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Micro-computed tomography for natural history specimens: a handbook of best practice protocols

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Abstract. Micro-computed tomography (micro-CT or microtomography) is a non-destructive imaging technique using X-rays which allows the digitisation of an object in three dimensions. The ability of micro-CT imaging to visualise both internal and external features of an object, without destroying the specimen, makes the technique ideal for the digitisation of valuable natural history collections. This handbook serves as a comprehensive guide to laboratory micro-CT imaging of different types of natural history specimens, including zoological, botanical, palaeontological and geological samples. The basic

principles of the micro-CT technology are presented, as well as protocols, tips and tricks and use cases for each type of natural history specimen. Finally, data management protocols and a comprehensive list of institutions with micro-CT facilities, micro-CT manufacturers and relative software are included.

Keywords. Micro-CT, microtomography, museum specimens, 3D visualisation, virtual specimens.

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1. Scope and structure of this handbook

Micro-computed tomography (micro-CT, X-ray computed tomography, high-resolution X-ray computed tomography, HRXCT/HRCT, high resolution CT, X-ray microscopy) is a non-destructive imaging technique which allows the creation of high-resolution three-dimensional data. Based on X-ray imaging, it creates a full virtual representation of both internal and external features of the scanned object. These resulting 3D models can then be either interactively manipulated on screen (rotation, zoom, virtual dissection, isolation of features or organs of interest), or an array of sophisticated 3D measurements can be performed – from simple length and volume measurements to density, porosity, thickness and other material-related parameters.

While already having been used in geology and palaeontology for decades (e.g., Carlson & Denison 1992; Simons *et al.* 1997; Rivers *et al.* 1999; Sutton *et al.* 2001; Carlson *et al.* 2003; Rossi *et al.* 2004; Burrow *et al.* 2005; Cnudde *et al.* 2006; DeVore *et al.* 2006), in recent years micro-CT has seen a steep increase of usage in a variety of biological research fields such as taxonomy and systematics, evolutionary and developmental research and functional morphology (see, e.g., Faulwetter *et al.* 2013a and references therein).

The ability of micro-CT imaging to create accurate, virtual representations of both internal and external features of an object, at micrometer resolution, without destroying the specimen, makes the technique an interesting tool for the digitisation of valuable natural history collections. Digitisation efforts have become an important research activity of museums and herbaria, since collections represent a vast source of biodiversity information which is often underexploited due to the traditionally slow process of re-visiting physical specimens (Blagoderov *et al.* 2012). Digitised specimens, however, are available at the click of a mouse from any internet-enabled computer worldwide, protect the specimen from loss or damage through handling or shipping and thus have the potential to accelerate taxonomic and systematic research and allow for large-scale comparative morphological studies (Faulwetter *et al.* 2013a). Micro-CT imaging technology may give rise to the elaboration of 'virtual museums' or 'virtual laboratories' where digital data are shared widely and freely around the world, while the original material is stored safely (Abel *et al.* 2011; Keklikoglou *et al.* 2016). In addition, 3D models created through micro-CT scanning can be either printed or made available via interactive touch screens to be used for public display and outreach efforts.

This handbook acts as a comprehensive guide to laboratory micro-CT imaging of different types of natural history specimens, from geological and palaeontological to zoological and botanical specimens. First, a general overview of the image acquisition workflow is given, presenting the basic principles of the micro-CT technology. Then, a comprehensive section on best practice protocols follows. For each of the above categories of natural history specimens, a detailed description of best practices, protocols, tips and tricks and use cases are given, from specimen preparation to final use of the resulting models. However, each specimen is different, and each study has a different scope, so naturally there is no standard protocol that can be universally applied. The information given in this handbook merely acts as a starting point. The last section of the main text comprises information on the data management of the micro-CT datasets, including best practices on metadata, storage and dissemination. Finally, an appendix includes a glossary which explains the domain-specific terms used throughout the text and additional useful information, such as lists of institutions with micro-CT facilities, micro-CT manufacturers and annotated list of software.

2. The image acquisition workflow

The basic principle of the micro-CT technique is related to the acquisition of a large set of radiographic projections (2D images) of an object around a rotation axis. The rotated object is placed between an

X-ray source and an X-ray detector (Fig. 1) and the free adjustment of the source-object distance (SOD) and object-detector distance (ODD) allows greater resolution in comparison to clinical CT scanners (Schambach *et al.* 2010).



Fig. 1. Schematic overview of the image acquisition process. Image by the Hellenic Centre for Marine Research (HCMR) micro-CT lab.

The micro-CT technique depends on X-rays which are high energy electromagnetic radiation ranging from hundreds of eV to hundreds of keV. X-rays photons are generated by electron beams. The X-ray source contains an X-ray generator (a vacuum tube) in which electrons are released from a filament (the cathode) and are highly accelerated by an electric potential difference (Fig. 2). Then, the electronic beam is focused on a metal target (the anode) and produce X-rays according to two different processes:

The electrons are decelerated by the atomic nucleus of the target and part of their kinetic energy is converted into an emitted X-ray photon. This phenomenon is called 'braking radiation' or Bremsstrahlung. The output spectrum consists of a continuous spectrum of X-ray energies ranging from 0 to the voltage of the X-ray source.



Fig. 2. Schematic overview of the X-Ray generator.

The electrons may collide with target orbital electrons and be ejected from the orbit. Subsequently, an electron from a higher energy level will replace the ejected electron and the energy left by this displacement will be transferred to an emitted X-ray photon. The energy of the X-ray photon (fluorescent photon) is the difference between the two energy levels, a characteristic of the target's material.

The appropriate choice of the target's material aims to ensure that the energy efficiency of the braking radiation is high (its atomic number is high) and the fusion point is high enough to endure high power. Tungsten is used as the main material for high power applications. Another typical material is molybdenum for finer resolution applications. Sutton *et al.* (2014) mention that a tungsten target source is considered ideal for palaeontological specimens and a molybdenum target source for specimens which are included in amber.

Filters (e.g., aluminium, copper, aluminium and copper combined) can be used to prevent the lowest X-ray photon's energy reaching the specimen, thus avoiding artefacts during the reconstruction procedure (beam hardening; Section 3.6). Figure 3 shows a typical spectrum generated by an X-ray generator for 100 kV, along with the spectrum when it is filtered with a 0.5 mm copper plate.

X-rays are attenuated along their paths through the specimen due to three types of interactions: photoelectric absorption, Rayleigh scattering and Compton scattering. This attenuation is characterised



Fig. 3. The spectrum generated by an X-ray generator at 100kV with and without filtering. Image generated by the simulation environment https://www.oem-xray-components.siemens.com/x-ray-spectra-simulation.

by a linear coefficient μ (E,Z) in cm⁻¹ that corresponds to the contribution of each type of interaction and depends on the energy of the incident beam and the atomic number of the material encountered.

The total attenuation of an incident beam passing through a well-defined specimen can be computed as a sum or an integration of individual attenuations. This property is a key to tomographic reconstruction, called an inverse problem, as the measurement of the total attenuations on different angles will lead to knowledge of a discrete set of attenuations (in a voxel grid) along the path through the specimen.

The X-rays photons that have been transmitted through the specimen are then collected on a detection device. A scintillator screen absorbs the X-ray beam and re-emits it in the form of light. This light may be captured by CCD or CMOS cameras, digitised by a photodiode array in a flat-panel detector. The choice of a detector is usually a trade-off between its pixel resolution and its field of view.

The resulting image is a radiograph (projection image) whose pixel values are the X-ray transmission as measured by the detector, usually mapped to 16-bit gray values (ranging from 0 to 65535). This type of acquisition is called absorption-contrast. When displayed as a positive image, the darkest parts of an X-ray image are the most absorbing ones and the lightest parts are those with the lowest absorption (e.g., air) (Fig. 4). The reconstructed tomographic image consists of voxels whose values correspond to the X-ray attenuation at each point in the sample.

The aforementioned projection images are reconstructed into cross-section images using specific reconstruction software. A reconstruction algorithm is run to get a volumetric representation of the density of the specimen, including its inner features. The most common reconstruction software use filtered back projection algorithms for the recovery of the attenuation maps of the radiographs.



Fig. 4. Example of the projection images resulting from the scanning process. Image by HCMR micro-CT lab.

Specifically, projection images, which are taken from every angle of the sample, results in sinograms which represents the aforementioned attenuation maps (Betz *et al.* 2007). The cross-section images (slices) are created by these sinograms using back-filter algorithms. Each projection image is smeared back across the reconstructed image and creates the back-projection images which transmit the measured sinogram back into the image space along the projection paths. The back-projection image is a blurred cross-sectional image. This blurring effect can be moderated using mathematical filters (Sutton *et al.* 2014) and the algorithms that use the combination of back projection and filtering are known as filtered back-projection algorithms. The combination of the back-projection images will localise the position of the sample. As the number of projections increase, the position and shape of the object becomes more defined (Fig. 5).



Fig. 5. Schematic overview of the reconstruction procedure. Image by HCMR micro-CT lab.

The reconstruction procedure results in a 3D image where each voxel codes the local density of the specimen. It is usually exported as a stack of 2D images in a given orientation (Fig. 6). The micro-CT dataset can then be processed with dedicated software for 3D visualisation (either through volume rendering or isosurface rendering, see Section 3.5) or further analysis (see Tables 8 and 9 for comprehensive lists of software). The rendered images can be also used for the creation of 3D videos which are an excellent tool for sharing a preview of a micro-CT dataset (Abel *et al.* 2012).



Fig. 6. Data processing from a stack of 2D images to a 3D model. Image by MNHN.

3. Protocols for micro-CT image acquisition

3.1. Pre-scan considerations and specimen preparation

The selection of micro-CT as a technique for specimen visualisation depends on the aim of the specific study. The limitations of the method must be considered, e.g., colour cannot be represented and structures below a certain size cannot be detected. An additional consideration when working with museum specimens is to ensure that the museum curator will allow imaging with micro-CT (including contrast enhancement through staining, if needed).

The first and major step to obtain good results is to achieve a sound contrast difference between the specimen and its surrounding medium. Contrast enhancement agents can be used to improve the quality and clarity of the scanning result: 1) when the specimen has inadequate contrast, 2) when extreme attenuation differences between soft and hard tissue need to be reduced (setting of the contrast level in the scan becomes easier), 3) to segment tissues or organs more easily, and 4) to identify specific target features of the specimen.

Rehydration or dehydration procedures may be needed before staining, depending on the preservation medium of the specimen, or after staining and on the medium in which the specimen will be scanned.

3.1.1. Zoological samples

Dense material, such as bones and other calcified tissues, usually does not require any specific preparation. In soft tissue specimens, where visualisation can be difficult due to the low X-ray absorption of unmineralised tissues (Metscher 2009a; Gignac & Kley 2014), contrast enhancement agents are commonly applied.

A series of the most common contrast agents used in zoological samples is presented in Table 1. In general, contrast agents with a high atomic number are more efficient since they result in an increased X-ray absorption (Pauwels *et al.* 2013). However, the selection of an appropriate and efficient contrast enhancement agent is a combination of several considerations such as the type of the target tissue (see Table 1), the medium in which the specimen was fixed and stored (Metscher 2009a), the acidity and the penetration rate of the contrast agent (Metscher 2009b; Pauwels *et al.* 2013; Paterson *et al.* 2014), as well as the price and toxicity of the staining used. Contrast agents with low penetration rate are more effective when used in relatively small specimens with a sample size of only a few cm³ (Pauwels *et al.* 2013). Staining larger specimens may require longer staining time, as the penetration rate in larger samples may be slower. Contrast agents dissolved in buffered formalin could prevent potential tissue deterioration due to the long staining period for large specimens (Li *et al.* 2015).

Staining of fresh samples will usually give optimal results. However, the results of the staining can be influenced by certain treatments, such as freezing prior to fixation and the fixation process (Gignac *et al.* 2016). If possible, long-term storage in ethanol or unbuffered formalin between fixation and staining should be avoided, as this may affect the morphology of the specimen or alter tissue characteristics which in turn affect staining properties (e.g., iodine stains bind to lipids, which can be dissolved in alcohols (Gignac *et al.* 2016), and unbuffered formalin or other acidic liquids may decalcify tissues). However, this is not always possible for museum specimens, and good results have been also achieved with museum specimens stored for years and decades. These finer details of fixative, storage medium, tissue characteristics and staining properties are still insufficiently known and will require further studies in the future.

Micro-CT scanning is a powerful visualisation method with several advantages, but might not be appropriate for all kinds of specimens. Some contrast enhancement agents are acidic (e.g., PTA, PMA, FeCl₃) and when used in high concentrations they may dissolve calcified tissues, such as bones, and destroy the specimen structure (Pauwels *et al.* 2013). Therefore, in cases where calcified structures are

Table 1 (continued on next page). Overview of the most common contrast agents for soft zoological tissues.

Contrast agent	Tissue	Tissue Limitations		References
Osmium (osmium tetroxide, OsO_4)	membrane lipids, proteins and nucleic acids	toxic, volatile, expensive, does not work for tissues preserved in ethanol, slow penetration	phosphate buffer	Metscher 2009b; Kamenz & Weidemann 2009; Faraj <i>et al.</i> 2009
Phosphotungstic acid (PTA)	various proteins (overall structure), connective tissue (collagen), muscle	cartilage matrix does not stain strongly, slow penetration, potential dissolution of calcified tissues if high concentration of contrast agent is used	water or ethanol- methanol	Metscher 2009b; Pauwels <i>et al.</i> 2013
Phosphomolybdic acid (PMA)	cartilage structures, fibrous collagen tissue	slow penetration, potential dissolution of bone structure if high concentration of contrast agent is used	water	Golding & Jones 2007; Pauwels <i>et al.</i> 2013
Iodine	overall structure of soft tissues	may overstain some mineralised tissues	ethanol or methanol	Metscher 2009b; Gignac <i>et al.</i> 2016
Iodine potassium iodide (IKI)	overall structure of soft tissues	may overstain some mineralised tissues	water	Metscher 2009b
Iodine-based buffered formalin	overall structure of soft tissues	tissue shrinkage at high concentrations	neutral buffered formalin	Li <i>et al.</i> 2015; Bribiesca-Contreras & Sellers 2017
Lugol's iodine (I ₂ KI)	glycogen, lipids (carbohydrates)	tissue shrinkage at high concentrations, may overstain some mineralised tissues	water	Gignac & Kley 2014
Gold (Bodian impregnation)	neuron (neuropils)	penetration at 100 μm, complex creation of the staining solution	complex, see Mizutani & Suzuki (2012)	Mizutani & Suzuki 2012; Mizutani <i>et al.</i> 2007
Silver (Golgi silver impregnation)	neuron, cerebral cortex, proteins in polyacrylamide gels, lung tissue	visualisation only 10% of neuron, complex creation of the staining solution	complex, see Mizutani & Suzuki (2012)	Mizutani & Suzuki 2012; Paterson <i>et al.</i> 2014
Platinum	neuron (substitute of gold)	complex creation of the staining solution	complex, see Mizutani <i>et al.</i> (2008a, 2008b)	Mizutani <i>et al.</i> 2008a, 2008b
Mercury(II) chloride (HgCl ₂)	cerebral cortex tissue, muscle, fibrous collagen tissue, ligaments, large blood vessels	slow penetration	complex, see Mizutani <i>et al.</i> (2009)	Pauwels <i>et al.</i> 2013; Mizutani <i>et al.</i> 2009
Lead	muscle, fibrous collagen tissue	precipitations in and around structures	water	Faraj <i>et al</i> . 2009; Pauwels <i>et al</i> . 2013; Kamenz & Weidemann 2009
Barium based (e.g., BaSO ₄ , BaCl ₂)	biofilm in porous media, fibrous collagen tissue	precipitations in and around bone structure	water	Davit <i>et al.</i> 2011; Pauwels <i>et al.</i> 2013
Iron based (e.g. $FeCl_3$)	nucleic acids, proteins	slow penetration, dissolution of bone structure	water	Pauwels <i>et al.</i> 2013; Paterson <i>et al.</i> 2014
Hexamethyldisilizane (HMDS)	removes water from tissues, increasing clarity of boundaries between air and tissue	possible internal tissue damage, renders specimens fragile, may react with metal stains previously used on specimen	air	Alba-Tercedor & Sánchez-Tocino 2011; Paterson <i>et al.</i> 2014

Contrast agent	Tissue	Tissue Limitations		References
Zinc chloride $(ZnCl_2)$	muscle, fibrous collagen tissue slow penetration		water	Pauwels et al. 2013
Ammonium molybdate tetrahydrate (NH ₄) ₂ MoO ₄	muscle, fibrous collagen tissue	collagen slow penetration		Pauwels et al. 2013
Sodium tungstate (Na ₂ WO ₄)	muscle, fibrous collagen tissue	unknown	water	Pauwels <i>et al.</i> 2013; Kim <i>et al.</i> 2015
Gallocyanin- chromalum	nucleic acids	low overall contrast	water	Presnell & Schreibman 1997; Metscher 2009b

Table 1 (continued).

included in the specimen tissue the minimum, but still effective concentration of acidic agents needs to be identified prior to staining, or alternatively other non-acidic agents should be used for contrast enhancement.

Contrast agents dissolved in ethanol (e.g., PTA, iodine) may cause shrinkage when used on specimens which are not stored in ethanol. In such cases a water based contrast enhancement agent may be more appropriate and safe to use; otherwise a gradual dehydration procedure needs to be followed prior to staining. Shrinkage due to desiccation may destroy the sample and in addition it can create movement artefacts during scanning (Johnson *et al.* 2011). Samples can also be critical point dried, freeze-dried or chemically dried with Hexamethyldisilazane (HMDS) and then scanned without any surrounding liquid medium in order to increase the contrast between tissues. Generally, these methods can dry the samples without inducing morphological changes to the tissues, although they might render the sample fragile or cause moderate shrinkage (Faulwetter *et al.* 2013b; Pauwels *et al.* 2013; Krings *et al.* 2017). The drying can be performed both on stained and unstained samples, but care needs to be taken with HMDS, which may react chemically if applied in combination with certain stains (e.g., silver stains, see Paterson *et al.* 2014).

Specimens from museum collections usually need to remain completely intact, and thus any alterations that might be caused by the staining procedure need to be taken into account. Besides the alterations previously mentioned (decalcification, shrinkage) the removal of the contrast enhancement agents after scanning is an additional important consideration before using this method on museum specimens. The stability of the stain might depend on the fixation or preservation medium, the age of the specimen, and the type of tissue (e.g., chitin, muscles, calcified tissue) (Schmidbaur *et al.* 2015). Iodine staining was successfully removed from insects (Alba-Tercedor 2012) and from millipedes (Akkari *et al.* 2015) by re-immersion into 70% ethanol, and from polychaete tissues using 96% ethanol for 48 hours, while PTA stain was removed using NaOH for 6 hours (Schmidbaur *et al.* 2015). However, treatment of iodine stained tissues with sodium thiosulfate and of PTA stained tissues with 0.1 M phosphate buffer (pH 8.9) destained the samples even more than their initial unstained status, thus indicating an actual alteration of the tissues characteristics (Schmidbaur *et al.* 2015). Gignac *et al.* (2016) also indicated that destaining does not really restore a specimen to its original chemical state, e.g., when iodine stained tissues are treated with sodium thiosulfate, the iodine is transformed to iodide, which is colorless and remains in the tissues.

3.1.2. Botanical samples

Micro-CT scanning of botanical specimens is usually restricted to non-pressed specimens, i.e., those that possess a certain three-dimensional structure. Technically, pressed herbarium specimens can also

be scanned under certain circumstances, but the results will likely be of limited research value. Suitable botanical specimens include soft tissues (e.g., flowers, leaves, buds, fruits) and hard tissues (e.g., stems, twigs, roots, nuts). Generally, ligneous hard tissues are more easy to scan than soft tissues, as they do not dry out easily and provide a good contrast due to the higher density of their secondary cell walls. Plant tissues can often be scanned without any need for fixing, preservation of sample, or application of contrast agents. Fruits, nuts, thick roots and wooden structures and even flowers, if provided with a liquid environment around the stem (van der Niet *et al.* 2010) can often simply be scanned fresh without any further preparation. However, if a high resolution of these tissues is required, smaller pieces may be cut from the original sample to decrease the camera-sample distance. Such smaller samples dry out faster and thus may require additional means to prevent dehydration such as wrapping in plastic or Parafilm[®], scanning in a sealed container, or coating the specimen with additional materials (e.g., Korte & Porembski 2011).

Soft tissues are often transparent to X-rays and may require the use of contrast agents, as well as additional preparation to prevent shrinkage during scanning due to desiccation (Stuppy *et al.* 2003; Leroux *et al.* 2009). If the sample needs to be fixed and/or stained, a variety of solutions are available. Common fixatives for botanical samples are FAA (formalin–acetic acid–alcohol), formaldehyde, or ethanol (e.g., Leroux *et al.* 2009; Staedler *et al.* 2013). However, ethanol has been shown to induce shrinkage in plant tissues and might not be appropriate for all types of studies, e.g., vascular cylinders might be compressed or ruptured if ethanol is used (Leroux *et al.* 2009).

Samples fixed in a liquid substance will usually require being scanned in a liquid environment as well, either fully submerged or sealed in a small chamber to prevent drying out. Alternatively, samples can be embedded in agarose or paraplast, but as this will introduce noise and reduce contrast these media are only recommended for samples that are either naturally dense or have been treated with heavy-metal stains (see Table 2).

Contrast agents	Effects and limitations	References	
Uranyl agotata	toxic, only slight increase of contrast values compared to other	Leroux et al. 2009;	
	stains	Staedler et al. 2013	
		Korte & Porembski	
Iodine	no noticeable contrast increase	2011; Staedler et al.	
		2013	
	permanganate caused visible damage to samples as soon as after 2d		
Potassium	infiltration (Fig. 5F), and infiltration for 8 days usually resulted in	Standlar at al 2012	
permanganate	total sample loss; occasionally increased the contrast of only a part	Staedier <i>et al.</i> 2015	
	of the sample, leaving other parts unchanged		
Lugol's solution	causes visible sample damage after several weeks of infiltration	Staedler et al. 2013	
Phosphotungstate	highest contrast increase on the more cytoplasm- and protein-rich	Standlar at al 2012	
(PTA)	tissues (ovules, ovary wall and pollen)	Staediel et al. 2015	
	work best on vacuolated tissues (petals, sepals and filaments);		
	highest contrast increase on the more cytoplasm- and protein-rich		
Lead citrate	tissues (ovules, ovary wall and pollen); precipitates in presence	Staedler et al. 2013	
	of carbon dioxide in the form of lead carbonate crystals [38] that		
	accumulate on the surface of the sample		
	work best on vacuolated tissues (petals, sepals and filaments);		
Diamenth tontacto	highest contrast increase on the more cytoplasm- and protein-rich	Steadlar at -1.2012	
Bismuth tartrate	tissues (ovules, ovary wall and pollen); rendered the samples very	Staeuler et al. 2013	
	delicate and easy to damage		

 Table 2 (continued on next page). Overview of the most common contrast agents (heavy metals) for soft botanical tissues.

Table 2 (continued).

Contrast agents	Effects and limitations	References
	work best on vacuolated tissues (petals, sepals and filaments);	
	highest contrast increase on the more cytoplasm- and protein-rich	
Osmium tetroxide	tissues (ovules, ovary wall and pollen); poor penetration for en-bloc	Staedler et al. 2013
	infiltration \rightarrow best on open and thin material (open buds, tissues	
	only a few cells thick)	
Iron diamine	samples could not be detected (no increase in contrast)	Staedler et al. 2013

A variety of contrast enhancing heavy metal stains has been tested on plant tissues, to varying levels of success and with different tissue specificities. A thorough comparative study has been performed by Staedler *et al.* (2013). Table 2 summarises the application areas and effects of various heavy metal stains.

3.1.3. Palaeontological samples

Palaeontological specimens (i.e., fossils) may need to be isolated from rock matrices before scanning in cases where the specimen and the matrix show a similar X-ray absorption. Fossils can be extracted from their matrix mechanically by washing, wet sieving and the use of several tools such as needles, knives and chisels (Green 2001; Sutton 2008) or chemically, depending on the chemical composition of the surrounding matrix. For example, fossils embedded in calcareous rocks can be isolated using sulphuric acid (Vodrážka 2009), phosphatic fossils can be extracted using acetic acid (Jeppsson et al. 1999) and plant mesofossils in clay or mud stones can be extracted in water with sodium carbonate, potassium hydroxide or hydrogen peroxide (Wellman & Axe 1999). The maceration procedures of palaeontological specimens usually involve physical breakdown, removal of calcareous material, removal of siliceous material, removal of other inorganic material, oxidation, sieving, cleaning and concentrating the organic rich residue (Green 2001). A detailed manual for extraction techniques in palaeontology can be found in Green (2001). However, potential damage of the specimen using chemical extraction methods must be considered (Sutton 2008). If there is no possibility of extraction of the fossil and the contrast between the specimen and the matrix is too low, a synchrotron phase-contrast imaging may be a better solution for the visualisation of such specimens (Sutton et al. 2014). Specimens in amber can be scanned directly without any particular preparation.

3.1.4. Geological (mineral) samples

Strictly speaking, the only preparation that is absolutely necessary for scanning geological specimens is to ensure that the object fits inside the field of view and that it does not move during the scan (Ketcham & Carlson 2001). Since the full scan field is a cylinder, it is suggested to scan an object of cylindrical geometry, either by using a coring drill to obtain a cylindrical sample of the geological material being scanned, or by packing the object in a cylindrical container with either X-ray-transparent filler or with material of similar density (Ketcham & Carlson 2001).

For some applications the sample can also be treated to enhance the contrast between the different structures. Examples include injecting soils and reservoir rocks with NaI-laced fluids to reveal fluid-flow characteristics (Wellington & Vinegar 1987), injecting sandstones with Woods metal to map out the fine-scale permeability, immersion in caesium chloride to visualise connected porosity of crystalline rocks (Kuva *et al.* 2018) and soaking samples in water to emphasize areas of differing permeability, which can help to reveal fossils (Zinsmeister & De Nooyer 1996).

3.2. Scanning containers and scanning mediums

At the end of the staining procedure, the sample is removed from the solution and washed in distilled water or ethanol (depending on the contrast agent solvent). However, Staedler *et al.* (2018) immediately fixed the plant specimens with 1% PTA in formalin–acetic acid–alcohol (PTA/FAA) without washing

the samples with ethanol. If specimens are stained or naturally dense they can be scanned in liquid or gel media (e.g., water, ethanol, agarose). If they are to be scanned in air, excess fluid should be blotted away in order to prevent motion artefacts during scanning due to the accumulation of fluid on the bottom of the container (Gignac *et al.* 2016). Then, the specimen is placed in a sample holder and stabilised in a vertical position for the scanning procedure. The choice of the appropriate sample holder depends on the sample size, the morphology of the specimen and the material of the sample holder.

Micro-CT companies usually provide a range of several sample holders to the users. It is essential that specimens do not move, settle or wobble during scanning; even a small shift can ruin the image data and necessitate a re-scan (Sutton et al. 2014). Nevertheless, users often create new sample holders according to their needs in order to prevent movement of the specimen during scanning. Glass containers are rarely used since they have a high X-ray absorption; however, glass presents a higher contrast with the background compared to the plastic container, therefore allowing more accurate delineation of the region of interest which corresponds to the inner part of the container (Paquit et al. 2011). Materials such as polypropylene, styrofoam and florist foam have low X-ray absorption, making them ideal as sample holders. It is also quite common to use pins and clips in order to stabilise the specimen; however, care must be taken in order not to damage museum samples. Sealable plastic bags from which air has been pressed out can be used to prevent drying of specimens (Gignac et al. 2016). Small specimens can be placed in test tubes, aliquot tubes, plastic straws or micropipette tips (200, 1000, 5000 µL) (Metscher 2011; Alba-Tercedor 2012; Staedler et al. 2013; Gignac et al. 2016) (Figs 7, 8B-D). The bottom end of pipette tips can be cut off in order to drag down the samples and to stabilise them by entering a preparation needle (Staedler et al. 2018). Paraffin wax can be used in the lower end of the pipette tip as a seal and to stabilise the sample, while Parafilm[®] can be used to seal the upper end of the tip (Staedler et al. 2013; Fig 8C). The lower end of pipette tips can also be heat-sealed if they need to be filled with a liquid medium surrounding the specimen. Batch scanning can help to scan large numbers of small samples at the same time and thus decrease overall scanning time: individual samples mounted in pipette



Fig. 7. Setup of scanning containers. Images by HCMR micro-CT lab.

tips can be mounted in a 1 ml syringe tube and stabilised with resin or epoxy glue (Staedler *et al.* 2013, 2018; Fig. 8).



Fig. 8. Sample mounting techniques for plant specimens of different sizes. **A**. Large samples (>10 mm). **B–D**. Medium-sized samples (1–10 mm). **E–F**. Small samples (<1 mm). Image from Staedler *et al.* 2013, reproduced under a CC-BY license.

Specimens can be submerged in fluid (e.g., formalin, ethanol or water) during scanning to prevent desiccation (Gignac *et al.* 2016). Ethanol is less dense than water and provides greater tissue contrast in comparison to water (Metscher 2009a). Scanning small specimens within a liquid medium prevents them from getting stuck on the container's walls. Care must be taken to remove bubbles from the liquid medium in the sample holder as they can create a blurring effect (Metscher 2009a). Agarose can also be used as a scanning medium for small specimens (Metscher 2011). The use of air as a scanning medium gives excellent results for unstained or dried specimens or for studying the internal structure of specimens. However, scanning in air is not recommended when studying the external morphology of specimens previously immersed in liquid, since the small amount of liquid that will remain on the external surface will be visible as an additional layer in the reconstruction images (Fig. 9).



Fig. 9. External morphology of the polychaete *Lumbrineris latreilli* Audouin & Milne Edwards, 1834. Specimen had been preserved in ethanol and was subsequently blotted dry on a tissue and scanned in air. The remaining ethanol (shown by arrows) can be observed clinging to the anterior end of the polychaete. Image by HCMR micro-CT lab, CC-BY Sarah Faulwetter.

Large plant samples (>10 mm) can be mounted in acrylic foam and scanned in a solvent atmosphere, whereas medium-sized plant samples are best scanned immersed in the solvent (Staedler *et al.* 2013; Fig. 8A–B). Red and brown algae are easily scanned after having being dried in air. Scanning of the more filamentous green algae and seagrasses within a liquid medium creates artefacts, because their leaves have a low X-ray absorption. Personal experiments showed that staining with PTA or iodine could not improve the resolution. Chemical drying of filamentous algae (e.g., HMDS) and scanning in air can have satisfactory results, but due to shrinkage this method is not suggested when aiming to study the internal leaf structure.

Palaeontological specimens are usually scanned in air. However, a celluloid film in organic water-soluble glue is suitable as a scanning medium for isolated microfossils (Görög *et al.* 2012). Isolated specimens can be also fixed on plastic holders by nail polish (or any other reversible fixing matter). For combined SEM and micro-CT studies SEM holders can be used. However, fixation of fossils must be on a thick layer of nail polish to avoid contact or close placement of the observed fossil and the metallic holder, which can occlude the view of the sample. Larger specimens are fixed in specially prepared holders made of plastic or polystyrene. The main concern is to prevent potential movements of the fossil during the radiography process. Sutton *et al.* (2014) mentioned that different X-ray penetration between the different axes of a palaeontological sample could cause noise and artefacts and they suggest to bury the specimens in a substance such as flour for low density samples and sand for more dense samples.

3.3. Scanning process

Scanning settings differ in terms of voltage, exposure time, magnification and resolution depending on the scope of study, the material of the specimen, the specimen size and the instrument used. A careful balance between all the scanning parameters is necessary to ensure an ideal result and a best practice protocol.

3.3.1. Calibrating the system

In order to achieve micrometer precision, the incident beam needs to be thin, focused and stable during the acquisition. This calibration of the source includes a software-driven warm-up and focusing. Depending on the scanning system, the user should set the main parameters, including the metal of the source target (if the instrument has this option), the amount of filtration, the source intensity (in mA) and the source voltage (in kV). The source voltage should be set up in a way that the beam will have sufficient energy to penetrate the specimen and reach the detector. Furthermore, the source intensity should not be too high as the detector may be saturated. On a projection image, the dynamic range (max-min gray value) has to be maximised. A good contrast on the set of projections leads to a good contrast on the final CT image. Too much transmission will reduce the contrast between different densities, while a low transmission will increase the noise level in the images. The contrast should be checked over a complete rotation of the specimen. Adjustment of filter and voltage settings should aim at a minimum transmission between 10 and 50%.

Scanning of unstained soft tissues usually does not require the use of filters, as they are characterised by a high X-ray transmission. An exception could be a sample which is characterised by a combination of soft and dense structures (e.g., a vertebrate organism), where the use of a filter may be helpful. Dense structures, such as bones, shells and other calcified structures, are characterised by a high X-ray absorption, as they contain elements with high atomic number (Schambach *et al.* 2010). Such structures appear dark on the images and they have low X-ray transmission, so the use of filters during scanning is necessary. These filters can be made of aluminium, copper or a combination of the two. Filters reduce artefacts caused from beam hardening effects (Meganck *et al.* 2009; Abel *et al.* 2012), while the spread of the X-ray energy distribution is reduced (see Section 3.6). However, the use of filters shifts the grayscale values downwards, resulting in less contrast between tissues (Meganck *et al.* 2009). Contrast between tissues can be achieved by decreasing the voltage and in addition, the use filters in cases of dense structures is recommended for artefact reduction.

3.3.2. Placing the specimen

The specimen is placed on a rotating platform between the X-ray source and the detector. It has to be centred vertically and horizontally along the detector. A high-precision rotating mount may help to centre small specimens. When acquiring a specific region of interest, this region has to be centred instead of the whole specimen. The specimen must not touch either the source or the detector at any time during a complete rotation.

The magnification depends on the distance between the source, the specimen and the detector. The final image voxel size V results from the equation $V = p \times ss/sd$, where p is the detector pixel size, ss the source to specimen distance and sd the source to detector distance. The distances ss and sd may be automatically set by the system or may need a calibration. When the positions of the detector and the rotating platform are set, the calibration usually consists in acquiring a set of radiographs of a calibration object placed on the rotating platform. A greater magnification and resolution could decrease beam-hardening effects (see Chapter 3.6), but will increase scanning duration. A big specimen size can prevent achieving high magnification and resolution while a smaller field of view is required for the identification of the smallest structures (Dixon *et al.* 2018). For this reason, micro-CT datasets acquired at different resolutions can be combined in order to provide more information (Dixon *et al.* 2018 and examples therein).

3.3.3. Setting up the detector parameters

The calibration of the detector is software-driven (but may need regular initiation by the user) and includes the acquisition of two types of images:

the dark field image is the resulting image when no X-radiation is emitted. This signal comes from the dark current in the photodiodes of the detector. This image is an offset that will be subtracted from every radiograph.

the open field images are the response of the detector pixels to the incident beam when no specimen is placed in the system. The software may require a couple of images at different beam intensities or only one for the maximum beam intensity.

In case some pixels are defective, their response will strongly differ from that of their neighbouring ones. When they are detected, a defective map is built and these pixels are ignored during an acquisition. Their values are replaced by an interpolation of the values of non defective neighbouring pixels. The defect map should be computed once a month.

Several parameters can usually be changed to influence the imaging process; however, not all scanner models offer the same options. A few important parameters are listed below.

The exposure time E relies on the same principle as the photographic exposure time. It controls the amount of time (in seconds) during which the X-rays will be captured. The detector should collect enough photons at each angle to ensure a good contrast on the radiograph. The effective dynamic range of the image is proportional to the exposure time if it is not saturated, and hence the short exposure results in the low signal-to-noise ratio. High density or thick specimens (e.g., fossils) will need a longer exposure time because fewer photons will be transmitted through them. However, excessively high exposure times may saturate the detector panel (i.e., raise brightness above its maximum measurable threshold). The scanning duration is obviously longer when the exposure times are longer. The use of higher voltage can result in a decrease of the exposure time.

A way to ensure a sufficient contrast without ending up with long scans is to use a binning parameter. Instead of having single cells (or pixels) collecting X-rays on the detector, the signal is acquired using 'bins' of 4 adjacent pixels (for a 2×2 binning). The X-ray flux per (binned) pixel is four times higher and the exposure time can be reduced accordingly. The pixel size and the resulting voxel size are twice as

large in linear dimension (and the resulting volume image is ¹/₈ as large). Binned acquisition results in a well-contrasted fast scan, but at the price of lower resolution.

An averaging parameter A (frame averaging) may be set to improve the image quality. A set of images will be acquired for every angle and only the mean image will be recorded. A higher number of frames increases the signal-to-noise ratio. Therefore, it is usually recommended to increase the frame averaging for high dense samples when the signal-to-noise ratio is too low.

Depending on the detector employed, a pausing parameter P can be used to prevent an afterimage effect. The detector photodiodes need a few ms to get cleared of the image. If the acquisition is too fast, residual information from the previous image can appear on the next image. The pausing parameter therefore helps to fully discard the signal from the previous image. It also ensures that the specimen is perfectly still after the rotation.

The number N of radiographic images needed to perform a reconstruction can be estimated by measuring the maximum width W of the projected specimen on a radiograph (in pixels) using the formula $N = \pi \times W$ (for a 360° scan; Fig. 10). Note that to determine the maximum width the specimen should be rotated, as irregularly shaped specimens may have different widths at different angles. Acquiring less than N projection images will provide an incomplete dataset for the reconstruction algorithm. The reconstruction will be still possible, but its quality will be degraded.

The total scanning time T (in seconds) can be computed with the following formula: $T = N \times (P + (E \times A))$.

Other scanning settings include the selection of the rotation step, random movement and $180/360^{\circ}$ scan. The selection of an increased rotation step is useful when the scanning duration needs to be reduced but it can result in images of reduced quality and increased noise. Random movement can be activated to reduce ring artefacts, but should not be used when the position of the samples is not secured or when the pixel sizes are very small. The full 360° rotation is selected for scans where the sample consists of a combination of high dense materials inside low dense materials and helps to avoid depletion artefacts. The half (180°) rotation can be used when is it necessary to reduce the scanning time. The simultaneous scan of multiple samples (batch scan) can be used to reduce the overall scanning duration. A short scan duration is beneficial when specimens are scanned in air and therefore dehydration and shrinkage need to be avoided.



Fig. 10. Measuring the maximum width W (in pixels) of the projected specimen (as the distance from the rotation axis - dotted line - to the farthest end of the sample) to calculate the number of radiographs needed. This measurement is done for the angular position of the rotating platform where the projected specimen is the widest. For a complete rotation, the projected specimen would stay within the limits of the rectangle. Photo by MNHN.

Examples regarding the scanning parameters of zoological, botanical, geological and palaeontological samples are included in Tables 3–6.

Specimen	Voltage (kV)	Current (µA)	Filter	System	Source	Reference
Alligator mississippiensis (vertebrate)	150-200	130–145	copper	GE phoenix v tome x s240	molybdenum	Gignac & Kley 2014
Dromaius novaehollandiae (vertebrate)	130–180	145–190	copper	GE phoenix v tome x s240	molybdenum	Gignac & Kley 2014
Polychaeta (invertebrates)	60	167	none	SkyScan 1172	tungsten	Faulwetter et al. 2013a
Apporectodea caliginosa Apporectodea trapezoides (anterior part – invertebrates)	65–70	100	none	Skyscan 1173	tungsten	Fernández et al. 2014
Ommatoiulus avatar (invertebrate)	60	67	none	Zeiss/Xradia MicroXCT-200	tungsten	Akkari et al. 2015
Snake embryos (vertebrates)	40	100	none	Zeiss/Xradia MicroXCT-200	tungsten	van Soldt et al. 2015

Table 3. Examples of scanning parameters for zoological samples.

Table 4. Examples of scanning parameters for botanical samples.

Specimen	Voltage (kV)	Current (µA)	Filter	System	Source	Reference
root samples of Asplenium theciferum	50	unknown	none	in-house nano-CT at University of Ghent	unknown	Leroux <i>et al.</i> 2009
Xylem of Laurus	50	275	none	Nanotom 180 XS; GE	unknown	Cochard et al. 2015
macadamia nuts-in-shell	60	unknown	unknown	SkyScan 1172	tungsten	Plougonven <i>et al.</i> 2012
Flower of Bulbophyllum bicoloratum	50	100	unknown	Xradia Micro- XCT-200	tungsten	Gamisch et al. 2013

Table 5. Examples of scanning parameters for geological sample
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Specimen	Voltage (kV)	Current (µA)	Filter	System	Source	Reference
Meteorite	120–160	60–100	unknown	Nikon Metrology HMX ST 225	tungsten	Hezel et al. 2013
Meteorite	180	120	unknown	Nikon Metrology HMX ST 225	tungsten	Needham et al. 2013
Meteorite	200	160	unknown	Nikon Metrology HMX ST 225	tungsten	Griffin et al. 2012
Crystalline rock	100	80	aluminium and copper	SkyScan 1172	tungsten	Kuva <i>et al.</i> 2018

Specimen	Voltage (kV)	Current (µA)	Filter	System	Source	Reference
Fossils in amber	60	unknown	none	from University of Ghent	unknown	Dierick et al. 2007
Fossils in amber	120	unknown	1 mm aluminium from University of Ghent נ		unknown	Kehlmaier <i>et al.</i> 2014
Xandarella spectaculum (Arthropoda) in slab	90	120	0.3 mm Cu Phoenix GE Nanotom		tungsten	Liu <i>et al.</i> 2015
Lignified plant mesofossils	80	124	0.5 mm aluminium SkyScan 1172		tungsten	Kvaček <i>et al.</i> 2016
Charcoalified plant mesofossils	40	250	none SkyScan 1172		tungsten	Hermanová <i>et al.</i> 2017
Silicified cones	180–200	180–200	unknown	GE Phoenix v tome x s	tungsten	Gee 2013
Ediacara fossil Pteridinium simplex	200	240	none	ultra-high resolution subsystem of the ACTIS scanner	unknown	Meyer et al. 2014
Trace fossil Trichichnus	130	61	1 mm aluminium	SkyScan 1173	tungsten	Kędzierski <i>et al.</i> 2015
Shark tooth (Sphaenacanthus hybodoides)	180	138	unknown	Nikon Metrology HMX- ST 225	tungsten	Abel <i>et al.</i> 2012

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Table 6	Exampl	es of s	scanning	narameters	tor na	laeontol	ogical	samples
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3.4. Reconstruction

The reconstruction workflow varies among the different scanning systems as each system usually has its own software and most reconstruction steps are automated (Sutton *et al.* 2014). However, the setting of some reconstruction parameters is necessary and depends on the scope of the reconstruction and the scanning quality. Concerning the scanning quality, misalignment during the acquisition, noise and ring artefacts may be corrected or improved by using the appropriate reconstruction parameters.

Prior to the reconstruction procedure, some systems can check the projection images for potential movements during the scanning procedure. The alignment of the projection images may fix these movements. If sample movements cannot be corrected through the reconstruction procedure, the scanning process should be repeated.

Following the alignment of the projection images, the reconstruction software creates a histogram with the frequency the grayscale values representing the density distribution of the micro-CT dataset. The specific range of the histogram values can display different parts of the organisms (Fig. 11). Generally, the peaks in the histogram values represent different structures concerning the different densities. Dense structures such as bones and shells are represented by higher grayscale values compared to soft tissues. The user can choose to restrict the range of values, to suppress or include specific densities, in order to emphasize different structures in the reconstruction of the sample. The range of the grayscale values can also be taken into consideration in order to avoid noise and to isolate unwanted structures (e.g., sample holder).

During the reconstruction procedure, the reconstruction can be restricted to a specific area of the specimen by creating a region of interest (ROI). For example, the reconstruction of the jaws of a polychaete can be achieved by the creation of a ROI which comprises only these target structures (Fig. 12). This method



Fig. 11. Histogram of the grayscale value frequency of the scanned specimen (bivalve *Musculus costulatus* (Risso, 1826). Each peak represents a different structure (in terms of density) of the scanned bivalve. Bright grayscale values (representing low densities) are located at the left side of the histogram, darker values (representing high values) at the right side of the histogram. **A**. The selection of a range including all peaks, reveals the more detailed morphology of the bivalve (both soft/low density and hard/high density structures). **B**. A restricted range of histogram values removes structures with brighter values (= low densities). **C**. A restricted range of histogram values including only one peak reveals only the darkest values (= most dense structures) of the bivalve which correspond to the shell. Image by HCMR micro-CT lab.

can minimise the time of the reconstruction procedure and the size of the reconstructed dataset. The reconstruction duration also depends on the computational resources and capacities, the size of the dataset and the algorithm used (Sutton *et al.* 2014).



Fig. 12. Cross-section image without (A) and with (B) a selection of a region of interest (red square) for the reconstruction of polychaete jaws. Image by HCMR micro-CT lab.

Reconstructed data should ideally be saved without any compression or down-sampling (i.e., as 16 bit TIFF files). However, these files are large, so if storage space is an issue or data are to be shared, the creation of compressed image formats (e.g., 8 bit PNG, JPG) can be considered – but always taking into account the detail of information required for the planned analyses. The best lossless image format is TIFF as it can also store metadata (e.g., voxel size, specimen info, scan parameters); however, different systems offer different options.

3.5. Visualisation and post-processing

The reconstructed images can be visualized in 3D using volume rendering software. A variety of products are available (see Table 7). The creation of interactive 3D volumes allows the users to explore the dataset from any direction and to manipulate its appearance by changing the rendering parameters (Ruthensteiner *et al.* 2010). The 3D visualisation of specimens may be used for taxonomic purposes, as specific structures can be visualised in their original orientation and shape (see Faulwetter *et al.* 2013a). A volume can be visualised through volume rendering or through extracting an isosurface (Sutton *et al.* 2014). Details related to these visualisation methods are presented below.

Software	Licence Type	URL
Amira	commercial	www.amira.com
Arivis (web-based software)	commercial	http://vision.arivis.com/
BioImageXD	free	http://www.bioimagexd.net
Blender	free	www.blender.org
Brain Maps (web-based software)	free	http://brainmaps.org
CTVox	free	https://www.bruker.com/products/microtomography/micro-ct-software/3dsuite.html
Dragonfly	free licences available for researchers with non- commercial activities/ commercial	http://www.theobjects.com/dragonfly/
DRISHTI	free	http://sf.anu.edu.au/Vizlab/drishti/
Fiji (Is Just ImageJ)	free	http://fiji.sc/
Huygens	commercial	http://www.svi.nl
ImageJ	free	https://imagej.nih.gov/ij/
Image-Pro	commercial	http://www.mediacy.com
Imaris	commercial	http://www.bitplane.com/

Table 7 (continued on next page). 3D Volume Rendering software (modified table from Walter *et al.*2010 and Abel *et al.* 2012).

Software	Licence Type	URL
Mimics	commercial	www.materialise.com/mimics
Octopus	commercial	https://octopusimaging.eu/
Open Inventor	commercial	http://www.openinventor.com/
Simpleware	commercial	www.simpleware.com
Slice:Drop (web-based software)	free	http://slicedrop.com/
SPIERS	free	https://spiers-software.org/
tomviz	free	http://www.tomviz.org/
VG Studio Max	commercial	www.volumegraphics.com
Volocity	commercial	http://www.improvision.com
VolViewer	free	http://cmpdartsvr3.cmp.uea.ac.uk/wiki/BanghamLab/index.php/VolViewer
VTK	free	http://www.vtk.org/

Table 7 (continued).

The post-processing of micro-CT datasets can include simple analyses (e.g., density estimation through the calculation of the grayscale values, porosity, thickness) or advanced morphometric analysis (e.g., geometric morphometrics). The latter requires segmentation of the image (isolation of features of interest and creation of a geometric surface model – see below).

3.5.1. Volume Rendering

The volume rendering procedure assigns colour and opacity to each voxel according to the grayscale values of the sample (Kniss *et al.* 2002). Some ranges of the histogram can be set to be transparent, mostly to exclude the voxels of the surrounding medium or container. Whenever a structure can be well-defined by its density/grey level on an histogram, it is easily isolated on a volume rendering image by setting everything else transparent (Fig. 13). Advanced rendering parameters give the user the opportunity to apply artificial colours and brightness in order to create a realistic/useful rendering.



Fig. 13. Volume rendering of a specimen where the gray level coding for (A) air and (B) air+soft tissues are transparent. Histograms of the grayscale values are included for both images where the selected threshold is indicated by the blue line and the opacity curve is indicated by the red line. Image by MNHN.

3.5.2. Isosurface rendering

An isosurface is a geometric mesh connecting 3D points of a constant intensity within a volume (Fig. 14). The thresholding procedure (or binarisation) of the slices, where the grayscale images are transformed to black and white images, is important for the creation of the 3D model while all voxels are connected above the thresholding value (for software options see Table 8). The 3D model construction is based on the marching cubes algorithm (Lorensen & Cline 1987). The calculation might be time-consuming, depending on the size of the data and the computer capacities. The resulting triangle-mesh can be visualised and it is suitable for analysis (e.g., shape analysis, volume, geometric morphometrics, or finite-element modelling). For software packages related to 3D analysis see Table 9.



Fig. 14. A marine worm (Polychaeta, Phyllodocidae, Phyllodoce). **A**. Photograph (CC-BY-SA Hans Hillewaert). **B**. Volume rendering. **C**. Isosurface rendering. Images B and C by the HCMR micro-CT lab.

Table 8. Segmentation software	modified table from Walter et al	<i>l</i> . 2010 and Abe	l et al. 2012)
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Software	Licence Type	URL
Amira	commercial	www.amira.com
BioImageXD	free	http://www.bioimagexd.net
Dragonfly	free licences available for researchers with non- commercial activities/ Commercial	http://www.theobjects.com/dragonfly/
DRISHTI	free	http://sf.anu.edu.au/Vizlab/drishti/
ilasti	free	http://ilastik.org/
Mimics	commercial	www.materialise.com/mimics
Octopus	commercial	https://octopusimaging.eu/
Simpleware	commercial	www.simpleware.com
SPIERS	free	https://spiers-software.org/
VG Studio Max	commercial	www.volumegraphics.com

Software	Licence Type	URL
Amira	commercial	www.amira.com
Arivis (web-based software)	commercial	http://vision.arivis.com/
BioImageXD	free	http://www.bioimagexd.net
Fiji (Is Just ImageJ)	free	http://fiji.sc/
GOM Inspect	free	http://www.gom.com/nl/3d-software/gom-inspect.html
Huygens	commercial	http://www.svi.nl
ImageJ	free	https://imagej.nih.gov/ij/
Image-Pro	commercial	http://www.mediacy.com
Imaris	commercial	http://www.bitplane.com/
MeshLab	free	http://www.meshlab.net/
MorphoJ	free	http://www.flywings.org.uk/morphoj_page.htm
Simpleware	commercial	www.simpleware.com
Stratovan Checkpoint	commercial	www.stratovan.com
tomviz	free	http://www.tomviz.org/
VG Studio Max	commercial	www.volumegraphics.com
Volocity	commercial	http://www.improvision.com
VTK	free	http://www.vtk.org/

Table 9. 2D/3D analysis software (modified table from Walter et al. 2010 and Abel et al. 2012).

3.5.3. Segmentation

The main drawbacks of volume rendering and isosurface rendering are that neighbouring structures cannot be discerned if their densities are too homogeneous and their borders not contrasted enough. In these cases it is difficult to discern a specific structure among voxels of similar grey value (for example: visualising specific organs within the body where all organs are of similar densities). Segmentation is the process of selecting ('labelling') voxels of interest in order to visualise them separately of the whole dataset (or to generate a 3D model of these user-defined structures) (Fig. 15). The segmentation procedure



Fig. 15. Polychaete specimen (*Lumbrineris latreillii* Audouin & Milne Edwards, 1834) in a composite rendering showing the location of organs of interest within the animal. Soft tissues are volume-rendered, jaws were segmented individually and surface-rendered in different colours. The coloured arrows at the upper left corner indicate the orientation of the scanned specimen in three views (x, y and z axes). Image by HCMR micro-CT lab, CC-BY Sarah Faulwetter.

can be achieved either manually, semi-automatically or automatically – a large number of algorithms exist for automatic segmentation. Segmentation can be used to include the removal of unwanted objects, to highlight certain structures with colour or to virtually dissect the sample (Sutton *et al.* 2014).

3.6. Troubleshooting

Micro-CT scanning is prone to artefacts which can degrade the quality of micro-CT images and the degree of image distortion can make the micro-CT datasets unusable (Barrett & Keat 2004). Artefacts can be created by several processes during the acquisition of micro-CT images. The most common artefacts which are encountered on the micro-CT images are: a) beam hardening artefacts, b) ring artefacts, c) noise, d) partial volume, e) motion artefacts and f) metal artefacts. The avoidance or the correction of these artefacts is important to improve the resulting micro-CT image, but sometimes the effects may be irreversible, so that the scan will have to be repeated.

3.6.1. Beam hardening artefacts

Beam hardening usually occurs when an object consists of different parts with different attenuation coefficients (especially with high densities). This refers to the fact that the beam which penetrates the object becomes harder (increased average energy) as the lower energy X-rays are absorbed more rapidly than the higher-energy X-rays (Barrett & Keat 2004). The result of the beam hardening effect is that the object appears to be denser (increased brightness) at the edges than the centre (decreased brightness) creating cupping artefacts (Roche *et al.* 2010; Abel *et al.* 2012; Fig. 16). A simple approach to solve this



Fig. 16. Scan of teeth without (A) and with (B) software beam hardening correction. In yellow, cupping artefacts increase the reconstructed density at the edges (see plots of gray values along the yellow lines) and decrease it in the centre of the object. In blue, streaking artefacts create dark or white lines between structures. Images by MNHN.

problem is to use an X-ray beam of higher energy to ensure that beam hardening is negligible, but this solution is applicable only for small samples (Ketcham & Carlson 2001). Beam hardening effects can also create streaking artefacts which are shown as dark and light streaks around very dense structures (Fig. 16). According to Sutton *et al.* (2014), the reduction of the streaking artefacts can be achieved by using different scanning media (e.g., water, sand) which act as a filter and smoothen the effect, as well as through an increase of projection images and a decrease of the exposure time. Beam hardening artefacts can also be minimised by using a metal filter (e.g., aluminium, copper) (Ketcham & Carlson 2001; Barrett & Keat 2004; Meganck *et al.* 2009; Abel *et al.* 2012; Sutton *et al.* 2014), which removes the low energy photons during the scanning procedure. However, this can attenuate the X-ray intensity to some degree, thus leading to greater image noise unless longer acquisition times are used (Ketcham & Carlson 2001). Concerning cupping artefacts, the use of a combination of aluminium and copper filters is the most effective way for the reduction of these kind of artefacts (Meganck *et al.* 2009; Hamba *et al.* 2012). Beam hardening effects can be also reduced to some extent by using the beam hardening correction of the reconstruction software, if provided (Fig. 16).

3.6.2. Ring artefacts

Ring artefacts are light and dark circles (circular artefacts) on the reconstructed images (Fig. 17A) as a result of calibration deficiency of the detector where the X-ray sensitivities of the detector elements are distinguished (Davis & Elliott 1997; Barrett & Keat 2004; Sutton *et al.* 2014). In some occasions ring artefacts are caused by changes in temperature or beam strength, and this can be solved by carefully controlling experimental conditions or by frequent recalibrations (Ketcham & Carlson 2001; Barrett & Keat 2004). The reduction of ring artefacts can be also achieved through a flat-field correction (Barrett & Keat 2004; Sutton *et al.* 2014), although such artefacts may still persist as a result of the beam hardening effect and the high-spatial-frequency variations in the thickness of the scintillator detector (Vågberg *et al.* 2017). Furthermore, depending on the system, ring artefacts can be reduced by using the selection of the 'ring artefacts correction' during the reconstruction (Fig. 17B) or the selection of the 'random movement' option during the scanning procedure (Sutton *et al.* 2014).



Fig. 17. Scan of a marine worm (polychaete) without (A) and with (B) ring artefacts correction during the reconstruction procedure. The red square indicates the presence of ring artefacts which are reduced in (B) following the ring artefacts correction. Images by HCMR micro-CT lab.

3.6.3. Noise

Noise (or quantum noise) is caused due to statistical error of low photon counts and it is presented as scattered bright and dark streaks in the slices (Fig. 18A) (Boas & Fleischmann 2012). This kind of artefact can be minimised by using higher beam intensities (increased mAs) which result in better signal-to-noise ratios (SNR) (Boas & Fleischmann 2012; Sutton *et al.* 2014). Furthermore, an increased source voltage (Kachelrieß 2008; Hsieh 2009; Boas & Fleischmann 2012) and an augmented number of projection images (Sutton *et al.* 2014) may reduce noise. Low exposure times can result in high noise, so increased exposure times and the use of filters may reduce these artefacts in dense samples (Sutton *et al.* 2014). Furthermore, frame averaging improves the SNR (Sutton *et al.* 2014). Noise can also be created by physical limitations of the system (e.g., electronic noise in the detector panel), but the reduction of this kind of noise by the operators is difficult (Hsieh 2009). Additional noise can be introduced during the reconstruction procedure. The selection of appropriate reconstruction algorithms and parameters (e.g., selection of Gaussian filter) can minimise the noise effect (Fig. 18B) (Hsieh 2009; Sutton *et al.* 2014).



Fig. 18. Scan of a bivalve with (A) and without (B) noise after the selection of the appropriate parameters during the reconstruction procedure. Images by HCMR micro-CT lab.

3.6.4. Partial volume

The partial volume effect creates artefacts through the fact that the average attenuation coefficient within a voxel represents an average grayscale value (Barrett & Keat 2004; Abel *et al.* 2012; Sutton *et al.* 2014). The result of the partial volume effect is shading artefacts in the image (Barrett & Keat 2004). Sutton *et al.* (2014) mention that if anatomical structures are close to the voxel size, then the partial volume effect will be more intense. The use of maximum magnification can decrease partial volume artefacts, but if this effect still remains after adjusting the magnification the use of a detector with greater dimensions may be needed (Sutton *et al.* 2014).

3.6.5. Motion artefacts

Sample motion during the image acquisition creates artefacts which appear as shades or streaks in the reconstructed images (Fig. 19) (Barrett & Keat 2004). Motion artefacts can be reduced by calculating and correcting the X/Y pixel shifts during the reconstruction procedure (Salmon *et al.* 2009). However, ideally, sample movements should be minimised by stabilising the sample in an appropriate sample holder (see Section 3.2). Similar artefacts can also occur as a result of sample shrinkage; in this case an X/Y correction cannot be performed. The use of a liquid as a scanning medium or the use of Parafilm[®] can prevent sample shrinkage and therefore the resulting artefacts.



Fig. 19. Scan of a marine worm (polychaete) with motion artefacts. The structures are not clearly defined due to specimen movement during the scanning procedure. Image by HCMR micro-CT lab.

3.6.6. Metal artefacts

Micro-CT imaging of natural history specimens can be challenging when the specimen contains metal particles which are visualised in the form of a 'metal artefact'. These metal particles are common in many geological samples as natural inclusions or part of the chemical composition of the sample. However, metal is also used as a support medium when skeleton parts are assembled in their natural structure. Metal pins are also used to mount entomological samples to mount these in an insect drawer. The metal artefact is especially observed when there is a large difference between the attenuation of the metal part and the sample of interest (Figs 20–21). Usually, the artefact is less obvious when scanning at higher kVp or when the difference in attenuation is less pronounced (e.g., bone and metal) (Fig. 22). Scanning at high kVp is not possible for soft bodied samples like insects. Metal artefacts may be the result of several causes like noise, beam hardening, non-linear partial volume effect, and scatter (de Man 2001). Visually, the metal artefact looks like an overexposed part on the micro-CT image slice with many streaks and star-like bright lines (Figs 20B, 22B). In some cases reconstruction software contains a built-in Metal-Deletion-Technique (Boas & Fleischmann 2012) that reduces or completely removes the metal artefact. Tests with this algorithm in the Xact reconstruction software (RX Solutions) proved successful for a leopard skull bearing metal screws, but failed for a scan with a pinned beetle.

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Fig. 20. A. Part of a pinned *Omorgus gigas* (Harold, 1872) beetle a few hundred slices away from the pinned area. **B**. The normal morphology of the beetle is no longer visible due to the metal artefact appearing in the pinned area. Image by the Royal Belgian Institute of Natural Sciences (RBINS)/DIGIT-3 Belspo, CC-BY-NC-ND Jonathan Brecko.



Fig. 21. A. 3D model of the *Omorgus gigas* (Harold, 1872) beetle after a quick segmentation, including the metal artefact. **B**. 3D model of the same specimen after manual removal of the pin in the Dragonfly software (http://www.theobjects.com/dragonfly/). Clicking on the image opens the 3D model. Photo courtesy of the Royal Belgian Institute of Natural Sciences (RBINS) / DIGIT-3 Belspo, CC-BY-NC-ND Jonathan Brecko.



Fig. 22. A. Monkey vertebra without metal support. **B**. A metal artefact (yellow arrow) is created due to the metal rod used to support a series of vertebrae on a mounted skeleton. Photo courtesy of the Royal Belgian Institute of Natural Sciences (RBINS)/DIGIT-3 Belspo, CC-BY-NC-ND Jonathan Brecko.

4. Use cases

4.1. Zoological samples

The identification of zoological specimens is usually based on external, internal or on the combination of external and internal morphological characteristics. The 3D nature of the different structures is important for the classification of the organisms (Boistel *et al.* 2011; Faulwetter *et al.* 2013a). The creation of 3D models at a resolution of a few microns, the accessibility of micro-CT scanners, the low cost and the use of these datasets for morphometric, functional, ecological and developmental analysis reveal the utility of this technology for zoological studies (Faulwetter *et al.* 2013a; Fernández *et al.* 2014). According to Boistel *et al.* (2011), different scans – which are referred to as 'morphoscans' – should be included in a reliable 3D library with reference models (or gold standards) including intra-species variations and key references established by the community.

Micro-CT is characterised as a non-destructive technology, but potential damage of genetic material due to the X-ray radiation should be considered. Concerning preserved zoological specimens, studies on the effect of X-rays on bird skins (Paredes *et al.* 2012) and on invertebrates (Faulwetter *et al.* 2013a) revealed that exposure to X-rays did not cause damage to the specimen DNA, at least not to the investigated gene (i.e., 16S rRNA). Paredes *et al.* (2012) speculated that the preservation procedures used on the specimen may cause more damage to the DNA quality than the X-rays. Similar studies on the effects of the micro-CT technology on the DNA quality of a variety of organisms in different preservation conditions should be carried out before this technology can be safely used on valuable museum specimens and especially on type material (Paredes *et al.* 2012; Faulwetter *et al.* 2013a).

Micro-CT technology has been used in morphological and anatomical studies, such as the creation of a 3D interactive model of the jaw musculature of the American alligator, from which several researchers who are interested in feeding ecology and evolutionary morphology have profited (Holliday *et al.* 2013). Embryonic imaging as well as the quantitative analysis of the organs and tissues of chick embryos has been achieved through micro-CT (Kim *et al.* 2011), revealing the benefits of this technique for developmental biology (Metscher 2009b; Kim *et al.* 2011).

Another example of the use of micro-CT in zoological specimens is the assessment of the effects of ocean acidification on calcified structures of marine invertebrates, revealing the utility of this technique in ecological studies (Keklikoglou *et al.* 2015; Chatzinikolaou *et al.* 2017). Furthermore, Faulwetter *et al.* (2013a) have shown advantages of the technique for taxonomic studies through the 3D visualisation of polychaetes. The latter authors demonstrated the importance of the micro-CT technique in the creation of 'cybertypes', as a potential addition to the current type material of the collections, with implications in our traditional ways of carrying out systematics and for the International Code of Zoological Nomenclature (Godfray 2007).

4.2. Botanical samples

Micro-computed tomography can be still considered as an under-used technique in botanical research (Staedler *et al.* 2013). Botanical samples often contain soft tissues such as leaves, flowers or fruit tissues with a low X-ray attenuation, and imaging of such parts may require contrast enhancement to increase the quality of images. Best results are usually obtained from samples that consist of different tissue types with different densities, such as seeds, fruits, woods, etc, as these allow a better discrimination between individual organs (Leroux *et al.* 2009). Usually, secondary cell walls are more easily detected than soft tissues (Leroux *et al.* 2009).

The technique is very suitable for visualising delicate anatomical structures such as embryos, meristems, flowers, and even individual cell walls (Dhondt *et al.* 2010; van der Niet *et al.* 2010; Johnson *et al.* 2011).

The applications for micro-CT in botanical research are very diverse. Among the earliest applications of micro-CT in botany were root studies (e.g., Crestana *et al.* 1986), and the literature in this field is abundant (see review in Mooney *et al.* 2012). Roots, but also whole plants, can in many cases also be scanned in vivo. This has allowed researchers to perform growth and repair experiments in living studies, and even record time-lapse 3D images (e.g., Brodersen *et al.* 2010, 2013; Dhondt *et al.* 2010; Paquit *et al.* 2011; Knipfer *et al.* 2015). However, the ionising effect of X-rays has to be taken into account, which may cause growth inhibition or untypical developments (e.g., Dhondt *et al.* 2010), so in vivo studies need to be planned carefully.

Micro-CT has furthermore been used for morphometric analyses of plants, which form the background for e.g., comparative morphology (van der Niet *et al.* 2010; Wang *et al.* 2015), food production (Li *et al.* 2011) or to address evolutionary questions (Miller & Venable 2003). Due to the high resolution of modern micro-CT scanners – and the large and well-defined cell structures in many plant tissues – cellular structures can often be discerned in plant scans. These fine structures aid in understanding physiological and functional processes in plants (Gamisch *et al.* 2013; Pajor *et al.* 2013; McElrone *et al.* 2013), as cellular architecture profoundly affects the physiology of plant tissues (Pajor *et al.* 2013). Finally, apart from studying soft plant tissues, micro-CT has been extensively used to study the density and porosity of woods, including plant hydraulics and xylem studies (e.g., Brodersen *et al.* 2011; Cochard *et al.* 2015; see also Brodersen & Roddy 2016 for an overview).

4.3. Palaeontological samples

Morphological information on fragile, rare and valuable palaeontological specimens has become accessible through micro-CT imaging (Abel *et al.* 2012). Palaeontological specimens are usually embedded in sediment or in amber. The investigation of these inclusions using scanning electron microscopy (SEM) or transmission electron microscopy (TEM) provides high quality images, but these methods require the destruction of the material (Greco *et al.* 2011; Görög *et al.* 2012). The internal structure of palaeontological specimens is frequently important for their taxonomic classification (Görög *et al.* 2012). For palaeontological objects, such as pyritised fossils which are difficult to conserve, micro-CT seems to be the only solution for the visualisation of their internal morphology, as this technique does not require the removal of the conservation matrix (DeVore *et al.* 2006). Palaeontological specimens in sedimentary rock or amber matrix can thus be 'virtually' extracted using micro-CT (Abel *et al.* 2012; Konietsko-Meier & Schmitt 2013).

The choice of micro-CT for visualising palaeontological specimens should take into account the required energy that is needed to penetrate such dense samples as well as the required contrast between specimen and matrix (Sutton *et al.* 2014). Furthermore, the size of the fossils and the size of the structures to be visualised might be an important constraint for the choice of this technology. Micro-CT is suitable for the majority of fossils whose size ranges from 2 mm to 200 mm (depending on the micro-CT system) (Sutton *et al.* 2014). According to Rahman & Smith (2014), micro-CT is suitable for fossil groups such as vertebrates, invertebrates, plants, microfossils, trace fossils and for a variety of their preservation types (including altered preservation, cast, mold, original and permineralisation).

The use of micro-CT in palaeontological collections is mostly related to the 3D visualisation and 3D analysis of specimens for taxonomic (e.g., Penney *et al.* 2007; Briguglio & Benedetti 2012), evolutionary (e.g., Koenigswald *et al.* 2011; Garwood *et al.* 2014), histological (e.g., Konietsko-Meier & Schmitt 2013) and palaeoecological purposes (e.g., Wan *et al.* 2014; Yang *et al.* 2015). Micro-CT has been used to study the fossil inclusions of amber and this technology has revealed features and internal structures which are important for the taxonomical classification of such specimens (Dierick *et al.* 2007; Kvaček *et al.* 2018a). Furthermore, an example of the utility of micro-CT in morphological and paleobiological studies is the study of the skeleton of an Eocene–Oligocene primate which allowed

the visualisation of features related to the life history, locomotion and diet (Franzen *et al.* 2009). The digital restoration of the 3D morphology of the Ediacara fossil *Pteridinium simplex* Gürich, 1930 using micro-CT revealed information concerning its ecology and its phylogenetic affinity (Meyer *et al.* 2014). Micro-CT has successfully been used for studies of plant and insect mesofossils (Kvaček *et al.* 2016; Heřmanová *et al.* 2017; Kvaček & Heřmanová 2017; Kvaček *et al.* 2018a, 2018b). Application of the method for lignified fossil plants embedded in sediment is not always easy. However, if the fossil is not completely compressed and contrast between the fossil and the sediment is high enough, it can be successful (Kvaček & Heřmanová 2017; Kvaček *et al.* 2018b). Charcoalified plant fossils consist of charred organic matter and air, providing excellent contrast between the air filling internal parts of cells and the charcoalified cell walls. The use of micro-CT to study the anatomy of fruits, seeds and insect eggs has been proved as a fast and user friendly tool for investigating their internal structures, which are crucial for their interpretation (Kvaček *et al.* 2016; Kvaček & Heřmanová 2017).

4.4. Geological (mineral) samples

Geological applications of X-ray computed tomography include interior examination of one-of-a-kind fossils or meteorites, textural analysis of igneous and metamorphic rocks, geometric description and quantification of porosity and permeability in rocks and soils, and any other application demanding three-dimensional data that formerly required physical serial sectioning (Ketcham & Carlson 2001). Micro-CT scans of rocks are virtual models with grayscale values representing primarily the X-ray attenuation of different minerals or other features, such as pores, in the rock (Wellington & Vinegar 1987). This method offers the means to study the internal materials and geometrics of rare or valuable specimens, such as meteorites, fossils or archaeological artefacts, which should not be destructively sectioned. Even in cases where sectioning is allowed, the use of micro-CT can eliminate the time spent and the laboriousness traditionally faced during the serial sectioning of geological specimens. The digital character of a micro-CT dataset allows interactive manipulation of the data, better visualisation and animation and easier measurement of dimensions (Carlson *et al.* 2003; Abel *et al.* 2011).

Micro-CT is a useful tool for the visualization of fractures, pores or layers which are characterised by different densities (Cnudde *et al.* 2006). According to Stanley (1992), among the types of rocks that can be examined using micro-CT are:

- igneous rocks formed by cooling and hardening of molten material (magma), which are composed by interlocking grains, each consisting of a particular mineral).
- rocks formed from sediments (mineral grains) that are deposited at the earth's surface by water, ice
 or air.
- metamorphic rocks formed by the alteration of rocks within the earth under conditions of high temperature and pressure, which are characterised by minerals and textures arrayed in parallel wavy layers.
- crystalline rocks which are igneous and metamorphic rocks formed at high temperatures.

High-resolution X-ray computed tomography has been used to reveal the sizes and the three-dimensional spatial disposition of porphyroblasts in metamorphic rocks, which can indicate the atomic-scale processes that control crystal nucleation and growth (Denison *et al.* 1997). Petroleum engineers have used CT data to study two-fluid coreflood experiments in reservoir lithologies (Wellington & Vinegar 1987). Meteorite investigations have progressed from solely finding inclusions to mapping out the shape and size distributions of their mineralogical components, providing textural clues about their origins (Kuebler *et al.* 1999). The 3D images produced using micro-CT technology allow the study of the real 3D petrography of meteorites and the visualization of a larger percentage of the meteorite (Hezel *et al.* 2013).

Another example of the use of micro-CT in petrology studies is the analysis of temporal, geographical and species-specific variations in flaked stone tool morphology, which attempts to explain the evolution

of cognition, culture and human behaviour. Abel *et al.* (2011) studied flaked stone tools used by early humans from at least 2.6 million years ago. Using micro-CT, they were able to visualise the key features of percussion, which distinguish flakes intentionally made by humans (artefact) from the ones created naturally (geofact). Also, they could recreate missing flakes from refitted groups of material by visualising void spaces (Abel *et al.* 2011).

5. Data curation

Given the importance of virtual specimens for future research – especially if datasets are designated as cybertypes for species descriptions (see e.g., Akkari *et al.* 2015) – data management (or curation) of micro-CT datasets should be performed with the same care as curating physical specimens. Currently, however, there are no universally accepted guidelines or standards concerning the curation, documentation and dissemination of micro-CT datasets. A recent overview and set of recommendations has been provided by Davies *et al.* (2017). A few general suggestions are listed below, which should be taken into consideration by micro-CT laboratories wanting to develop or improve data management practices.

Generally, data management/curation activities can be classified into three broad categories: a) documentation; b) data organization, storage and archival practices and c) data dissemination.

5.1. Documentation

The documentation of the dataset through metadata is crucial. Metadata place the dataset into context, make it discoverable and retrievable, provide information on provenance, terms for re-use and document the steps performed to create the dataset. The required level of detail of the metadata is determined by a variety of factors, such as internal guidelines of the institution, every-day practices of the laboratory and demands of users, trying to strike a balance between the need for a full documentation of the dataset with a high level of detail, and the effort, time and costs required to create this documentation.

Currently, no metadata standards or formats exist specifically for natural history specimens imaged through micro-CT. Several existing standards could be adapted to adequately describe these data, such as the DICOM (Digital Imaging and Communications in Medicine; http://dicom.nema.org), ISA-TAB (Investigation–Study–Assay; http://isa-tools.org/; Sansone *et al.* 2012) or HDF5 (Hierarchical Data Format 5; https://www.hdfgroup.org/) format. DICOM is a file format and data exchange protocol extensively used in medical imaging and contains the metadata embedded together with the images. While the metadata can be adapted to individual needs, and thus could be tailored towards 3D natural history specimen data, DICOM is not straightforward to learn, dedicated software is required and DICOM is not produced directly by many scanner models. The ISA-TAB standard provides flexible options to describe protocols and parameters and to combine metadata terms. It has at least once been applied to document micro-CT data (Stoev *et al.* 2013), although in a simplified form. The Hierarchical Data Format (HDF5) is a generic format suitable for large datasets comprised of heterogeneous subsets, including user-defined embedded metadata. The HDF5 format has been used for tomographic data (e.g., De Carlo *et al.* 2018; Mancini *et al.* 2018), but its use requires some expertise and dedicated software is needed.

However, many laboratories may decide to store metadata in a custom-made database or even in text files that are distributed along with the data. While a central database which includes documentation for all datasets allows for efficient search and retrieval of the datasets and enhances discoverability, care needs to be taken when data are re-distributed. In this case the metadata need to be extracted from the database and included together with the image files (e.g., as a text file, or embedded in, e.g., DICOM or HDF5 files). In the case of custom-made documentation systems, metadata should at least include:

- unique identifier for the dataset. Ideally, this should be a globally unique identifier, but in case the datasets are used only internally, they can be unique within the lab/institution

- description of specimen, including a link to an identifier for the specimen, e.g., a catalogue number
- purpose of dataset
- person(s) involved (for each action, if this level of detail is required)
- preparations of specimen (e.g., staining) which influence the results
- date/time of scanning and all scanning parameters (often recorded automatically by the machine)
- description of/Link to the storage location of the dataset(s)
- usage restrictions/licenses/copyright
- information on provenance / changes / version of the dataset (or a "last modified" date)
- links to or identifiers of derived publications or datasets

5.2. Data organisation, storage and archival practice

While careful metadata annotation can help to organise and retrieve the actual datasets, management of the actual files is equally important. Tomography data pose certain challenges due to their large volume, requiring adequate long-term storage, reliable backup systems and mechanisms to organise and retrieve files on storage media.

Depending on the responsibilities of the laboratory, different data products may have to be managed: In some laboratories, only the raw data (projection images) are kept, and everything from the reconstructed cross sections to images, analyses and other derivative data falls under the responsibility of the customer/ scientist; other practices include keeping also the reconstructed set of images and/or derivative data. A file organisation and storage system should take these responsibilities into account by organising data in a consistent directory structure with consistent file names which can be intuitively and comfortably understood and used (e.g., Yakami *et al.* 2011; Faulwetter *et al.* 2015).

Disk storage space and long-time archival practice has to be carefully accounted for. Several options for storage exist, but all of them have advantages and disadvantages:

- external and portable hard disks are easy to use but not very reliable. If hard disks are used, those supporting RAID (Redundant Array of Independent Disks) technology can provide extra protection against data loss.
- Network Attached Storage (NAS) servers are currently the best option. They can provide scalability and fault tolerance beyond that of discrete hard disks.
- tape library storage is still a common backup option, but recovery of data can be time-consuming and difficult.
- off-site storage (i.e., in the cloud) should be considered as protection against local disasters, but the large datasets (often several terabyte of data) result in long transmission times over the internet. Whether online storage is a feasible option will therefore depend on the practices of the laboratory (e.g., frequency and volume of data produced; type of data to be archived).

Laboratories with limited storage capabilities may also consider using data compression methods (see, e.g., Mancini *et al.* 2018 for an overview).

5.3. Data dissemination and publication

5.3.1. Data publication

The publication of research data, either to underpin scientific publications or as a general good practice of data sharing, has gained increasing acceptance over the last years. Sharing tomography data, however, can be still a challenge due to the large data volume. Data can be shared either through an institutional file sharing server or be published through a public repository. Available repositories differ in their scope and features. The choice depends on the type and size of the data to be shared, on whether journal policies apply (e.g., when data accompany a research article) and potentially on institutional practices. An overview of repositories is given in Table 10.

Data repository	Scope / Restrictions	URL
DigitalMorphology	primarily hosts data from the Digimorph group and collaborators; for contributions the project administrators should be contacted. Available data are QuickTime animations of CT stacks, movies of 3D volume rendering of specimens and STL surface models.	http://digimorph.org
Dryad	generic data repository. Not tailored towards large files, although they are accepted. Charges a publishing fee (currently \$120 per dataset), unless waivers apply. All data are released under a CC-Zero waiver (public domain, copyright removed). Assigns DOIs to the data.	http://www.datadryad.org
Figshare	generic data repository. Supports files up to 5 GB free (beyond that, institutional services can be purchased). License can be chosen by user. Assigns DOIs to the data.	https://figshare.com
GigaDB	accepts almost only data accompanying articles in GigaScience. Data can, however, be described as a DataNote and then included in the repository. Focuses on large-size data, i.e., volumetric data. Encourages publication of projection and reconstructed data. All data are released under a CC-Zero waiver (public domain, copyright removed). Assigns DOIs to the data.	http://gigadb.org/
LifewatchGreece micro-CT _{vlab}	accepts volumetric micro-CT datasets, provides extensive metadata and on-the-fly viewer of volumetric datasets. Several features, e.g., raw data download, still under construction. Does not assign DOIs.	https://microct.portal.lifewatchgreece.eu
MorphDBase	media database which also develops ontologies that describe morphological terminology. Not specifically targeted at 3D data but accepts media files in general.	https://www.morphdbase.de
Morphomuseum	publishes data accompanying journal articles in MorphoMuseum, but not only. Focuses on surface models, but volume data can also be published if they accompany surface data. Focus on vertebrates, but does not explicitly exclude other taxa. Assigns DOIs. Only license available is CC-BY-NC.	https://morphomuseum.com/
Morphosource	targeted at 3D biodiversity data (volumetric and surface). File formats include tiff, dicom, stanford ply, and stl. Does not assign DOIs automatically. Choice of license.	http://morphosource.org
Phenome10K	provides free 3-D image data of biological and paleontological specimens to the academic and educational (non-commercial) community. Supports all types of 3-D images, including surface scans, CT-scans and MRIs accompanied by their metadata, and images can be downloaded as STL files. Does not assign DOIs. Only license available is CC- BY-NC	http://phenome10k.org/

Table 10. Overview of repositories for 3D data.

Both volumetric datasets (reconstructed images and/or projection images) as well as surface models can be shared and are of interest to the scientific, cultural/artistic and education/science communication community. When sharing data, a suitable licence should be chosen that allow others to re-use and process the data. Creative Commons licenses (http://www.creativecommons.org), ideally CC-BY (attribution required) or even CC-Zero (release into the public domain) are the most suitable licenses for sharing scientific data (Hagedorn *et al.* 2011).

5.3.2. Tools for outreach and interaction with 3D data

Apart from making 3D datasets available for download, tools exists for remote on-the-fly interaction of users with the data. These tools are useful for giving users an overview of the data without having to download them first, and/or provide a suitable tool for outreach and education.

Surface models can easily be rendered in a browser (e.g., 3D Hop, http://vcg.isti.cnr.it/3dhop/) and allow the user to interact (rotate, zoom, change colours or lights) with them, and multiple technological solutions and ready-made portals exist (e.g., WebGL, Java, Flash). Rendering volumetric data online is still a challenge, and solutions are limited. Arivis Web View (https://www.arivis.com/de/imaging-science/arivis-webview) is a commercial solution and provides online 2D and 3D rendering even via limited bandwidth. 3D slicer (https://www.slicer.org/) is free software which likewise allows online rendering of volume data, with a variety of features to control opacity and colouring.

In addition to browser-based tools, several applications for mobile phones exist as well (e.g., the free CTVox app, https://www.bruker.com/products/microtomography/micro-ct-software/3dsuite.html; ImageVis3D, http://www.sci.utah.edu/cibc-software/imagevis3d.html; Volumize, http://www.volumize.be/; or DroidRender https://www.facebook.com/droidrender). These applications do, however, not work on the full high-resolution dataset, but on a downscaled version, as neither memory nor graphics cards on mobile devices are as powerful as those on dedicated desktop computers.

Another tool for interaction with 3D data, and especially suited for exhibitions, are touch-screen based volume rendering software packages which provide a simplified user interface, allowing children and non-technical users to explore 3D datasets. A commercial solution is the InsideExplorer (http://www.interspectral.com/inside-explorer/), which also provides support in setting up exhibitions. Similar features, but without technical support, are provided by the DrishtiPrayog software (http://nci.org.au/systems-services/scientific-visualisation/visualisation-services/drishti-prayog/).

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Appendix

1. Glossary of terms

A glossary of terms related with micro-CT technology and imaging has been compiled and presented in Table 11.

2. List of institutions hosting a micro-CT

A comprehensive list of academic and research institutions operating micro-CT systems is presented in Table 12 for SYNTHESYS3 partners (EU FP7 programme) and in Table 13 for collaborators all over the world.

3. List of micro-CT manufacturers

A list of micro-CT manufacturers and their company links is presented in Table 14.

4. List of software

An up-to-date list of software currently used for post-processing procedures is presented in Table 7 for 3D volume rendering, in Table 8 for segmentation, in Table 9 for 2D/3D analysis and in Table 15 for 2D visualisation.

3D	Three-dimensional
CCD camera	Charge-coupled device camera: a technology used in digital photography to convert a light signal into a digital value.
Creative Commons licences	A set of copyright-licences that describe which rights of the licenced material are reserved and to what extent and under which condition the material can be modified and shared. The licences are standardised, simple to understand and computer-readable (http://www.creativecommons.org).
СТ	Computer tomography, a non-destructive imaging technique that converts projection views into orthogonal slices to calculate three-dimensional representations of the imaged object.
CTVox	A commercial volume rendering software developed by SkyScan/Bruker.
DICOM	Digital Imaging and Communications in Medicine: a standard providing format definitions and a communication protocol for the description and exchange of medical image data.
DOI	Digital Object Identifier: a digital identifier used to uniquely identify an object and retrieve metadata about it. Mostly applied to documents such as scientific papers, books, reports, etc. but not restricted to these – any digital object can be assigned a DOI.
Drishti	Free volume rendering software (http://sf.anu.edu.au/Vizlab/drishti).
Dryad/Datadryad	An online data repository to store data underlying scientific publications. Assigns DOIs to the submitted data so that they can be discovered and cited (http://datadryad.org).
figshare	An online data repository to store data underlying scientific publications. Assigns DOIs to the submitted data so that they can be discovered and cited (http://www.figshare.com).
Flat-field correction	A calibration procedure to improve the images created by the CCD camera. During the flat-field correction, defect pixels and camera artefacts are accounted for, and thus they can be removed in the final image.
GB	Gigabyte: 10 ⁹ bytes. A byte is a unit of digital information, its multiples (kilo-, mega-, gigabyte) are often used to describe the size of a digital storage medium, file or dataset.
GigaDB	An online data repository to store data underlying scientific publications, specializing on very large datasets. Assigns DOIs to the submitted data so that they can be discovered and cited (http://www.gigadb.org).
HMDS	Hexamethyldisilazane: a chemical used for drying specimens without affecting their morphology.
ISA-TAB	A newly proposed data format intended to facilitate integration of diverse datasets across various life-science disciplines (https://isa-tools.org/).
isosurface model	Geometrical, three-dimensional model consisting of surfaces of equal densities (often triangles).
keV	Kilo electron volt

 Table 11 (continued on next page). Glossary of terms.

Table 11 (continued).

kV	Kilovolt
kVp	Peak kilovoltage
metadata	Data about data. Ambiguous term, since data can be both "normal data" as well as "metadata", depending on the context. Metadata help to understand the context of the data as well as provide a means to integrate it with other data.
μΑ	Micro-ampere
morphometric analysis	Statistical analysis based on the shape and size of morphological characters of organisms to detect similarities or significant differences between samples, populations or species.
OBJ	Wavefront Object: a data format used to represent three-dimensional geometric objects with the information of colour.
pixel	The smallest unit of information in a digital image.
projection image	Also called shadow image or radiograph. Image that results from CT imaging provides a grayscale side view of the specimen, with dense parts in darker shades and less dense parts in lighter shades of grey. From a series of projection images the cross-sections are calculated.
РТА	Phosphotungstic acid: an electron-dense stain used as a contrast agent in histology and CT imaging.
RAM	Random-access memory: a form of computer data storage for fast access.
reconstruction	Algorithmic process of transforming projection images into cross sections.
ROI	Region of Interest: User-specified region of an image.
SEM	Scanning Electron Microscopy: a high-resolution imaging technique.
surface rendering, surface model	See isosurface model.
transfer values, transfer function	In volume rendering, a definition of the colour and opacity values with which each voxel should be displayed.
type material, type specimen	A biological reference specimen, usually kept in museums or biological collections, to which the scientific name of that taxon is formally attached.
URI	Uniform Resource Identifier: a sequence of characters used to identify a web resource.
URL	Uniform Resource Locator: often also synonymously used with 'web address', a URL is a URI which also provides a means to access the resource.
volume rendering	A way of displaying three-dimensional data acquired through 3D-imaging techniques such as CT or MRI. Depending on the transfer functions applied, different densities of the sample can be visualised and optionally colour-coded.
voxel	Volume pixel: the smallest unit of information in a three-dimensional digital space.

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Micro-CT lab	Country	Micro-CT system	Further information
Natural History Museum in London	United Kingdom	Nikon Metrology HMX ST 225	http://www.nhm.ac.uk/our-science/departments-and-staff/core-research-labs/imaging-and-analysis/computed-tomography.html
Institute of Marine Biology and Genetics (HCMR)	Greece	Skyscan 1172	https://microct.portal.lifewatchgreece.eu/
Muséum national d'Histoire naturelle (MNHN)	France	GE Phoenix VTomeX L240	http://ums2700.mnhn.fr/ast-rx/acces#tarification
Museo nacional de Ciencias naturales (MNCN)	Spain	Nikon XT- H-160	http://www.mncn.csic.es/index.jsp?seccion=1325&id=2010120902260001&activo=12
Wageningen University and Research Centre	Netherlands	GE Phoenix v[tome] x m	http://www.wageningenur.nl/en/Expertise-Services/Facilities/CATAgro Food-3/CATAgroFood-3/Our-facilities/Show/Xray-computer-Tomography- XRT-CT-Noninvasive-3D-imaging-of-internal-structures.htm
Naturalis Biodiversity Center	Netherlands	Skyscan 1172	https://science.naturalis.nl/en/labs-services/laboratories/geolab/
Národní Museum	Czech Republic	Skyscan 1172	http://www.nm.cz/
Museum für Naturkunde	Germany	Phoenix Nanotome s	https://muellerlaboratory.wordpress.com/ https://www.kristin-mahlow.de/mico-ct-labor/
Royal Belgian Institute of Natural Sciences	Belgium	RX EasyTom XRE UniTom	http://collections.naturalsciences.be http://virtualcollections.naturalsciences.be/

Further information	http://www.dalton.manchester.ac.uk/research/facilities/manchesterx-rayimagingfacility/	https://www.umassmed.edu/radiology/clinical-divisions/musculoskeletal-imaging/welcome/	https://ens1.re.fas.harvard.edu/	https://www.rushu.rush.edu/research/rush-core-laboratories/rush-microct-and-histology-core	http://xraylab.esci.umn.edu/	http://www.ctlab.geo.utexas.edu/	https://www.umc.edu/sod/	http://www.ugct.ugent.be/	http://www.biomech.ethz.ch/	http://www.marionegri.it/en_US/home
Micro-CT system	E.g., Nikon Metrology 225/320 kV Nikon XTH 225	Scanco MicroCT40	Nikon Metrology HMX ST 225	Scanco MicroCT40 Scanco MicroCT50	X-View CT X5000	Xradia microXCT 400 NSI scanner	Skyscan 1172	NanoWood Environmental Micro-CT Medusa	Scanco µCT 41, 50 and 80	GE Explore Locus
Country	United Kingdom	USA	USA	USA	USA	USA	USA	Belgium	Switzerland	Italy
Micro-CT labs	Henry Moseley X-ray imaging facility, University of Manchester	The Musculoskeletal Imaging Core at UMASS Medical School	CNS - Center for Nanoscale Systems	Rush University Medical Center - microCT Core Lab	University of Minnesota XRCT lab	High-Resolution X-ray Computed Tomography Facility at the University of Texas at Austin (UTCT)	University of Mississippi Medical Center Department of Biomedical Materials Science	Centre for X-ray Tomography of Ghent University (UGCT)	Institute for Biomechanics - ETH Zürich	Mario Negri Institute of Milan

Table 13 (continued on next two pages). Indicative list of micro-CT labs all over the world.

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Table 13 (continued).			
Micro-CT labs	Country	Micro-CT system	Further information
Weizmann Institute of Science	Israel	Xradia microXCT 400	http://www.weizmann.ac.il
Stellenbosch University CT Scanner Unit	South Africa	GE Phoenix VTomeX L240	https://www.sun.ac.za/english/faculty/science/CAF/units/ct-scanner
Aix-Marseille Université (AMU), Laboratoire Cerege	France	MicroXCT-400 Zeiss- Xradia	https://www.nano-id.fr/tomographie-x3d/
De la Prehistoire à l'Actuel: Culture, Environnement, Anthropologie (PACEA)	France	GE Phoenix VTomeX	http://www.pacea.u-bordeaux1.fr/
Laboratoire Biogéosciences, University of Bourgogne	France	SkyScan 1174	http://biogeosciences.u-bourgogne.fr/en/
Institut de Paléoprimatologie, Paléontologie Humaine: Evolution et Paléoenvironnements (IPHEP), Université de Poitiers	France	RX solutions EasyTom XL Duo Viscom X8050	http://sfa.univ-poitiers.ft/imageup/equipements/materiel-dans-le-laboratoire-ic2mp/?post_type=social
Structure Fédérative de Recherche de Lyon Gerland (SFR), BioSciences	France	GE Phoenix Nanotom S	http://www.sfi-biosciences.fi/ http://www.sfi-biosciences.fr/plateformes/Phenotypage-cellulaire/AniRA-ImmOs/AniRA-immos
Laboratoire IPANEMA	France	Psiché Metrologie Anatomix	http://www.synchrotron-soleil.fr/Recherche/LignesLumiere/PSICHE http://www.synchrotron-soleil.fr/Recherche/LignesLumiere/METROLOGIE http://ipanema.cnrs.fr/spip/
MRI-ISEM, Evolutionary Institute, University of Montpellier	France	EasyTom 150	http://www.mri.cnrs.fr/en/x-ray-tomography/mri-isem.html

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Table 13 (continued).

Micro-CT labs	Country	Micro-CT system	Further information
Theoretical Biology MicroCT Imaging Lab, University of Vienna	Austria	MicroXCT-200 Zeiss-Xradia Skyscan 1174	https://theoretical.univie.ac.at/microct-lab/
Vienna Micro-CT Lab, Department of Anthropology	Austria	Viscom X8060	http://www.micro-ct.at/en/
Department of Palacontology, University of Vienna	Austria	Skyscan 1173	http://www.univie.ac.at/Palaeontologie/FACILITIES2_DE.html
Institute of Biotechnology, Cornell University	USA	Xradia Zeiss VersaXRM-520 GE eXplore CT-120	http://www.biotech.cornell.edu/node/573

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Website Company http://bruker-microct.com/home.htm Bruker (acquisition of Skyscan and Carestream) http://www.carestream.com/default.aspx?LangType=1033 CT imaging http://www.ct-imaging.de/en/ Echo Medical Systems http://www.echomri.com/ FEI (ThermoFisher) http://www.fei.com/ **GE Medical Systems** http://www.gehealthcare.com GE Measurement and Control Solutions https://www.industrial.ai/ Hitachi Aloka Medical http://www.hitachi-aloka.co.jp/english/ Mediso http://www.mediso.hu/ Milabs http://www.milabs.com/ NanoFocus Ray http://www.nfr.kr/e_index.php Nikon Metrology http://www.nikonmetrology.com/en EU/ North Star Imaging (XviewCT) http://www.xviewct.com/ Perkin Elmer http://www.perkinelmer.com/ Prexion http://www.prexion.com/ **RX** Solutions http://www.rxsolutions.fr/ Scanco Medical http://www.scanco.ch/ Sedecal https://www.sedecal.com/en/ Siemens http://www.siemens.com/entry/cc/en/ Stratec Medizintechnik GmbH http://www.stratec-med.com Toshiba IT & Control Systems Corporation https://www.toshiba-itc.com/en/ TriFoil imaging (acquisition of Bioscan Inc.) http://www.trifoilimaging.com/ Varian Medical Systems https://www.varian.com Werth Messtechnik http://www.werth.de/de/start/home.html Xstrahl http://www.xstrahl.com/ XRE https://xre.be/ YXLON International GmbH http://www.yxlon.com/ Zeiss http://www.xradia.com/

Table 14. MicroCT manufacturers and their company links (modified table from Schambach *et al.* 2010 and http://microctworld.net/).

Table 15. Software for 2D visu	alisation (modified table f	from Walter et al. 2010 and	Abel <i>et al.</i> 2012).
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Software	Licence Type	URL	
Amira	Commercial	www.amira.com	
Arivis (web-based software)	Commercial	http://vision.arivis.com/	
BioImageXD	Free	http://www.bioimagexd.net	
Brain Maps (web-based software)	Free	http://brainmaps.org	
Dragonfly	Free licences available for researchers with non- commercial activities/ Commercial	http://www.theobjects.com/dragonfly/	
Fiji (Is Just ImageJ)	Free	http://fiji.sc/	
Huygens	Commercial	http://www.svi.nl	
ImageJ	Free	https://imagej.nih.gov/ij/	
Image-Pro	Commercial	http://www.mediacy.com	
Imaris	Commercial	http://www.bitplane.com/	
Mimics	Commercial	www.materialise.com/mimics	
Octopus	Commercial	https://octopusimaging.eu/	
Simpleware	Commercial	www.simpleware.com	
Slice:Drop (web-based software)	Free	http://slicedrop.com/	
SPIERS	Free	www.spiers-software.org	
tomviz	Free	http://www.tomviz.org/	
VG Studio Max	Commercial	www.volumegraphics.com	
Volocity	Commercial	http://www.improvision.com	
VTK	Free	http://www.vtk.org/	