on-device processing |

5. Future Directions and Emerging Solutions

The evolution of face mask detection systems hinges on addressing current limitations through innovative approaches. Privacy-preserving techniques like federated learning [1] and edge AI are gaining traction, enabling decentralized model training without raw data collection, thus complying with GDPR/CCPA regulations. Multimodal sensor fusion, particularly combining RGB with thermal or depth cameras [6], shows promise in overcoming lighting and occlusion challenges, with early studies demonstrating 18–25% accuracy improvements in low-light conditions. Transformer-based architectures are emerging as potential successors to CNNs, offering superior attention mechanisms for occluded masks, though they require 3× more training data [11]. For real-world scalability, neuromorphic computing and event-based vision sensors could reduce power consumption by 10× while maintaining real-time performance [7]. Standardization efforts are also critical, with proposals for unified testing protocols that evaluate models across diverse demographics, lighting conditions, and mask types [3]. Additionally, synthetic data generation using GANs may mitigate dataset biases, while explainable AI techniques could enhance trust in medical/legal applications [4]. The integration of these advancements—paired with cost-effective hardware like next-gen edge TPUs—will shape robust, equitable, and deployable systems for future public health crises.

6. Conclusion: Key Findings and Recommendations

1. **Architectural Trade-offs:** Hybrid models (e.g., ResNet50+SVM) achieve >99% accuracy but require cloud-level resources, while lightweight

CNNs (e.g., MobileNetV2) enable **real-time edge deployment** at 35+ FPS but sacrifice 5–15% accuracy [4] [5].

2. **Persistent Challenges:** Dataset biases (e.g., 62% Caucasian faces in MAFA), occlusion handling (40% failure rate), and privacy risks limit real-world reliability [3][8].
3. **Emerging Solutions:** Federated learning preserves privacy while maintaining **90% centralized accuracy**, and RGB-thermal fusion improves low-light performance by **66%** [1][6].

Recommendations:

- **Healthcare:** Deploy hybrid models for maximum accuracy.
- **Public Spaces:** Use lightweight CNNs (e.g., EfficientDet) with privacy safeguards.
- **Research:** Prioritize bias mitigation and edge-optimized transformers.

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