



## HISTORICAL REVIEW AND THERAPEUTIC POTENCIAL OF DARUHARIDRA : A REVIEW

**Dr. Balraj Singh Rathore**, Assistant Professor, Faculty of Ayurvedic Science, Dept. of *Dravyaguna*, Jayoti Vidyapeeth Women's University and Hospital, Jaipur, Rajasthan, [dr.balrajsingh6271@gmail.com](mailto:dr.balrajsingh6271@gmail.com)

**Dr. Suman Shekhawat**, Assistant Professor, Faculty of Ayurvedic Science, Dept. of *kaya chikitsa*, Jayoti Vidyapeeth Women's University and Hospital, Jaipur, Rajasthan

**ABSTRACT-** daruharidra ( Indian barberry (berberis aristata)) – Berberis aristata is erect evergreen shrub with height of 3.5mt. Daruharidra herb is native to Himalaya in india. many acharyas described this plants various pharmacological functions like sothhara, vedansthapana, vranaropan, varanasodhana, dipan, pachan, yakrtutejaka, grahi, pittavirechaka, jvaragna, raktasodaka, kaphaghna, varnya, and rasayan.

**Key words – yakrtutejaka, grahi, pittavirechaka**

### I. INTRODUCTION

Introduction – ayurveda is a ancient medical science which have been observation on human and natural resorses. In ayurveda daruhaldi plant describe in many diseases and many conditions by most of the acharyas. In this study we describes acharya susruta, acharya charka, acharaya vagbhatta acharya shargdhar acharya bhavprakash and orher nighantus achayras. In this study we want to compare the efficacy of daruhaldi told in many refferance books in ayurveda.

### II. MATERIAL AND METHOD

The drug daruhaldi reviewed from charak samhita , susruta samhita, astang hrudhya, bhavprakash and other nighantus.

All information was critically analyzed, discussed, and concluded.

### OBSERVATION -

**SAMHITA ERA- (SAMHITAKALA : 2000 B.C. – 1000 A.D.)-** in samhita kala all acharya was described daruharidra. firstly acharya susruta described in many formulation and diseases as following.

### DARUHARIDRA –

Sushruta has mentioned Daruharidra in Vrana chikitsa, Sadyovrana, Gandmala, Kustha, Sleepad, Kshudra. Roga, Sarpdansa, Vidrhadi, Visarp, Netra-roga and Jwar. Included in following gana.

Mustadi gan ( Su.Su.38/54)

Laksadi gan ( Su.Su.38/63)

Tikta varga ( Su.Su.43/23)

Haridradi gan ( Su.Su.38/27)

Rasaut-anjandi gan ( Su.Su.38/41)

S. NO.	GROUP/FORMULATION	ACTION/INDICATION	REFERENCES
1.	Gana	Haridradi Gana	S.S.Su.38/27
2.	Gana	Mustadi Gana	S.S.Su.38/54
3.	Tail	Varna Ropan	S.S.Ci.2/69
4.	Kwath	Anupan	S.S.Ci.5/42
5.	Lepa	Kustha	S.S.Ci.9/40

6.	Kwath	Pista Meha	S.S.Ci.11/8
7.	Lepa	Kacchu, Pama, Vicharchika	S.S.Ci.20/18
8.	Agad Yog	Musak Vish	S.S.Ka5/82.
9.	Grita Pak	Pittaj Abhishayand & Adimanth	S.S.U.10/4
10.	Anjan	Sirotutapat	S.S.U.12/16
11.	Parishek & Anjan	Arjun Rog	S.S.U.12/19
12.	Anjan	Pittavidhagad Dristi	S.S.U.17/15
13.	Bhadrodyaya Anjan	For Kings	S.S.U.18/96
14.	Anjan	Kukunak	S.S.U.19/15
15.	Patoladi Grita	Kuatha & Netra Rog	S.S.U.39/223
16.	Triphaladi Grita	Jwara	S.S.U.39/246
17.	Kwath	Atisar (Pitta Pachan)	S.S.U.40/63
18.	Grita	Sannipataj Atisar	S.S.U.40/78
19.	Putpak	Kapha-Pitta Atisar	S.S.U.40/86
20.	Grita	Atisar	S.S.U.40/104

#### CHARAK SAMHITA-

Charaka has included this drug infollowing Ganas, besides he has mentioned it in the treatment of Prameha, Atisaar, Arsha, Grahani.

Lekhaniya (Ch.Su 4/3)

Arshoghan ( Ch.Su 4/12)

Kandughan (Ch.Su4/14)

Tikta Skandha (Cha.Vim.8/133)

S NO.	GROUP/FORMULATION	ACTION/INDICATION	REFERENCES
1.	Lekhaniya Mahakasya	Weight Reducing Drug	C.S.Su.4/8-3
2.	Arsoghan Mahakasya	Anti-Hemorrhoidals	C.S.Su4/8-12
3.	Kandughan Mahakasy	Anti-Pruritics	C.S.Su4/8-14
4.	Anu-Tail	Utmang Ke Rog	C.S.Su5/63
5.	Asthapan Basti	Vata Rog	C.S.Vi.7/17
6.	Tikta - Skanda	Pittaj Rog Me Bastidravya	C.S.Vi.8/143
7.	Kaphaj Pramehahar Yog	prameha	C.S.Ci.6/27
8.	Kaphaj Pramehahar Yog	prameha	C.S.Ci.6/28
9.	Phaltrikadi-Kwath	Prameha	C.S.Ci.6/40
10.	Asthapan Basti	Kustha	C.S.Ci.7/46
11.	Kusthanasak Yog	Kustha	C.S.Ci.7/60
12.	Kusthanasak Lepa	Kustha	C.S.Ci.7/83
13.	Sidarathaka Isnan	Kustha	C.S.Ci.7/91
14.	Kusthanasak Lepa	Kustha	C.S.Ci.7/93
15.	Kustha Har Yog	Kustha	C.S.Ci.7/97
16.	Kusthadi-Tail	Kustha	C.S.Ci.7/103
17.	Kanakshiri-Tail	Kustha	C.S.Ci.7/113
18.	Vipadikahar Tail	Vipadika	C.S.Ci.7/120

19.	Kustha Me Gritha Yog	Kustha	C.S.Ci.7/135
20	Tiktasatpalgritha	Kustha	C.S.Ci.7/140
21.	Mukhvirasta –Nasak yog	Raj-Yakshama	C.S.Ci.8/136
22.	Triphaladi-Tail	Apasmar	C.S.Ci.10/43
23.	Kollaksadi-Gritha	Shat-Sheena	C.S.Ci.11/34
24.	Patolmuladi-Kwath	Swayathu (Oedema)	C.S.Ci.12/53
25.	Kanakaritha	Arsh (Haemorrhoids)	C.S.Ci.14/160
26.	Rakta-Rodhak Yog	Arsh	C.S.Ci.14/186
27.	Rakta-Rodhak Yog	Arsh	C.S.Ci.14/196
28.	Pratisaran-Lepa	Arsh	C.S.Ci.14/221
29.	Hiberadi-Gritha	Arsh	C.S.Ci.14/231
30.	Sunisakchangeri-Grihat	Arsh	C.S.Ci.14/234
31.	Vachadi Churna	Grahni Rog	C.S.Ci.15/135
32.	Kirathtikadi Churna	Grahni Rog	C.S.Ci.15/137
33.	Pandu-Kamlanasak Gritha	Pandu-Rog	C.S.Ci.16/53
34.	Prate-Kalik Yog	Kamla	C.S.Ci.16/63
35.	Mandour Vatak	Pandu	C.S.Ci.16/73
36.	Darvyadi-Leha	Kamla & Pandu Rog	C.S.Ci.16/97
37.	Pitaj-Atisar Nasak Yog	Atisar	C.S.Ci.19/52
38.	Patoladi-Shittakasaya	Visarpa	C.S.Ci.21/59
39.	Kaphaj-Visarpanasak Yog	Visarpa	C.S.Ci.21/91
40.	Vata-Rakta-Oitta Pradhan Visarpa-Chikitsa	Wound-Heling	C.S.Ci.21/97
41.	Kampillakadi-Tail	Visapaj Granthi Varna	C.S.Ci.21/137
42.	Varnashodhak Kasaya	Varna	C.S.Ci.25/84
43.	Chandnadi Lepa	Varna	C.S.Ci.25/88
44.	Durva Tail	Varna	C.S.Ci.25/93
45.	Mutrakriccha-Nasak Yog	Mutrakriccha	C.S.Ci.26/53
46.	Katphaladi Kasaya	Kaphaj Hridya Rog	C.S.Ci.26/97
47.	Piplayadi Churna	Mukha-Rog	C.S.Ci.26/188
48.	Tajohawadi Churna	Mukha-Rog	C.S.Ci.26/190
49.	Pitak Churna	Mukha Rog	C.S.Ci.26/197
50.	Mardvikadi Churna	Kanth Rog (Throat Disease)	C.S.Ci.26/198
51.	Katukadi Kwath	Kanth Rog (Throat Disease)	C.S.Ci.26/200
52.	Aschyotan	Pittaj Natra Rog	C.S.Ci.26/238
53.	Amritadi Varti	Netra Rog	C.S.Ci.26/241
54.	Prapondrikadi Lepa	Vatarakta	C.S.Ci.29/133

55.	Rasnadi Niruh Basti	Vata Rog	C.S.Si.3/561
56.	Vidangadi-Tail	Pan & Anuvasan Basti	C.S.Si.4/20

#### ASTANG HRUDHYA -

Daruharidra has been used in Siro-veerachan, Atisaar, Grahani, Mutraghat, Prameha, Vidrhadi, Pandu rog, Kamala, Ksotha, Visarp, Kustha, Supta-vata, Dadru, Vatarakata, Netra-roga, Timir, Mukh-roga  
 Nasaya gan (As.H.15/3)  
 Vachadi gan (As.H.15/36)  
 Mustadi gan (As.H. 15/40)  
 Rasaut-anjandi gan (As.H.15/14)

S. NO.	GROUP/FORMULATION	ACTION/INDICATION	REFERENCES
1.	Nasya	Shodhan	A.H.Su.15/4
2.	Anu Tail	Nasya	A.H.Su.20/38
3.	Mukha Lepa	Ritunusar Prayog	A.H.Su.22/19
5.	Kwath	Grabhini Kandu Me Snan	A.H.Sa.1/62
6.	Kwath	Kaphaj Hridhya Rog	A.H.Ci.6/52
7.	Kwath	Kaph Se Misrita Rakta	A.H.Ci.8/103
8.	Grita	Tridosha Nasak	A.H.Ci.8/131
9.	Atisarnasak Yog	Atisar Me Chawal Ki Dhiwan Se Prog	A.H.Ci.9/58
10.	Grita	Atisar	A.H.Ci.9/90
11.	Yog	Grahni	A.H.Ci.10/35
12.	Yog	Mutraghat	A.H.Ci.11/8
13.	Yog	Prameha	A.H.Ci.12/6
14.	Yog	Pittaj Prameha	A.H.Ci.12/7
15.	Kalk	Paphjanya Vidridhi	A.H.Ci.13/33
16.	Vatak	Pandu	A.H.Ci.16/16
17.	Ras	Kamla	A.H.Ci.16/43
18.	Kwath	Pittajanya Shoth (Oedema)	A.H.Ci.17/32
19.	Kwath	Visarpa	A.H.Ci.18/7
20.	Tail	Vata Pradhanvisarpa	A.H.Ci.18/35
21.	Tiktak Grita	Kustha	A.H.Ci.19/2
22.	Kwath	Kusth	A.H.Ci.19/37
23.	Gomutra Ke Sath	Kusth	A.H.Ci.19/40
24.	Kasaya	Snan	A.H.Ci.19/59
25.	Lepa	Kusth	A.H.Ci.19/62
26.	Grita & Tail	Vipadika	A.H.Ci.19/77
27.	Lepa	Vatashonit	A.H.Ci.22/28
28.	Niruha Basti	Vata -Avrita Sneha Me	A.H.Ka.5/31
29.	Tail	Nasya	A.H.U.7/31
30.	Patoladi Grita	Timir	A.H.U.13/6
31.	Grita & Tail	Nasya	A.H.U.13/93
32.	Pasupath Yog	Compliations Of Conjunctivitis	A.H.U.16/25
33.	Kwath	Aschyotan	A.H.U.16/33
34.	Varti	Pill Ke Varno Me Ropan	A.H.U.16/57
35.	Kwath	Kanth Rog (Throat Disease)	A.H.U.22/55
36.	Kaval & Pratisaran	Kanth Rog (Throat Disease)	A.H.U.22/56

37.	Ubtan	Vyang Nilika & Mukhdusika	A.H.U.22/87
38.	Kwath	Kaval	A.H.U.22/97
39.	Manjan	Gum Problems	A.H.U.22/98
40.	Pitak Churn	Mukha Rog	A.H.U.22/100
41.	Gandush	Mukah Pak	A.H.U.22/105
42.	Jatyadi Grita	Nadi Varna	A.H.U.25/67
43.	Tail	Varna Ropan	A.H.U.26/26
44.	Mandar & Gandhmadan Agad	Luta Vish Nasak	A.H.U.37/73

#### SHARANGDHAR SAMHITA -

S. NO.	GROUP/FORMULATION	ACTION/INDICATION	REFERENCES
1.	Darvi – Ras	Jaundice	M.K.1/9
2.	Punarnavadi – Kwath		M.K.2/76
3.	Varadi – Kwath	Diabetes	M.K.2/110
4.	Phaltrikadi – Kwath	Diabetes	M.K.2/111
5.	Darvydi – Kwath	Vaginal Discharge	M.K.2/112
6.	Laghu – Manjisthadi Kwath	Gout & Skin Disorder	M.K.2/138
7.	Vasadi – Kwath	Eye Disease	M.K.2/148
8.	Mandour – Vatak	Jaundice	M.K.7/34
9.	Chandraprabha – Vati	Diabetes	M.K.7/40
10.	Khadir – Aritha	Skin Disorder	M.K.10/60
11.	Anu – Tail	Shiro-Rog	U.K.8/35
12.	Gandush	Mukh-Rog	U.K.10/15
13.	Sidhma – Churna	Sidhma	U.K.11/46
14.	Nimbadi – Lepa	Ulcer Healing	U.K.11/89
15.	Vidal – Vidhi	Eye Disease	U.K.13/33

#### NIGHANTU ERA

##### DHANWANTARI NIGHANTU (10 – 13 century A.D.)-

frDrk nk:gfnzk L;knz :{kks'.kkoz.kesgfr~ !  
d.kZus=eq[kksnHkwrka :ta d.Mw p uk"r;sr~ !! ¼/k- fu-@ xqMwP;kfn @56&59½

##### SODHAL NIGHANTU (12<sup>th</sup> century a.d.)

r}n~nkohZ fo"ks'ks.k dQkfHk';Unuk"kuh !  
¼lks- fu-@ ukelaxzg@ xqMwP;kfn @135&136, xq.klaxzg@ xqMwP;kfn @ 136½

##### MADANPAL NIGHANTU (14<sup>th</sup> Century A.D.) –

}kohZ r}f}"ks'kkrq us=d.kkZL;jksXkuqr~ !! ¼enuikyfu?kUVq@ vHk;kfn@229&230½

##### KAIDEV NIGHANTU (15<sup>th</sup> Century A.D.) –

r}n~ nkohZ fo"ks'ks.k d.kZus=kL;kjksxftr~ !! ¼dS- fu-@ vks'kf/koxZ 1116&1117½

##### BHAVPRAKASH – ( 16<sup>th</sup> century a.d.) –

}kohZ fu"kkxq.kk fdUrq us=d.kkZL;jksxuqr~ !! ¼Hkk- iz-@gfjrd;kfn@201&202½

##### RAJ NIGHANTU ( 17<sup>th</sup> Century A.D.) –

frDrk nk:gfnzk rq dVq'.kkoz.kesguqr~ !  
d.MwfoliZRoXnks'k fo'kd.kkZf{kknks'kgk !! ¼jk- fu-@filiY;kfn@200&201½

### III. DISCUSSION

acharya Sushruta has mentioned Daruharidra in Vrana chikitsa, Sadyovrana, Gandmala, Kustha, Sleepad, Kshudra. Roga, Sarpdansa, Vidrhadi, Visarp, Netra-roga and Jwar. Acharya Charaka mentioned daruhaldi in prahmeha, kusta (skin disease), arsh, grahni, varna, netroga etc. Acharya Vagbhayya says Daruharidra has been used in Siro-veerachan, Atisaar, Grahani, Mutraghat, Prameha, Vidrhadi, Pandu rog, Kamala, Ksotha, Visarp, Kustha, Supta-vata, Dadru, Vatarakata, Netra-roga, Timir, Mukh-roga. Acharya Sharangdhara also mentioned daruhaldi in kamlā, prameha, eye disease, shiroroga, kusth (skin diseases), varna etc. Most of nighantus mentioned daruhaldi in varna, meha, shiroga, karna roga, netra roga, mukha roga and tavak rogas.

### IV. RESULT AND CONCLUSION –

The current review paper entitled with “historical review and therapeutic potential of daruharidra : a review” we found that all acharyas mention daruhaldi in many disease and many conditions. Most of are same or associated with each other and some are different.

**Suggestions** – more work should be done on daruhaldi and its indications which mentioned by our acharyas.

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