

Nova Biotechnologica et Chimica

Formation of carnosine - an ab initio study

Roman Boča[⊠], Beáta Vranovičová

Department of Chemistry, Faculty of Natural Sciences, University of SS. Cyril and Methodius in Trnava, Nám. J. Herdu 2, Trnava 91701, Slovakia

Corresponding author: roman.boca@ucm.sk

Article info

Article history: Received: 11th June 2021 Accepted: 8th September 2021

Keywords: Carnosine Histidine Beta-alanine ab initio calculations Molecular properties Equilibrium constant

Note: used non-SI units kcal mol⁻¹ = 4.184 kJ.mol⁻¹, *debye*, D = 3.336×10^{-30} Ams, *bohr*, $a_0 = 5.292 \times 10^{-11}$ m, *angstrom*, Å = 10^{-10} m, atm = 101,325 Pa

Abstract

Formation of carnosine from histidine and β -alanine is studied by *ab initio* MO-LCAO-SCF method followed by the perturbative configuration interaction (MP2) *in vacuo*. After the full geometry optimization at the SCF level, the molecular properties were evaluated and followed by the vibrational-rotational analysis. Consequently, the energy, entropy and free energy were evaluated for the reactants and products of the reaction histidine + β -alanine \rightarrow carnosine + H₂O and finally, the equilibrium constant was enumerated.

© University of SS. Cyril and Methodius in Trnava

Introduction

Carnosine (*beta*-alanyl-L-histidine) is a simple peptide formed by the condensation reaction of histidine and β -alanine (Eq. 1).

histidine + β -alanine \rightarrow carnosine + H₂O (1)

The molecular structures are viewed in Fig. 1. Carnosine is a substance with multi-beneficial effects (Boldyrev *et al.* 2013). It is synthesized in organisms by the carnosine-synthase (Eq. 2)

ATP + L-histidine + β -alanine \rightarrow ADP + phosphate + carnosine (2)



Fig. 1. From top to bottom: structure of the histidine, β alanine, and carnosine (zwitterionic forms) as extracted from the CCDC (Cambridge Crystallographic Data Centre). CCDC codes: 1889705, 1105698, and 1105666. Colours: C – dark grey, N – blue, O – red, H – white.

and it is metabolized by the canosinase. Beneficial effects of the carnosine were proven in many areas and the most important of them are: prevention of neurodegeneration, improvement of memory, antidepresive action, and suppressing of cancer (Schön et al. 2019). As carnosine penetrates the blood-brain barrier (BBB) and causes only little side effects, it possesses high utility potential. It serves also as a reservoir of histidine which is transformed to histamine by L-histidinedecarboxylase; the histamine itself does not penetrate BBB.

Experimental

X-ray structure data for the reactants and products of the reaction (Eq. 1) have been retrieved from the CCDC database (Cambridge Crystallographic Data Centre). These solid-state structures were used as an initial guess for the full geometry optimization in vacuo. For such a purpose the ab initio MO-LCAO-SCF method was utilized using the 6-31G** basis set (Hyperchem 2008). The dilemma of the zwitterionic versus amino forms in vacuo was solved by considering both of them. At the SCF level a number of molecular properties were evaluated: the energies of the HOMO (the highest occupied molecular orbital) and LUMO (the lowest unoccupied molecular orbital), the adiabatic ionization energy E_i and electron affinity E_{eg} based upon the positively and/or negatively charged open-shell system after geometry optimization, followed by the evaluation of the Mulliken electronegativity $\chi = (E_i - E_{eg})/2$ and the Pearson hardness $\eta = (E_i + E_{eg})/2$ (Pearson 1977; Sen 1993). For the electroneutral molecule also the dipole moment p and the polarizability volume α (one-third trace of the polarizability tensor) were calculated at the SCF level. The molecular electrostatic potential (Politzer et al. 1985; Politzer and Murray 2002) was displayed as a 3D contour map on the isovalue surface of charge density; this shows the acidic/basic sites along the molecular skeleton suitable for nucleophilic and/or electrophilic interactions. The energetic properties were improved by a partial inclusion of the correlation energy by employing the 2nd-order perturbative configuration interaction using the Moller-Plesset partitioning (MP2).

The above results have been compared with those obtained by the enlarged basis set 6-311G(d,p) after the full geometry optimization at the MP2 level.

The optimized geometry has been a starting point for the full vibrational-rotational analysis yielding the corresponding energy levels. They enter the partition function allowing the evaluation of the thermodynamic functions, such as the internal energy U, entropy S, the free energy A and the Gibbs energy G at the room temperature.

Results and Discussion

The MO-LCAO-SCF calculations started from the experimental solid-state geometry that is a zwitterionic form for histidine, β -alanine and also carnosine. The full geometry optimization converged to the zwitterionic form (hereafter Z) as displayed in Fig. 2 for histidine. There exists a five-membered ring <u>H</u>(NH₂)CCO with the short contact N<u>H</u>...O forming a bent hydrogen bond. The molecular electrostatic potential shows that the (H₂N)H site is positively charged as opposite to the –COO residue.



In addition, the calculations were done for the amino-acid form (hereafter A) in which the

hydrogen atom from the ammonium site was reallocated to the distant oxygen atom. For histidine this canonical form is a bit more stable by 17 kcal.mol⁻¹ at the SCF level and 10 kcal.mol⁻¹ at the MP2 level (Table 1). The molecular properties of the Z- and A-forms are almost analogous; the only marked difference exhibits the dipole moment that for the Z-form is very high. The Pearson hardness reflects the resistance of the molecule against the electron transfer and for the histidine it is high (155, 161 kcal.mol⁻¹) relative to the series of other amino acids (Vranovičová and Boča 2021).

	Zwitterion	Amino acid
НОМО	-215	-201
LUMO	101	116
E^+	-342,138	-342,136
E^0 (optimized geometry)	-342,323	-342,340
E^-	-342,220	-342,252
$E_{i}(\Delta SCF)$	185	204
$E_{\rm eg}(\Delta \rm SCF)$	103	88
$\chi_{\rm M}(\Delta {\rm SCF})$	41	58
$\eta_{\rm P}(\Delta {\rm SCF})$	144	146
$E^{+}(MP2)$	-343,183	-343,177
$E^0(MP2)$	-343,399	-343,409
<i>E</i> ⁻ (MP2)	-343,305	-343,318
$E_{i}(MP2)$	216	232
$E_{\rm eg}({\rm MP2})$	94	91
χ _M (MP2)	61	70
$\eta_{\rm P}({ m MP2})$	155	161
Dipole moment <i>p</i> /debye	12.99	6.20
Polarizability $\alpha/Å^3$	75.6	75.6
Surface area $S / Å^2$	321	325
Volume $V/Å^3$	475	482

^a All energy quantities in units of kcal mol⁻¹.

β-alanine belongs to the simplest amino acids and it crystallizes in the zwitterionic form. However, the geometry optimization resulted in travelling of the hydrogen atom from the NH₃⁺ site to the –COO⁻ residue where a six-membered ring (H₂N)CCCO<u>H</u> is formed with the bent N...<u>H</u>O hydrogen bond (Fig. 3). The ground state molecular energy for the Z- and A- forms are almost identical, favouring the A-form only by 0.6 kcal.mol⁻¹ (Table 2). The calculated molecular properties are very similar, again except the dipole moment. The molecular electrostatic potential is rather unique with a positive tail at the HO– edge pointing to the negatively charged NH₂– group. The hardness is high: 160 and 167 kcal.mol⁻¹. For this small molecule the geometry optimization was performed also at the MP2 level. The final geometry is almost identical with that fixed at the SCF level and it is stabilized by only 2 kcal.mol⁻¹.



Fig. 3. Optimized structure and molecular electrostatic potential of β -alanine.

Table 2. Calculated properties of β-alanine. ^a

	Zwitterion	Amino acid
НОМО	-261	-247
LUMO	116	124
E^+	-201,788	-201,778
E^0 (optimized geometry)	-201,985.2	-201,985.8
E^{-}	-201,878	-201,890
$E_{\rm i}(\Delta {\rm SCF})$	197	208
$E_{\rm eg}(\Delta {\rm SCF})$	107	96
$\chi_{\rm M}(\Delta {\rm SCF})$	45	56
$\eta_{\rm P}(\Delta {\rm SCF})$	152	152
<i>E</i> ⁺ (MP2)	-202,361	-202,351
$E^0(MP2)$	-202,593	-202,591
<i>E</i> ⁻ (MP2)	-202,505	-202,496
$E_{i}(MP2)$	232	240
$E_{\rm eg}({\rm MP2})$	88	95
$\chi_{\rm M}({ m MP2})$	72	72
$\eta_{\rm P}({\rm MP2})$	160	167
Dipole moment <i>p</i> /debye	6.75	2.97
Polarizability $\alpha/Å^3$	40.7	40.5
Surface area $S/Å^2$	242	242
Volume V/Å ³	331	331

^a All energy quantities in units of kcal.mol⁻¹.

The molecule of carnosine during the geometry optimization becomes folded as shown in Fig. 4.







Fig. 4. Optimized structure and molecular electrostatic potential of carnosine.

Table 3. Calculated properties of carnosine.

	Zwitterion	Amino acid
	[kcal.mol ⁻¹]	[kcal.mol ⁻¹]
НОМО	-162	-200
LUMO	38	115
E^+	-496,423	-496,451
E^0 (optimized geometry)	-496,552	-496,619
<i>E</i> ⁻	-496,526	-496,540
$E_i(\Delta SCF)$	129	168
$E_{\rm eg}(\Delta {\rm SCF})$	26	79
$\chi_{\rm M}(\Delta {\rm SCF})$	51	44
$\eta_{\rm P}(\Delta {\rm SCF})$	77	123
$E^{+}(MP2)$	-496,846	-496,870
$E^0(MP2)$	-498,113	-498,171
<i>E</i> ⁻ (MP2)	-496,959	-496,967
$E_{i}(MP2)$	1,267	1,301
$E_{\rm eg}({\rm MP2})$	1,154	1,204
$\chi_{\rm M}({\rm MP2})$	56	48
$\eta_{\rm P}({\rm MP2})$	1,210	1,252
Dipole moment <i>p</i> /debye	25.24	4.95
Polarizability $\alpha/Å^3$	113.8	112.3
Surface area $S/Å^2$	438	445
Volume $V/Å^3$	677	689

The A-form is preferred against the Z-form by 67 and 58 kcal.mol⁻¹, respectively. The inclusion of the correlation energy via the MP2 method causes a dramatic increase of the ionization energy,

electron affinity and consequently the Pearson hardness. The effect to the Mulliken electronegativity is small (Table 3).

The molecule of water possesses rather high ionization energy and electron affinity (Table 4). The calculated ionization energy $E_i(MP2) = 283$ matches the experimental value of 291 kcal.mol⁻¹. The Pearson hardness $\eta_P(MP2) = 202$ kcal.mol⁻¹ refers to the class of hard molecules.

\mathbf{T}

HOMO -312 LUMO135 E^+ $-47,455$ E^0 (optimized geometry) $-47,706$ $E^ -47,577$ $E_i(\Delta SCF)$ 251 $E_{eg}(\Delta SCF)$ 129 $\chi_M(\Delta SCF)$ 61 $\eta_P(\Delta SCF)$ 190 $E^+(MP2)$ $-47,547$ $E^0(MP2)$ $-47,708$ $E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202Dipole moment p /debye2.15Polarizability $\alpha/Å^3$ 4.87Surface area $S/Å^2$ 116Volume $V/Å^3$ 117	1 1	
LUMO 135 E^+ -47,455 E^0 (optimized geometry) -47,706 E^- -47,577 $E_i(\Delta SCF)$ 251 $E_{eg}(\Delta SCF)$ 129 $\chi_M(\Delta SCF)$ 61 $\eta_P(\Delta SCF)$ 190 $E^+(MP2)$ -47,547 $E^0(MP2)$ -47,708 $E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment p /debye 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	НОМО	-312
E^+ -47,455 E^0 (optimized geometry) -47,706 E^- -47,577 $E_i(\Delta SCF)$ 251 $E_{eg}(\Delta SCF)$ 129 $\chi_M(\Delta SCF)$ 61 $\eta_P(\Delta SCF)$ 190 $E^+(MP2)$ -47,547 $E^0(MP2)$ -47,708 $E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment p /debye 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	LUMO	135
E^0 (optimized geometry) -47,706 E^- -47,577 $E_i(\Delta SCF)$ 251 $E_{eg}(\Delta SCF)$ 129 $\chi_M(\Delta SCF)$ 61 $\eta_P(\Delta SCF)$ 190 $E^+(MP2)$ -47,547 $E^0(MP2)$ -47,830 $E^-(MP2)$ -47,708 $E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment $p/debye$ 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	E^+	-47,455
E^- -47,577 $E_i(\Delta SCF)$ 251 $E_{eg}(\Delta SCF)$ 129 $\chi_M(\Delta SCF)$ 61 $\eta_P(\Delta SCF)$ 190 $E^+(MP2)$ -47,547 $E^0(MP2)$ -47,830 $E^-(MP2)$ -47,708 $E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment $p/debye$ 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	E^0 (optimized geometry)	-47,706
$\begin{array}{lll} E_{i}(\Delta SCF) & 251 \\ E_{eg}(\Delta SCF) & 129 \\ \chi_{M}(\Delta SCF) & 61 \\ \eta_{P}(\Delta SCF) & 190 \\ E^{+}(MP2) & -47,547 \\ E^{0}(MP2) & -47,830 \\ E^{-}(MP2) & -47,708 \\ E_{i}(MP2) & 283 \\ E_{eg}(MP2) & 122 \\ \chi_{M}(MP2) & 80 \\ \eta_{P}(MP2) & 202 \\ Dipole moment p/debye & 2.15 \\ Polarizability \alpha/Å^{3} & 4.87 \\ Surface area S/Å^{2} & 116 \\ Volume V/Å^{3} & 117 \\ \end{array}$	E^{-}	-47,577
$E_{eg}(\Delta SCF)$ 129 $\chi_M(\Delta SCF)$ 61 $\eta_P(\Delta SCF)$ 190 $E^+(MP2)$ -47,547 $E^0(MP2)$ -47,830 $E^-(MP2)$ -47,708 $E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment $p/debye$ 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	$E_{i}(\Delta SCF)$	251
$\chi_{M}(\Delta SCF)$ 61 $\eta_{P}(\Delta SCF)$ 190 $E^{+}(MP2)$ -47,547 $E^{0}(MP2)$ -47,730 $E^{-}(MP2)$ -47,708 $E_{i}(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_{M}(MP2)$ 80 $\eta_{P}(MP2)$ 202Dipole moment p /debye2.15Polarizability $\alpha/Å^{3}$ 4.87Surface area $S/Å^{2}$ 116Volume $V/Å^{3}$ 117	$E_{\rm eg}(\Delta { m SCF})$	129
$\begin{array}{ll} \eta_{\rm P}(\Delta {\rm SCF}) & 190 \\ E^+({\rm MP2}) & -47,547 \\ E^0({\rm MP2}) & -47,830 \\ E^-({\rm MP2}) & -47,708 \\ E_i({\rm MP2}) & 283 \\ E_{\rm eg}({\rm MP2}) & 122 \\ \chi_{\rm M}({\rm MP2}) & 80 \\ \eta_{\rm P}({\rm MP2}) & 202 \\ {\rm Dipole\ moment\ } p/{\rm debye} & 2.15 \\ {\rm Polarizability\ } \alpha/{\rm \AA}^3 & 4.87 \\ {\rm Surface\ area\ } S/{\rm \AA}^2 & 116 \\ {\rm Volume\ } V/{\rm \AA}^3 & 117 \\ \end{array}$	$\chi_{\rm M}(\Delta { m SCF})$	61
$\begin{array}{lll} E^+(MP2) & -47,547 \\ E^0(MP2) & -47,830 \\ E^-(MP2) & -47,708 \\ E_i(MP2) & 283 \\ E_{eg}(MP2) & 122 \\ \chi_M(MP2) & 80 \\ \eta_P(MP2) & 202 \\ Dipole moment p/debye & 2.15 \\ Polarizability \alpha/Å^3 & 4.87 \\ Surface area S/Å^2 & 116 \\ Volume V/Å^3 & 117 \\ \end{array}$	$\eta_{\rm P}(\Delta { m SCF})$	190
$E^0(MP2)$ -47,830 $E^-(MP2)$ -47,708 $E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment $p/debye$ 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	$E^+(MP2)$	-47,547
$\begin{array}{llllllllllllllllllllllllllllllllllll$	$E^0(MP2)$	-47,830
$E_i(MP2)$ 283 $E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment p/debye 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	<i>E</i> ⁻ (MP2)	-47,708
$E_{eg}(MP2)$ 122 $\chi_M(MP2)$ 80 $\eta_P(MP2)$ 202 Dipole moment p/debye 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area $S/Å^2$ 116 Volume $V/Å^3$ 117	$E_{i}(MP2)$	283
$\chi_{M}(MP2)$ 80 $\eta_{P}(MP2)$ 202 Dipole moment p/debye 2.15 Polarizability $\alpha/Å^3$ 4.87 Surface area S/Å^2 116 Volume V/Å^3 117	$E_{\rm eg}({\rm MP2})$	122
$\eta_{\rm P}({\rm MP2})$ 202Dipole moment p/debye2.15Polarizability $\alpha/{\rm Å}^3$ 4.87Surface area $S/{\rm Å}^2$ 116Volume V/{\rm Å}^3117	χ _M (MP2)	80
Dipole moment p /debye2.15Polarizability α /ų4.87Surface area S /Ų116Volume V /ų117	$\eta_{\rm P}({\rm MP2})$	202
Polarizability α /ų4.87Surface area S/Ų116Volume V/ų117	Dipole moment <i>p</i> /debye	2.15
Surface area $S/Å^2$ 116Volume $V/Å^3$ 117	Polarizability $\alpha/Å^3$	4.87
Volume $V/Å^3$ 117	Surface area $S/Å^2$	116
	Volume V/Å ³	117

^a Experiment: E_i (vertical) = 12.62 eV = 291 kcal.mol⁻¹. All energy quantities in units of kcal.mol⁻¹.

The free energies of the reactants and products allow determining the overall change $\Delta A(T)$ for the reaction (Eq. 1) which enters the equilibrium constant $\ln K = -\Delta A/RT$. As evident from Table 5, for the amino-acid forms at the SCF level there is $\Delta A \sim 0$ at 300 K which yields $K \sim 1$. This value leads to the conclusion that the formation of carnosine and its hydrolysis via Eq. 1 are equally processes. This probable result gives а thermodynamic (not kinetic) predisposition to the carnosine hydrolysis. Hydrolysis of carnosine has been observed as an enzyme-assisted process (Pegova et al. 2000).

The results obtained in an analogous way but using the enlarged basis set 6-311G(d,p) and MP2optimized geometry gave almost the same results as evident from Table 5. With expectations, all molecular energies are a bit lower. Amino acid and zwitterionic forms of histidine, β -alanine, and carnosine are close in energy. With $\Delta G = -0.32$

kcal mol⁻¹ the equilibrium constant reads $K = \exp(-\Delta G/RT) = 1.14$.

	Histidine	β-alanine	Carnosine	H ₂ O	Reaction (Eq.1)
SCF level, 6-31G**					
E^0 , Z-form	-342,323	-201,985.2	-496,552	-47,706	50.2
E^0 , A-form	-342,340	-201,985.8	-496,619	-47,706	0.8
<i>U</i> , 300 K	-342,225	-201,908	-496,444	-47,689	0
<i>S</i> , 300 K	0.0984	0.0785	0.1283	0.0450	-0.0036
A, 300 K	-342,254	-201,932	-496,483	-47,703	0
$E_{ m vib}$	113.4	75.8	172.9	14.6	-1.7
$E_{ m rot}$	0.89	0.89	0.89	0.89	0
E_{trans}	0.89	0.89	0.89	0.89	0
$S_{ m vib}$	0.0283	0.0138	0.0544	0	0.0123
S _{rot}	0.0290	0.0253	0.0317	0.0103	-0.0122
S _{trans}	0.0411	0.0394	0.0422	0.0347	-0.0036
<i>MP2 level</i> , 6-31G**					
E^0 , Z-form	-343,399	-202,593	-498,113	-47,830	49
E^0 , A-form	-343,409	-202,591	-498,171	-47,830	-1
<i>MP2 level</i> , 6-311G(d,p) (5D, 7F)					
E^0 , Z-form	-344,886	-203,472	-500,247	-48,046	65.4
E^0 , A-form	-344,885	-203,470	-500,307	-48,046	1.57
<i>U</i> , 300 K	-344,782	-203,396	-500,141	-48,031	6.73
<i>S</i> , 300 K	0.1084	0.0804	0.1365	0.0465	-0.0058
<i>G</i> , 300 K, 1 atm	-344,805	-203,420	-500,181	-48,044	-0.32

Table 5. Energies, entropies, and free energies of the reactants and products at 300 K.^a

^a Energies in kcal mol⁻¹, entropies in kcal K⁻¹ mol⁻¹. Z – zwitterion, A – amino acid form.

Conclusions

Ab initio MO-LCAO-SCF calculations show that the amino acid forms of the β -alanine, histidine, and carnosine are more stable than the zwitterionic form *in vacuo*. The large Pearson hardness of the carnosine means that it is very resistant against the electron transfer. The formation of the carnosine from the β -alanine and histidine *via* Eq. 1 is an equally probable process as its hydrolysis, $K \sim 1$.

Acknowledgments

Grant agencies of Slovakia are acknowledged for the financial support (projects VEGA 1/0013/18, APVV 16-0039 and ITMS No 313011ASN4).

Conflict of Interest

The authors declare that they have no conflict of interest.

References

- Boldyrev AA, Aldini G, Derave W (2013) Physiology and pathphysiology of carnosine. Physiol. Rev. 93: 1803-1845.
- Cambridge Crystallographic Data Centre, <u>https://www.ccdc.cam.ac.uk/.</u>
- HyperChem (2008) Molecular modeling system, ver. 8.0.6. Hypercube Inc.
- Pearson RG (1977) Chemical hardness, Wiley-VCH, Weinheim, 210 p.
- Pegova A, Abe H, Boldyrev A (2000) Hydrolysis of carnosine and related compounds by mammalian carnosinases. Compar. Biochem. Phys. 127: 443-446.
- Politzer P, Murray JS (2002) The fundamental nature and role of the electrostatic potential in atoms and molecules. Theor. Chem. Acc. 108: 134-142.

- Politzer P, Laurence PR, Jayasuriya K (1985) Molecular electrostatic potentials: An effective tool for the elucidation of biochemical phenomena. Envir. Health Persp. 61: 191-202.
- Sen, KD (1993) Chemical hardness. *In* Clarke MJ *et al.* (Eds.), Structure and Bonding, Springer-Verlag, Berlin Heidelberg, pp. 268.
- Schön M, Mousa A, Berk M, Chia WL, Ukropec J, Majid A,

Ukropcová B, de Courten B (2019) The potential of carnosine in brain-related disorders: A comprehensive review of current evidence. Nutrients. 11: 1196.

Vranovičová B, Boča R (2021) *Ab initio* study of the biogenic amino acids. J. Mol. Model. 27: 355.