



When the leg is extended, and the toe pushed downward, on to the floor, it brings the spring into play, so that this movement necessitates using the muscles against resistance, with resultant strengthening.

orthopaedic surgeon, the nurses and the physiotherapists: the will to be well is half the battle won . . .

Margery was treated by physiotherapy at the hospital until June, 1954, when she took a post as a Doctor's receptionist. Her right leg is almost as good as ever it was, but her left foot has not the movement it should have: it is still dropped and although she wears no caliper, she still carries a stick to help her to keep her balance and to give her a comfortable feeling of security. She will continue with physiotherapy treatments twice a day.

Margery has been told that movement will return to the dropped foot in the course of time, and because she has obtained such rewarding results so far she is determined to see the thing through to the end when her foot is as mobile as science can make it.

Margery is most grateful for the help that she received from the orthopaedic specialists who attended to her, the surgeon, the nurses, the physiotherapist and the technicians. As is often the case appliances are made good use of, and the accompanying photos illustrate the use of a very useful spring.

We in South Africa owe a great deal to the National Council for the Care of Cripples and its local Cripple Care Associations for it is this vast organisation that has done so much to help bring orthopaedic services to its present stage as you have already noted.

A LETTER TO THE EDITOR.

Apropos of the preceding article—I, as your Society's President, would like to urge every physiotherapist in South Africa to carry out our Physiotherapy Conference resolution of 1946 to lend every assistance to the Easter Stamp Fund, how and wherever possible during its annual campaign, which lasts for several weeks, from March 1st each year.

For the benefit of those members not resident in Johannesburg the following was the procedure we adopted here:

We convened a table at a prominent shop corner and at Tattersals, for the 2 weeks.

Physiotherapists in private practice sold Easter Stamps in their treatment rooms, and those employed in hospitals, in Johannesburg and the Reef, also did their fair share.

I have always been very proud of the amount thus collected for this worthy cause and I thank the Southern Transvaal branch members and the Universtiy Physiotherapy students for supporting me so loyally, and helping me with the Easter Stamp Campaign, as they always have done. I want, also to thank all those physiotherapists, throughout the Union, who have honoured our Conference resolution.

I commend the Easter Stamp Fund to you—because I have been your representative on the National Council for the Care of Cripples for 14 years, and therefore have first hand knowledge of the vital work being carried out by Council and its Cripple Care Associations, in HELPING CRIPPLES TO HELP THEMSELVES.

Yours truly,

SUSIE OOSTHUISEN,
President: S.A.S.P.

c/o Mr. A. Nick,
P.O. Box 6880,
Johannesburg.
6th January, 1955.

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