

## Digital Drugs And Social Awareness Of Their Risks "From A Social Science Perspective"

Dr ,Khireddine Bouziane <sup>1\*</sup>, Dr, Abid Mohammed <sup>2</sup> Dr,Mihoub Noureddine <sup>3</sup>

<sup>1</sup>University of Shahid Sheikh Larbi Tebessi, Tebessa (Algeria). [bouziane.khireddine@univ-tebessa.dz](mailto:bouziane.khireddine@univ-tebessa.dz)

<sup>2</sup>University of Mustapha stambouli , Mascara (Algeria). [m.abid@univ-mascara.dz](mailto:m.abid@univ-mascara.dz)

<sup>3</sup>University of Shahid Sheikh Larbi Tebessi, Tebessa (Algeria). [noureddine.mihoub@univ-tebessa.dz](mailto:noureddine.mihoub@univ-tebessa.dz)

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### ABSTRACT

This paper aims to shed light on the phenomenon of digital drug abuse and the extent of society's awareness of the risks of this phenomenon. In the recent years, the so-called digital or electronic drugs have spread, in different forms and models popular in the form of music that is heard or used in special circumstances and specific conditions, the effect of which mimics the effect of drugs in their traditional form, which leads to a threat to the safety and security of members of society, especially the youth and adolescent groups of both genders.

### Keywords

Drugs, Digital Drugs, Social Awareness, Risks.

### Introduction

The awareness of peoples varies according to the difference in the awareness of their societies and the extent of their familiarity with the developments of the contemporary era, and with the amount of cultural and cognitive gains and mechanisms for adapting to various events and social problems that confront their individuals and social structures. Perhaps the foundations for confronting daily deviations of various types, forms and degrees of complexity, practiced by family members, are in dire need of a high degree of awareness among parents of their children's behaviors and practices, due to what technological developments and digital spaces have produced in the present time, and what this progress has resulted in in terms of intertwining and diversity in deviation and consumer drugs, including digital drugs, which have entered society as a deviant phenomenon due to their modernity and the difficulty of tracking and monitoring their impact.

From this perspective, the question can be asked: What threats do digital drugs pose to members of society, and how aware is society of them?

### Terminology And Concepts

**Drugs:** Refers to anything that causes noticeable lethargy and relaxation in the body.

(Manzur, 1997, p. 312). Technically, it is defined as any raw material of natural origin or chemically manufactured, containing inhibitory or stimulating substances. If used for non-medical purposes, it causes a malfunction in the brain and leads to a state of habituation and addiction to it, which harms the person's health physically, psychologically and socially (Ismail, 2015, p. 52). Drugs are also considered any substance that obscures the mind, confuses thinking, and partially or completely disrupts the activity of the human senses, which may cause him to act in a way that causes him to lose awareness, perception, and the ability to distinguish (Louisa & Khaled, 2024, p. 95).

**Risks:** The concept of risk is generally related to the degree of uncertainty. The greater the uncertainty, the greater the likelihood of these risks occurring. Risks are defined as a form of imminent threat that a person may be exposed to in himself or what he owns (Criminology, 2021).

The danger in the digital age, if linked to the family's social life, also indicates that it is everything that an individual is exposed to as a result of his daily and irrational use of digital technologies (Ibrahim, 2023, p. 102).

**Digital Drugs:** There are a mixture of audio frequencies lasting between 15 to 30 minutes. This percussion on both ears is considered doses, and two similar sounds are sent to each ear with different frequencies but very close to each other (Anthony, 2012), or they are audio files containing single or dual tones that the user listens to, causing the brain to reach a state of numbness similar to the effect of real drugs (Rahman, 2010), and it includes many terms, including:

Digital audio files. It is the digital conversion of composed and specific tonal sounds from their traditional nature that come out of the sound of the original instruments used, into readable electronic pieces or materials, using computer technology, via the binary system - bits - to facilitate their transfer via the international information network (Mohamed, 2019, p. 172)

Binaural resonance is an auditory response in the brain that occurs as a result of hearing an audio tone with two different frequencies between the right and left ears, which results in the sensation of a third sound, as the brain then creates a third tone represented by the difference in frequency between the two waves (Najjar, 2021).

**Awareness:** The jurist, the preserver, the wise, i.e., distinguishing between those who are aware, and Consciousness is a word that means to include something, and to be aware of something means to memorize it, understand it, and accept it, and therefore he is aware (Dictionary, 1966, p. 208). Awareness of something means memorizing, understanding, and accepting it, meaning comprehending it from all sides, verbally, intentionally, and purposefully. Awareness is “preservation, appreciation, understanding, and sound perception” (Qader & Al-Najjar, 2004, p. 104). Consciousness is a Latin word of origin

conscieta and means knowledge of things continuously. Consciousness is the thoughts that pass through the human mind, and it is also a process or state of awareness of subjective experiences at a certain moment, meaning that consciousness is an awareness of reality by referring to previous experiences (Mustafa & Belayour, 2018, p. 98) Charbal and And Belayour says that awareness in the dictionary of le petit Larousse illustré is the individual’s clear perception of something, whether about his external world or what is inside him, and it is an internal feeling that follows the individual to judge things and actions in their good and bad. (Mustafa & Belayour, 2018, p. 99)

According to psychologists, consciousness is feeling, and means the sum of the processes of a person’s perception of himself and the external world surrounding him, and his response to it. Consciousness is the opposite of the unconscious, meaning that consciousness is preceded by a stimulus to produce a reaction as a perception and understanding of the nature of the situation (Saud, 1416 AH, p. 24)

The dictionary of sociology defines it as a mental orientation derived from reality, whereby the individual can perceive himself, his environment, and his society as a member of it, i.e., consciousness stems from reality or is a reflection of it, meaning perceiving the relationships between things and phenomena and understanding them to act according to the experience that comes in succession (Mustafa & Belayour, 2018, p. 101)

Technically speaking, awareness refers to a person’s direct awareness of himself and his surroundings, which is the basis of all knowledge. Awareness also refers to understanding and soundness of perception, and this awareness means a person’s awareness

of himself and the environment surrounding him (Saud, 1416 AH, p. 131).

**Society:** As stated in the comprehensive dictionary of meanings, it is a group of people who form a group that depends on each other, live together and are linked by common ties and interests and are governed by the same customs, traditions and laws (Almaani).

Technically, it is defined as a large number of stable individuals who are united by social ties and common interests, accompanied by systems that aim to control their behavior, and who are under the care of the authority (Al-Jazouli, 2021).

From the above definitions, community awareness can be considered a mental trend that enables parents to realize the dangers of digital drugs to the individual and society, through their understanding of the nature of digital drugs, their types, their mechanisms of influence, and their awareness of their danger.

Or it is the degree of parents' knowledge of the dangers of digital drugs, by understanding the meaning of these drugs, knowing their types and mechanisms of action, and realizing their danger, and how children can obtain them.

**Security:** Security In language. Against fear and honesty against betrayal (Manzur, 1997, p. 107). God Almighty said: "Who fed them against hunger and made them safe from fear." Surah Quraysh, verse 4. Technically, security means the absence of problems in society, the ability to defend oneself, and repel aggression (Qattan, 2001, p. 80).

**Security:** Security means to be trustworthy, so he is trustworthy. A secure man means to keep his promise and protect what he was entrusted with. A secure man means to be reassured and not afraid. A secure country

means to be reassured by its people (Manzur, 1997, p. 164). God Almighty said: "And remember when Abraham said, 'My Lord, make this a secure city.' (Surat Al-Baqarah, verse 126). As for the societal, it means gathering the scattered, joining some of them together, and the people agreed (Allage, 2017, p. 104)

A term defined by Barry Buzan, one of the leading theorists of security in the post-Cold War period. (Working towards freedom from threat, and in the context of the international system, it means the ability of states and societies to maintain their independent entity and functional cohesion against the forces of change that they see as hostile), or it is creating an actual balance between privacy (cultural, religious, linguistic, ethnic) and the necessity of building a logic of national integration for citizens in building a pluralistic and just society (Ekaterina, 2011, p. 198)

Dr. Nabil Iskandar defines it as all political, economic, cultural, etc. measures and plans, aiming to provide comprehensive guarantees that surround every person in society with the necessary care, and provide him with a way to achieve the maximum development of his abilities and powers, and the maximum capacity for well-being within a framework of political freedom and social justice (Allage, 2017, p. 105).

### Digital Drugs

In the USA it is called e- drugs. Digital drugs are a phenomenon discovered nearly two centuries ago, and are based on binaural beats. These music files, which can be downloaded from the web, are a mixture of audio frequencies lasting between 15 and 30 minutes. This binaural beat is considered doses, as it emits two similar sounds in each ear with two different frequencies but very close to each other, and as a result it is believed that it stimulates brain waves (Anthony, 2012).

Digital drugs are a new type of drug, embodied in the form of audio files, targeting brain waves directly. It is believed that they first appeared in Oklahoma City in the United States of America, where news spread through the media that a number of students showed symptoms of euphoria and drunkenness, even though they did not take drugs or alcohol, but rather listened to a certain type of music with special audio frequencies (Khaled, 2016). Digital drugs are known as audio files containing single or double tones that the user listens to, causing the brain to reach a state of numbness similar to the effect of real drugs, or at least that is what some claim. These audio files or digital drugs are designed to simulate hallucinations and states of euphoria associated with drug use by affecting the mind subconsciously. This effect occurs through sound waves that are audible to the ear and are called "white noise" covered with some simple rhythms to cover up the disturbance of those waves (Khaled, 2016). Dr. Salah Al-Najem, a specialist in computer language at Kuwait University, defined them as mp3 audio files stored in a special playback format developed by a commercial website using open-source technology GPL-Open source and marketed under the name "digital drugs." Each audio file ranges between 30 and 40 minutes, and these files can be downloaded and played through a special application for ISO- Android operating systems to listen to these files via smartphones and tablets, and they are also used on regular computers (Al-Najem, 2021)

Digital drugs are a series of audio files that are listened to in a certain way, by relying on headphones, and lead to hallucinogenic effects, or modifying the mood, emotional and biological states of the user, and modifying the individual's ability to focus, meditate and pay attention. These audio files depend on synchronization between sound and certain brain waves, and the final results after listening to these files are that the individual enters a state similar to the states caused by taking real drugs, for example. Marijuana, opium, hashish, etc. (Mohammed & Sherine Hassan, 2020, p. 327).

Therefore, digital drugs are based on using listening to music in ways that conflict with its

natural uses for the purpose of pleasure, calming the soul, comfort and relaxation, to a use that depends on listening to music at different frequencies for the purpose of transporting the individual to the world of the subconscious and unconscious, and thus disconnecting from reality and entering the world of hallucinations and ecstasy (Sayel & Awda, 2019, p. 06)

### Mechanism Of Action Of Digital Drugs

The mechanism of action of digital drugs is based on listening to music using the binaural beat technique. To understand the mechanism of action of digital drugs and how they affect the human mind, we must explain the physical mechanism on which the binaural beat technique depends. Which was discovered by the German physicist Heinrich Wilhelm Dove Heinrich Wilhelm Dove in 1839.

The brain response processes arise as a result of feeding the brain with the presence of the stimulus, which in turn stimulates the brain response processes to carry out the necessary activity. This stimulus is represented by presenting two tones (two sounds) in the form of waves, within a uniform range with a difference in the frequency of one of the waves.

Example. A tone is presented to the left ear at a frequency of 200 Hz per second, and a tone to the right ear at a frequency of 210 Hz per second. Under these intended conditions, the auditory response processes in the brain do not hear a sound with half the total value of the sum of the frequencies with its oscillations, i.e., 205 Hz per second. In fact, the auditory response is affected by the difference in frequency between the two signals, which is 10 Hz. The reason for this is that this difference in frequency, which is called the ear resonance, contains in its content waves that are characterized by being long (Mohammed & Sherine Hassan, 2020, p. 327), which leads to stimulating the brain to generate slow waves such as (alpha) waves associated with a state of relaxation, or fast waves such as (beta) waves associated with a state of alertness and concentration, and that the recipient feels a state of unconsciousness accompanied by hallucinations

and loss of physical, psychological and mental balance (Khaled, 2016)

By studying the brain and the nature of the electrical signals it emits after taking a specific type of drug, the desired state of euphoria can be determined, as each type of digital drug can target a specific pattern of brain activity. For example, when hearing cocaine frequencies for a few minutes, this will stimulate the brain in a way similar to the image it stimulates after taking this drug in a realistic way (Amal, 2018).

Auditory tones with frequencies between 90-1000 Hz are the most suitable for the occurrence of ear ringing, and the difference in frequency should not exceed 35-40 Hz. The frequency of audio tones with 500 Hz is the best for the audio tones to be heard (Waebeh, Calabrese, & Zwickey, 2007, p. 13.25.32)

### Types Of Digital Drugs And How To Use Them

Types of digital drugs. Digital drug promoters suggest, through their websites such as I-doser.com, several types of music tracks in Mp3 format with different frequencies, so that each type has its own effect. Some of them have an effect that mimics the effect of narcotic substances of all kinds. Such as heroin, cocaine and hashish. Some of them lead to relaxation when used, and others to focus and even hallucinations. However, some types of digital drugs have advanced their predecessors in use. Among the uses of the latest drugs, we find weight loss, and other names such as -the gates of hell and -fun in heaven and others (Laila, 2016, p. 167) These are some types of digital drugs offered for sale by the I-doser.com website, which provides an explanation of the effect and impact of each type in a thoughtful marketing manner in order to entice the customer and facilitate the process of choosing which type he wants or which state he wants to reach.

White Cross - Ecstasy Extasy - Masochist - Quick Happy - First Love - Projection Astral - Adreno Chrome - Marijuana - Excite - Bufo Toad - Nitrous - Divinorum - Orgasm - Delta - Lucid Dream - Black Sunshine - Morphine - Anti - Migraine - Inspire - LSD - Out Of Body - Anesthesia - Alcohol - Cocaine - Hand Of God

(Anthony, 2012) For example. The Out Of Body drug is presented as a unique experience, you will leave your body and be able to see yourself from above while lying on your bed (Anthony, 2012)

The digital drug Heroin is more potent than opium, giving you sexual arousal as well as a feeling of euphoria and having your head in the sky (Anthony, 2012) Digital drug abuse method. The method of taking this type of drug is done according to certain rituals, as it requires the user to sit in a dimly lit place, turn off any devices that are a source of interference or disturbance, wear loose clothing, put headphones on his ears, close his eyes, and play the audio file. The narcotic aspect of these tones is when the two ends of the headphone are provided with two different degrees of audio frequencies, and the difference between them is small, estimated at approximately 30 Hz or less. Therefore, the headphone must be of very high quality and of the stereo type to be of high accuracy and concentration. It is worth noting that increasing the difference between the two ends of the headphone means increasing the dose (Laila, 2016, p. 168)

### The Dangers Of Digital Drugs

Digital drug addiction is considered one of the problems that initially affect the person himself, then its danger extends to his family, and then to the entire society, whether from a legal, economic, or even social perspective, as scientific experiments and extensive studies indicate that digital drugs cause a decrease in memory efficiency and nervous convulsions with loss of consciousness, as most of those who have undergone the digital drug experience have suffered from depression, deterioration in mental abilities, and severe impairment of the auditory system (Fawzi & hamed, 2020, p. 165)

One of the most prominent features of digital drugs is that they directly affect the human brain, as they work to change the human consciousness and bring him to a feeling that mimics what traditional drugs of all kinds lead to, starting with cocaine, passing through heroin and reaching hashish, and it may lead its users to hallucinations or relaxation, as Dr. Ragy Al-Omda, a neurology

consultant at the United Nations Medical Committee, confirmed that these doses of loud music have a negative effect on the level of brain electricity, and this does not only make users feel happy and ecstatic, but it causes what is medically called a moment of mental distraction, which is the most dangerous thing, because they feel ecstasy and enjoyment about it.

While it is a moment in which concentration decreases sharply, and in which a separation from reality occurs, and the repetition of the difference in the brain's electrical wave with this violence and its being affected by the noise does not only lead to moments of distraction, but to seizures (Rahman, 2010, p. 7)

American neurophysiologist "Brigitte Forgeot" explains these mechanisms, saying: "Digital materials rely on the technique of tapping in the ears... which prompts the brain to generate slow waves such as alpha waves associated with a state of relaxation and fast waves such as beta waves associated with states of alertness and concentration. Here, the recipient feels a state of unconsciousness accompanied by hallucinations and loss of physical, psychological and mental balance."

Forgo believes that excessive use of stimulating sounds can lead in the long term to sleep disorders or anxiety, just like the use of stimulants that are used in some pathological cases as a psychological treatment (Anthony, 2012) Many studies and researches have stated that individuals who are exposed to ear tapping are prone to experiencing symptoms of depression and anxiety, and a sharp deterioration in mood and emotional states, meaning that they suffer from many, varied, and unjustified changes in their emotional states throughout the day, and this has serious and harmful repercussions on various aspects of their lives and interactions with others (Fawzi & hamed, 2020, p. 166) The spread of digital drugs is one of the most dangerous plagues that threaten society and tamper with its entity and stability due to the negative effects it leaves on the health of bodies and minds, the waste of energy and wealth, and the laziness and recklessness it causes, which spoils social relations. Such people become a danger to society and threaten its security, due to

their isolation in their dark rooms from society, and thus they leave society and distance themselves from their families Its social danger is considered more deadly than traditional drugs for the following reasons.

*A- Ease of obtaining it from the Internet.*

*B- Its low cost makes it difficult for parents to notice.*

*C- There are no clear physical symptoms in digital drug users other than the symptoms evident in traditional drugs.*

*D- It can be obtained at any age, even children, because it only requires a computer in the bedroom.*

*E- The absence of laws that prevent and combat this type of auditory, vocal and intellectual poisoning.*

*What exacerbates the danger of this new type of drug is the difficulty of controlling it, and it may lead the addict to other paths of deviation that no one can predict, because everything is happening in a virtual world. News of this coming epidemic has occupied most news sites in the world, with reference to the basic fear that lies in the possibility of these ideas developing into an epidemic that gets out of control. In the Arab world, some sites have confirmed that many Arab forums have begun promoting this type of drug, and some of them have even offered free doses to participants (Laila, 2016, p. 169)*

## Community Awareness

In To address the factors shaping social awareness, it is necessary to identify the components, types and forms of awareness, as follows.

4.1 Components of social awareness (Laila, 2016, p. 169)

- Values. They are all preferences towards things, behavior and situations in social life, which stem from principles believed in as ideas of efficacy and return, as well as those judgments that are made on events, people and situations which establish social relationships. Hence, crystallizing a relationship between these values and the behavior to be adopted leads to awareness derived

from reality, which is the first criterion, without neglecting other criteria such as the law and other means of control such as custom and tradition.

- Attitudes. Usually, the attitude is the tendency and readiness to respond to a certain stimulus in one way or another under certain conditions and requirements as well. As long as individuals have tendencies towards a certain social action, this means that there is a choice between judgments that are favored by social need and biological necessity, and what is approved by the prevailing social orientation. Therefore, between the stimulus and the goal there is satisfaction and there is the achievement of self-defense, value expression, knowledge and the achievement of benefit, which are the four functions of the attitude.

- Beliefs. Beliefs are everything that falls within the circle of an individual's faith, and which he prefers over other alternatives, whether these beliefs are subjective and extend to the individual alone, regardless of whether they are normal or obsessive (pathological), or whether they are social, such that this belief is subordinate to the group's belief without scrutiny or even objection if the belief is ideological. There is also religious belief, which is usually outside of attempts to liberate individuals, whether the religion is secular or divine.

### Types Of Social Awareness

There are two types of social consciousness. The first is related to the individual and the second is collective and related to the group to which it belongs. They can be explained as follows:

- Individual awareness. The individual's attitudes and positions towards social manifestations and events are what form the pattern of dealing with the types of material and moral (intellectual) activity of the individual and what he seeks as an ambition, meaning that the individual's awareness "is linked to the specific existence of the individual in a specific group, class and society and to all methods and opportunities for satisfying his spiritual and material needs" (Masoud, 2011, p. 103)

Thus, individual consciousness is controlled by the special circumstances of individuals and the nature of the group or social system to which they belong, which constitutes the specific environment for them. If we move to a narrower circle of the process of consciousness as a subjective process, it is "the process that the mind performs using the knowledge stored in it to determine the connotations and meanings of sensory perceptions. The individual does not interpret the messages he receives in meanings that are completely identical to them, but rather the interpretation is within the framework of the interaction between the symbols that are received and the previous knowledge related to it that the receiving individual uses" (Mustafa & Belayour, 2018, p. 106)

- Collective awareness. It is necessary to exclude the narrow view of collective consciousness because it varies according to data and in successive historical and temporal stages, as collective consciousness is the product of the interaction between individuals as individual or collective entities, as well as the friction between the consciousness of classes and specific cultures in one society. Accordingly, collective consciousness is all the manifestations produced by society, and thus it is a "general system of ideas and theories for classes about the burden of existing social relations, and represents a comprehensive understanding of them, and this comprehensive understanding is after the highest and most advanced form of social consciousness (Masoud, 2011, p. 103)

#### 4.3 Forms of social awareness.

Social awareness in its comprehensive concept includes a number of cultural, religious, economic and political dimensions. Social awareness is a general awareness that includes informing members of society of various social, political, economic and even scientific issues related to their lives. There are other types of social awareness such as cultural awareness, political awareness, moral awareness, religious awareness and health awareness.

- **Cultural Awareness:** It is one of the forms of social awareness that enables the individual to perceive his society and its issues from a comprehensive historical perspective, analyze

these issues on a coherent theoretical level, and perform his tangible social role in preserving the intellectual heritage of society and its authentic principles, using his abilities, skills, and scientific and intellectual competence. Therefore, cultural awareness is one of the most important forms of social awareness, if not the most important of all, due to its essential role in preparing the youth to confront the cultural invasion that is trying to extend its control over the nation's thought and culture (Fayez, 2006, p. 24)

- **Religious Awareness:** It is a form of social awareness that enables the individual to understand and comprehend religious knowledge according to a comprehensive, holistic vision in which the individual is not isolated from the context of history and the society in which he lives, and in which the individual interest does not conflict with the interest of society or the requirements of the era. The more religious awareness rises among individuals, the more their dealings will be in accordance with society's perceptions and religious constants. The role of religious awareness among youth is highlighted in confronting extremist and destructive ideas that hinder the progress and prosperity of societies and even seek to ruin and destroy them (assayed, 2010, p. 113).

- **Moral Awareness:** It is a set of ideas and perceptions of the desired and desirable behavior, and the principles and systems that govern this behavior within the framework of linking the interests of the individual and the group, controlling the conflict between the different trends and ideas that threaten the values of society and the emergence of new values that do not agree with the culture of society, and fortifying the individual with good morals, which pushes his behavior toward what is right (Fayez, 2006, p. 20)

- **Economic Awareness:** It is directed towards the economic life system of the individuals of society and its control and reflects the links between them within the framework of the process of production, distribution, exchange, consumption and the study of ways to develop and advance the economy. Economic awareness appears in the form of economic theories with a logical connection that clarify the various theoretical and scientific issues and matters of economic development. The

development of economic awareness is linked to the discovery of the economic laws that guide the distribution and consumption of material goods (assayed, 2010, p. 111)

- **Health Awareness:** It is the knowledge of the community members of health information and facts and their sense of responsibility towards their health and the health of others, and their awareness of the health problems that the community suffers from and how to treat them and provide the necessary treatment, guidance and medical advice for them (Fayez, 2006, p. 22)

- **Political Awareness :** It is a set of values, trends and political foundations that are formed in the individual and enable him to participate effectively in the issues and problems of his society by analyzing them, judging them, determining his position on them and working to change or develop them (assayed, 2010, p. 109)

### Factors Shaping Social Awareness

Factors mean everything that prepares for the formation of social awareness and establishes it realistically and cognitively. These factors are different and multiple according to the nature of society, the differences in individuals' understanding and ages, the nature of the prevailing ideology, and what is hoped to be achieved in reality and the future. There is also a disparity in these factors between strength and intensity (Masaad, 1435 AH, p. 43).

In general, these factors can be summarized as follows:

**Religion And The Formation Of Social Awareness:** Religion is considered the best means of social control and a source of values and standards that organize priorities and behavior, including its teachings, limits, orders and prohibitions. Whether this religion is divine or man-made, the controls of legitimacy are usually accepted by individuals through belief in them or at least observing them. Thus, the contents of religion determine the trends of individuals in their dealings with the situations and positions they encounter, and according to the religion followed, the responses of individuals are expected. It is certain that the factor of religion cannot be isolated

from the rest of the other factors that enter into the formation of social awareness (Ahmed, 1997, p. 174)

***Social Learning And The Formation Of Social Awareness:*** Learning as an automatic and spontaneous unintended process contributes to the formation of social awareness through identifying patterns of behavior and forming models as examples and standards for dealing with others and with things and situations that individuals encounter. Social learning has multiple and different social data in terms of influence, strength and tolerance. The family structure and the methods of upbringing applied in it help to form the example through individuals acquiring the principles of dealing, the values that must be observed, as well as the trends that are compatible with the customs, traditions and norms that it adopts, considering the normal and homogeneous family. If this family is not normal, then its members will certainly be deviant and perverted, consciously pursuing their interests without regard to legitimacy and without regard to any compatibility with the existing social system. After the family comes the group of friends, which constitutes a social environment, where its members have different values in some of its parts. The group of friends is one of the reference groups that the individual considers a clear reference for his behavior. He is endowed with the character, values, and ideas of its members, and imitates their behavior and is influenced by them, whether that is in a positive direction that complies with the established standards, or in a negative direction by turning away from the established values and social standards. Accordingly, the group of friends provides individuals with social values and models of behavior that shape their social awareness, positively and negatively, as long as awareness is a reflection of the lived, objective reality, without neglecting the reality of the social class to which individuals belong, which imposes a social awareness of a special nature. Therefore, social learning as a multi-data social upbringing includes providing individuals with social values and standards of behavior, and awareness of that (Al-Bayati, 2001, p. 113)

***Education And The Formation Of Social Awareness:*** The education process is an intentional and purposeful process to provide individuals with all the knowledge, methods and techniques that enable them to adopt life and behave well in different situations, in a way that benefits them and is beneficial to them. This education targets the individual from childhood until he becomes an adult, giving him a balanced personality, and providing him with ideal values and standards of social behavior, so that he builds for himself a complete social image, and thus these individuals attain an awareness that does not deviate from what is prevalent in society. Education here is carried out by social upbringing institutions, especially the school, which is the second station after the family that transfers individuals (children) from an environment of care, upbringing and spontaneous learning to an environment of intentional upbringing and education, to provide them with systematic knowledge in order to acquire ideas and ways of thinking and awareness of the environment and what is expected to happen. The school is thus the most important institution for providing individuals with awareness in general, and social awareness in particular (Mustafa & Belayour, 2018, p. 106)

***Media And The Formation Of Social Awareness:*** The multiplicity of forms and contents of modern media, whether written, audio or visual, has made them influential inputs on individuals, whether it is related to the personal, social or scientific aspect. This is due to the amount of information and knowledge that flows to individuals and is being prepared successively, especially what is now known as electronic media, which relies on reality and assumptions, and allows individuals to interact and express opinions, which makes them not only recipients, but also integrators and sources at the same time. This allows them to form cognitive fields to delve into the different wheels of life, and acquire knowledge, methods and approaches to dealing with different situations, and ways to adapt to new developments, and then acquire a social awareness that was not previously available, because messages affect the way individuals perceive, and draw a mental image

regarding different situations and issues (Mustafa & Belayour, 2018, p. 106)

### **Social Awareness Functions And Achieving Community Security**

Consciousness is a high-level mechanism of perception, and it is an integrated and unified activity. Therefore, saying that consciousness has functions, “especially social,” does not mean dividing it or confining it to one field rather than another. Rather, it is from a systematic classification perspective that enables us to know its most important functions. Thus, it is not just a given or an intellectual construct, but rather a complex and intricate entity that indicates an activity that extends to different aspects of the lives of individuals in society. It performs multiple functions, such as refining the personality of individuals and helping them achieve their interests according to the best methods and approaches. It is also a way to communicate well between individuals according to the applicable controls. It is also a safety valve to ensure the security and stability of the individual and the development of social systems in a safe manner that guarantees a life of prosperity and well-being for all components of society. We can point to the most important functions that ensure the security and stability of society through their achievement.

**Cognitive function:** Considering social awareness as an act of thinking resulting from a knowing self in contrast to social nature as a subject of knowledge, individuals in their quest for knowledge and understanding of relationships exert great effort in contemplation, investigation and choice, therefore social awareness has the function of being informed about lifestyles in general, whether knowledge related to personal interest or related to social interest, as well as the extent of compatibility and harmony with customs, traditions and the value system in everything related to the quest to achieve any benefit, and the extent of its legitimacy, and thus social awareness is the molding of individuals’ thinking and behavior in certain situations (Mustafa & Belayour, 2018, p. 113)

**The educational function:** Social awareness has an educational function embodied in the communication of members of society according to ages and generations to transfer experiences and expertise, and what is related to good social performance. “In other words, it transfers all the cultural and social heritage” (Saud, 1416 AH, p. 37)

**The Media Function:** Social awareness also looks at the function of the media, which means - among other things - providing news with all its content, both informative and educational, considering that the media has gone further than ever in creating social interaction that is subject to social verification, and everything that may be reconsidered, confirmed, modified or rejected by formulating the proposal in an open discussion that may lead to the reproduction of an alternative social awareness (Mustafa & Belayour, 2018, p. 113).

**The Ideological Function:** It is that social awareness, as an extended process with aspects of strength and weakness, seeks to create an intellectual system that serves the orientations and ideals of society and every existing social system. This ideological function does not mean a prevailing value consensus as much as it means an intellectual plan to establish an existing orientation that regulates activity and social relations under a political framework that dominates other (Mustafa & Belayour, 2018, p. 113)

**The Scientific And Psychological Function:** It is a function that stems from the self as a desire to formulate a special cognitive model that does not conflict with the prevailing social model, considering the sum of knowledge and sciences that are the measure of every social achievement, this achievement that is socially accepted and enjoys personal conviction in different situations (Mustafa & Belayour, 2018, p. 113)

### **Developing Social Awareness Of The Dangers Of Digital Drugs**

In order for society to achieve its security and preserve the safety of its individuals from cybercrimes in general and digital drugs in particular, the actors and those in charge of policies

and systems within its geographical area must work on. Defining digital drugs and their methods of use, which is something that a significant number of members of society are unaware of, whether guardians or social activists, and trying to spread awareness among individuals who use this type of drug, and highlighting the health, psychological, social and economic imbalances it has on them, and the negative effects it has on the family, society and the social structure as a whole, by increasing awareness and educational campaigns in all official and unofficial institutions within the geographical boundaries. It is also the responsibility of guardians, social activists, all community institutions, and those responsible for the progress and management of life within society to work to achieve the needs of the individual within the social structure, according to what is socially acceptable, psychologically compatible, and legally regulated, to build a sound individual awareness that necessarily leads to a complete collective or societal awareness, by urging every individual in society to adhere to and preserve the authentic values and beliefs of society, and to be keen to achieve its goals and aspirations, and to avoid abnormal tendencies and inclinations that violate social traditions and norms. In order to achieve this, it is necessary to achieve:

- *Raising, nurturing and educating the individual according to educational curricula based on authentic values and beliefs.*

- *Activating and activating the media role in raising awareness and instilling a culture of safety for all and safety for all.*

- *Ensuring the living requirements of individuals to achieve their needs according to accepted and previously studied trends.*

- *Keeping pace with contemporary technological developments to ensure the safety and security of individuals, by creating systems to limit and filter all bad and suspicious activities that hinder and impede the individual's sound thinking.*

- *Working to enact laws to criminalize digital drugs, hold their promoters and users accountable, and*

*search for mechanisms to reduce the risks resulting from them.*

## Conclusion

Through what has been presented in this research paper, and in order for society to achieve its security and the safety of its individuals from all the dangers that threaten its safety, and from all the irrational uses of the Internet, including the slippages and threats it contains to its social structure, such as digital drugs available through it, in the form of music files loaded with dangerous content that affects the individual's brain, resulting in social problems that cannot be remedied in most cases, which is what this research paper sought to clarify, while highlighting what society must achieve in terms of awareness for its individuals and components, in order to prevent them from falling into such dangers, and ensure their safety, security, and the continuity of their activities in various aspects of life.

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