Gastroenterology Abstract, Department of Medicine Research Symposium

Epididymo-orchitis Secondary to Colovesical Fistula

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Introduction: Acute epididymo-orchitis is a common cause of scrotal pain in adults. It is most often caused by a retrograde spread of cystitis into the epididymis and testicles via the vas deferens. Epididymo-orchitis is most often seen in older patients with prostate hypertrophy with increased post residual urine volume. In younger patients it may result as a consequence of sexual practices. We present a unique case of epididymo-orchitis secondary to colovesical fistula caused by chronic diverticulitis.

Case Report: A middle aged male presented with subacute left testicular pain, back pain, and pneumaturia. Pertinent medical history included type II diabetes, obesity and multiple prior incidences of diverticulitis. Physical exam revealed a soft abdomen without tenderness, normal bowel sounds, and left scrotal swelling. CBC demonstrated neutrophilia with left shift. Urinalysis was urine nitrite positive, urine esterase 1+, WBC too numerous to count, and urine bacteria many. Urine culture was greater than 100,00 col/mL E.coli. CT abdomen and pelvis demonstrated sigmoid diverticulitis, left sided bladder wall thickening, urinary bladder gas and a colovesical fistula. Scrotal US findings were consistent with epididymo-orchitis. Cystoscopy confirmed the presence of the fistula. The patient was admitted and underwent a two week course of augmentin, which resulted in pain and swelling resolution. The patient was subsequently discharged and was doing well at one month's follow up.

Conclusion: We present a unique case of epididymo-orchitis and its medical and surgical management.