Marked Truncal Acne Response to Sarecycline Monotherapy in Different Ethnicities

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INTRODUCTION

- 60-70% of patients present with acne on the trunk.¹
- Since severity of truncal acne does not correlate with severity of facial acne, the psychosocial burden and physical pain and bleeding of truncal acne cannot be underestimated.²
- Oral antibiotics are the mainstay treatment for moderate-to-severe acne vulgaris.
- Sarecycline, a narrow-spectrum tetracycline-class drug, is FDA-approved for moderate-to-severe acne vulgaris in patients 9 years of age and older.
- Sarecycline exhibits potent anti-inflammatory activity and activity against *C. acnes* but reduced activity against Gram-negative bacteria commonly found in the gut; these characteristics may contribute to its low potential for antibiotic resistance and favorable safety and tolerability profile.³
- Significant improvement in truncal acne, using IGA assessments, was reported with sarecycline in Phase 3 clinical trials. 4,5

METHODS

- We present 2 patients treated with sarecycline monotherapy for 3 months.
- At baseline, weeks 3, 6, 9 and 12, we assessed IGA scores and lesion counts change of the trunk.

Baseline Data								
Demographics	Skin Phototype	Truncal IGA	Truncal lesion count*	Facial lesion count*				
14 yo White male	2	4	47	8				
13 yo Hispanic female	4	3	29	28				

* Inflammatory lesions (papules and pustules)







14-year-old White Male

Baseline; IGA 4

Chest

Back

Week 12; IGA 1





13-year-old Hispanic Female

Baseline; IGA 3

Chest

Back



RESULTS

Inflammatory Lesion Count Reduction							
Demographics	Baseline	3 Wks	6 Wks	9 Wks	12 Wks		
14 yo White	47	22	8	1	2		
male		(53%)	(83%)	(98%)	(96%)		
13 yo Hispanic	29	16	4	2	3		
female		(45%)	(86%)	(93%)	(90%)		

No side effects of special interest for tetracycline-family antibiotics, including nausea, diarrhea, esophagitis, pseudotumor cerebri, blurry or double vision, dizziness, vertigo, or blue-gray pigmentation, were observed.

CONCLUSIONS

This case series shows rapid improvement in IGA and reduction inflammatory lesion count with oral sarecycline, and confirms previously reported significant improvement of truncal acne in Phase 3 clinical trials

CLINICAL IMPLICATIONS

 Sarecycline is an effective narrow-spectrum antibiotic alternative that can be utilized in treating truncal acne, especially when topical agents are challenging for the patients to apply due to surface area and location

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