



WORLD JOURNAL FOR SAND THERAPY PRACTICE

PROMOTING THE ETHICAL PRACTICE OF SAND THERAPY

Editor's Commentary

Thank you, Readers! There Are So Many of You!

Linda E. Homeyer

U.S.A.

Our Readers

As our second year of the Journal concludes, WASTP thanks all the readers in 2024. While it is impossible to know if all these people actually *read* the articles, the statistics we have from the journal platform are as follows:

- 113 – the number of different countries from which people logged on to the journal site
- 2,039 – the number of cities from which people logged on to the journal site
- 10,875 – the combined number of times journal articles and feature files were opened (PDF & HTML)



These statistics are for January 1, 2024, to November 24, 2024, but covers all published articles and features since the Journal began on January 1, 2023.

WASTP hopes that each of you enjoyed the content of the articles and found them helpful in your work.

We also invite each reader to submit manuscripts to the Journal and add to the global understanding of sand therapy throughout the world ... we would be honored to have your country and culture represented. We welcome manuscripts in your First Language (accompanied with an English version).

This Issue

Another research report: ***The Efficacy of Brainspotting and Sand Therapy to Reduce Anxiety Symptoms in Children Aged 8-9*** by Dr. Davi Stein-Kiley, U.S.A. Reading about effective treatment intervention, which combines a psychotherapeutic approach with sand therapy, is informative.

The article reports the quantitative portion of a mixed-methods research project. Dr. Stein-Kiley included a case example of a student-participant to provide the reader with a view of what the combined Brainstopping and sand therapy session involved. A big *thank you* to Dr. Stein-Kiely and all the researchers who continue to validate sand therapy!

The first *Symbol Paper* for our Journal is included in this issue: ***Blue Butterfly* by Dr. Katsumata, Thailand**. This Kalfjian-Jungian perspective brings their unique, in-depth look and experience as a symbol to all the readers for whom this is a very different way to view one's work. It helps expand our perspectives and understanding. Many non-Sandplay therapists have a *self-symbol* that shows up in our sandtrays – so this is a look at the deep, thoughtful work of meaning-making of that symbol.

The Focus on Miniatures: Treasure Boxes brings our regular feature to inform readers of the possible uses by our clients around the world. We encourage all our readers and members to participate. *Thank you* to **Theresa Fraser, Associate Editor, Canada**, for her continued work bringing this to us all.

Finally, a **Book Review** by **Dr. Terry Kottman, USA**, on the new book ***Humanistic Sandtray Therapy: The Definitive Guide to Philosophy, Therapeutic Conditions, and the Real Relationship* by Dr. Ryan Foster, U.S.A.** As new sand therapy books become available, it's our honor to provide awareness of the new book and have a review for the readers to get an inside view of another sand therapist.

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