THE INFLUENCE OF ADOLESCENT EMOTIONAL STATE IN SOCIAL ADJUSTMENT

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Abstract

The aims of the study are (1) to define the emotional state among the student of Madrasah Aliyah As-Soorkaty, (2) to recognize the social adjustment among the student of Madrasah Aliyah As-Soorkaty, and (3) to describe the level of emotional state influence their social adjustment. To collect the data, the researcher used questionnaire, interview, and documentation. The results showed that (1) the condition of adolescent emotion showed the good predicate 22, 55%, middle predicate 62, 5% and low predicate 15%, (2) the condition of social adjustment shows the good predicate 12,5 %, middle predicate 62, 5% and low predicate 25%, (3) there is positive influence between the condition of adolescent emotion and the social adjustment among the second year students of Madrasah Aliyah As Soorkaty.

Keywords *: Adolescent Emotional, Social Adjustment*

Abstrak

Tujuan dari penelitian ini adalah (1) untuk menggambarkan keadaan emosional di antara siswa-siswa Madrasah Aliyah As- Soorkaty , (2) untuk mengenali penyesuaian sosial antar siswa dari Madrasah Aliyah As-Soorkaty , dan (3) untuk menggambarkan level keadaan emosi yang mempengaruhi adaptasi sosial mereka . dalam usaha pengumpulan data , peneliti menggunakan instrumen kuesioner , wawancara , dan dokumentasi . Hasil penelitian menunjukkan bahwa (1) kondisi emosi remaja menunjukkan predikat yang baik (22 , 55 %), predikat tengah (62 , 5 %) dan predikat rendah (15 %), (2) kondisi adaptasi sosial menunjukkan predikat baik (12,5 %) , predikat tengah (62 , 5 %) dan predikat rendah (25 %), (3) ada pengaruh positif antara kondisi emosi remaja dan penyesuaian sosial di kalangan siswa kelas dua, Madrasah Aliyah As Soorkaty .

Kata Kunci : *Emosi Remaja, Penyesuaian Sosial*

Introduction

The adolescents are in a transition period where they are facing with various problems, both developmental and environmental problem, with social condition which fast change. This makes themselves also consciously face a set of problems.

Generally adolescents feel nervous, easily angry and their balance easily loose. They do not like to be regarded as children any longer, but they also they cannot follow in adult. So we can say that adolescence is a period for looking for social recognition. According to Sarlito that "The adolescents who have get their distinct social status in the early age do not show fluctuation of emotion which very protitude like their other friends who have experience transition period in a fairly".

From the emotional factor the adolescents are hoped to be able to organize condition themselves and understand their own emotion state. Emotion is "Stirring up, excitement, of the mind or(more use) the feeling, excited stated of the mind or feeling" (Hornby:1974).

The emotion and social skill are very needed by the adolescents to handle emotion stress in the modern time. If life is difficult and hasty and it makes adolescent easily angry and sensitive immediately, they know and lead the feeling. If they experience difficulty in their open and intimate community, immediately they can develop social skill to get and defend their friendship. The presence of the emotional skill will help adolescent facing and handle normal problems in their development period. Study of adolescents emotional hope that this study would given some benefits, and shows whether or not emotional state influence social adjustment.

Emotion is an experience of affection that follows adjustment from individual about mental condition and physic and the behavior that appear. " And Adolescent is an age in which individual makes integration with adult society, age where a child does not feel under people who older again but is in the same level, at least in the same level, at least in right problem … integration in adult society has many affective aspect, more less connected with puberty period … include change of intellectual … Transformation of special intellectual of the way of adolescent thinking is able to reach integration in the social relation of adult, and in fact it is special characteristic which is general in the development period" Elizabeth(1996: 206). (Adolescent according to Piaget means more widely. The conclusion is that in adolescent period, someone can reach integration in the adult social relation.

As it is implied the background of the study the problem which is investigated in the study is an effort of adolescent emotional state in social adjustment. The problem of this study can be formulated below:

1. How is the emotional state among the student of Madrasah Aliyah As-Soorkaty?
2. How is the social adjustment among the student of Madrasah Aliyah As-Soorkaty?
3. Does the level of emotional state influence their social adjustment?

Research Methodology

This research invested the influence of adolescent emotional state in social adjustment at Madrasah Aliyah As Soorkaty Salatiga. Emotional state was considered as attribute variable so the research design in which it was

considered as attribute variable so the research design in which it was used in this research was ex post facto.

In this study, emotional state was independent variable and social adjustment was dependent variable. Statistic to be used was independent product moment formula. The writer used the independent product moment formula because product moment to determine the significance of two means.

The method which is used in this study is as below:

1. Questionnaire Method

   Questionnaire is an instrument that has unique advantages and properly used constructed and administrated. It consisted of a topic, a guide, and it was provided with a list of suggested response.

2. Interview

   The interview which is used in this study as assistant technique in data was needed in the investigation. Especially for student/ respondent who do not understand about question, interview was given.

3. Document Method

   The method is used by the writer to get information's about:

   a. The condition of students and teachers,

   b. The structure of organization, and

   c. The facilities of the school

The method which is used in this study are Questionnaire Method, Interview, and Document Method. Technique of data analysis using the formulas as:

$$rxy = \frac{XY - \frac{(\sum X)(\sum Y)}{N}}{\sqrt{\{X^2 - \frac{(\sum X)^2}{N}\}\{X^2 - \frac{(\sum Y)^2}{N}\}}}$$

Explanation

Rxy   = Correlative Coefficient between X and Y

XY   = Multiple between X and Y

X   = Free variable, that is adolescent emotional state

Y   = Bound variable, that is social adjustment

N   = Sum of Population

Σ   = Sigma

Discussion

To get data about the condition of the adolescent emotion toward the social adjustment, the writer uses the questionnaire for students. The questionnaire consists of 20 questions. From the data get Frequency and percentage of the data about emotional state and frequency and percentage of the data about social adjustment.

Frequency and Percentage of the data about emotional state

No.	Description	Answer	F	%
1.	If there is a problem	a	24	60
		b	12	30
		c	4	10
2.	The method of learning, if there is a problem	a	14	35
		b	25	62,5
		c	1	2,5
3.	The feeling condition, if there is a problem	a	15	37,5
		b	21	52,5
		c	4	10

4.	If experience failure	a	17	42,5
		b	19	47,5
		c	14	10
5.	I can dominate myself speedily if I angry	a	23	57,5
		b	12	30
		c	5	12,5
6.	To take our action if there is a problem	a	16	40
		b	13	32,5
		c	11	27,5
7.	To think future	a	18	45
		b	22	55
		c	0	0
8.	If my friends do mistake	a	12	30
		b	17	42,5
		c	1	2,5
9.	Toward people who hurt my feeling	a	23	57,5
		b	4	10
		c	3	7,5
10.	The psychology condition if there is a problem	a	8	20
		b	30	75
		c	2	5

From the table, can be conclude that the condition of adolescent emotion shows the good predicate 22, 55%, middle predicate 62, 5% and low predicate 15%.

Frequency and Percentage of the data about Social Adjustment

No.	Description	Answer	F	%
1.	If interact with other	a	24	60
		b	6	15
		c	10	25
2.	If interact with other	a	5	12,5
		b	12	30
		c	23	57,5
3.	Everything in surrounding	a	6	15
		b	24	60
		c	10	25
4.	In the social activity	a	7	17,5
		b	23	57,5
		c	10	25
5.	If do duty of group	a	5	12,5
		b	31	77,5
		c	4	10
6.	If do duty in the school	a	37	92.5
		b	2	5
		c	1	2,5
7.	If there is a friend experience difficult	a	30	75
		b	8	20
		c	2	5
8.	To finish the conflict with friend	a	34	85
		b	4	10
		c	2	5
9.	If there is someone who	a	12	30

	gives critics	b	30	75
		c	5	12,5
10.	To adapt in the new environment	a	5	12,5
		b	31	77,5
		c	11	27,5

From the table, can be conclude that the condition of social adjustment shows the good predicate 12,5 %, middle predicate 62, 5% and low predicate 25%. The questionnaire which is given to the students consists of variable with 3 answer of choice, and each of them has score 1-3. The way to score the high and low score is as follow:

1. The good score   3 X 10 = 30 (20-30)
2. The middle score   2 X 10 = 20 (10-20)
3. The low score   1 X 10 = 10 (1-10)

From the table of percentage about the conditional of emotional state and social adjustment, it can be seen that the most on the predicate middle is 62,5 %. So basically conditional of emotional state and the social adjustment is good enough.

After the score of each variable is found, with the hypothesis test analysis, the writer will prove with uses the pattern of moment product correlation

$$rxy = \frac{XY - \frac{(\sum X)(\sum Y)}{N}}{\sqrt{\{X^2 - \frac{(\sum X)^2}{N}\}\{X^2 - \frac{(\sum Y)^2}{N}\}}}$$

Correlation Coefficient of Variable X and Y

No.	Subject Name	X	Y	X²	Y²	XY
1.	Aang	19	28	361	784	532
2.	Agung Novianto	21	21	441	441	441
3.	Agus Salim	20	17	400	289	340
4.	Ahmad Arif	27	21	729	441	567
5.	Alwan Hadiyanto	25	27	625	729	675
6.	Ardhana Wisnu	23	22	529	484	506
7.	Arif Fajar N. H.	21	24	441	576	504
8.	Badiah	22	28	484	784	616
9.	Dian Fajar Ari	17	20	289	400	340
10.	Eko Suryo Wibowo	22	19	484	361	418
11.	Heni K	23	26	529	676	598
12.	Hesti Setio U	23	24	529	576	552
13.	Ida Maghfiroh	23	25	529	625	575
14.	Juremi	20	24	400	576	480
15.	Lailatul M	27	27	729	729	729
16.	Lasmi	24	24	576	576	576
17.	MOch. Mujianto	22	24	484	576	528
18.	M. Haris	20	18	400	324	360
19.	M. Nur	17	19	289	361	323
20.	M. Rois	22	17	484	289	374
21.	M. Zainuri	16	28	256	784	448
22.	Mulyanti	21	21	441	441	441
23.	Nur Tasdiqoh	23	22	529	484	506
24.	Nanang Rosulu	23	22	529	484	506
25.	Nuning K M	22	25	484	625	550

26.	Pamungkas A	23	22	529	484	506
27.	Retno S	26	23	676	529	598
28.	Rika Pijiwati	24	28	576	784	672
29.	Rofiatul H	23	23	529	529	529
30.	Rohmiatun	23	24	529	576	552
31.	Saudah	24	24	576	576	576
32.	Sigid I	22	24	484	576	528
33.	Siti Aminah	20	27	400	729	540
34.	Siti Juartik	24	23	576	529	552
35.	Siti Khasanah	29	24	841	576	696
36.	Siti Qomariyah	22	24	484	576	528
37.	Suratemi	24	23	576	529	552
38.	Suryanti	24	27	576	729	648
39.	Sunarto	18	22	324	484	396
40.	Suyati	17	25	289	625	425

After finding the correlation coefficient of variable X and Y we find the significance of the correlation coefficient result. So, the result of correlation coefficient between variable X and Y in the condition of adolescent emotional state and social adjustment is 0, 426.

The Moment Product Score on the Signification Level 5% and 1%

N	Signification Level	
	5 %	1 %
40	0, 312	0,403

1. Significance level 1 %

   On the significance level 1 %, for the respondents sun (N) = 40, rt = 0,403 (in the table) rxy = 0, 426 So rt(40) < rxy. Thus, on the significance level 1 %, the result shows positive between variables.

2. Significance level 5 %

   On the significance level 1 %, for the respondents sun (N) = 40, rt = 0, 1312 (in the table) rxy = 0, 426 So rt(40) < rxy. Thus, on the significance level 1 %, the result shows positive between variables.

From the analysis, it can be concluded that both on the significance level 5 % and 1 % shows significant correlation. It means that there is positive influence between the condition of adolescent emotion and the social adjustment among the second year students of Madrasah Aliyah As Soorkaty. So, the hypothesis "Ha= the condition of adolescent emotional state the social adjustment" is acceptable.

Conclusion

The situation of adolescent emotional state is very influence for adjust themselves in society. The adolescent emotional state from the questionnaire result of 40 students varieties, those are:

a. Good category   = 22, 5 %
b. Middle category   = 62,5 %
c. Bad category   = 15 %

The situation of society is very important for adolescent, in the social adjustment based on the research, it can be conclude that: The social adjustment from the questionnaire result of 40 students varieties, those are:

a. Good category   = 12, 5 %

b. Middle category   = 62,5 %

c. Bad category   = 25 %

The result of statical analysis using the product moment correlation shows that there is significant positive influence between variable of adolescent emotion condition and variable of social adjustment. The significance level appear on the comparison of rxy is more than rt both on significance level 5 % (0,312) and level 1 % (0,403) with rxy= 0,426 for N =40. Thus the better situation of adolescent emotional state is, the better the social adjustment they perform.

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