# Bullying in the Australian ICT workplace: the views of Australian ICT professionals

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## Abstract

The aim of this study is to examine bullying in the workplace from the perspective of Australian Information Communication Technology (ICT) professionals. The data collection for this project included conducting a quantitative survey with 2,315 participants and 43 qualitative interviews with members of Australian Computer Society (ACS). We found that 630 ICT professionals, or 27.23% of all survey respondents, identified workplace bullying as an ethical problem. The majority of survey respondents who selected bullying as an ethical issue were permanent full time employees (N= 413, 65.6%). A significant relationship was found between respondents identifying bullying as an ethical issue in the survey and their job classification (Deviance = 25.55, Df = 11, p=0.0076), suggesting that job classification, among other things, does predict respondents' selection of bullying. Furthermore, our survey and interview findings indicate that the more mature respondents, as well as those in the managerial roles, have a greater concern about bullying.

Keywords: ICT professionals; Professional ethics; bullying; harassment.

## 1 Introduction

Bullying is a major problem in the workplace (Standen, Paull & Omari, 2014). It reduces employee's productivity, motivation and wellbeing (Cowie, Jennifer, Neto, Angula, Pereira, Del Barrio, & Ananiadou, 2000) and affects the overall work environment and organisational climate (Kelloway, Bryant, Buttigieg, & Hanley, 2009; Harvey, Heames, Richey, & Leonard, 2006). Overall, the outcomes are negative for both, employers and employees. However, to our knowledge, no research has been done into workplace bullying in the Australian ICT industry. The ICT workplace is distinct due to gender imbalance (Oleksy, Just, & Zapedowska-Kling, 2012) and requirements for high technical knowledge. Thus, the purpose of this paper is to present findings on bullying from the perspective of Australian ICT professionals, based on a research project that examined professional ethics more broadly in the ICT workplace in Australia.

As part of the project on ethics in ICT workplace, two stages of data collection were used. In the first stage, a quantitative survey was conducted with 2,313 members of the Australian Computer Society (ACS), administered using SurveyMonkey. Survey data identified workplace bullying to be one of the top ten ethical problems faced by ICT professionals (see Table 2). Based on the survey data, we identified demographic variables of survey respondents who identified bullying as one of the ethical issues they faced. Understanding these demographic variables seems relevant for identifying a general profile of ICT professionals who are concerned about bullying. The second stage of the project involved conducting semi-structured interviews with 43 participants. Interviewees were selected from the group of survey respondents in the earlier stage of the data collection process. Qualitative interviews with ICT professionals provided additional insights into the forms that bullying takes in the ICT workplace. The structure of the paper is as follows. Literature on workplace bullying and the demographic characteristics of participants on bullying are explored in the first section. Quantitative research methodology and the findings from the survey are presented in the second section, followed by discussion on semi-structured interviews and the findings from the interviews. In the last section of the paper, the findings are discussed and concluding remarks are provided.

## 2 Workplace bullying

Workplace bullying and workplace harassment are used interchangeably in the literature (Skinner, Peetz, Strachan, Whitehouse, Bailey & Broadbent, 2015). Workplace bullying can "involve one or more perpetrators and targets at various levels of the organization, occur at various degrees of severity and frequency, be intentional or unintentional, and manifest in a wide variety of unacceptable behaviours in response to various precipitants" (Crawshaw, 2009, p.265). The definition provided here is a generic one so that it can encompass a range of bullying situations and contexts. For example, Harvey et al. (2006) identified five groups of behaviours related to workplace bullying. These behaviours are related to isolation by preventing access to opportunities or withholding important information, threats to personal standing by insulting or teasing the victim overwork through an increase of workload to targeted individuals, as well as reminding the victim of their failures, and humiliating them in public which can damage their professional status.

Definitions of workplace bullying have several components, namely, a) the targets of bullying experience negative behaviour persistently, b) the targets of bullying experience psychological or physical harm, c) they label the experience as bullying, d) the targets of bullying cannot defend themselves, and e) the targets of bullying perceive themselves as having less power than the bully (Keashly & Neuman, 2004).

Definitions provided in the literature may be different from personal definitions of workplace bullying. Saunders, Huynh, and Goodman-Delahunty (2007) found that lay people include two essential aspects of workplace bullying commonly used in the literature. These are occurrences of a negative behaviour (reported by 98.3% of their participants) and some form of harm that such behaviour causes to the target (86.3%). In addition, participants identified two additional components of workplace bullying that are not included in the literature. According to their definition, bullying involves unprofessional behaviour that violates the way employees are expected to be treated in a workplace (25.5%), and it needs to be intentional in order to be defined as bullying (21.4%). Moreover, participants rarely included non-essential elements of bullying in their definitions. According to them, bullying does not need to be persistent or involve power imbalance, and targets do not need to self-label their experiences as bullying.

Workplace bullying represents a major source of stress at work that can cause severe social, psychological and psychosomatic problems for the victims (Standen, Paull & Omari, 2014). Victims of workplace bullying may suffer from post-traumatic stress syndrome (Leymann & Gustafsson, 1996; Rodríguez-Muñoz, Moreno-Jiménez, Sanz Vergel, & Garrosa Hernández, 2010) as well as insomnia, melancholy, lack of concentration, apathy, socio-phobia (Bjorkqvis, Osterman, & Hjelt-Back, 1994), depression (Zapf, 1999), chronic and cardiovascular diseases (Kivimäki, Virtanen, Vartia, Elovainio, Vahtera, & Keltikangas-Järvinen, 2003). Apart from targets, workplace-bullying has a significant effect on bystanders as well. For example, Vartia (2001) found that both, victims and observers of bullying experience higher rates of general and mental stress in comparison to employees who did not experience or observe bullying.

Bullying affects organisational performance through higher rates of absenteeism, staff turnover, reduced efficiency, decline in work quality, increased error margins and an unsafe workplace (Skinner et al., 2015; Kelloway et al., 2009; Sheehan, McCarthy, Barker, & Henderson., 2001). In addition, Zapf (1999) reported that workplace bullying creates negative working conditions due to lack of communication, conscious miscommunication and conflicts. Moreover, Harvey et al. (2006) reported four outcomes of workplace bullying that negatively affect organisational performance. Victims' job-related abilities can decrease, their innovative behaviour can be eliminated, organisational level of flexibility and adaptability can be decreased, and long-term success of the organisation can be shattered. Participants in Cowie et al.'s (2000) study report that bullying reduced their wellbeing, motivation and efficiency.

There are multiple causes of workplace bullying (Salin, 2003b; Zapf, 1999). For example, Leymann (1993) identified deficiencies in work design and leadership behaviour, as well as a socially exposed position of the victim and a low moral standard in the work environment as causes of harassment. Hauge, Skogstad, and Einarsen (2009) found that being a male and being a target of bullying, as well as role conflict and interpersonal conflict strongly predict being a bully. In addition, Notelaers, De Witte, and Einarsen (2010) found that role conflict and role ambiguity cause bullying at work. Vartia (1996) found that psychological work environment and organisational climate explain 24% of the variance in bullying. Furthermore, victims surveyed in Vartia's (1996) study reported envy, a weak superior and competition for tasks, advancement or superior approval as reasons for why they were bullied. Zapf (1999) found that victims saw organisational climate, high stress and organisational problems as causes of workplace bullying. Some victims reported personal reasons for bullying, such as low performance, deficits in social skills, 'being difficult', aggressive or moaning. In addition, Claybourn (2011) examined the relationship between moral disengagement, work characteristics and workplace harassment. He found that employees who are morally disengaged are more likely to report that they have been subjected to workplace harassment, and ultimately, they themselves participate in harmful behaviours towards others. Salin (2003b) concluded that bullying is a result of interaction between three groups of factors associated with workplace bullying. These are enabling structures (e.g., power imbalances, dissatisfaction), incentives (e.g., internal competition, expected benefits) and triggering circumstances (e.g., organisational changes).

Definitions of bullying discussed here (Saunders et al., 2007) and the specific forms that bullying takes identified by Harvey et al. (2006) will be further compared with the findings from the qualitative component of this study. This will shed more light into the forms that bullying behaviour takes in the Australian ICT workplace.

## 3 Demographic characteristics of participants in studies on ethical issues and bullying

#### 3.1 Age

Age is an important demographic characteristic that influences ICT professionals' awareness of ethical issues. Wilford and Wakunuma (2014) found that more mature ICT professionals have a significantly higher level of ethical awareness in comparison to younger ICT professionals. The latter group was more concerned with process and compliance with the requirements of their organisation, and was relatively unaware of ethical issues.

Age also influences the emphasis that ICT professionals place on ethical regulations. Lucas and Mason (2008) found that Generation Y ICT professionals, that is, those born in 1980s and 1990s, are different from other generations in regards to the importance they place on ethical regulations. Generation Y put less emphasis on ethical regulations and think that they ought to be less important. This finding is relevant for decision-making in the ICT field as the importance placed on ethical regulations can have an impact on the judgement of decision-makers. However, the ethical awareness in Wilford and Wakunuma's (2014) and the emphasis placed on ethical regulations in Lucas and Mason's (2008) studies relate to issues in ICT, such as trust, social exclusion, privacy, and misuse of technology, not to workplace bullying.

Notelaers, Vermunt, Baillien, Einarsen, and De Witte (2011) found that employees above 54 years and those less than 25 years of age are least likely to be bullied at work, while employees in the age group between 35 and 44 have the highest risk of workplace bullying, followed by those aged between 25 and 34. Similarly, Einarsen and Raknes (1997) as well as Bowling and Beehr (2006) found that older men experience less victimisation than younger men. In contrast, Einarsen and Skogstad (1996) found that older workers had a higher risk of victimisation than the younger employees. Vartia (1996) found a small correlation between age

and bullying. On the other hand, Ortega, Høgh, Pejtersen, and Olsen (2009) did not find age to be important in explaining the prevalence of bullying.

### 3.2 Gender

One of the characteristics of the ICT industry is unequal participation of men and women in ICT employment (Oleksy, et al., 2012). There is some research that found that women are more ethical than men when it comes to ICT ethical issues (Mason & Mudrack, 1996; Valentine & Page, 2006) and that this has a favourable impact on the organisation's bottom line (Quigley & Mohamad, 2008). In contrast, Young and Case (2009) examined a general population and found that there were no significant gender differences in the perception of unethical ICT behaviour. On the other hand, Lucas and Mason (2008) found that male ICT professionals thought that ethical regulations should be less important, in comparison to female ICT professionals. Mudrack and Mason (2013) concluded that gender does not impact on ethical judgement. However, in cases when the difference occurs, women judged ethically questionable activities as being less appropriate than men.

Salin (2003a) explains the complexity between gender and workplace bullying, although this has received little attention in research. Perpetrators of bullying are most likely to be males who have been a target of bullying themselves (Hauge et al., 2009). Female workers report higher victimisation rates when they occupy middle and senior management roles (Hoel, Cooper, & Faragher, 2001), and when they are in non-traditional jobs (Gutek & Morasch, 1982). Male workers and supervisors report that they observe general and workplace bullying more often than women in the same roles (Hoel et al., 2001), but they do not identify themselves with being bullied when asked directly (Jóhannsdóttir & Ólafsson, 2004). Women report being bullied by their superiors, colleagues and subordinates of both genders, while men tend to be bullied by male supervisors and to a smaller extent by their colleagues (Salin, 2003a). Men tend to confront when bullied, women tend to seek help or avoid the situation (Jóhannsdóttir & Ólafsson, 2004), often by leaving the organisation (Salin, 2003a). Griffiths and Moore (2010) found that bullying is one of the main reasons why women in the UK left the ICT sector.

## 3.3 Occupation

Occupations such as teachers and managers, as well as nurses and social services have a low chance of being bullied. This can be related to relatively lower workload and high level of autonomy. Salin (2001) found that managers indeed have a lower risk of being a victim of bullying, while this risk increases for experts, middle managers and officials/clerks. Workplace bullying among business professionals in managerial and expert positions is found to be higher when using a predefined list of negative acts of bullying (24.1%), than when respondents classify themselves as being bullied (8.8%) (Salin, 2001). Furthermore, managers and supervisors have been identified as perpetrators rather than victims of bullying (Cowie et al., 2000).

Ortega et al. (2009) found that occupational status and type of work processes were important indicators of workplace bullying. That is, unskilled workers were found to have the highest prevalence of bullying, while managers and supervisors had the lowest prevalence. In addition, respondents working with things reported the highest prevalence of bullying, while respondents working with customers, the lowest. Ortega et al. (2009) did not find age or gender as important as type of work in explaining the prevalence of bullying. Notelaers et al. (2011) also found that blue-collar workers have a higher risk of workplace bullying as compared to white-collar employees.

#### 3.4 Job classification and years of experience

Prior research has shown that full-time employees have a higher chance of being bullied in comparison to temporary employees (Notelaers et al., 2011). Bowling and Beehr's (2006) meta-analysis found that employees with longer tenure were more likely to be victimised than were those with shorter tenure. Cowie et al. (2000) found that length of current job was the

only demographic characteristic that significantly correlates experiencing bullying behaviours in their UK sample. These findings can be explained with the entrapment hypothesis which states that permanent employees are less likely to move jobs when working conditions deteriorate (Cuyper, Notelaers, & Witte, 2009).

The demographic characteristics discussed here will be further compared with the demographic characteristics of the participants who selected bullying in the survey and the interviewees who raised the issue of bullying during interviews. This should shed light into the groups of participants/interviewees who are concerned about bullying in the Australian ICT workplace.

## 4 Methods and findings

#### 4.1 The quantitative survey

#### 4.1.1 Survey procedure

The first stage of the data collection process involved a survey administered using SurveyMonkey to allow the participants to complete the survey and return it over the internet. The survey was informed by the results of a 2006 survey conducted by Lucas and Weckert (2008) and also by the instrument they used. All active ACS members (approximately 18,600) were invited to participate in the web-based survey by direct email sent to them by the ACS once on 12 September 2013. The survey was closed on 6 November 2013 after the response rate reached 12.4%. The online survey was prefaced by the ethics consent sheet (including assurances of anonymity) and a description of the study. The questions comprised both closed and open-ended questions.

#### 4.1.2 Sample

A total of 2,315 participants completed the survey. The average number of years of work experience for all respondents was 19 years. However, 61.6% of those who selected bullying as one of the most common problems had more than 20 years of experience. Table 1 shows a summary of the demographic information of all participants as well as the demographic information for the participants who selected bullying as one of the most common problems. As can be seen from Table 1, it appears that the overall profile of the survey respondents is not much different from the profile of the selectors of bullying as one of the most common problems.

Demographic information			Survey participants		Participants who selected bullying	
		Ν	%	Ν	%	
Gender	Female	356	15.5	113	17.9	
	Male	1,940	83.9	513	81.4	
	N/A	17	0.7	4	0.6	
Age	< 35	692	30	155	24.6	
	36 - 45	516	22.3	148	23.5	
	46 - 55	576	25	174	27.7	
	> 56	524	22.7	153	24.3	
	N/A	5	0.2	0	0	
State	ACT	247	10	80	12.7	
	NSW	696	30.4	199	31.6	
	NT	27	1.2	8	1.3	
	QLD	279	12.2	81	12.9	
	SA	120	5.5	28	4.4	
	TAS	42	1.8	10	1.6	
	VIC	581	25.4	149	23.7	
	WA	218	9.5	57	9.0	
	Overseas	80	3.5	14	2.2	
	N/A	23	1.0	4	0.6	
Occupation	Administrator	134	6.5	36	5.7	
	Consultant	502	24.3	146	23.2	
	Developer	307	14.8	77	12.2	
	Education	150	7.3	43	6.8	
	Manager	698	33.8	196	31.1	
	Technical Support	277	13.3	76	12.1	
	Other	215	10.39	54	8.6	
	N/A	247	11.9	2	0.3	
Geographical	Capital City	2,069	89.5	581	92.2	
Location	Regional Area	215	9.43	46	7.3	
	N/A	29	1.3	3	0.5	
Job	Business owner with	n 57	2.7	8	1.3	
Classification	employed staff					
	Fixed term contract	251	11.8	83	13.2	
	Indefinite contract	34	1.6	8	1.3	
	Permanent Full-Time	1,388	65.4	413	65.6	
	Permanent Part-time	90	4.2	17	2.7	
	Self-Employed	112	5.3	26	4.1	
	Temporary Full-time	61	2.9	11	1.7	
	Temporary Part-time	63	3.0	16	2.5	
	Volunteer	67	3.2	13	2.1	
	Other N/A	121	5.69	33	5.2	
	N/A			2	0.3	

Table 1: Demographic characteristics of the survey participants and those who selected bullying as an ethical issue in the survey

#### 4.1.3 Statistical analysis

#### Multiple Response Frequency (MRF) analysis and cross tabulations

Participants were asked in the survey to choose among different ethical problems they experienced in the workplace. Since respondents were allowed to select more than one answer, a Multiple Response Frequency (MRF) analysis (Al-Saggaf, Burmeister & Weckert, 2016) was

judged to be the most appropriate technique for analysing the survey data. In addition, cross tabulations were performed to see if there are differences in responses based on the demographic information. The findings from the MRF analysis are summarised below.

The MRF analysis revealed that bullying was ranked ninth in a list of the most common ethical problems experienced by ICT professionals (N=630, 27.2%). Table 2 lists the top 10 ethical problems along with the number of responses and their percentages. The focus of this paper is on workplace bullying, and thus discussion on other ethical issues presented in Table 2 is outside the scope of this paper.

Ethical problems	Number of survey respondents	
	Ν	(%)
Compromising quality to meet deadlines	1104	47.7
Blaming others for own mistakes	957	41.4
Compromising functionality to meet deadlines	846	36.6
Overworking staff	762	32.9
Incompetence	750	32.4
Conflict of interest	682	29.5
Unprofessional behaviour	633	27.4
Compromising user requirements to meet deadlines	632	27.3
Bullying	630	27.2
Compromising security to meet deadlines	611	26.4

Table 2: The top 10 ethical problems faced by Australian ICT professionals

#### Generalised linear models

To investigate which demographic variables predict respondents' selection of bullying in the survey, Generalised Linear Models (GLMs) were used. The responses to the bullying question are binomial (recorded as a Yes/No), whereas all the demographic variables are categorical. For this reason GLMs were fitted to investigate the relationships between the predictor variables and the binomial response variable. The GLMs were carried out on the data using R (version 3.0.2) and all requirements of this analysis were verified.

The analysis of deviance revealed that there is a significant relationship between respondents' selection of bullying as an ethical issue in the survey and Age, Gender, Geographic Location, Job Classification, and Years of Experience (see Table 3 for the results of the analysis of deviance). All other demographic variables showed no evidence of a relationship with respondents' selection of bullying in the survey. The fact that the statistical analysis (the analysis of deviance) showed that Age, Gender, Geographic Location, Job Classification and Years of Experience all predict the survey respondents' selection of bullying raises a question: what are the demographic characteristics of the interviewees who raised the issue of bullying during the interviews. This question will be addressed in the subsequent section titled 'Comparison between the survey participants and interviewees who raised the issue of bullying in the survey.'

Demographic variable	Deviance	Deviance Degrees of freedom (DF)	
Age	18.02	8	0.0211
Gender	4.15	1	0.0416
Geographic Location	4.58	1	0.0324
Job Classification	25.55	11	0.0076
Years of Experience	13.92	1	0.0002

Table 3: The analysis of deviance

GLM was also used to examine whether there is a relationship between the perceived frequency of occurrence of unethical behaviour and the respondents' selection of bullying. This technique is fitted to investigate this relationship since the predictor is also a categorical variable. The analysis of deviance revealed that there is a significant relationship between the perceived frequency of occurrence of unethical behaviour and respondents' selection of bullying (Deviance = 143.29, Df = 4, p=0.0000) suggesting that this variable is also a predictor for respondents' selection of bullying in the survey.

Notelaers et al. (2011) found that employees above 54 years and those less than 25 years of age are least likely to be bullied at work, while employees in the age group between 25 and 44 have the highest risk of workplace bullying. However, a more recent literature from the academic sector, specifically Skinner et al. (2015), has indicated that older employees are more likely to be bullied than their counterparts. In the current study, the analysis of deviance showed that age predicted the selection of bullying in the survey. We found that 51.2% participants between 36 and 55 years of age selected bullying as a common ethical problem. In comparison, only 24.6% or younger participants between 18 and 35 years of age, and 24.3% of participants older than 56 years also identified bullying as an ethical issue in the survey. This suggests that middle-aged participants are more concerned about bullying than participants in other age categories. This finding is consistent with Notelaers et al.'s (2011) finding that middle-aged employees are more likely to be bullied at work, but is not in line with Skinner et al.'s (2015) finding that older employees are more likely to be bullied at work.

Gender was also found to be a predictor for the selection of bullying in this study. Almost 18% of interviewees who selected bullying were females. In comparison to the 15.5% females who participated in the survey, this finding suggests a higher proportion of females working in ICT could be victims of bullying; but this is a question for future research. Similarly, Job Classification was also found to be a predictor for the selection of bullying. However, the finding that a higher proportion of permanent full time employees (65.6%) and fixed term contracts (13.2%) selected this problem in our survey is aligned with the literature. The literature suggests that full time employees have a higher chance of being bullied in comparison to temporary employees (Notelaers et al., 2011).

#### 4.2 The qualitative interviews

#### 4.2.1 Conducting the interviews and analysing the data

The survey was followed by a set of semi-structured interviews with 43 participants selected from the pool of survey participants in the previous stage of the data collection process. The interviews were conducted during the month of February 2014 and took place in the six capital cities of the Australian states. All interviews were audio recorded and transcribed verbatim.

The invitation for participation was sent to all survey participants who indicated their willingness to participate in the interviews. However, during the interviewing stage only some confirmed their willingness to participate in the interviews. Interviewees were selected based on their demographic characteristics to ensure that we captured a diversity of views representative of those who work in ICT. The results of the GLMs did not influence the choice of the participants in the interviews as the purpose of these follow-up interviews was to explore participants' perceptions of the nature of the ethical problems experienced in the ICT workplace.

The final sample of interviewees included professionals from a range of ICT organisations, both large and small, representing different geographic locations, ages, genders, types of jobs, and employment experience. Table 4 lists demographic characteristics of the interviewees who participated in this research project. It should be noted that only 10 (out of 43) interviewees raised the issue of bullying during interviews. Their views on bullying are further reported in the next section.

Interviewees' characteristics		Interviewees			Interviewees who raised bullying	
		Ν	(%)	Ν	(%)	
Gender	Female	7	16.28	1	2.3	
	Male	36	83.72	9	21	
Age	< 35	5	11.63	1	2.3	
	36-45	9	20.93	2	5	
	46-55	16	37.21	4	9.3	
	> 56	13	30.23	3	7	
Occupation	Accreditor	1	2.33	1	2.3	
	Business analyst	4	9.30	1	2.3	
	Consultant	4 7	16.28	2	<u></u> 5	
	Database/IT coordinator	1	2.33	1	2.3	
	Manager	16	37.21	4	<u>-</u> .5 9.3	
	Other	14	32.56	1	2.3	
City	Adelaide	5	11.63	1	2.3	
	Brisbane	6	16.28	2	5	
	Canberra	6	16.28	1	2.3	
	Melbourne	8	18.60	3	7	
	Sydney	11	25.58	2	5	
	Perth	7	16.28	1	2.3	
Job classification	Fixed term contract	7	16.28	2	5	
	Permanent full-time	36	83.72	8	19	
ICT work	10-19	7	16.28	3	7	
experience (years)	20-29	10	23.26	3	7	
-	30-39	16	37.21	2	5	
	> 40	10	23.26	2	5	

#### Table 4: Characteristics of the interviewees

The transcribed interviews were analysed using thematic (qualitative) analysis with the help of QSR NVivo 10. The unit of analysis was each transcribed interview document. Data analysis proceeded as follows. First, the researchers read the interview documents several times in order to familiarise themselves with the data collected. Next, themes were created based on keywords and key topics in the interview documents. Researchers discussed the themes, and agreed on the mutual approach they were going to use to code text for each theme. Text with the same themes was located within the interview documents and assigned to these themes. Themes then acted as "buckets" in the sense that they held all the data related to a specific theme. These themes were then further divided into specific sub-themes. This was to create a hierarchy that made it easy to make sense of the data and facilitate interpretation.

#### 4.2.2 Findings from the qualitative interviews

Findings from the 43 interviews that were conducted as part of the larger research project are rich and wide-ranging. For the purpose of this paper, our focus is on the forms that bullying can take in the ICT workplace, as identified by the interviewees.

#### The forms that bullying takes in the ICT workplace

Participants highlighted several forms that bullying can take. These are compared with five groups of bullying behaviours identified by Harvey et al. (2006). First, interviewees reported that bullying behaviour in the ICT workplace does include isolation of a victim through preventing their access to opportunities. Interviewee 13 explains: "*Where I don't like that person so I'll give all the interesting work to that other person and if I just don't give any interesting work to that person, maybe they'll go away*". This quote also shows that bullying can be intended and it can be purposeful in encouraging some employees to leave the organisation. Other interviewees also reported that the end goal of bullying behaviour is to destroy other people's careers. Interviewee 41 emphasised "*he just got rid of them, he actually got rid of them*" and the reason for this is that "*he didn't like the fact they said he couldn't have* 

*an Apple Mac or whatever*". Such behaviour can have significant repercussions for the employers in terms of cost of recruiting and potentially training a new employee.

Another way to isolate a victim is done through withholding important information. Interviewee 12 described this behaviour as "sabotage": "*that's where you get some information that is disingenuous and they say okay go and do this work and you will go and conduct the work but really the intention is for you to never be successful in doing that work*". The intent behind such behaviour is malicious. The bully gives their victim a task that (s)he will fail at. This is intended behaviour that is practised covertly.

The second form of bullying identified by Harvey et al. (2006), threats to personal standing by insulting or teasing the victim was also mentioned by several interviewees. An example with sending inappropriate emails or text messages, described by Interviewee 24 is related to this: *"So a guy was fired for a text that was commenting on a girl or something like that. ... It was saying she's was really overweight"*. From this example it is clear that employers do take action when they have a written record as evidence of bullying.

However, as discussed earlier, bullying behaviour is not always overt and easy to notice. This makes bullying behaviours hard to stop in the workplace. Furthermore, employees may fear retribution and thus tolerate bullying behaviour, rather than report it. Interviewee 12 emphasised that the fear of retribution is particularly strong in branch locations "where things are smaller and it becomes more obvious if there are differences or accusations made". Thus, when Interviewee 23 states that there was never any bullying or a harassment charge in her/his organisation, the question remains if this is indeed due to absence of bullying, or because it has not been discovered yet. Interviewee 28 agrees with the latter option when (s)he informs that "the corporate psychopath still lives and the bully will still thrive on". This example questions the success of organisational approaches to dealing with bullying such as "they described bullying and they sent out DVDs, educational DVDs and they got a policy written about it" (Interviewee 12). Interviewees 28 pointed to a failure with this formal approach: "the corporate can say we've provided the training, but the actual one-on-one follow-up wasn't there". Hence, a different strategy was suggested that might be more successful, and that is "to talk about levels of informal discussions with management and perhaps a support person" (Interviewee 17).

Bullying behaviour can also take a physical form. Interviewee 31 remembered a situation: "*she boiled over one day and this poor guy was out near the coffee machine making himself a cup of coffee and she physically came over and pushed him and nearly spilt some hot water on him and swore at him*". In this example, the bully is a female, and the victim is a young man, age between 19 and 21. This is contrary to the findings in the literature that bullies are mostly men (Hauge et al., 2009). Interviewee 31 further explained that the 'poor guy' from this example was "*trying to hold his emotions back saying …I don't know what I did to her*". This indicates that bullying behaviour is not necessarily related to anything that a victim did or said, but it can be based on their lack of experience or power in the organisation. Comment from Interviewee 25 indicates that bullying behaviour is in the eyes of the perceiver, and it may not be recognised or intended by the so called bully "*if a person feels they've been bullied then it is bullying, but from the other person's point of view they just thought they were having that kind of casual banter, chat*".

The third type of bullying behaviour identified by Harvey et al. (2006) includes overwork through an increase of workload to targeted individuals. This was mentioned by Interviewee 41 who explained that bullying can also involve exerting "pressure" on employees "to produce results". Surprisingly Interviewee 41 also explained that bullying can also mean enforcing "poor processes" or "hiring the wrong people". This is particularly detrimental for the organisational success, and can create a range of further issues in the long run.

Thematic analysis of 43 interviews with Australian ICT employees provided some rich insights into the bullying behaviour in the Australian ICT workplace. However, we haven't found evidence of two of the bullying behaviours identified by Harvey et al. (2006). The first one is in relation to destabilising the victim by reminding them of their failures, and the second one

is in relation to threats to victim's professional status. In addition, interviewees included two essential aspects of workplace bullying commonly used in the literature, occurrences of a negative behaviour and some form of harm that such behaviour causes to the target (Crawshaw, 2009). Our discussion on the findings from the qualitative interviews also highlights that bullying behaviour in the Australian ICT workplace involves unprofessional behaviour in a workplace, and that it is intentional. These are two aspects of bullying behaviour not commonly included in the literature (Saunders et al., 2007).

## 5 Comparison between the survey participants and interviewees who raised the issue of bullying in the survey/interview

Since the GLMs revealed that participants' Age, Gender, Geographic Location, Job Classification and Years of Experience all predict the selection of bullying as a response in the quantitative survey, it is worth comparing the percentage of the survey participants who identified bullying as an ethical issue with the percentage of the interviewees who brought up bullying during interviews.

In terms of age, 14.3% of the interviewees who raised the issue of bullying were between 36 and 55 years of age. This is inconsistent with the percentage of those who selected bullying in the survey. That is, in the survey 51.2% of those who selected bullying as one of the common ethical problems in the survey were between 36 and 55 years of age. However, the percentages are similar with regards to gender and geographic location although the influence of these two aspects is smaller because the vast majority of participants are males anyway and all interviews were conducted in state capital cities.

The percentage of the survey participants who selected bullying and the percentage of the interviewees, who raised the issue of bullying, are also dissimilar in the area of years of experience. Whereas 61.69% of the survey participants who selected bullying had more than 20 years of experience in IT, only 16.3% of the interviewees who raised the issue of bullying during interviews had more than 20 years of experience in IT.

However, a similarity between the percentage of the survey participants who identified bullying as an ethical issue and the percentage of the interviewees who raised the issue of bullying during interviews exists in the job classification area. While 13.2% of those who selected bullying in the quantitative survey classified their jobs as fixed term contracts, 13.9% of the interviewees, who raised the issue of bullying during interviews, indicated they are employed on the fixed term contract. This is a surprising finding and should be further examined in future.

## 6 Discussion

The statistical analysis showed that Age, Gender, Geographic Location, Job Classification and Years of Experience all predict the survey respondents' selection of bullying. However, in comparison with the demographic characteristics of the interviewees who raised the issue of bullying during the interviews, there is a mismatch. In terms of age, 14.3% of the interviewees who brought up the issue of bullying during interviews were between 36 and 55 years of age compared to 51.2% of the same age groups who selected bullying as one of the most common ethical problems in the survey. Notelaers, et al. (2011) found that employees between 36 and 55 years and those less than 25 years of age. However, Skinner et al. (2015), has indicated that older employees are more likely to be bullied than their counterparts. Further research is needed to shed light on both; the inconsistency in the literature and the inconsistency between the findings from the survey and the findings from the interviews.

In terms of gender and geographic location the proportion of the survey participants who identified bullying is similar to the proportion of the interviewees who brought up this issue but the influence of these two variables is smaller because the vast majority of participants are males and all interviews were conducted in state capital cities. There is also a similarity between the proportions of the survey participants and the interviewees in the job classification area. In the quantitative survey 13.2% of those who selected bullying classified their jobs as fixed term contracts whereas in the interviews 13.9% classified their jobs as fixed term contracts. Interestingly, Skinner et al. (2015) also found geographic location (i.e. city vs. regional) and job classification (i.e. length of current employment, continuing position and appointment) were predictive of the self-reporting of bullying in addition to individuals' background (i.e. being indigenous, speaking English at home and age). But since in the academic sector Skinner et al. (2015) found that the rate of bullying of academic staff was higher in regional universities than in metropolitan ones and given this study found geographic location to be a predictor of bullying, future research could compare bullying in metropolitan ICT workplaces with those in regional areas. Hopefully, this paper will pave the way for such future research.

In the area of years of work experience the proportion of the survey participants who selected bullying and the proportion of the interviewees who raised this issue are also dissimilar (61.69% of survey participants compared to 16.3% of the interviewees had more than 20 years of experience in IT). Cowie et al. (2000) found that the length of current job was the only demographic characteristic that significantly correlates experiencing bullying behaviours in their UK sample. While this may explain why a significant proportion of survey participants with more than 20 years of experience selected bullying, it does not explain why a smaller proportion of the interviewees who had more than 20 years of experience selected bullying. Further research is needed to understand better the correlation between bullying and years of experience.

In terms of the forms that bullying takes in the ICT workplace, the qualitative in-depth interviews highlighted several forms. Bullying can be practiced covertly by someone giving another person a task that he/she knows the other person will fail at, to set them up for failure, or by not giving them work at all to deny them opportunities to flourish or by giving them the wrong information or withholding the information that they need to complete their tasks to sabotage their efforts or not including them in groups to make them feel excluded or isolated. Bullying can also be practiced overtly by nit-picking over someone's work or publically defaming or harassing them or by making or emailing offensive comments or by being physically aggressive. The frames of exerting "pressure" on employees "to produce results", or enforcing "poor processes", or "hiring the wrong people" can all be categorised under 'corporate bullying'. With the exception of two frames that were not reported by the participants in Harvey's et al. (2006) study, namely 'destabilising the victim by reminding them of their failures' and making threats to a victim's professional status, all the other frames reported in this study were highlighted in Harvey's et al. (2006) study. For example, the participants in the current study and Harvey's et al. (2006) study identified isolation such as by denying access to opportunities or withholding important information. They also identified overwork and threats to personal standing such as by insulting or teasing the victim.

## 7 Conclusion

The aim of this study was to examine bullying in the workplace from the perspective of Australian Information Communication Technology (ICT) professionals. The data collection for this project included conducting a quantitative survey and conducting qualitative interviews. The methods related to each other in this way: the quantitative survey identified bullying as the ninth from the top in the list of the most common ethical problems experienced by ICT professionals (N=630, 27.2%) (see Table 2). The findings from the survey helped shape both the content of the follow-up interviews and the selection of those interviewed. The findings from the qualitative interviews highlighted the forms that bullying takes in the Australian ICT workplace.

A significant relationship was found between respondents' selection of bullying as a survey response and Job Classification. Job Classification, among other factors, predicted respondents' selection of bullying. In both the survey and interviews fixed term contracts had

a greater concern about bullying than the permanent professionals. Obtaining such findings would not have been possible had only one data collection method been used.

This paper reported on different aspects of bullying in the Australian ICT industry as identified by ICT professionals. This is important for developing appropriate anti-bullying strategies in the workplace (Standen, Paull & Omari, 2014). In addition, the findings reported in this paper point to a specific group of ICT professionals based on their demographic characteristics who identified workplace bullying as an ethical issue in the survey. This is an important finding that raises additional questions, such as do more fixed term contracts have a greater concern about bullying than the permanent ICT professionals and how bullying affects the bullied and those who are witnessing the bullying.

The research presented in this paper makes three contributions to the literature on workplace bullying in the ICT workplace. First, the paper highlighted the forms that bullying takes in the ICT workplace. Second, the paper offered a comparison between the forms that bullying takes in the ICT workplace and those in other workplaces as discussed in the literature. It is anticipated that this discussion will not only stimulate debate among researchers interested in this area, but that it will also raise the readers' awareness about these forms. The third, and arguably the most important contribution, was the discovery that the group of participants, who selected bullying in the survey and raised the issue of bullying during the qualitative interviews, were not the likely victims, but more likely the witnesses of such behaviour in the workplace.

Two limitations to the present study are outlined. One limitation is that not all survey participants volunteered to do interviews; only 419 survey participants (21.6%) expressed an interest in taking part in interviews. Another limitation is that a higher proportion of full time employees and those on fixed term contracts participated in the interviews. This could have skewed the results of this analysis, as participants with other job classifications did not participate in the interviews.

In terms of suggestions for future research, the finding that 13.2% of those who selected bullying in the quantitative survey classified their jobs as fixed term contracts and 13.9% in the interviews classified their jobs as fixed term contracts is interesting. It is not clear why this group of ICT professionals, who are the unlikely victims of bullying, selected bullying as a response in the survey and raised this issue during interviews. Is it possible that these external professionals suffered while observing this wrongdoing happening to others? Or does this mean that fixed term contracts have a greater concern about bullying than the internal employees? Only future research can reveal the answers to these questions. Also, the literature indicates that bullying negatively affects those who witness this behaviour, and in our study it is possible that these participants also suffered while observing the bullying. However, this is a question for future research. That is, a future study could compare the effect of bullying in the ICT workplace on the victims of this behaviour with those who witness the occurrence of bullying incidents. Hopefully, this paper will pave the way for such future research.

Organisations have an ethical responsibility to provide employees with a safe workplace. This means that they are responsible for preventing workplace bullying, which is a major issue that impacts health and productivity of employees as well as organisations. Workplace bullying has rarely been investigated in the context of the ICT industry, although the speed of change and levels of stress that ICT professionals experience are strong indicators of high probability of bullying (Hauge et al., 2009).

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