

## Book Reviews

### CONNECTIVE TISSUE MASSAGE Theory and Therapeutic Application

By Maria Ebner

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Connective tissue massage or Bindegewebsmassage as it is known in Germany where the technique originated, must not be compared with the more conventional forms of massage. It is a specialized technique now widely employed in Germany and other European countries and is gaining wide interest in Britain and elsewhere. It is used in pathological conditions associated with visceral disease and in the treatment of diseases associated with pathology of circulation. Present-day knowledge seems to make it impossible to explain the results on a purely neurological reflex basis, but the Author claims gratifying results from her own clinical experience.

This book follows the teachings of Elisabeth Dicke, the originator of the method and of Dr. Leube, her friend and collaborator. The Author has incorporated the ideas of both to make this an informative and comprehensive study of a most interesting technique.

The first part of the book deals with the anatomy and function of connective tissue, circulation and vascular innervation, all clearly and simply described and illustrated.

The main part of the book contains a well-illustrated and detailed description of the actual technique of connective tissue massage, followed by chapters on the effects of this technique and the therapeutic application together with case histories.

Here is another technique to add to our armamentarium but like so many it is impossible to learn from the book alone and practical training is necessary. The author states that this book has been written to help impart knowledge, gained in past years of study and experience so as to help others build on a sound basis and gain further insight into the subject.

It is indeed a reference book of great value and to those who are being introduced to this subject for the first time, it is a most enlightening book.

### CLAYTON'S ELECTROTHERAPY AND ACTINOTHERAPY

Fourth Edition by P. M. Scott

Published by Bailliere Tindall and Cox Ltd.

This "New Look" version of an old favourite is a very welcome and refreshing change.

The general layout and material has been reorientated and on the whole the chapters are in better sequence and clearer in detail.

It is a relief to note the absence of many of the irrelevant museum pieces. The inclusion of more accurate physics and a final chapter on Ultra Sonico Therapy which hitherto has not been mentioned are of particular importance.

Students will find their way around this book far more easily than they have through past editions.

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