

Broken for You

Reena George^a

Touch life tenderly like seed cotyledons, with warm, safe Fatherly hands that deliver. embrace and set free. Heal life grace-fully like seed cotyledons that shed body and blood for striving, footholdseeking vulnerability. Surrender life trustfully

like seed cotyledons, transformed in consecrating, the Sacrament of the present moment.



Photograph by Manjithkaini.[CC BY-SA 3.0 (https://creativecommons.org/licenses/by-sa/3.0)], via Wikimedia Commons . A tamarind seedling in Kerala, India. [cited 2017 Oct 20]. Available from

https://upload.wikimedia.org/wikipedia/commons/a/a9/A_Tamarind_tree_seedling.jpg

^aCorrespondence: Reena George, MBBS, MD, MA (Christian Studies), Professor, Palliative Care/Radiation Oncology, Christian Medical College, Vellore, India <u>reena.vellore@gmail.com</u>

Cite this article as: George R. Broken for you. Chr Jour Glob Hlth. Nov 2017; 4(3):102. https://doi.org/10.15566/cjgh.v4i3.195

© George R. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are properly cited. To view a copy of the license, visit <u>http://creativecommons.org/licenses/by/4.0/</u>

www.cjgh.org

