

BOOK REVIEWS

Pincus, Lily (1981). The challenge of a long life. Faber and Faber. London, pp. 152. Hardcover. R15,30.

In a small but entertaining book Lily Pincus draws upon her life experiences in a challenge to families, professional people and, above all, elderly people to a more positive approach to old age.

She writes with authority: eighty-three years of age; a professional life as a social worker/family therapist until her retirement at seventy-five; an early life of happiness followed by hardship as a Jew in Germany until 1938 when she went to England as a refugee.

Sketch biographies — her own and those of a number of friends illustrate her arguments. She opposes those who attempt to interfere in or dominate the lives of elderly people by the removal of their rights to choose or to live at risk. She puts down those who advocate segregation in old-age communities and who believe dependency is inescapable.

This is a valuable book for physiotherapists because it is an all too rare perspective of old age from the vantage point of old age itself. More importantly, though, it is an essential book for physiotherapists who are the children of ageing parents; for physiotherapists who will, themselves, become elderly.

D. Bauer

Physiotherapy Research Newsletter — No. 7. Winter 1981.

The Newsletter contains information on the Association of Chartered Physiotherapists in Research (A.C.P.R.), research groups in the United Kingdom, Specific Interest Groups of the C.S.P., an index of ongoing research projects, specific information on active research projects, references to published work, abstracts of completed research work and a list of researchers, their addresses and research interest. The Newsletter will be of particular interest to those physiotherapists doing research or intending to embark on research. This issue and future issues can be obtained for £1,60 (cheques should be made payable to University of Kent) from:

Mrs. C. J. Partridge, Health Services Research Unit
The University, Canterbury, Kent CT 2 7 NF.

MALARIA

What you should know about it

Obtainable free from: Department of Health, Welfare & Pensions (Liaison Services), Private Bag X63, Pretoria 0001.

A booklet that gives brief and readable information about the history, geographical distribution, transmission and epidemiology, clinical picture, prevention and control of malaria. Suitable for lay readers.

MALARIA

Wat u daaromtrent behoort te weet

Gratis verkrygbaar van Departement van Gesondheid, Welsyn en Pensioene (Skakel-dienste), Privaatsak X63, Pretoria 0001.

'n Boek wat kort en leesbare inligting oor die geskiedenis, geografiese verspreiding, oordrag en epidemiologie, kliniese beeld, voorkoming en beheer van malaria gee. Geskik vir lekelesers.

NOTICE TO CONTRIBUTORS

- Contributions are invited on any topic related to physiotherapy or rehabilitation. These may take the form of original articles, review articles or short reports on treatment techniques.
- Articles should be restricted to 2 000 words. Manuscripts should be typewritten in triple spacing with wide margins. Three copies are to be submitted. The metric system is to be used throughout. Where abbreviations are used they should be spelled out the first time. Words to be printed in *italics* should be underlined. A title page should be supplied as a separate sheet and include the name(s), qualification(s) and affiliation(s) of the author(s). An abstract of not more than 200 words should be supplied on a separate sheet of paper.
- References in the text should start with the name of the author(s) followed by the publication date in brackets, e.g. Smith (1974) has shown that . . . , or . . . has been described (Smith, 1974; Jones, 1976) . . . , in date order. References should be listed in alphabetical order and typed in triple spacing on a separate sheet(s) of paper. References must consist of names and initials of all authors, year, title of paper referred to, abbreviated title of Journal, volume number and first and last page numbers of paper. The abbreviation of journal titles should conform to those adopted by World Medical Periodicals. Reference list should conform with the following examples:
 - Huitt, C. T. and Gwyer, J. L. (1978). Paraplegia: Ambulatory training using Craig-Scott orthoses. *Phys. Ther.* **58**, 976-978.
 - Maitland, G. D. (1977). *Vertebral Manipulation*, 4th Ed., Butterworths, London, p 24.
 - Mowat, A. G. (1976). Drug treatment of Joint Disease, Ed. Cash, J. in: *A Textbook of Medical Conditions for Physiotherapists*. Faber and Faber, London, pp. 158-163.
- Tables and figures should be kept to a minimum and be on separate sheets. Figures should be in black ink on stiff white paper. Photographs should be of good quality on glossy paper. All should be clearly marked on the reverse side with Arabic numerals, author's name and article, and an indication of the top side. Legends to be on separate sheets.
- Articles are accepted on the understanding that they are subject to editorial revision.
- Author's reprints can be obtained at cost and this should be arranged before publication.
- Articles are welcome in either language and should reach the Editor at least two months prior to the month of publication. The Journal is published in March, June, September, and December.
- The S.A.S.P. does not assume any responsibility for statements made in the Journal, nor are the views expressed in correspondence published necessarily those of the S.A.S.P. All material is copyright and permission must be obtained before reprinting.