# Double Trouble! Rare Complete Duplication of the Entire Urinary Tract With Dual Neurogenic Bladders Necessitating Dual Intermittent Catheterization

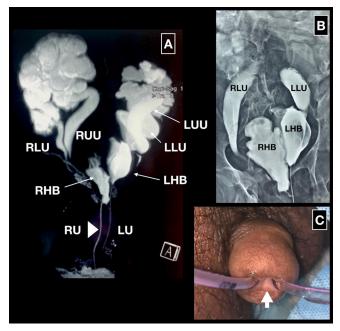
Sanjay Sinha,<sup>™</sup> Lavina Matai

Department of Urology, Apollo Hospital, Hyderabad, India

We report a striking duplication of the entire urinary collecting system in an 18-year-old male with 2 renal pelves and 2 ureters on either side, along with a complete duplication of the bladder and urethra. The patient had previously undergone surgical interventions for lipomeningomyelocele, anorectal malformation, rectovesical fistula, and vesical calculus (right hemibladder). On videourodynamics, the hemibladders showed poor compliance, altered bladder morphology, gross secondary vesicoureteral reflux with acontractlity, and large post-void residual volumes. The patient's profound urinary incontinence resolved with daily administration of solifenacin 5mg and (double) clean intermittent catheterization through both the urethrae. Serum creatinine was 1.1mg/dL, down from a peak of 1.45mg/dL, and the severe hydronephrosis has shown some improvement.

Figure 1 shows the first MRI image of complete urinary tract duplication demonstrating 2 renal pelves and 2 ureters on either side, 2 hemibladders (sagittal duplication) and 2 complete urethrae. Bilateral reflux into the lower moiety can be seen on dual urethrocystogram via both the urethrae. The glans showed 2 well-developed urethral meatuses with an intervening bridge of tissue consistent with Effman type III (complete) duplication[1].

The extraordinary rarity of this condition can be attributed to different embryological origins of various parts of the urinary tract. The condition encountered would require coincidental splitting of the urethral plate, the urogenital sinus, and both ureteric buds, as well as compatibility with survival[2]. While double ureter is encountered in about 1% of the population, the other 2 conditions have been reported only in sporadic case reports[2]. To the best of our knowledge, there are no reports of all these abnormalities occurring in the same individual. This is also perhaps the first report of dual intermittent catheterization to empty 2 lower urinary tracts.



# FIGURE 1.

MRI, dual urethrocystogram and clinical photograph of the glans. 1A. MRI shows 2 renal pelves and 2 ureters (RLU right lower moiety ureter, RUU right upper moiety ureter, LUU left lower moiety ureter, LUU left upper moiety ureter), the bladder split sagittally into 2 hemibladders (RHB right hemibladder, LHB left hemibladder) and complete duplication of the urethra (RU urethra draining the right hemibladder, LU urethra draining the left hemibladder). 1B. Retrograde urethrocystogram done via both the urethrae. The left hemibladder was placed somewhat cranial to the right one with reflux into bilateral lower ureters. 1C. Clinical photograph showing the 2 well-developed urethrae with an intervening bridge of tissue (arrow).

#### References

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# **Key Words**

Complete duplication of urethra, complete duplication of urinary bladder, neurogenic bladder, complete duplication of urinary tract

### **Conflict of Interest**

None declared.

Patient Consent: Obtained.

## **Article Information**

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