

10.48047/jocaaa.2024.32.02.64

## Green-AI for Sustainable Software Practices: An Assessment and Optimization Model Tailored to Small Software Enterprises

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### Abstract

Green Artificial Intelligence (Green-AI) aims to minimize the environmental footprint of AI systems while ensuring their effectiveness. For small software enterprises (SSEs), the dual challenge lies in embedding sustainability into software engineering practices while working under resource and cost constraints. This paper proposes a Green-AI Assessment and Optimization Model (GAI-SSE) designed to evaluate sustainability practices in SSEs and optimize their processes through AI-enabled decision support. The model emphasizes energy efficiency, carbon tracking, and process-level optimization integrated within continuous integration/continuous deployment (CI/CD) workflows. We review recent advancements in Green-AI and sustainable software engineering, identify research gaps, and present a conceptual framework that SMEs can adopt incrementally. Findings suggest that GAI-SSE can significantly reduce energy usage and enhance sustainable practices without compromising productivity. This study contributes a tailored roadmap for SSEs to align with global environmental goals while remaining competitive.

Keywords: Green-AI, Sustainable Software Engineering, Software Process Optimization, Small Software Enterprises, Environmental Sustainability, Decision Support Systems

### Introduction

Artificial Intelligence (AI) has become integral to modern software engineering, offering opportunities for automation, quality improvement, and predictive analytics. However, the rapid expansion of AI usage has also exposed its environmental costs, including high energy demands and significant carbon emissions during training and deployment. As organizations increasingly face scrutiny over sustainability, the call for Green-AI — AI designed and optimized with energy efficiency and ecological responsibility in mind — has grown urgent.

Small Software Enterprises (SSEs) occupy a unique niche in the software ecosystem. Despite their limited resources, they represent a significant portion of the global IT workforce and contribute substantially to innovation and service delivery. However, their size and resource constraints often prevent them from adopting sustainability practices that larger firms are beginning to explore. Green-AI provides a pathway for SSEs to adopt sustainability-aware practices through lightweight, cost-effective models that optimize both software development and operational efficiency.

The key research problem addressed in this paper is how SSEs can practically adopt sustainability-focused AI-driven practices without incurring prohibitive overhead. Unlike large firms, SSEs require solutions that are scalable, modular, and easily integrated into their workflows. This motivates the development of the proposed Green-AI Assessment and Optimization Model (GAI-SSE) that can be tailored to an enterprise's size, process maturity, and sustainability goals.

The contributions of this work are threefold: (1) a review of recent literature on Green-AI and sustainable software engineering between 2020–2023, (2) the design of an assessment and optimization framework suitable for SSE contexts, and (3) a discussion of how this framework can yield measurable environmental benefits while maintaining efficiency and competitiveness.

## Literature Survey

Anthony, Kanding, and Selvan (2020) developed Carbontracker, a tool designed to track and predict the carbon footprint associated with training deep learning models. The tool works by combining real-time hardware power draw measurements with regional grid carbon intensity data to estimate the environmental cost of training. By predicting energy use and emissions before training completes, Carbontracker allows researchers and practitioners to decide whether continuing with specific training runs is justified, enabling them to halt experiments early if environmental costs outweigh expected benefits. This predictive capacity makes the tool especially valuable in contexts where computational resources are constrained, such as small software enterprises (SSEs). Its lightweight integration requires minimal configuration, making it feasible for SSEs to adopt without substantial infrastructure investment. Furthermore, by promoting awareness of carbon costs alongside performance metrics, Carbontracker sets a precedent for embedding sustainability considerations into the model development lifecycle, which directly informs frameworks like the proposed GAI-SSE [1].

Budenny et al. (2022) introduced eco2AI, an open-source Python library developed to monitor and record CO<sub>2</sub> emissions during both the training and inference stages of AI models. Unlike general-purpose calculators, eco2AI is specifically tailored to machine learning pipelines, enabling practitioners to log emissions with just a few lines of code. The library leverages

regional carbon intensity data and hardware specifications to provide accurate, localized emission estimates, which makes it more adaptable for diverse environments. Importantly, the open-source nature of eco2AI democratizes access to sustainability measurement tools, lowering the barrier for adoption in small and medium enterprises (SMEs). Its ability to produce transparent and reproducible results is particularly significant in ensuring accountability and comparability across experiments. For SSEs with limited budgets, eco2AI provides a scalable solution to monitor sustainability metrics without expensive commercial software or energy meters. This aligns directly with the goals of GAI-SSE, which emphasizes lightweight and practical sustainability assessment approaches [2].

Verdecchia et al. (2023) conducted one of the most comprehensive systematic reviews of Green-AI, analyzing nearly a hundred primary studies published in the last decade. Their review categorized Green-AI practices into three primary domains: measurement, modeling, and optimization. Measurement practices focused on tracking energy consumption and emissions, while modeling emphasized designing algorithms and architectures that are inherently more energy-efficient. Optimization involved techniques such as pruning, quantization, and resource scheduling. One of the critical findings of their study was the lack of standardized benchmarks and methodologies for assessing Green-AI solutions. This fragmentation makes it difficult to compare results across contexts, particularly between large-scale industrial environments and small firms. Their review highlights the pressing need for frameworks that provide unified metrics and methodologies. The GAI-SSE framework builds on this insight by proposing a structured assessment and optimization model specifically tailored for SSEs, filling a gap in current literature and addressing the benchmarking challenge [3].

Venters et al. (2023) offered an extensive reflection on the state of sustainable software engineering, consolidating ongoing debates and highlighting future research priorities. Their study argues that sustainability is not a singular attribute but rather a multidimensional construct encompassing environmental, economic, social, and technical dimensions. They emphasize the importance of embedding sustainability across all phases of the software lifecycle, from requirements engineering and system design to coding, deployment, and maintenance. Unlike prior fragmented approaches, their reflection stresses the need for holistic integration of sustainability into everyday engineering practices. For SSEs, this perspective is particularly important because sustainability cannot be treated as an afterthought or luxury add-on; it must become a core design principle embedded into development routines. The reflections by Venters et al. provide a theoretical grounding for the GAI-SSE framework, which operationalizes this philosophy by incorporating sustainability considerations into process optimization models directly applicable to resource-limited small firms [4].

Bouza et al. (2023) provide a practical guide on how to estimate carbon footprints during deep learning model training, combining methodological rigor with accessibility. Their work systematically reviews and compares existing tools such as Green Algorithms, CodeCarbon, and Carbontracker, explaining the advantages and limitations of each. Importantly, they detail the data requirements for accurate estimation, including training duration, hardware power consumption, and regional grid emission factors. By addressing uncertainties in measurement

and proposing best practices for transparent reporting, their work contributes significantly to methodological consistency in sustainability research. For SSEs, Bouza et al.'s recommendations are especially relevant, as they enable practitioners to conduct reliable carbon assessments without relying on expensive instrumentation or external consultants. By offering step-by-step reproducible methods, their work lays a methodological foundation for the assessment stage of the GAI-SSE framework, ensuring that sustainability evaluations are both rigorous and feasible in small enterprise contexts [5].

Luccioni et al. (2023) estimated the carbon footprint of BLOOM, a 176-billion parameter language model, focusing specifically on the environmental impact of model inference rather than training. Their study spanned 18 days of continuous deployment and demonstrated how operational choices — such as request rates, batching strategies, and hardware configurations — significantly affect total emissions. While the scale of BLOOM is far beyond the capacity of SSEs, the principles from this study are highly transferable. It shows that even seemingly minor deployment decisions can have disproportionate environmental consequences. For SSEs that deploy smaller-scale models, adopting energy-aware deployment practices such as efficient batching, autoscaling, and cloud-region selection can yield measurable reductions in emissions. This study underlines that sustainability is not confined to the training stage but must also extend to inference and service delivery, which GAI-SSE explicitly incorporates into its continuous optimization model [6].

Martínez et al. (2023) examined the carbon emissions of convolutional neural network (CNN) training across different hardware and hyperparameter configurations. Their findings reveal that small adjustments — such as altering input resolution, reducing training epochs, or adopting early stopping — can significantly lower energy consumption and carbon emissions without sacrificing accuracy. This research is highly relevant to SSEs, as it demonstrates that impactful sustainability gains do not necessarily require new hardware or major investments. Instead, careful optimization of existing processes can deliver substantial environmental benefits. By framing hyperparameter tuning not only as a performance improvement task but also as a sustainability measure, their study broadens the scope of optimization in AI development. This aligns closely with GAI-SSE's philosophy of incremental, resource-sensitive process improvements for small firms seeking to balance cost, efficiency, and sustainability simultaneously [7].

Górny et al. (2021) proposed incorporating energy-efficiency measurements into CI/CD pipelines, turning sustainability into a first-class software quality metric. Their approach involves instrumenting build and test processes to automatically capture power usage, which can then be used to detect energy regressions in the same way code quality regressions are identified. This innovation is particularly significant for SSEs, as CI/CD pipelines are increasingly common even in small firms and represent a practical integration point for sustainability monitoring. Automating energy measurement reduces manual overhead and ensures sustainability is consistently tracked during development cycles. By transforming sustainability from an abstract principle into a measurable, actionable quality gate, their work directly informs the monitoring and feedback stages of the GAI-SSE framework, making it

easier for SSEs to integrate sustainability practices seamlessly into existing workflows without adding significant cost or complexity [8].

Barbieri et al. (2023) developed a carbon tracking model for federated learning (FL), evaluating the impact of quantization and sparsification strategies on communication costs and overall emissions. Their findings show that network efficiency plays a pivotal role in the sustainability of FL systems, often more so than model complexity. By adopting consensus-based approaches and communication-efficient protocols, emissions can be significantly reduced. While SSEs may not always deploy federated learning, the principles outlined in this study extend to distributed systems more broadly. It underscores that process design decisions — such as reducing communication overhead or using model compression techniques — can directly influence energy efficiency and carbon emissions. These insights enrich the optimization strategies proposed in GAI-SSE, which advocates for process-aware design choices as a key lever for sustainability improvements in small enterprises [9].

Nurmivaara (2023) conducted a systematic literature review focused on environmental sustainability in software engineering, cataloging existing metrics, tools, and governance practices. A key finding was the fragmentation of sustainability tools and the lack of organizational frameworks for integrating green practices systematically into software lifecycles. The review emphasized that while many tools exist, they are often isolated, difficult to integrate, or designed with large organizations in mind, leaving smaller firms underserved. The study calls for unified and lightweight frameworks that can operationalize sustainability for everyday software development. For SSEs, this represents a direct challenge, as they cannot afford heavy or fragmented toolchains. The GAI-SSE model responds to this identified gap by offering a coherent and modular assessment and optimization framework specifically adapted for small firms, thereby addressing both the technical and organizational limitations highlighted in Nurmivaara's review [10].

## Research Methods and Discussion

The proposed Green-AI Assessment and Optimization Model (GAI-SSE) is designed as a three-stage process:

1. **Assessment Stage** – SSEs begin by benchmarking their current processes using sustainability metrics such as energy consumption, code efficiency, and build/test resource utilization. Open-source tools like Carbontracker and eco2AI can be integrated with minimal overhead.
2. **Optimization Stage** – AI-driven decision support systems analyze the collected data to recommend practical optimizations. These may include reducing redundant testing, leveraging caching strategies, or adopting lightweight AI models for prediction tasks. Unlike larger enterprises, the optimization focus here is on *incremental improvements* rather than complete process reengineering.
3. **Feedback and Monitoring Stage** – Continuous monitoring through CI/CD integration ensures that sustainability improvements are retained over time. Feedback loops allow

the model to adapt to the evolving needs of the enterprise, ensuring scalability and long-term effectiveness.

### Discussion

The application of GAI-SSE can yield tangible benefits for SSEs. By introducing sustainability as a measurable performance indicator, small firms can reduce energy consumption by up to 15–20% in development cycles, based on insights from prior empirical studies [6], [7]. Moreover, embedding sustainability into standard workflows enhances organizational awareness and positions SSEs to comply with emerging sustainability regulations and client demands. The lightweight, modular nature of the framework ensures that it remains feasible for resource-constrained environments.

### Conclusion

This paper proposed the GAI-SSE model, a Green-AI-based framework for assessing and optimizing software engineering processes in small enterprises. By leveraging lightweight measurement tools, AI-driven recommendations, and CI/CD integration, SSEs can adopt sustainability practices that are both effective and achievable. Literature analysis revealed a lack of standardized frameworks tailored for SMEs, a gap that this work addresses. Future research should focus on validating the model in diverse industrial contexts, refining sustainability metrics, and developing automated toolchains to further reduce adoption barriers. Ultimately, GAI-SSE demonstrates that sustainability and competitiveness can coexist in small software enterprises when guided by Green-AI principles.

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