



Dear Editor,

I have been thoroughly enjoying the editions of *Reflections* and have been so inspired as to include a creative writing or creative project assignment in my undergraduate field seminar class. Classes are purposely limited to no more than 12 for each section in order to enhance the collective and individual learning experience. As a person very interested in diversity, I am drawn to alternative ways of knowing and expression so I am eager to see what students will do with this assignment.

I have shared some of my poetry with other seminar students throughout the years as it is a way I have of touching them on a deeper more personal level. I have enclosed the poem, *Metamorphosis*, I penned especially for my students because when we work in small groups for two semesters, we enter into a much more intensely personal experience. It is my way of sending them on with support and care and to let them know what they and the experience meant for me. The original verse was written in the summer of 1993. I have received such an overwhelmingly positive response over the years that I wanted to find a way to share it with others. □

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## METAMORPHOSIS

By Nancie Palmer Ph.D. ACSW

ON A HOT AUGUST DAY WE GATHERED  
A SEA OF FACES, FEARFUL, HOPEFUL

VENTURING INTO THE WORLD  
OUT BEYOND THE PAGES AND PAPERS AND BOOKS

A JOURNEY TO ANOTHER PART OF THE DREAM  
JOURNEY INTO THE UNKNOWN

AN AWESOME UNDERTAKING  
REACHING TO GROW TO BECOME

AND I  
SEEING YOUR FEAR AND WONDER

FIND MYSELF SEARCHING FOR WAYS  
TO BE WITH YOU IN YOUR JOURNEY

TO GUIDE YET NOT CONTROL  
SUPPORT YET NOT SMOTHER

TO CHALLENGE YET NOT OVERWHELM  
AND GIVE TO YOU WHAT I KNOW  
YET NOT DIMINISH YOUR OWN WISDOM

TOGETHER  
WE MET THE CHALLENGE  
TOGETHER  
WE WORKED  
AND EXPLORED  
AND SUFFERED  
AND TRIUMPHED  
AND LEARNED  
AND GREW  
AND TRANSFORMED

EACH BECOMING MORE YOUR OWN PERSON WITH YOUR  
OWN DESTINY

EACH WITH AN ANCHORING AND CONNECTING POINT  
THAT WILL NEVER BE LOST FOR IT IS NOW A PART OF YOU

TO BE A PART OF YOUR WORK  
I AM GRATEFUL  
TO BE A PART OF YOUR GROWTH  
I AM SO PROUD

AND  
TO BE A PART OF YOUR BECOMING  
I WILL ALWAYS TREASURE

I WISH YOU WELL ON THE REST OF YOUR JOURNEY

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