# **Oral Difelikefalin Reduces Pruritus in Atopic Dermatitis** Brian S. Kim, MD, MTR<sup>1</sup>; Masato Tamari, MD, PhD<sup>1</sup>; Lydia Zamidar, BS<sup>1</sup>; Kristine Nograles, MD<sup>2</sup>; Catherine Munera, PhD<sup>2</sup>; Joana Goncalves, MD<sup>2</sup>; Emma Guttman-Yassky, MD, PhD<sup>3</sup>; Mark Lebwohl, MD<sup>3</sup>

# SYNOPSIS

- Pruritus is the central symptom in atopic dermatitis (AD)<sup>1</sup>
- Patients with mild-to-moderate AD frequently exhibit severe itch, and treatments that specifically target AD-related pruritus are lacking<sup>1,2</sup>
- Difelikefalin (DFK), a novel, selective kappa-opioid receptor (KOR) agonist, is being developed for chronic pruritic conditions<sup>3,4</sup>
- In August 2021, intravenous (IV) DFK received approval from the US Food and Drug Administration for the treatment of moderate-to-severe pruritus associated with chronic kidney disease in adults undergoing hemodialysis<sup>5</sup>

# OBJECTIVE

- Here, we present a mouse model of AD which was used to test the effects of DFK on itch and lesional severity
- Results are also presented from a phase 2 study of oral DFK in subjects with AD and moderate-to-severe pruritus (KARE; NCT04018027)

# **MOUSE STUDY**

### Methods

 Topical treatment of wild-type mice with MC903 or vehicle ethanol consistently induces a mouse model of AD-like disease<sup>6</sup> (Figure 1)

Figure 1. Clinical, Histological, and Immunological Features of AD Mouse Model



Adapted by permission from Springer Nature: A Mouse Model for Atopic Dermatitis Using Topical Application of Vitamin D3 or of Its Analog MC903 (Moosbrugger-Martinz V, et al, 2017).<sup>6</sup> MC903, calcipotriol; IgE, immunoglobulin E; TH2, T helper 2; WT, wild type.

• Using the mouse model of AD-like disease, RNA sequencing shows that key cytokines and chemokines are upregulated in lesional skin of mice (Figure 2), and mice develop robust spontaneous bouts of scratching over time (Figure 3)<sup>7</sup>







Oetjen LK, et al. Sensory Neurons Co-opt Classical Immune Signaling Pathways t Mediate Chronic Itch, 217-228. Copyright 2017, with permission from Elsevier.

### Results

 Systemic treatment with DFK over 12 days in conjunction with topical MC903 treatment (Figure 4) significantly reduced bouts of scratching in mice with AD-like disease (Figure 5)







\* P<0.05 vs control (unpaired t-test)

• DFK treatment did not impact the inflammatory filtrate (Figure 6) or reduce ear thickness in mice (Figure 7), indicating that DFK works to reduce itching without exerting an anti-inflammatory effect





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Figure 4. Treatment Paradigm: Systemic Oral DFK Over 12 Days in Parallel With

• Single cell RNA-sequencing datasets reveal expression of Oprk1 (gene encoding KOR) primarily on mechanosensory AB neurons (Table 1)

 Table 1. Expression Profile of Genes Participating as Operational Components of

 Components of

Sensory	v Neuro	ns in D	itteren	t Neuro	onal Ty	pes <sup>®</sup>						Table 2 Subject Disposition				
A-LTMR (Touch) C-fibers (Itch)												Total Randomized (N=401)				
Gene Symbol Oprk1	NF1 0	NF2	NF3	NF4 0	NF5 0	NP1	NP2	NP3 0	PEP1	PEP2	TH	Subjects, n (%)	Placebo (n=123*)	DFK 0.25 mg (n=77)	DFK 0.5 mg (n=124*)	DFK 1.0 mg (n=77)
Oprm1	0	0	0	0.045	0	0.056	0.125	0.250	0.047	0.118	0.004	Completed	97 (79)	63 (82)	102 (82)	61 (79)
Nppb	0	0	0	0	0	0	0.031	0.833	0.031	0	0	Discontinued	26 (21)	14 (18)	22 (18)	16 (21)
Sst	0	0	0	0	0	0	0.031	0.833	0.016	0	0	Adverse event	4	3	1	9
Cysltr2	0	0	0	0	0	0.032	0	0.667	0	0	0	Subject withdrew	5	3	8	4
Hrh1	0	0	0.083	0	0	0	0.094	0.083	0	0	0	consent				
Mrgprd	0.032	0.021	0	0	0.038	0.840	0.219	0	0.016	0	0.013	Subject non-compliance	6	2	7	0
Mrgpra3	0	0	0	0	0	0.008	0.625	0.083	0	0	0.004	Lost to follow-up	5	2	1	2
ll4ra	0	0	0	0.045	0	0.208	0.281	0.167	0.109	0.059	0.039	Lack of therapeutic	3	1	2	0
ll13ra1	0	0.021	0	0	0	0.008	0.094	0.083	0.016	0	0	efficacy				
ll31ra	0	0	0.083	0	0	0	0.031	0.583	0.016	0	0	Other	3	3	3	1
						. 1	с I ·	· (1				Use of rescue medication	2 (1.6)	4 (5.2)	1 (0.8)	1 (1.3)

- DFK reduces scratching independently of skin inflammation
- Calcium imaging demonstrated that DFK directly activated large diameter (ie, AB) sensory neurons without impacting AD-like skin lesions (Figure 8A) or AD-like skin histology (Figure 8B)



# **KARE PHASE 2 STUDY**

### Methods

• The KARE study design is shown in **Figure 9** 



I-NRS, Itch Numeric Rating Scale; PO, orally

- The primary endpoint was change from baseline in the weekly mean of the daily 24-hour I-NRS at week 12
- Secondary endpoints included:
- $\geq$ 4-point improvement in weekly mean of the daily I-NRS at week 12
- Safety
- A subgroup analysis was conducted in subjects with body surface area (BSA) <10%

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### Results

**Subjects** 

• Subject disposition is shown in **Table 2** 

\*The sample sizes for placebo and DFK 0.5 mg were increased based on the results of an interim assessment for sample size re-estimation.

- Baseline subject demographics and disease characteristics are shown in **Table 3**
- Approximately two-thirds (64%) of subjects had BSA <10%

Table 3. Baseline Demographics and Disease Characteristics (ITT Population)									
Characteristic	Placebo (n=123)	DFK 0.25 mg (n=77)	DFK 0.5 mg (n=124)	DFK 1.0 mg (n=77)					
Female, n (%)	80 (65)	54 (70)	83 (67)	53 (69)					
Age, mean (SD), y	40 (15.6)	43 (16.2)	42 (15.4)	41 (14.0)					
Race, n (%)									
White	71 (58)	44 (57)	74 (60)	40 (52)					
Black	42 (34)	31 (40)	40 (32)	33 (43)					
Asian	5 (4)	1 (1)	5 (4)	2 (3)					
BMI, mean (SD)	29 (7)	30 (8)	32 (9)	31 (8)					
BSA (%), mean (SD)	8.4 (6.9)	8.3 (6.0)	8.4 (6.4)	9.5 (6.9)					
EASI, mean (SD)	5.9 (4.9)	6.9 (5.4)	5.9 (4.3)	6.5 (4.5)					
I-NRS, mean (SD)	7.7 (1.3)	7.8 (1.3)	7.8 (1.2)	7.9 (1.2)					
DLQI, mean (SD)	13.0 (7.2)	12.6 (7.4)	11.5 (6.6)	13.5 (6.5)					

BSA <10% is mild/moderate AD; EASI scores range from 0 to 72; I-NRS scores range from 0 to 10 (0 = no itch, 10 = worst itching imaginable). BMI, body mass index; DLQI, Dermatology Life Quality Index; EASI, Eczema Area and Severity Index; ITT, intent

### Primary Endpoint

• The change from baseline in I-NRS through week 12 is shown in Figure 1

\*P<0.05, \*\*P<0.01

LS means from mixed effects model with repeated measures (MMRM) with terms for treatment, week, week by treatment interaction, baseline score, and AD severity. Missing data imputed using multiple imputation (MI) under missing at random (MAR) assumption. I-NRS scores after use of rescue are set to missing and then imputed with MI. LS, least squares.

### Subgroup Analysis

• Table 4 shows baseline demographics and disease characteristics in the population with BSA <10% (itch-dominant AD)

Table 4. Baseline Disease Characteristics: BSA <10% Population (Itch-Dominant  $\Lambda D$ 

	Placebo	DFK 0.25 mg	DFK 0.5 mg	DFK 1.0 mg (n=46)	Table 6. Most Commonly Reported TEAEs					
Characteristic	(n=79)	(n=50)	(n=82)		TEAEs at ≥5%	Placebo	DFK 0.25 mg	DFK 0.5 mg	DFK 1.0 mg	
BSA (%), mean (SD)	4.3 (2.5)	4.6 (2.5)	4.6 (2.8)	5.0 (2.2)	Frequency, n (%)	(n=123)	(n=77)	(n=124)	(n=77)	
EASI, mean (SD)	3.7 (2.6)	4.3 (3.5)	4.0 (2.8)	4.5 (3.0)	Abdominal pain*	13 (10.6)	4 (5.2)	11 (8.9)	14 (18.2)	
I-NRS, mean (SD)	7.6 (1.3)	7.5 (1.3)	7.7 (1.2)	7.8 (1.3)	Nausea	11 (8.9)	1 (1.3)	6 (4.8)	5 (6.5)	
DLQI, mean (SD)	12.0 (6.8)	11.8 (7.5)	10.6 (5.9)	13.1 (6.0)	Dry mouth	0	2 (2.6)	2 (1.6)	6 (7.8)	
EASI scores range from 0 to	72; I-NRS scores rang	ge from 0 to 10 (0 = n	o itch, 10 = worst itc	hing imaginable).	Headache	5 (4.1)	5 (6.5)	3 (2.4)	2 (2.6)	
• Significant impr	ovement in i	tch was obser	ved at week	12 with the	Dizziness	2 (1.6)	4 (5.2)	3 (2.4)	2 (2.6)	
combined DFK c	aroun compa	red with place	ebo ( <b>Figure 1</b>	1)	Hypertension <sup>†</sup>	1 (0.8)	2 (2 6)	3 (2 4)	5 (6 5)	

combined bill group compared with placebo (**rigure i i**) • Significant improvement was evident as early as day 2 (Figure 11)

Figure 11. BSA <10% Population (Itch-Dominant AD): Change From Baseline in I-NRS Through Week 12



LS means from MMRM with terms for treatment, week, week by treatment interaction, and baseline score. lissing data imputed using MI under MAR assumption. I-NRS scores after use of rescue are set to missing and then imputed with MI.

• A significantly greater proportion of subjects achieved  $\geq$ 4-point improvement in daily I-NRS with DFK vs placebo at week 12 (Figure 12)

Figure 12. BSA <10% Population (Itch-Dominant AD): 4-Point Responder Analysis at Week 12



P values vs placebo. Estimated percentage and P value based on a logistic regression model with terms for treatment group and baseline I-NRS score. Subjects who discontinued early, took rescue medication, or have missing data at week 12 are considered nonresponders.

### Safety

- A summary of treatment-emergent adverse events (TEAEs) is shown in Table 5
- TEAEs were mostly mild or moderate in severity (~95%)
- Most discontinuations were due to gastrointestinal-related TEAEs
- Serious TEAEs occurred in 1 subject with hypovolemia and acute kidney injury (DFK 1.0 mg), 1 subject with hyponatremia (DFK 1.0 mg), 1 subject with nephrolithiasis (DFK 0.5 mg), and 1 subject with costochondritis (DFK 0.25 mg)
- All serious TEAEs were deemed unrelated to study drug by the investigator

Table 5. Summary of Adverse Events										
Subjects, n (%)	Placebo (n=123)	DFK 0.25 mg (n=77)	DFK 0.5 mg (n=124)	DFK 1.0 mg (n=77)						
At least 1 TEAE	54 (43.9)	36 (46.8)	49 (39.5)	42 (54.5)						
At least 1 serious TEAE	0	1 (1.3)	1 (0.8)	2 (2.6)						
TEAE resulting in treatment discontinuation	4 (3.3)	3 (3.9)	1 (0.8)	9 (11.7)						

Safety analyses performed in the safety population, defined as all randomized subjects who received  $\geq 1$  dose of study drug based on actual treatment received.

### • The most commonly reported TEAEs were abdominal pain, nausea, dry mouth, headache, dizziness, and hypertension (Table 6)

prmed in the safety population, defined as all randomized subjects who received  $\geq 1$  dose \*Includes preferred terms abdominal pain, abdominal pain upper, abdominal discomfort. †Includes preferred terms hypertension and blood pressure increased

## CONCLUSIONS

### In a mouse model of AD

- A rapid and significant anti-pruritic effect of DFK was observed independently of observable effects on skin inflammation
- Analyses in this model indicate that expression and activation of the DFK target receptor are on sensory neurons
- In the phase 2 clinical study that includes approximately twothirds of subjects with itch-dominant AD (BSA <10% and moderate-to-severe pruritus):
- DFK demonstrated a significant and clinically meaningful reduction in pruritus
- DFK was well tolerated
- Taken together, these findings support the role of DFK as an antipruritic agent that may be best suited for patients with itchdominant AD

### REFERENCES

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### DISCLOSURES

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