# Application of PLGA-ion exchange resin microcapsules of sulfasalazine for embolization therapy

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**Objective** This work involves preparation and evaluation (*in vitro/in vivo*) of microcapsules containing sulfasalazine-ion exchange resin complex (resinate) to induce emboli for treatment of solid cancer.

**Methods** The drug–resin complex (resinate) had been optimized by using drug:resin ratio (1:8), by suspending the resin in sulfasalazine aqueous solution with at 400 rpm for 120 min at 50°C. For controlling the release of drug, microencapsulation for the resinate was applied where 21 formulas with different resinate:poly(lactic-co-glycolic acid) ratios 2:1, 1:1 and 1:2 were prepared by solvent evaporation method to study the effect of different variables including resinate:polymer ratio, stirring speed, effect of temperature and aqueous phase volume on microencapsulation efficiency and percent of yield.

**Results** The *in vitro* release study for the prepared resinate, which had 72% entrapment efficiency, showed 80.992% of drug released within 15 min and the release continued until 99.83% within 75 min formula was found to be F19 had 76.70% encapsulation efficiency and 89.40% yield. The *in vitro* release study for selected formula showed that 32% of drug released within 1 h and 78% of drug released within 20 days and the release continued up to 96% within 45 days indicating a controlled release manner with spherical microcapsule of 595 µm. The preliminary *in vivo* work using rabbits showed instant occlusion of the central auricular artery of the rabbit ear leading to ischemia within 3 days that continued to the end of study period.

**Conclusion** This work show the suitability of microcapsules size to prevent blood flow and forming embolization with controlling release of the drug that may treat the solid tumor.

Keywords embolization therapy, sulfasalazine, DEAE sephadex A-25 ion exchange resin, PLGA coated microcapsules

### Introduction

Controlled release dosage form is a dosage forms that release the drug continuously in predetermined pattern for a fixed period of time, either systemically or locally to specified target organ.1 It occurs when the active constituents and polymer both combined in such manner that the release from the bulk materials was pre-designed; its role is to alter the pharmacokinetics and or pharmacodynamics of pharmacologically active moieties by using novel drug delivery system or by modification of molecular structure or its physiological parameters.<sup>2</sup> Embolization technique is a technique in which an occlusive drug is delivered through a catheter to block flow within a targeted blood vessel. It is performed for many medical conditions such as discontinue bleeding from a hemorrhagic ulcer or to tumor by blocking its blood supply.3 Ion exchange resin microspheres can be used to induce emboli after loading with the suitable drug and in order to obtain the suitable particle size to block the blood supply microencapsulation technique can be applied.<sup>4</sup> The polymer used as a coated material is poly(lactic-co-glycolic acid) (PLGA) which is a family of FDA-approved biodegradable polymers that are physically strong and highly biocompatible and have been extensively studied as sustained delivery vehicles for drugs.5 Coating (microencapsulation) of the microspheres loaded drug like drug-resin complex (DRC) provided better control on the release of the drug by utilizing rate-controlling membrane that can modify the action of the therapeutic emboli for a longer time.6

Sulfasalazine is tasteless, odorless, brownish-yellow powder with 542°C melting point. It is indicated in the treatment of mild to moderate ulcerative colitis, it is also indicated in rheumatoid arthritis, juvenile rheumatoid arthritis, Crohn's disease and psoriatic arthritis.<sup>7</sup> Sulfasalazine has a potent inhibitory property on system  $(X_c^-)$  since it markedly reduced cystine uptake, glutathione levels, growth and viability of human cancer cells.<sup>8</sup>

The aim of this work is to prepare and evaluation (*in vitro*/ *in vivo*) microcapsules containing sulfasalazine-ion exchange resin complex (resinate) to induce emboli for treatment of solid cancer through cutting off blood supply to area and slowly release the drug for a long period enough to treat the disease, to be used as alternative to surgery, chemotherapy and radiotherapy that had serious side effects.

### **Materials and Methods**

### Materials

Sulfasalazine purchased Hyperchem, China, DEAE-sephadex A25 from Pharmacia Pharmaceutical company, Sweden, PLGA [lactic acid:glycolic acid (85:15)] from Advanced Biomedical Technology, Taiwan.

### Methods

#### Preparation of drug-resin complex

The DRC had been prepared in our laboratory but it required further optimization therefore specific amount of resin (DEAE sephadex A-25) was used to prepare a drug:resin ratio (1:8) by suspending the resin in sulfasalazine aqueous solution with at 400 rpm for 120 min at 50°C using hot plate magnetic stirrer then the obtained residue allowed to dry in a hot air oven at 40°C overnight.<sup>9</sup> The drug entrapment efficiency was determined by analyzing the supernatant obtained for the free drug by measuring its UV absorbance at 359 nm, the amount of sulfasalazine entrapped was determined according to this equation.<sup>10</sup>

| Entrapment efficiency | (FF) - | Entrapped drug content |
|-----------------------|--------|------------------------|
|                       | (LL) - | Initial drug content   |

# In vitro Dissolution Study for the Prepared Drug-resin Complex

The release of the drug from the prepared DRC (resinate; 1:8) was studied using dissolution apparatus II and 900 ml phosphate buffer (pH 7.4) as dissolution medium fixed at 50 rpm stirring speed and 37°C. Samples (5 ml) were withdrawn at predetermined time, filtered and analyzed using UV spectrophotometer at 359 nm,<sup>11</sup> the withdrawn samples were replaced by the same of fresh phosphate buffer.<sup>12</sup>

# Microencapsulation of the Prepared Drug-resin Complex

Microcapsules were prepared by solvent evaporation method, as follows:

- (a) Aqueous phase: specific amount of the selected resinate (ratio 1:8) was suspended in 300 ml aqueous media containing 50 ml of glycerol in polyvinyl alcohol solution (0.15% w/v).
- (b) Organic phase: different amounts of PLGA had been dissolved in 20 ml dichloromethane (DCM).

Then organic phase had been added to the aqueous phase with continuous shaking at 35°C for 45 min (until complete evaporation of DCM). The mixture was filtered and the microcapsules obtained had been washed with sufficient quantity of deionized distilled water and normal hexane to remove any residual organic solvent, and then washed with formaldehyde (5%) to solidify the coated layer. The prepared microcapsules were dried overnight in a hot air oven at 40°C. Twenty-one formulas containing different resinate:PLGA ratio 2:1, 1:1 and 1:2 were prepared using different volumes of aqueous phase at different stirring speed and stirring temperature in order to optimize the preparation,<sup>13</sup> as shown in Table 1.

Encapsulation efficiency and percentage of product yield were the main parameters used to evaluate microencapsulation methods and conditions and they were calculated as the follows:<sup>14</sup>

Encapsulation efficiency = 
$$\frac{\text{Total drug} - \text{Free drug}}{\text{Total drug}} \times 100\%$$

Percent yield =  $\frac{\text{Actual yield}}{\text{Theoretical yield}} \times 100\%$ 

### Variables Affecting Percent of Yield and Encapsulation Efficiency of the Prepared Microcapsules

### Effect of Resinate:PLGA Ratio

The effect of using different ratios of resinate:PLGA (1:2, 1:1 and 2:1) on the encapsulation efficiency and percent of yield of the

| Iable 1. The prepared formulas of sulfasalazine microcapsules |                         |               |          |            |                  |             |               |  |  |
|---|-------------------------|---------------|----------|------------|------------------|-------------|---------------|--|--|
| Formula<br>no.  | Amount of resinate (mg) | Organic phase |          | Aqueous    | Stirring         | Stirring    | Resinate:PLGA |  |  |
|   |                         | PLGA (mg)     | DCM (ml) | phase (ml) | temperature (°C) | speed (rpm) | ratio         |  |  |
| F1  | 30                      | 60            | 20       | 300        | 35               | 600         | 1:2           |  |  |
| F2  | 30                      | 60            | 20       | 400        | 35               | 600         | 1:2           |  |  |
| F3  | 30                      | 60            | 20       | 500        | 35               | 600         | 1:2           |  |  |
| F4  | 30                      | 30            | 20       | 300        | 35               | 600         | 1:1           |  |  |
| F5  | 30                      | 30            | 20       | 400        | 35               | 600         | 1:1           |  |  |
| F6  | 30                      | 30            | 20       | 500        | 35               | 600         | 1:1           |  |  |
| F7  | 30                      | 15            | 20       | 300        | 35               | 600         | 2:1           |  |  |
| F8  | 30                      | 15            | 20       | 400        | 35               | 600         | 2:1           |  |  |
| F9  | 30                      | 15            | 20       | 500        | 35               | 600         | 2:1           |  |  |
| F10   | 30                      | 60            | 20       | 500        | 45               | 600         | 1:2           |  |  |
| F11   | 30                      | 60            | 20       | 500        | 55               | 600         | 1:2           |  |  |
| F12   | 30                      | 30            | 20       | 500        | 45               | 600         | 1:1           |  |  |
| F13   | 30                      | 30            | 20       | 500        | 55               | 600         | 1:1           |  |  |
| F14   | 30                      | 15            | 20       | 500        | 45               | 600         | 2:1           |  |  |
| F15   | 30                      | 15            | 20       | 500        | 55               | 600         | 2:1           |  |  |
| F16   | 30                      | 60            | 20       | 500        | 55               | 700         | 1:2           |  |  |
| F17   | 30                      | 60            | 20       | 500        | 55               | 800         | 1:2           |  |  |
| F18   | 30                      | 30            | 20       | 500        | 55               | 700         | 1:1           |  |  |
| F19   | 30                      | 30            | 20       | 500        | 55               | 800         | 1:1           |  |  |
| F20   | 30                      | 15            | 20       | 500        | 55               | 700         | 2:1           |  |  |
| F21   | 30                      | 15            | 20       | 500        | 55               | 800         | 2:1           |  |  |

prepared microcapsules was studied using F1, F4 and F7 using 300 ml aqueous medium, 600 rpm stirring speed at 35°C.<sup>15</sup>

### Effect of Aqueous Phase Volume

The effect of volume of aqueous phase (300, 400 and 500 ml) on the encapsulation efficiency and percent of yield of the prepared microcapsules from each resinate:PLGA ratios (2:1, 1:1 and 1:2) was studied using formulas F1–F9.<sup>15</sup>

### Effect of Temperature

The effect of temperature (35, 45 and 55°C) on encapsulation efficiency and percent of yield of the prepared microcapsules from each resinate:polymer ratios (2:1, 1:1 and 1:2) was studied using formulas F3, F6, F9–F15, keeping 500 ml aqueous phase and 600 rpm stirring speed.<sup>16</sup>

### **Effect of Stirring Speed**

The effect of different stirring speeds (600, 700 and 800 rpm) on the encapsulation efficiency and percent of yield of the prepared microcapsules from each resinate:PLGA ratios (2:1, 1:1 and 1:2) was studied using formulas F11, F13, F15–F21 with 500 ml aqueous phase and temperature 55°C.<sup>17</sup>

# In vitro Dissolution Studies for the Selected Prepared Microcapsules

For each resinate:PLGA ratio, the best formula of microcapsules was selected depending on entrapment efficiency and percent of yield and they were F17, F19 and F21. The release of drug from selected formulas were measured by modified dissolution method using hot plate magnetic stirrer at 100 rpm and 40 ml phosphate buffer (pH 7.4) dissolution medium volume at 37°C. Certain amount from each formula (equivalent to 3.2 mg of sulfasalazine) were placed in dialysis membrane (3000 Da) sealed and introduced in 40 ml of phosphate buffer (pH 7.4). Samples (1 ml) were withdrawn at predetermine time and diluted as need by fresh phosphate buffer (pH 7.4), filtered and analyzed using a UV spectrophotometer at 359 nm,<sup>18</sup> the withdrawn samples were replaced by the same volume of fresh phosphate buffer.<sup>12</sup>

### **Particle Size Analysis**

The ion exchange resin, selected resinates and selected microcapsules formula (F19) each one separately have been examined using laser diffraction particle size analyzer. The particles was suspended in distilled water and characterized by volume and number distribution using laser diffraction and polarization intensity differential scattering.<sup>19</sup>

### Morphological Characterization

The morphological characterization of the selected microcapsules formula (F19) was carried out using scanning electron microscopy (SEM) together with DEAE sephadex A-25 microspheres and the selected resinate.<sup>20</sup>

### In vitro Degradation Study

The *in vitro* degradability of PLGA coat of the selected microcapsules formula (F17) was assessed using fresh human serum. Three samples (20 mg) of (F17) were suspended separately in 5 ml of human serum and incubated at 37°C for 10, 20 and 30 days. Sample at each interval has been centrifuged at 1200 rpm for 5 min and the sediment was washed by deionized distilled water then dried at hot air oven overnight at 40°C and examined under SEM.<sup>21</sup>

### Preliminary in vivo Test for Embolization Property

Two rabbits were used to evaluate the embolization property for selected microcapsules formula (F19), the rabbits ears had been prepared for injection by wiping with sterile tissue then (24G) cannula had been inserted in ear central artery through which 3 ml suspension containing (30 mg) of sterile microcapsules (F19) was injected slowly.<sup>22,23</sup>

# **Results and Discussion**

### Preparation of Drug-Resin Complex

Sulfasalazine is a weak acid for which a weak base anion exchange resin is helpful for preparation of DRC. DEAE sephadex A-25 is one type of the anion exchange resins, which is a weak base in nature and it is biocompatible so it is suitable for formation of complex with sulfasalazine.<sup>24</sup> DRC was prepared previously in our laboratory but it needs further optimization, therefore in this study DRC 1:8 was prepared and its entrapment efficiency was 72% which is higher than lower drug:resin ratio since the increase in the amount of resin lead to increase in the number of chemical equivalent that available for ionic exchange per unit weight or volume of resin.<sup>25</sup>

# In vitro Dissolution Study for the Prepared Drug-Resin Complex

Figure 1 shows the cumulative percent of drug release for the prepared drug:resin ratio (1:8). The results showed that the percentage of sulfasalazine released within 15 min at phosphate buffer (pH 7.4) was 80.992%, and the release continued up to 99.83% within 75 min, this may be due to the fact that the complex will release the drug only when it is replaced by the ions which have the same charge after hydration of DRC by the medium. The ionic exchange may reach equilibrium, and this depend on the ionic constitution and the fluid volume, also the drug must diffuse from the resin through the internal exchange sites and it mainly depends on the efficient complex formed between the drug and the resin.<sup>26</sup>

### *Microencapsulation (coating) of Selected Drug-resin Complex (resinate)*

Microencapsulation of the DRC (resinate) is adapted to control release of the drug. Different formulas (21 formulas) of the coated (microencapsulated) resinate had been prepared with different resinate:PLGA ratios, aqueous phase volume, stirring speed and temperature. The encapsulation efficiency and percent of yield were calculated to estimate the best formula.



Fig. 1 Cumulative drug release of drug:resin ratio (1:8) with best entrapment efficiency.

### Variables Affecting Percent of Yield and Encapsulation Efficiency of the Prepared Microcapsules

### Effect of Resinate:PLGA Ratio

The results showed that as PLGA amount was increased (from 2:1 to 1:1) the encapsulation efficiency and percent of yield increased that may be as a result of high viscosity of the continuous phase that may delay the drug diffusion from the resinate and enhance precipitation of PLGA polymer on the surface of the resinate.<sup>15</sup> But the result also showed decrease in encapsulation efficiency with no effect on percent of yield as a PLGA ratio increased from 1:1 to 1:2 because the observation

indicated that an increase in the polymer concentration increases the entrapment of the drug inside the microsystems but on a high polymer amount it can form a loose network in the matrix which decreased the encapsulation efficiency as the network allows the drug particles to leach out during the microcapsules production<sup>27</sup> as shown in Fig. 2.

### Effect of Aqueous Phase Volume

The results showed a significant increase in encapsulation efficiency and percent of yield by increasing the volume of aqueous phase that may extract the solvent instantly which lead to fast precipitation of the coating polymer (PLGA) in large volume of continuous phase,<sup>28</sup> as shown in Fig. 3. Therefore, 500 ml aqueous phase volume was selected for further study.



### **Effect of Temperature**

It was found that there was a significant increase in the encapsulation efficiency and percent of yield upon increasing the temperature since the high temperature facilitated the evaporation of DCM leading to precipitation of PLGA on the resinate in the dispersed phase,<sup>15,17</sup> as shown in Fig. 4, therefore, the temperature selected for further study was kept at 55°C (using 500 ml aqueous phase volume).

### **Effect of Stirring Speed**

The results showed as stirring speed increased the percent of yield was significantly increased since the stirring process may enhance the emulsification process.<sup>29</sup> The results also showed that as the stirring speed increased the encapsulation efficiency decreased (not significantly) that may be due to vortex formation at high agitation rates which resulted in leaching of drug from the resinate.<sup>30</sup> Therefore, the best stirring speed was 800 rpm (keeping the temperature at 55°C and 500 ml aqueous phase volume). Accordingly, for each resinate:PLGA ratio one best formula was selected which had best encapsulation efficiency and percent of yield (F17, F19 and F21), as shown in Fig. 5.

### In vitro Dissolution Studies for the Selected Prepared Microcapsules

The results showed that the percentage of sulfasalazine released from formula (F21) within 1 h at phosphate buffer (pH 7.4) was 28%, and the release after 20 day was 81% which continued up to 98% within 45 days. On another hand the results showed that the percentage of drug released from formula (F17) within 1 h was 29%, and the release after 20 days was 70% which continued up to 93% within 45 days. While the percentage of drug released from F19 within 1 h was 32%, and the release after 20 days was 78% which continued up to 96% within 45 days. The initial burst effect may be due to the presence of some drug particles on the surface of the microspheres, which can be considered as a desired effect to ensure the initial therapeutic action of drug.<sup>31</sup> It was also observed that the drug release from F17 (containing resinate:PLGA ratio 1:2) showed significantly lower drug release than F21 (containing resinate:PLGA ratio 2:1) since the drug release rates decreases as the amounts of polymer increases which may create thicker coat around the particles in the microcapsules.<sup>32,33</sup> While F19 (containing resinate:PLGA ratio 1:1) showed no significant decrease in drug release in comparison to F21, but F19 showed







higher encapsulation efficiency and higher percent of yield than F21, therefore, it was selected for further study as shown in Fig. 6.

### **Particle Size Analysis**

The results showed an increase in particle size of the selected resinate (588  $\mu m)$  and selected prepared microcapsules (F19)

(595  $\mu m)$  in comparison to resin microsphere (306  $\mu m$ ). This was due to adsorption of the drug particles on the resin microsphere during DRC process and coating the resinate particles by PLGA polymer in the microencapsulation process.^{34} The result also showed that 90% of the selected prepared microcapsules (F19) was in 595  $\mu m$  (particle size) which is more suitable for embolization therapy.^{35}

### **Differential Scanning Calorimetry**

**Figure** 7 shows the thermogram of sulfasalazine, DEAE sephadex A-25, selected resinate, selected prepared microcapsules (F19). Sulfasalazine exhibited a sharp exothermic peak at 246.5°C indicating the temperature of drug melting. The resin had no detected peaks at the range of temperature used. The DRC showed that the drug exothermic peak was absent indicating the formation of DRC and no drug crystals available.<sup>36</sup> The result also showed the absence of the drug exothermic peak in the prepared microcapsules indicating that microencapsulation process had no effect on DRC.

### Determination of Morphological Characterization

The results showed the spherical shape of resin microspheres and the resinate showed similar appearance to resin microsphere. The feature of sulfasalazine crystals was not detected indicating formation of drug resin mixture and the drug was dispersed molecularly in the resonates.<sup>36,37</sup> The results also showed the prepared microcapsules had spherical shape with slightly irregular surface indicating the efficient deposition of PLGA on the surface of resinate with complete coating and no pores referring to the efficient conditions used for optimization of the solvent evaporation method applied<sup>38</sup> as shown in Fig. 8.

### In vitro Degradation Study

The results showed the gradual biodegradation of PLGA coat of selected formula in human serum where pores formed upon incubation and became more clear with time causing gradual controlled drug release with time accordingly. Similar results obtained with Sorafenib loaded imageable microspheres for embolization where PLGA polymer degradation gave lactic acid and glycolic acid in the biological fluid<sup>39,40</sup> as shown in Fig. 9.





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Fig. 8 Scanning electron microscopy (SEM) of (a) DEAE sephadex A-25 microspheres (b) selected resinate (c) selected microcapsules formula (F19).



Fig. 9 Incubated samples of selected formula (F19) in human serum at 37°C for (a) 10, (b) 20 and (c) 30 days.

### Preliminary in vivo Test for Embolization Property

Figure 10 showed the rabbits ears images at 1, 3, 9, 15, 20 days after selected microcapsules formula (F19) had been injected in the ear central artery to evaluate the embolization property. The results showed the instant occlusion of the central auricular artery near the site of injection causing ischemia in the region within 3 days that continued to the end of the study period. This indicated that the prepared microcapsules having diameter (595  $\mu$ m) aggregated enough to prevent arterial blood flow to the injected area forming embolization.<sup>41</sup> There was no sign of tissue necrosis upon embolization during the study period.

# Conclusion

This work succeeded in preparation of microcapsules containing sulfasalazine-ion exchange resin and optimized to get spherical microcapsules with 595  $\mu$ m size which was suitable to induce embolization upon *in vivo* test using rabbits to prevent blood supply to the region as well as controlling drug release for 45 days that may treat the solid tumor to be used as alternative to chemotherapy, radiotherapy and surgery.

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# **Conflicts of Interest**

None.

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Fig. 10 Rabbits ears which injected with selected prepared microcapsules (F24) after (a) control ears, (b) 1 day, (c) 3, (d) 9,

(e) 15 and (f) 20 days.

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