Clinical impact of a 31-gene expression profile test on physician recommendations for management of melanoma patients in a prospectively tested cohort

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Background

- A 31-gene expression profile (GEP) test which identifies cutaneous melanoma tumors as low risk (Class 1) or high risk (Class 2) of metastasis has been clinically validated.¹⁻⁴
- The test has been shown to influence physicians to direct clinical management of cutaneous melanoma patients in several clinical use studies (Table 1).⁵⁻⁷
- To further assess the clinical impact of the GEP test, we undertook a study to evaluate and compare clinical management plans prospectively, including initial workup, follow-up intervals, and referral patterns, established by physicians prior to and after GEP testing.
- Here we present preliminary results of this multicenter, prospective clinical utility study to determine the clinical impact of the GEP test on patient management plans.

Results

Table 2. Cohort demographics

Clinical Characteristics	Overall		
Median age (range), years	63 (28-95)		
T stage			
T1	61 (48%)		
T2	32 (25%)		
ТЗ	17 (13%)		
T4	8 (6%)		
Not reported	9 (7%)		
Breslow thickness			
Median (range), mm	1.0 (0.1-18.0)		
≤1 mm	66 (52%)		
>1 mm	61 (48%)		
Mitotic index			
<1/mm ²	78 (61%)		
≥1/mm ²	49 (31%)		
Ulceration			
Absent	103 (81%)		
Present	20 (16%)		
Growth pattern			
Superficial spreading	30 (24%)		
Nodular	16 (13%)		
Desmoplastic	6 (5%)		
Lentigo maligna	3 (2%)		
Other/not assessed	72 (56%)		
Site			
Trunk	43 (34%)		
Extremity	66 (52%)		
Head and neck	18 (14%)		
GEP result			
Class 1	96 (76%)		
Class 2	31 (24%)		

References

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Disclosures

CJ, KC and FAM are employees and stockholders of Castle Biosciences, Inc. The proprietary GEP test is clinically available through Castle Biosciences as the DecisionDx[®]-Melanoma test (www.SkinMelanoma.com).

Table 1. Management changes in three clinical use studies				
Study	Result			
Berger (2016) ⁵ Prospective, multicenter n patients = 163	53% changed mgmt after inclusion of GEP result			
Farberg (2017) ⁶ Dermatologist survey n physicians = 169	47-50% changed mgmt after inclusion of GEP result			
Schuitevoerder (2017) ⁷ Prospective, single center n patients = 91	52% of mgmt decision based on GEP result using decision tree model			

Methods

 Of 204 patients enrolled in the study, 127 patients from 15 dermatology, medical oncology and surgical oncology centers completed study participation at time of censoring (June 30, 2017).

 $\label{eq:constraint} \begin{array}{c} \textbf{Table 3.} \\ \textbf{Clinical and molecular features across treatment} \\ \textbf{groups} \end{array}$

Feature	Dermatology n=41	Surgical Oncology n=82	Medical Oncology n=4
Breslow ^{a*}	0.5 (0.1-4.9)	1.2 (0.0-7.5)	1.7 (0.2-18.0)
Ulceration ^b			
Absent	88% (36)	78% (64)	75% (3)
Present	12% (5)	17% (14)	25% (1)
Mitosis ^b			
<1/mm ²	68% (28)	60% (49)	25% (1)
≥1/mm ²	32% (13)	40% (33)	75% (3)
GEP Class ^b			
Class 1	83% (34)	71% (58)	100% (4)
Class 2	17% (7)	29% (24)	0% (0)

^aMedian (range), ^bPercent (count), *p<0.001

Figure 1. Number of cases increasing or decreasing intensity of management by GEP Class



Conclusions

- Overall, 46% of tested patients had a change in clinical management
- The majority of reported management changes were in a risk-appropriate direction, with 81% of decreases in care provided to lowrisk Class 1 patients and 87% of increases in care provided to high-risk Class 2 patients
- Physicians used GEP results to individualize management based on biological risk, as determined by the test, while still remaining within the context of established practice quidelines
- Results of this prospective study show that the accurate identification of risk provided by the GEP informs appropriate clinical management and patient care. The change in management is similar to three additional clinical utility studies.

Methods

- The RT-PCR-based GEP test was performed using primary tumor tissue. Metastatic risk class was determined using a proprietary predictive modeling algorithm which provides a binary classification of Class 1 (low risk) or Class 2 (high-risk).
- At initial evaluation, prior to GEP testing, each patient's baseline data was assessed. Physicians' pre-test recommendations for follow-up were collected and categorized as laboratory tests (labs), imaging, clinical visits, adjuvant treatment discussion, and referral to surgical or medical oncology.
- At the subsequent visit following receipt of GEP test result, follow-up recommendations were again collected to capture any changes in management.
- Changes were categorized as increases, decreases or no change based on comparison of management plans preand post-receipt of GEP test result.

Table 4. Frequency of each modality of change in patients with decreases or increases in intensity of clinical management

	Class 1		Class 2	
	Decrease	Increase	Decrease	Increase
Labs*	3	0	1	7
Imaging*	4	0	2	14
Adjuvant	0	0	0	1
Visits*	14	4	0	10
Referral*	13	2	3	6

*p≤0.005, Fisher's exact test

Figure 2. Schematic representation of risk stratification using AJCC stage with GEP test result to guide patients' clinical management

