## ADUBAÇÃO NITROGENADA ASSOCIADA AO ARMAZENAMENTO REFRIGERADO E SEUS IMPACTOS NA MANUTENÇÃO DA QUALIDADE DE PÊSSEGOS

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**ABSTRACT:** Nitrogen, which is considered the most important nutrient for peach trees, may interfere in both quantitative production characteristics and quality of fruits. This study aimed at evaluating the effect of the combination of doses of N fertilization and different periods of cold storage on physico-chemical and phytochemical characteristics of peaches in post-harvest. The experiment had a randomized complete block design in a 4x3 factorial scheme, i. e., four doses of fertilization (0, 60, 120 and 180 Kg N ha<sup>-1</sup>) and three periods of storage (on the harvest day, on both the 15th and the 30th storage days at  $1\pm1^{\circ}$ C, each followed by a day of simulated commercialization at  $20\pm1^{\circ}$ C). The following aspects were evaluated in fruits yielded by peach trees of the genotype Cascata 1067: fruit color, soluble solid content, titratable acidity, pulp firmness, mass loss, total phenolic compounds and antioxidant activity. Different periods of cold storage and doses of N fertilization were found to affect epidermis luminosity, pulp firmness and titratable acidity of fruits. Peaches may be stored at low temperatures for 15+1 days. After that, loss of fruit firmness increases. N fertilization affects neither the soluble solid content nor the epidermis color of peaches, but both parameters are influenced by storage. Values of phenolic compounds and antioxidant activity decrease when there is N increment in the soil and when longer storage is carried out. Results suggest that peach composition may be affected by cultural practices, such as N fertilization, in harvest and after storage.

KEYWORDS: Physico-chemical characteristics. Bioactive compounds. Storage. Prunus persica

## **INTRODUCTION**

Peach is a highly valued fruit worldwide due to its flavor, appearance and economic value in the production chain (MODESTO et al., 2014). The culture of peach trees stretches over 17,605 hectares in Brazil, mainly in both southern and southeastern regions, where Rio Grande do Sul (RS), São Paulo and Santa Catarina states yield about 146, 35 and 18 ton of peaches, respectively (IBGE, 2017). Regarding commercialization, mainly of fruit to be consumed fresh, it is fundamental to yield highquality fruits since, according to Trevisan et al. (2010), attributes, such as size, color, flavor and absence of defects, attract consumers and play a decisive role at the time of purchase. These quality characteristics are closely related to the cultivar genetics, to edafoclimatic conditions and to the use of cultural techniques, such as adequate irrigation, pruning, phytosanitary treatments, thinning and fertilization (GONÇALVES et al., 2014; PEREIRA; RASEIRA, 2014; FERREIRA et al., 2018).

Nitrogen (N) is the most important nutrient for stone fruit trees (ROMBOLÀ et al., 2012); it is

the second most exported mineral element through fruits yielded by peach trees (TAGLIAVINI et al., 2000) and the most exported one through leaves and twigs (XILOYANNIS; CELANO; NUZZO, 2006). Therefore, N fertilization is essential to peach trees, since it may interfere in aspects related to vegetative growth, productivity and fruit quality (DOLINSKI et al., 2005; FALGUERA et al., 2012; FERREIRA et al., 2018; DOLINSKI et al., 2018). N excess may stimulate vegetative growth of peach trees (DELLA BRUNA; BACK, 2014; FERREIRA et al., 2018), while N deficiency may affect plant photosynthesis (LEAL et al., 2007).

N fertilization may also exert influence on qualitative characteristics of fruits, such as size (DELLA BRUNA; BACK, 2014), epidermis color (BARRETO et al., 2017), pulp firmness, soluble solid content (CAMPOS et al., 1996), phenolic compounds, antioxidant activity (FERREIRA et al., 2016; BARRETO et al., 2017; VASHISTH et al., 2017) and carotenoid content (FERREIRA et al., 2016).

Since there are very few data on the effect of N on physico-chemical characteristics of fruits,

**Original** Article

mainly on their bioactive compounds during storage, this study aimed at evaluating the effect of the combination of doses of N fertilization and different periods of cold storage on physicochemical and phytochemical characteristics of peaches in post-harvest.

## MATERIAL AND METHODS

In this experiment, fruits were collected at the experimental orchard that belongs to the Embrapa Clima Temperado (latitude  $31^{\circ} 40' 41.29"$ S; longitude  $52^{\circ} 26' 22.05"$  W; altitude 70m), located in Pelotas, RS, Brazil. Fruits – harvested in the 2017 crop – from peach trees of the genotype Cascata 1067, grafted on the rootstock Capdeboscq, which had been implanted in 2012 in densified cultivation, were used. Spacing between rows was 5.0 m while between plants, it was1.5 m. Plants were conducted in an epsilon system. The genotype Cascata 1067, which originated from crossings between BR 3 and A 333 cultivars, is a selection of the genetic improvement program carried out by the Embrapa Clima Temperado.

Physico-chemical soil analyses which were carried out before the implementation of the experiment showed the following results: organic matter content was 1.4%, phosphorus content was 17.9 mg dm<sup>-3</sup> and potassium content was 155 mg dm<sup>-3</sup>. Data on mean temperature and monthly precipitation (Table 1) were collected in the meteorological station at the Embrapa Clima Temperado, in Pelotas, RS, Brazil. In 2017, 77 cold hours, which were based on temperatures below or equal 7.2 °C were registered.

**Table 1.** Mean temperature and precipitation at the Embrapa Clima Temperado, in Pelotas, RS, Brazil, in 2017

	Mean temperature (°C)	Precipitation (mm)	
January	23.5	125	
February	24.4	234	
March	21.6	140	
April	19.0	135	
May	16.7	221	
June	14.9	138	
July	15.3	32	
August	15.3	232	
September	18.4	192	
October	18.4	258	
November	19.4	40	
December	22.7	46	

The experiment was conducted as a randomized block design, in a 4x3 factorial scheme (factor A = doses of nitrogen; factor B = storageperiods), with four replicates of 20 fruits per unit. Factor A corresponded to doses of 0, 60, 120 and 180 Kg N ha<sup>-1</sup>, distributed in three applications: 50% of the dose at full bloom, 30% after thinning and 20% after harvest. The N source, which was urea (45% N), was applied to the surface of the soil. Potassium fertilization was carried out in agreement with recommendations (CQFS-RS/SC, 2016). In the orchard, both fructification pruning and green pruning were carried out in winter and in summer, respectively. Manual fruit thinning aimed at leaving mean distance from 10 to 15cm among fruits on peach tree branches. Control of spontaneous plants consisted in using herbicides on the planting area and mowing between rows.

Factor B corresponds to storage periods harvest day (day 0) and both the 15th and the 30th

cold days were followed by a day of simulated commercialization (day 15+1 and day 30+1). Fruits were stored in a cold chamber (storage days at  $1\pm1^{\circ}$ C and at 85-90% relative air humidity) in the laboratory Lab/Agro, at the Universidade Federal de Pelotas, located in Pelotas, RS, Brazil. In order to simulate commercialization, fruits were removed from the cold chamber and kept in a room at controlled temperature (20±1°C).

Peaches were evaluated regarding the following parameters: epidermis color was examined by a Minolta CR- 300® colorimeter, with a D65 light source that measured "L" (luminosity), "a\*", "b\*", and the hue or chromatic tonality represented by "°Hue"; fresh mass loss was determined by the difference between fruit masses at harvest time and at storage evaluation; pulp firmness (Newtons) was measured at two opposite points in the equatorial region of peeled fruit by a manual penetrometer (model 53205, TR TURONI-

Italy) with an 8 mm tip; total soluble solids (°Brix) were measured by an Atago digital refractometer; and total titratable acidity (% citric acid) was quantified in 10 mL juice diluted in 90 mL distilled water, titrated with 0.1 mol L NaOH solution to pH 8.1 and measured by a Quimus pHmeter.

The following analyses were performed to determine phytochemicals in peach pulp. Total phenolic compounds (mg Gallic acid equivalent 100 g<sup>-1</sup> fresh weight) were determined by the method adapted from Singleton and Rossi Junior (1965), which uses the reaction with the Folin-Ciocalteau reagent. Antioxidant activity (mg equivalent trolox 100 g<sup>-1</sup> fresh weigh) was determined by the radical DPPH method, adapted from Brand-Williams, Cuvelier and Berset (1995).

Data were submitted to the analysis of variance (F-Test); means were compared by the Tukey's range test to identify significant differences ( $p \le 0.05$ ). Results were submitted to the analysis of variance; when effects were significant, regression equations were adjusted.

#### **RESULTS AND DISCUSSION**

There was interaction among factors under study (doses of N and periods of storage) in the case of the following variables: epidermis luminosity, pulp firmness and titratable acidity of peaches (Table 2).

Regarding peach epidermis, plants with no N fertilization provided higher luminosity values on the harvest day, i. e., epidermis luminosity was lighter. This result may be related to plant vigor since, with no N fertilization, peach trees developed less in the aerial part (DELLA BRUNA; BACK, 2014; FERREIRA et al., 2018), a fact that interfered in the solar luminosity and radiation of the crown and, consequently, led to fruits with more luminosity. However, on the other storage days (15+1 and 30+1), there were no differences among doses of N in the case of the variable luminosity.

	Storage periods						
Doses of N (kg ha <sup>-1</sup> )	Day 0	Day 0		Day 15+1		Day 30+1	
Luminosity of epidermis							
0	64.00	aA	56.16	aB	53.17	aB	
60	59.30	bA	55.64	aAB	54.13	aB	
120	61.25	abA	56.52	aB	56.04	aB	
180	62.83	abA	53.83	aB	55.45	aB	
CV (%)	3.82						
Firmness of pulp							
0	27.53	aA	11.78	aB	6.13	aC	
60	21.63	bA	9.70	aB	5.65	aC	
120	20.21	bA	12.40	aB	5.97	aC	
180	26.51	aA	9.35	aB	5.78	aC	
CV (%)		12.52					
Titratable acidity							
0	0.55	aA	0.34	aB	0.24	aC	
60	0.49	bA	0.34	aB	0.24	aC	
120	0.43	cA	0.32	aB	0.22	aC	
180	0.46	bcA	0.28	bB	0.24	aC	
CV (%)	6.02						

 Table 2. Luminosity of epidermis, firmness of pulp (Newtons) and titratable acidity (g of citric acid per 100mL juice) of peach fruits 'Cascata 1067' submitted to different doses of nitrogen and storage periods

Means followed by same letters, lowercase in the columns and uppercase in the lines, do not differ by the Tukey's test, at 5% probability ( $p \le 0.05$ ). CV (%) = Coefficient of variation.

Epidermis luminosity decreased during the cold storage of peaches, i. e., fruits darkened (Table 2).

Luminosity of fruits may decrease due to their metabolism and storage conditions. 'Aurora-1' peaches also decreased their luminosity values after cold storage when they were harvested ripe (JUNIOR; DURIGAN; MATTIUZ, 2010). Similar results were found when 'Cascata 1513' peaches – an advanced selection of the genetic improvement program carried out by the Embrapa Clima Temperado – were submitted to cold storage and

also exhibited decrease in luminosity15+1 days after storage (BARRETO et al., 2017).

Pulp firmness was higher in fruits yielded by plants which had not been fertilized with N and when they had been fertilized with 180 kg  $ha^{-1}$  on harvest day (Table 2). However, on the other storage days (15+1 and 30+1), there were no differences among doses of N in the case of this variable. Barreto et al. (2017) found opposite results, i. e., pulp and rind firmness did not show any difference when distinct doses of N were applied, but values of these variables decreased after cold storage followed by simulated commercialization. Therefore, fruit firmness depends on other factors, such as the cultivar, weather conditions, plant management (irrigation), fruit orientation in the plant and exposure to sunlight (ALCOBENDAS et al., 2013), besides cold storage (ANDRADE et al., 2015).

Pulp firmness decreased after cold storage followed by simulated commercialization, regardless of the dose of N (Table 2). These data agree with Barreto et al. (2017), who studied peaches of the genotype Cascata 1513 and also observed decrease in firmness after cold storage followed by simulated commercialization. Loss of fruit firmness is expected as time goes by, due to both advance in fruit senescence and solubilization of cell wall components (PEGORARO et al., 2015).

On harvest day, titratable acidity of peaches was higher when plants had not been fertilized with N (Table 1). However, N fertilization did not affect fruit acidity after cold storage followed by simulated commercialization. Ferreira et al. (2016) analyzed three genotypes of peach trees submitted to different doses of N and found contradictory results in two crops under evaluation. In the first crop, N affected acidity, but, in the next one, there was no significant difference. It shows that this variable may depend on other factors, such as weather conditions, which vary every cultivation year.

After storage, there was decrease in peach acidity, regardless of doses of N (Table 2). Decrease in acidity is due to the fact that organic acid contents diminish as fruits ripen, as the result of either the respiration process or conversion to sugars (CHITARRA; CHITARRA, 2005).

In the treatment with no N application, there was low loss of fruit mass (Table 3); it may have happened because fruits with no N fertilization had low fruit mass. On storage days, mass loss was found to increase as time went by. The highest loss took place after 30+1 days (Table 2). Peaches may be stored at low temperatures up to 15+1 days. After this period, mass loss is above 10%; there is pulp softening and turgor loss of tissues (Table 3), which affect fruit quality and commercialization (CRISOSTO et al., 2004). These results agree with Andrade et al. (2015), who found 33% mass loss in 'Maciel' peaches after a 30-day cold storage period followed by a 2-day simulated commercialization period. Water loss in fruits during storage results mainly from transpiration (MAGUIRE; BANKS, 2000) and is related to the vapor pressure deficit between them and the environment (PINTO et al., 2012).

Doses of N (kg ha <sup>-1</sup> )	Loss of 1	Loss of mass Color the epidermis		dermis	Soluble solids	
0	9.49	b	57.72	ns	14.05	ns
60	10.66	ab	55.66		15.11	
120	10.41	ab	61.98		14.50	
180	12.44	а	60.84		14.99	
Storage periods						
Day 0	0.00	с	67.30	а	13.22	c
Day 15+1	8.91	b	55.62	b	14.39	b
Day 30+1	23.34	а	54.23	b	16.71	а
CV(%)	18.16		10.13		4.27	

 Table 3. Loss of mass (%), color of the epidermis (° Hue) and soluble solids (° Brix) of peach fruits 'Cascata 1067' submitted to different doses of nitrogen and storage periods

Means followed by the same lowercase letter do not differ significantly from each other ( $p \le 0.05$ ), calculated by the Tukey's test. CV (%) = Coefficient of variation. ns = not significant.

N fertilization did not affect the epidermis color of peaches (Table 3). Data agree with the ones found by Falguera et al. (2012) and Ferreira et al. (2016), who did not observe differences in peach color as the result of N fertilization, either. Dolinski et al. (2018) observed that peach color was not altered by N fertilization in the first two crops; changes only happened in the third crop, when high chromaticity was found at 214 Kg N ha<sup>-1</sup>. Alcobendas et al. (2013) state that fruit color is influenced by other factors, such as interaction between irrigation and exposure to sunlight.

However, epidermis color decreased after 15+1 and 30+1 days of storage. °Hue values decreased on those days under evaluation and fruits became reddish cream (Table 2). This result is due to the ripening metabolism of fruits, whose °Hue angle decreases during ripening (INFANTE; FARCUH; MENESES, 2008), i. e., chlorophylls continue the degradation process and pigments, such as anthocyanins and carotenoids, become more visible.

N fertilization did not affect soluble solid contents in peaches (Table 3). Similar results were found by Dolinski et al. (2005), who, in three crops, did not find any effect of N fertilization on soluble solid contents when peaches were harvested, and by Vashisth et al. (2017), who observed that soluble solid contents in 'Tropic Beauty' peaches were not affected by N fertilization. This variable has been associated with the location of fruits in the plant, light penetration into the crown, type of twigs, thinning (PICOLOTTO et al., 2009), water absorption by plants as a response to different amounts of rainfall – which can cause sugar dilution in fruits (BRUNETTO et al., 2007) – and interaction between irrigation and exposure to sunlight (ALCOBENDAS et al., 2013).

However, soluble solid contents in peaches increased between harvest and 15+1 and 30+1

storage days (Table 3), a fact that confirmed the most advanced stage of fruit ripening, since there is increase in sugar concentration as fruits ripen (JIE et al., 2013). It also occurs due to high percentages of mass loss during storage, since they determine high sugar concentration and, thus, increase in soluble solid contents.

Phenolic compounds decreased as N fertilization increased in the soil; they decreased in about 31% when N was between 0 and 180 kg ha<sup>-1</sup> (Figure 1). The same fact was observed in fruits vielded by both 'Tropic Beauty' and 'UFSharp' peach tree cultivars, when doses of N were 0, 45, 90, 179, and 269 kg ha<sup>-1</sup> per year (VASHISTH et al., 2017). According to Strissel et al. (2005), decrease in phenolic compound contents, when there is N increment in the soil, is mainly related to reduction in flavonoid synthesis, as a response to decrease in the enzyme phenylalanine ammonialyase (PAL) contents. Alterations in this enzyme may influence fruit secondary metabolism, since PAL is the key enzyme in phenol metabolism. Environmental stress, such as nitrogen deficiency, may increase the amount of PAL and result in higher synthesis of phenolic compounds (TAIZ et al., 2017).

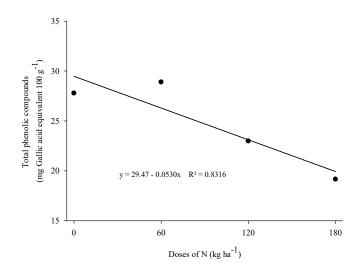


Figure 1. Total phenolic compounds of peach fruits 'Cascata 1067' submitted with different doses of nitrogen fertilization.

Antioxidant activity of peaches also decreased their contents when the highest doses of N were in the soil (120 and 160 kg ha<sup>-1</sup>) (Figure 2). Similar results were found by Vashisth et al. (2017), who observed decrease in the antioxidant capacity

of two peach cultivars when doses of N increased. They also reported a significant and positive relation between the antioxidant activity and the phenolic content in both cultivars.

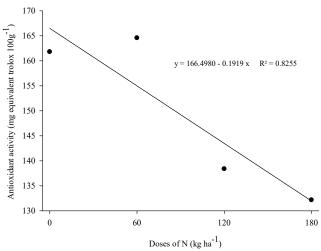


Figure 2. Antioxidant activity of 'Cascata 1067' peach fruits submitted to different doses of nitrogen fertilization.

In cold storage, peaches submitted to N fertilization decreased their total phenolic compound contents and antioxidant activity (Table 4). Santos et al. (2013) also observed decrease in the antioxidant capacity in 'Aurora', 'Biuti' and 'Douradão' peaches after a 5-day storage period at room temperature, by comparison with the one on

harvest day. Barreto et al. (2017) found decrease in bioactive compounds in 'Cascata 1513' peaches after a 15-day cold storage period followed by a day of simulated commercialization. This decrease may be attributed to chemical and enzymatic alterations which occur during fruit storage.

**Table 4.** Total phenolic compounds and antioxidant activity of 'Cascata 1067' peach fruits in different storage periods.

Storage periods.	Total pheno	Total phenolic compounds <sup>1</sup>		tivity <sup>2</sup>
Day 0	33.69	а	180.80	а
Day15+1	22.54	b	148.19	b
Day 30+1	17.87	b	118.70	с
CV(%)	29.73		20.65	

CV (%) = Coefficient of variation. <sup>1</sup>mg Gallic acid equivalent 100 g<sup>-1</sup> fresh weight. <sup>2</sup>mg equivalent trolox 100 g<sup>-1</sup> fresh weight. Means followed by the same lowercase letter do not differ significantly from each other ( $p \le 0.05$ ), calculated by the Tukey's test.

#### CONCLUSIONS

Combinations of different cold storage periods and distinct doses of N fertilization affect epidermis luminosity, pulp firmness and titratable acidity.

Peaches may be stored at low temperatures for 15+1 days.

N fertilization affects neither soluble solid contents nor epidermis color of peaches, but these parameters are influenced after storage.

Phenolic compounds and antioxidant activity decrease when there is increment in N fertilization in the soil.

**RESUMO**: O nitrogênio é o nutriente considerado de maior importância para o pessegueiro, podendo interferir nas características quantitativas da produção, bem como na qualidade dos frutos. O objetivo do trabalho foi avaliar o efeito da combinação de doses de adubação nitrogenada e de diferentes períodos de armazenamento refrigerado nas características físico-químicas e fitoquímicas de pêssegos na pós-colheita. O delineamento experimental foi o de blocos casualizados em esquema fatorial 4x2, quatro doses de adubação (0, 60, 120 e 180 Kg N ha<sup>-1</sup>) e três períodos de armazenamento (dia da colheita, aos 15 e 30 dias armazenamento refrigerado a  $1\pm1^{\circ}$ C, seguido de um dia de simulação de comercialização a  $20\pm1^{\circ}$ C). Avaliou-se, nos frutos de pessegueiro do genótipo Cascata 1067, a coloração dos frutos, o teor de sólidos solúveis, acidez titulável,

firmeza da polpa, perda de massa, compostos fenólicos totais e a atividade antioxidante. Verificou-se que diferentes períodos de armazenamento refrigerado e doses de adubação nitrogenada afetam a luminosidade da epiderme, a firmeza de polpa e a acidez titulável dos frutos. Os pêssegos podem ser armazenados em baixa temperatura até 15+1 dias, após esse período, a perda de firmeza nos frutos é elevada. A adubação nitrogenada não altera o teor de sólidos solúveis e a coloração da epiderme dos pêssegos, mas esses parâmetros são influenciados durante o armazenamento. Os compostos fenólicos e atividade antioxidante decrescem com o incremento de nitrogênio no solo, bem como durante o avanço dos dias de armazenamento. Os resultados sugerem que a composição dos pêssegos pode ser afetada com práticas culturais como a adubação de nitrogênio na colheita e após o armazenamento.

Palavras-Chave: Físico-químicas. Compostos bioativo. Armazenamento. Prunus persica.

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