# The Relationship between Undergraduates' Background Characteristics and College Experiences and Their Academic Library Use

# **Ethelene Whitmire**

This study examines factors that influence undergraduates' academic library use during the first three years of college. Undergraduates' high school library use, student–faculty interactions, and active learning and engaged writing activities predicted library use for all three years of the study. There was an interesting relationship between undergraduate library use and self-reported and objective critical thinking scores. These findings are useful for the redesign of current academic library services and future research studies on information-seeking behavior.



n order to provide adequate resources and to design effective services for undergraduates, academic librarians must

understand the factors that influence undergraduate library use. A number of studies have been done to determine those factors. In their study, Paul W. Grimes and Marybeth F. Charters examined several aspects of the college environment that contribute to the amount of time that undergraduates spend in the academic library.<sup>1</sup> These aspects included:

• demographic characteristics (gender, race, age, alcohol consumption);

academic aptitude (American College Test [ACT[ score and grade point average [GPA]);

• instruction experiences (study skills or bibliographic instruction);

 college experiences related to their access to the library (jobs, living on campus, member of sorority/fraternity, remote access to library);

• library activities (catalog, periodical, full-text, Internet, books, reserve, interlibrary loan, photocopies, reference, government documents, study hall/social, computer lab).

The authors found that women and African American and other minority undergraduates spent more time in the library, as did undergraduates with lower ACT scores and those who lived on-campus. Undergraduates who worked fulltime and attended a bibliographic instruction session spent less time in the library. It is hoped that these undergraduates now know how to use the library more efficiently. Three library activities appeared to influence the amount of time that un-

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dergraduates spent in the library: using it as a place to study, using it as a place to socialize, and using it for its reference services.

A study by Qun G. Jiao and Anthony J. Onwuegbuzie investigated the reasons that undergraduates used the library. One aspect of this study specifically examined the relationship between reasons for library use and frequency of library visits.<sup>2</sup> The authors found that older undergraduates, male undergraduates, nonnative English speakers, undergraduates who lived near the library, undergraduates who preferred to study alone, and undergraduates who had lower levels of library anxiety reported more frequent library use. Five reasons affected frequency of library use: to study for a test, to read current newspapers, to read own textbook, to use computerized indexes and online facilities, and to meet friends.

In his study at a Canadian university, A Paul Williams also examined the factors that influence undergraduate library use, including:

• student characteristics (e.g., gender, first language, prior education, age);

• program characteristics (e.g., program type, field of study, library use required of course, library orientation, library discussed in class);

• perceptions of library services (e.g., inadequate collections, limited weekend access, library hours, lack of staff, did not know how to use the library, did not know how to get the card).<sup>3</sup>

Williams defined library use as using study areas, using photocopiers, borrowing books, reading periodicals, asking for staff assistance, and using reserve collections. The results of the regression analysis indicated that the most important factor contributing to library use was program characteristics (33% of the variance in total library use), followed by perceptions of the library (11% of the variance). Student characteristics accounted for five percent of the variance.

Finally, in his 1988 dissertation, Charles B. Harrell evaluated the relationship between various student characteristics and undergraduate academic library use.<sup>4</sup> This study defined library use as number of books borrowed. The personal and academic characteristics of undergraduates included: gender, age, secondary school attended, parents' occupation or education, standardized test scores, class standing, academic major, credit hour enrollment, grade point average, extracurricular activities, distance of residence from the library, and hours of employment. Five variables influenced library use: hours spent on campus, credit hour enrollment, gender, grade point average, and academic major.

### Purpose of This Study

Although a few studies examined the factors that influence undergraduate library use, no study examined these factors longitudinally. The purpose of this study is to answer two key research questions:

• What factors influence undergraduate academic library use?

• Do the factors influencing undergraduate academic library use change during college?

# Methods

#### Data Source

This study is a secondary analysis of data obtained from the National Study of Student Learning (NSSL). The NSSL sought to "expand knowledge about college impact by examining the influence of academic and nonacademic experiences on (a) student learning, (b) student attitudes about learning, (c) student cognitive development, and (d) student persistence."5 The NSSL consisted of several survey instruments. The College Student Experiences Questionnaire (CSEQ) supplied information about undergraduate college activities and learning outcomes (e.g., self-reported critical thinking). Another instrument, the National Center on Postsecondary Teaching, Learning, and Assessment (NCTLA), provided additional information about undergraduate college experiences and background characteristics. The Collegiate Assessment of Academic Proficiency (CAAP), a thirty-

TABLE 1    The Gender Distribution    of the Sample						
Gender	Number	Percentage				
Female	682	65%				
Male	364	35%				
Total 1,046 100%						

two-item instrument designed by the American College Test (ACT) program, measured undergraduate critical thinking ability (e.g., the ability to clarify, analyze, evaluate, and extend arguments).

#### Subjects

The 1,046 participants in this study were selected from the original sample of 3,840 undergraduates. These students participated in all stages of the data collection process during the 1992-1995 academic school years. These undergraduates attended eighteen different four-year institutions throughout the United States. The majority of the undergraduates were female, traditional aged (e.g., nineteen years old), and white/Caucasian, although there were a large number of undergraduates of color in the sample. Other background characteristics included information about the undergraduates' high school library use and their initial critical thinking scores upon college entry. The majority of the undergraduates in the sample did not spend much time studying in the high school library (see tables 1–4 for additional information). Undergraduates' initial critical thinking scores during the fall 1992 term ranged

TABLE 3    The Racial/Ethnic Distribution of the Sample						
Race	Number	Percentage				
White/Caucasian	624	59.7%				
Students of color	422	40.3%				
Total	1,046	100.0%				

TABLE 2    The Age of the Sample during   Freshman Year						
Age	Number	Percentage				
21 years old or less	1,003	96%				
Older than 21	43	4%				
Total	1,046	100%				

from a low of forty-nine to a high of seventy-three (the range was forty to eighty). The mean critical thinking score of the sample was sixty-four.

#### The strongest relationship was between undergraduates' engaged writing activities and their academic library use.

#### Measures

Two sets of variables were examined to determine the factors that influence undergraduate academic library use: (1) background characteristics, and (2) college experiences. Figure 1 displays the variables representing these independent variables.

Scales were created for the following college experiences by adding the items in each category together to create one construct to represent a particular college experience: student–faculty and peer interactions, engaged writing and active learning activities, self-reported critical thinking, and academic library use. Figure 2 provides more details about the items comprising each construct.

Table 5 presents the alpha reliabilities of the scales for each year of the study to

TABLE 4 Time Spent Studying in the High School Library						
High School Library Use Number Percent						
Never	257	24.6%				
Occasionally	562	53.7%				
Often	169	16.2%				
Very often	58	5.5%				
Total	1,046	100.0%				



determine how well each scale measures the construct it purports to represent. The alpha reliability coefficients range from .79 to .91. This range indicates that these scales are valid measures of the constructs in this study.

Table 6 displays the means, standard deviations, and definitions of all of the measures in the study.

#### Analyses

Data analysis was conducted in several stages. First, the means and standard deviations of all the variables in the study were calculated. Second, Pearson's product moment correlations were calculated to determine the relationship among undergraduates' background characteristics, college experiences, and academic library use. Finally, multiple regressions were run for each year of the study to determine which background characteristics and college experiences influenced undergraduate academic library use.

#### Results

An examination of the means and standard deviations in table 6 reveals that throughout the three years of the study, undergraduates engaged in library expe-

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riences only occasionally. Although library use increased each year from 2.07 to 2.10 to 2.14, the mean of the academic library experiences variable never rose to the level of undergraduates engaging in library activities often or very often.

Table 7 shows the results of the correlation analyses determining the strength of the relationship among undergraduates' background characteristics, college

# experiences, and academic library use during their first three years of college. A number of variables correlated to undergraduate academic library use during the freshman year. The strongest relationship was between undergraduates' active learning and engaged writing activities (tied) and their academic library use. The weakest relationship was between gender and library use. Female undergradu-

## FIGURE 2 Factor Scales

#### Student-faculty interactions:

Talked with faculty member; asked for information related to a course; visited informally after class; made office appointment with faculty; discussed term paper/ project with faculty; discussed career plans with faculty; asked for comments/criticism about work; had coffee, cokes, snacks with faculty; worked with faculty on research project; discussed personal problems with faculty

#### Peer interaction outcomes:

Peers affect intellectual growth, peers affect ability to analyze, peers affect ability to write, peers affect understanding numerical concepts, peers affect reading ability, peers affect expressing ideas orally, peers affect pursuing ideas from class, peers affect understanding scientific concepts, peers affect interests in new things, peers affect ability to work with others, peers affect success in college

#### **Engaged writing:**

Used dictionary or thesaurus; thought about grammar, etc. while writing; wrote rough draft and revised it; spent five or more hours writing a paper; asked others to read something you wrote; referred to style book or grammar manual; revised paper two or more times; asked instructor for advice on writing; made appointment to talk about criticism; submitted writing for publication

#### **Active learning:**

Took detailed notes in class, participated in class discussions, underlined major points in readings, saw how facts and ideas fit together, thought about practical applications, integrated ideas from various sources, summarized major points and information, explained material to another student, made outlines from notes or readings, did additional readings

#### **CSEQ** critical thinking:

Gains in the ability to put ideas together, gains in the ability to think analytically, gains in the ability to learn on one's own

#### Academic library use:

Used computers for library searches, used indexes to journal articles, developed a bibliography, used card catalog or computer, asked librarian for help, read in reserve or reference section, checked out books, checked citations in things read, read basic references or documents, found material by browsing in stacks

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TABLE 5      Internal Consistency (Alpha Reliabilities) for All Scales					
Factor	# of tems	1993	1994	1995	
Student-faculty interactions	10	.89	.90	.91	
Peer interaction outcomes	11	.90	.90	.91	
Engaged writers	10	.85	.87	.88	
Active learners	10	.84	.84	.86	
CSEQ critical thinking self-reports	3	.80	.79	.82	
Academic library experiences	11	.86	.86	.86	

ates used the library more often. Other variables correlated with freshman-year academic library use were (in descending order of importance): student–faculty interactions, self-reported critical thinking, peer interactions, high school library use, lower initial critical thinking scores, undergraduates of color, hours spent on schoolwork, number of term papers written, lower critical thinking scores, and fewer social sciences courses.

#### Enrollment in natural sciences, mathematics, and technical and professional courses did not impact library use.

Many variables correlated with undergraduate academic library use during the sophomore year. Again, the strongest relationship was between undergraduates' engaged writing activities and their academic library use. The weakest relationship was between enrollment in social sciences courses and library use. Other variables correlated with sophomore-year academic library use were (in descending order of importance): active learning activities, student-faculty interactions, high school library use, peer interactions, self-reported critical thinking, number of term papers written, lower critical thinking scores, arts and humanities courses, undergraduates of color, hours spent on schoolwork, and gender (female).

Several variables correlated with undergraduates' academic library use during the junior year. For the third year in a row, the strongest relationship was between undergraduates' engaged writing activities and their academic library use. The weakest relationship was between working off-campus and library use. The more hours that undergraduates worked off-campus, the less likely they were to engage in academic library use. Other variables correlated with junior-year academic library use were (in descending order of importance): active learning activities, student-faculty interactions, selfreported critical thinking, peer interactions, number of term papers written, high school library use, arts and humanities courses, hours spent on schoolwork, social sciences courses, lower critical thinking scores, and living on-campus.

Table 8 reports the results of the regression analyses for all three years of the study. The background characteristics and the college experiences entered the regression equations in one block in order to determine which factors predicted undergraduate academic library use. Several factors predicted freshman-year academic library use (in descending order of importance): active learning activities, engaged writing activities, student-faculty interactions, high school library use, and race (students of color). A number of factors predicted sophomore-year academic library use (in descending order of importance): engaged writing activities, active learning activities, high school library use, and student-faculty interactions. Many factors predicted junior-year academic library use (in descending order of importance): engaged writing activities, student-faculty interactions, active learning activities and high school library use (tied), off-campus employment (negative

	Means an	d Standa	ard Devi	TABLE ( ations of	5 the Mea	asures i	n the Study
Variable	Fall 1992 N	Aean	Fall	1992 S.D.			Variable Definition
Age	18.74			3.57			Range 17–87
Gender	.65			.48			1 = female, $0 = $ male
Race/ethnicity	.61		.49				1 = white/caucasian, $0 =$ student of color
High school library use	2.03		.79				1 = never, $2 =$ occasionally, $3 =$ often, $4 =$ very often
1st CAAP critical thinking scores	63.61			5.23			Range = 40–80
	Spring 1993 Mean	Spring 1993 S.D.	Spring 1994 Mean	Spring 1994 S.D.	Spring 1995 Mean	Spring 1995 S.D.	
Self-reported grade-point average	3.27	1.11	3.30	1.04	3.35	1.03	1 = C or lower; 2 = B-,C+; 3 = B; 4 = A-, B+; 5 = A
Student-faculty interactions	1.97	.54	2.06	.58	2.17	.62	1 = never, $2 =$ occasionally, $3 =$ often, $4 =$ very often
Engaged writing	2.61	.60	2.54	.63	2.48	.65	1 = never, $2 =$ occasionally, $3 =$ often, $4 =$ very often
Peer interaction outcomes	2.33	.66	2.54	.65	2.58	.66	1 = never, $2 =$ occasionally, $3 =$ often, $4 =$ very often
Number of term papers written	3.12	1.02	2.92	1.04	2.98	1.08	1 = none; 2 = fewer than 5; 3 = between 5 and 10; 4 = between 10 and 20; 5 = more than 20
Active learning	2.78	.54	2.81	.54	2.84	.55	1 = never, $2 =$ occasionally, $3 =$ often, $4 =$ very often
Full-time versus part-time enrollment	.98	.12	.97	.17	.96	.20	1 = full-time; $0 = $ part-time
Campus housing	.65	.48	.65	.48	.68	.47	0 = no, 1 = yes

TABLE 6 (CONT.)    Means and Standard Deviations of the Measures in the Study							
	Spring 1993 Mean	Spring 1993 S.D.	Spring 1994 Mean	Spring 1994 S.D.	Spring 1995 Mean	Spring 1995 S.D.	Variable Definition
Natural sciences courses (Astronomy, botany, biology, chemistry, physics, geology, zoology, microbiology)	1.50	1.59	1.83	2.16	1.60	2.35	Number of courses taken during the academic year
<b>Social sciences courses</b> (Anthropology, economics, geography, political science, psychology, sociology)	1.63	1.33	1.94	1.74	1.78	2.01	Number of courses taken during the academic year
<b>Technical/preprofessional courses</b> (Drawing, drafting, architectural design, criminology, education, agriculture, business, physical therapy, pharmacy, physical education, nursing, engineering, computer programming, audiology/speech pathology, child and family studies, communications, or social work)	1.43	1.56	2.26	2.59	2.96	2.61	Number of courses taken during the academic year
Mathematics courses (Pre-algebra, algebra, calculus, statistics, computer science, geometry, matrix algebra, accounting, or business math)	1.32	1.20	1.34	1.63	1.18	1.92	Number of courses taken during the academic year



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relationship), social sciences courses, self-reported critical thinking, and gender (male). An examination of the R<sup>2</sup>s in table 8 indicates that the variables predicting library use account for 32 to 36 percent of the reasons that undergraduates use the library.

Table 9 provides a summary of the factors influencing students' academic library experiences throughout their first three years of college.

# Discussion

This section describes the implications for the academic library based on the findings. A review of the correlations for all three years of the study reveals several patterns. Although background characteristics such as gender, race, and initial critical thinking scores initially correlated with library use during the freshman and sophomore years, they were no longer statistically significant by the junior year. However, high school library use continued to have a strong relationship with undergraduate academic library use during all three years of the study. The finding that high school library use remained a predictor of undergraduate academic library use after three years in college indicates the importance of assisting undergraduates to develop their library skills during secondary school.

Undergraduates with lower critical thinking scores on the CAAP tests during all three years of the study used the library more often than

	1993	1994	1995		
	Academic	Academic	Academic		
	Library	Library	Library		
	Activities	Activities	Activities		
Background Characteristics					
Gender	.072*	.086**	.046		
Age	.029	.018	.005		
Race	143**	099**	051		
Initial critical thinking	148**	129**	057		
High school library use	.274**	.266**	.209**		
College Experiences					
On-campus employment	008	.038	.021		
Off-campus employment	004	011	074*		
Full-time versus part-time status	.019	.039	.025		
CAAP critical thinking score	108**	N/A	079*		
Grade-point average	.041	027	.034		
Number of term papers written	.109**	.174**	.217**		
Active learning	.414**	.416**	.421**		
Engaged writing	.414**	.454**	.463**		
Student-faculty interactions	.373**	.312**	.409**		
Peer interactions	.284**	.260**	.270**		
Natural science courses	029	.003	.019		
Mathematics courses	.041	011	038		
Social sciences courses	074*	.085**	.129**		
Technical/preprofessional courses	.060	.044	007		
Arts and humanities courses	.027	.127**	.172**		
Hours spent on schoolwork	.122**	.088**	.167**		
Campus housing	026	.021	.075*		
CSEQ self-reported critical thinking	.307**	.232**	.333**		

did undergraduates who scored higher on the standardized test. However, there was a positive relationship between undergraduates' self-reported critical thinking (e.g., the ability to put ideas together, to think analytically, and to learn independently) and their academic library use. Students with higher self-reported critical thinking used the library more frequently.

Enrollment in arts and humanities during the sophomore and junior years and social sciences courses during all three years of the study impacted undergraduate academic library use. Enrollment in natural sciences, mathematics, and technical and professional courses did not impact library use.

Not surprisingly, undergraduates who spent more hours on their schoolwork also engaged in more academic library activities. The more students studied, the more they used the library.

The variables having the strongest relationship with undergraduate academic library use involved their academic activities. Student–faculty and peer interactions, active learning and engaged writ-

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ing activities, and being assigned term papers impacted library use for all three years of the study.

A review of the regression analyses for all three years of the study reveals that four measures predicted academic library use (e.g., used computers for library searches, used indexes to journal articles, developed a bibliography, used card catalog or computer, asked librarian for help, read in reserve or reference section, checked out

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books, checked citations in things read, read basic references or documents, found material by browsing in stacks). Active learners (e.g., took detailed notes in class, participated in class discussions, underlined major points in readings, saw how facts and ideas fit together, thought about practical applications, integrated ideas from various sources, summarized major points and information, explained material to another student, made outlines from

	1993 Academic	1994 Academic	1995 Academic
	Library	Library	Library
	Activities	Activities	Activities
Background Characteristics			
Gender	049	050	081**
Age	.013	.017	008
Race	100**	060	042
Initial critical thinking	078	016	.013
High school library use	.143***	.156***	.118***
College Experiences			
On-campus employment	011	.002	052
Off-campus employment	033	.002	105**
Full-time versus part-time status	013	.026	040
CAAP critical thinking score	.051	N/A	032
Grade-point average	001	071	062
Number of term papers written	.035	.071	.069
Active learning	.189***	.203***	.118***
Engaged writing	.185***	.249***	.262**
Student-faculty interactions	.174***	.101**	.172**
Peer interactions	.038	.053	.052
Natural science courses	039	.022	001
Mathematics courses	.042	014	039
Social sciences courses	014	.057	.097***
Technical/preprofessional courses	.026	.010	001
Arts and humanities courses	002	.051	.046
Hours spent on schoolwork	.007	.006	.060
Campus housing	024	.028	.014
CSEQ self-reported critical thinking	.065	012	.088**
$\mathbb{R}^2$	.321	.319	.363

TABLE 9      Summary of Factors Influencing Academic Library Experiences by Year      and in Order of Importance					
1993	1994	1995			
Active learning	Engaged writing	Engaged writing			
Engaged writing	Active learning	Student-faculty interactions			
Student-faculty interactions	High school library use	Active learning (tie)			
High school library use	Student-faculty interactions	High school library use (tie)			
Race (students of color)		Off-campus job (negative)			
		Social sciences courses			
		Self-reported critical thinking			
		Gender (male)			

notes or readings, and did additional readings) engaged in more academic library activities during all three years of the study.

Engaged writers (e.g., used dictionary or thesaurus; thought about grammar, etc., while writing; wrote a rough draft and revised it; spent five or more hours writing a paper; asked others to read something you wrote; referred to stylebook or grammar manual; revised paper two or more times, asked instructor for advice on writing; made appointment to talk about criticism; submitted writing for publication) also engaged in more academic library activities during all three years of the study.

In addition, students who interacted with faculty (e.g., talked with faculty member; asked for information related to a course; visited informally after class; made office appointment with faculty; discussed term paper/project with faculty; discussed career plans with faculty: asked for comments/criticism about work; had coffee, cokes, snacks with faculty; worked with faculty on research project; discussed personal problems with faculty) also engaged in more academic library activities during all three years of the study. Finally, high school library use predicted subsequent college library use for all three years of the study.

#### Implications

Off-campus work had a negative impact on students' library use during the junior year. This finding is similar to the study in the literature review where students whose full-time employment had a negative impact on the amount of time spent in the academic library. This study only examined library use in the academic library building. Academic libraries can assist undergraduates who do not have time to visit the academic library because of off-campus work obligations by offering electronic access to parts of the collection and digital reference services.

Two findings, the relationships between peer interactions and library use and writing term papers and library use, have implications for the design of academic library services. Academic libraries should consider developing more programs such as the University of Michigan's Peer Information Counselor (PIC) program.<sup>6</sup> This program and others like it are designed to have undergraduates work the reference desk and assist their peers with information searches. Some programs also include assistance with term papers.

Future research should explore the nature of the relationship between critical thinking and academic library use. This study found a positive relationship between self-reported critical thinking and library use and a negative relationship between objective measures of critical thinking and library use. Moreover, junior-year self-reported critical thinking predicted junior-year academic library use. One question to investigate is, Do

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students with different levels of critical thinking exhibit different library use patterns or information-seeking behavior?

Finally, and most important, a review of the means revealed that the undergraduates in this study collectively engaged in academic library activities only occasionally. An examination of the findings from this study is useful for understanding the factors that influence undergraduates' library activities, but additional research is needed to determine how to increase students' library activities. In addition, the background characteristics and college experiences identified in this study explained only approximately one-third of the reasons that students use the academic library. Future research is needed to determine what other factors influence undergraduates to use the academic library's services and resources.

#### Notes

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4. Charles B. Harrell, "The Use of an Academic Library by University Undergraduates" (Ph.D. diss., Univ. of North Texas, 1988).

5. Ernest T. Pascarella, Elizabeth J. Whitt, Amaury Nora, Marcia I. Edison, Linda S. Hagedorn, and Patrick T. Terenzini, "What Have We Learned from the First Year of the National Study of Student Learning?" *Journal of College Student Development* 37 (Mar. 1996): 182–92.

6. Karen E. Downing, Barbara MacAdam, and Darlene P. Nichols, *Reaching a Multicultural Student Community: A Handbook for Academic Librarians* (Westport, Conn.: Greenwood Pr., 1993).