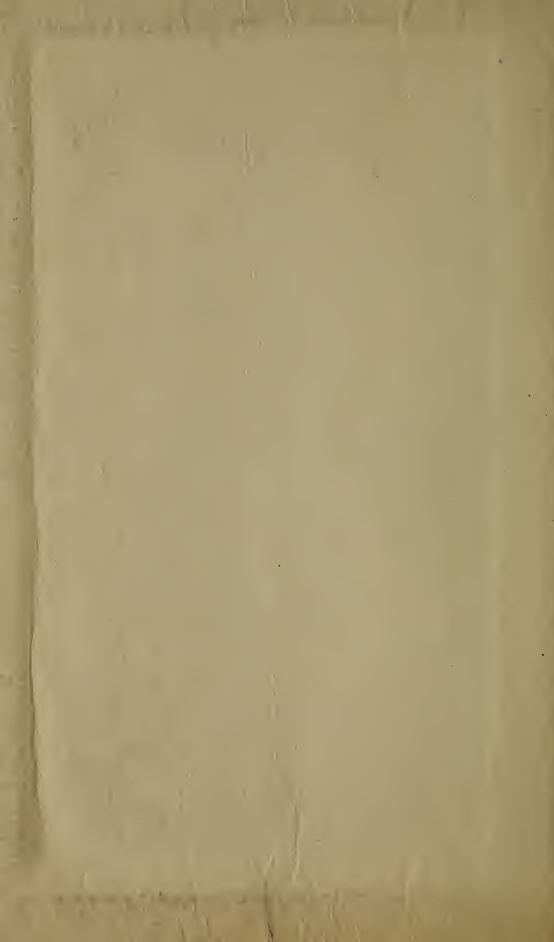
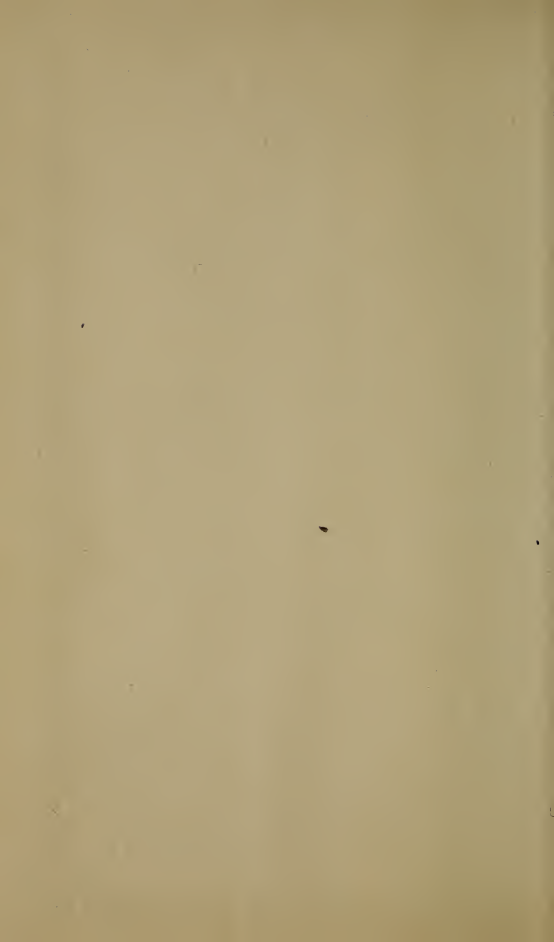


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**DEVOTIONS
FOR THE
ECHARISTIC HOUR**





Imprimatur

+ John Francis Hall
Bishop of St. Wayne

DEVOTIONS FOR THE
EUCCHARISTIC HOUR



ST. MARY'S COLLEGE
NOTRE DAME, INDIANA

The Master Calleth for Thee

Look forward to the Hour of Adoration as to an hour in Paradise. Go there as if going to Heaven, to the Divine Banquet, and you will desire this hour, you will hail it with gladness when it comes.

Entertain in your heart a sweet desire; say to yourself: "In a few hours, in two hours, in one hour, I will go to the gracious and profitable audience of my loving Lord—He invites me, He waits for me, He desires me."

—*Venerable Eymard.*



The Word was made flesh;
and dwells among us.

The Acts

By S. M. R.

O God, I believe that Thou art God;
I believe that Thou art One in Three!
My faith is founded on Thy word,—
O strengthen, God, my faith in Thee!

O God, I hope in Thee as God!
Relying on Thy word divine,
I hope to gain eternal life,—
O strengthen, God, this hope of mine!

O God, I love Thee as my God,
For infinitely good Thou art!
O strengthen this poor love of mine
Until it doth consume my heart!

O God, I believe and hope and love,
And yet I have offended Thee!
I promise, God, to sin no more:
Do Thou in mercy pardon me!



Devotions for the Eucharistic Hour,

O SALUTARIS

O saving Victim! opening wide
The gate of Heaven to man below!
Our foes press on from every side
Thine aid supply, Thy strength be-
stow.

To Thy great name be endless praise,
Immortal Godhead! One in Three!
Oh, grant us endless length of days,
In our true native land, with Thee!

PREPARATORY PRAYERS

What happiness for me, O Lord, to be with Thee, to admire the immense love of Thy Heart for mankind, to offer Thee some reparation for the outrages which they continually heap upon Thee! But how am I able to perform this sacred action, sinner as I am? O Jesus, unite my prayers to Thine; offer to Thy heavenly Father the holy dispositions of Thy divine Heart to make amends for my shortcomings. Give me grace, O Holy Ghost, Spirit of the Father and the Son, to say to Thee always and everywhere, "Speak Lord, for Thy servant heareth."

Mary, my Mother, help me to enter the Heart of thy divine Son, that sanctuary of all graces and all virtues. I join with thee in rendering Him homage. Glorious angels, who are so humbly prostrated before this adorable Heart, allow me to place myself among you in profound adoration; infuse into me your love for Him, your recollection in prayer, and present my petitions to Him. Saints of heaven and the just here on earth, come let us adore together the Heart of our God.

FORMULA OF CONSECRATION

I, N———, servant of Jesus Christ, although unworthy, but full of confidence in divine grace, under the guidance and auspices of the Immaculate Virgin Mary, under the protection of Saint Michael the Archangel, of Saint Joseph, of the blessed apostles, Saint Peter and Saint Paul, of the beloved disciple Saint John, consecrate and devote myself with all my heart, with all my soul, and with all my strength, to the service of adoring Jesus Christ our Lord, truly, really, and substantially

present in the Most Blessed Sacrament for the love of men; and, in order to promote more efficaciously the reign of His love in me, in mine, and in the whole world, I associate myself to the life of adoration of the Congregation of the Most Blessed Sacrament and promise to make in union with it and its associated members, the *monthly adoration*, and to devote myself according to my ability to the greatest glory of Jesus in His Sacrament of Love.

Confirm in me, O my God, the work of Thy grace. O Mary, Blessed Mother of Jesus, and my own loving Mother, help me as thy child, direct me in the service of Jesus, that I may serve Him worthily and please Him now, and finally after death, have the happiness of praising and loving Him with thee for all eternity. Amen.

REPARATION TO THE MOST HOLY SACRAMENT*

I adore Thee, and I love Thee with all my heart, O my God and my Divine Saviour, truly God and truly man; I adore Thee and love Thee with the

profound respect which faith inspires; I adore Thee and I love Thee in reparation of all the irreverences, of all the profanations, and of all the sacrileges I may have unfortunately committed up to the present time, and of all the others that have been committed and that may be committed hereafter.

*Indulgence of 300 days every time for reciting the Act of Reparation and the following Ejaculatory Prayers.

EJACULATORY PRAYERS

I adore Thee at every moment of my life, O Bread of Heaven, O Blessed Sacrament!

Divine Jesus! Heart of Mary! bless me, I beseech you.

I give Thee, O sweetest Saviour, my soul and my heart forever. May the most holy and most divine Sacrament be known, adored and thanked at every moment by all!

PRAYER TO THE MOST HOLY SACRAMENT AND TO THE SACRED HEART OF JESUS

To what a degree, O loving Jesus, has Thy exceeding great charity attained! Thou hast prepared for me a heavenly nourishment of Thy body and

of Thy precious Blood to give Thyself entirely to me. What has moved Thee to such transport of love? Nothing, certainly, but Thy Heart full of charity. O adorable Heart of my Jesus, burning furnace of divine love, receive my soul into Thy sacred wound, that I may learn in that school to love my God, Who gives me such admirable proofs of His love. Amen.

ACTS OF ADORATION AND
REPARATION TO JESUS IN THE
BLESSED SACRAMENT

Profoundly I adore Thee, O Jesus, hid beneath the mystic emblems; I acknowledge Thee true God and true man. By this act of adoration I fain would make Thee reparation for the cold hearts of so many of Thy people, who pass before Thy temples, nay, before Thy very tabernacle, where, hour after hour, Thou dost deign to dwell with loving impatience to give Thyself to be Thy people's food, who yet do not even bend the knee before Thee, their God; but, like the Israelites in the wilderness, seem, by their indifference, to loathe this Bread of heaven. I offer

Thee, then, Thine own most precious Blood, which Thou didst shed from the wound in Thy left foot, in reparation for this hateful coldness; and entering, in spirit, within this same wound, I cry aloud, in never-ending praise:

O Sacrament most holy! O Sacrament divine!

All praise and all thanksgiving be every moment Thine.

(Our Father, Hail Mary, Glory be to the Father)

Profoundly I adore Thee, my Jesus; I acknowledge Thy presence in the most Holy Sacrament. By this act of adoration I fain would make amends for Thy people, so many of whom seem as though they knew Thee not; but, while they see Thee go to the poor sick, to be their strength in their great journey to eternity, leave Thee unescorted, and hardly give Thee even one outward sign of homage. I offer Thee, in reparation for this coldness, Thine own most precious Blood, which Thou didst shed from the wound in Thy right foot, and entering therein, in spirit, again I cry ten thousand times:

O Sacrament most holy! O Sacrament divine!

All praise and all thanksgiving be every
moment Thine.

(Our Father, Hail Mary, Glory be to the
Father)

Profoundly I adore Thee, my Jesus,
true Bread of life eternal; and by this
act of adoration I fain would make
Thee compensation for all the wounds
with which Thy Sacred Heart doth
daily bleed to see the profanation of
the churches wherein Thou dost vouch-
safe to abide beneath the sacramental
emblems, to receive the love and adora-
tion of Thy people. I offer Thee, in
reparation for such great irreverence,
Thine own most precious Blood, which
Thou didst shed from the wound in
Thy left hand, and entering therein, in
spirit, I say at every moment:

O Sacrament most holy! O Sacrament
divine!

All praise and all thanksgiving be every
moment Thine.

(Our Father, Hail Mary, Glory be to the
Father)

Profoundly I adore Thee, my Jesus,
living Bread come down from heaven;
and by this act of adoration I fain
would make amends for all the acts of
irreverence which Thy people, day by

day, commit in assisting at Holy Mass. wherein Thou dost renew, though bloodlessly, that self-same sacrifice which once Thou didst consummate on Calvary for our salvation. I offer Thee, in reparation for all this ingratitude, Thine own most precious Blood, which Thou didst shed from the wound in Thy right hand; and entering therein, in spirit, I uplift my voice, and, together with Thy holy Angels, who stand around Thy Throne, I say:

O Sacrament most holy! O Sacrament divine!

All praise and all thanksgiving be every moment Thine.

(Our Father, Hail Mary, Glory be to the Father)

Profoundly I adore Thee, my Jesus, true victim of atonement for our sins; and I offer this act of adoration in compensation for the sacrilegious outrages which Thou dost receive from so many of Thy ungrateful people, who dare to draw nigh to Thee and to receive Thee in Communion, with mortal sin upon their souls. In reparation for these hateful sacrileges, I offer Thee those last drops of Thy most precious

Blood which Thou didst shed from the wound in Thy most sacred side; and entering therein, in spirit, I adore Thee, I bless Thee, I love Thee, and, with all the holy souls who love Thee in the most Blessed Sacrament, I exclaim:

O Sacrament most holy! O Sacrament divine!

All praise and all thanksgiving be every moment Thine.

(Our Father, Hail Mary, Glory be to the Father)

A DAILY OBLATION TO JESUS

Jesus! my only treasure, I give Thee every one of my thoughts, words, actions, breathings, steps, and movements from this time till the hour of my death. Come for me then, dear Jesus, and grant me the grace I most humbly and ardently crave, that of dying in Thy Sacramental embrace, of being judged and sentenced while yet incorporated with Thy Sacred Body, and of being presented by Thee to Thy Eternal Father, spotless from the fountain of Thy precious Blood. Amen.

PRAYER TO THE HOLY SPIRIT

O Holy Spirit of God, take me as Thy disciple. Guide me. Illuminate me. Sanctify me. Bind my hands that they may do no evil. Blind my eyes that they may see it no more. Sanctify my heart that evil may not dwell within me. Be Thou my God. Be Thou my guide. Whithersoever Thou leadest me I will go. Whatsoever Thou forbiddest me I will renounce. Whatsoever Thou commandest me, in Thy strength I will do. Lead me, then, into the fulness of Thy love.

PRAYERS AND PETITIONS

O Father, O Son, O Holy Ghost!

O most Holy Trinity, O Jesus, O Mary!

Blessed angels and saints of paradise, obtain for me the following graces, which I ask through the most precious Blood of Jesus Christ:

Always to do the will of God.

To be always united with God.

To think of nothing but God.

To love God alone.

To do all for God.

To seek only the grace of God.

To sanctify myself for God alone.
To know well my own nothingness.
Always to know more and more the
holy will of my God.

ACT OF CONSECRATION TO THE SACRED HEART

O Lord Jesus, I consecrate my heart to You; place it in Yours. It is therein I wish to breathe, to love, to live unknown to men and known only to You.

It is in this most Sacred Heart I shall derive those loving ardors which should consume mine; it is there I shall find strength, light, courage, and true consolation. When sad, it will rejoice me; when languishing, it will animate me; when troubled and disquieted, it will encourage and uphold me.

O Heart of Jesus, may my heart be the altar of Your love; may my tongue publish Your bounty, my mind meditate on Your perfections, my memory preserve forever the precious remembrance of Your mercies.

May all in me express my love for Your Heart, O Jesus, and may my heart be disposed to offer You every sacrifice.

EJACULATORY PRAYERS

Sweet Heart of Jesus, make me love Thee more and more.

Most Sweet Jesus, be not my Judge, but my Saviour.

My Jesus, mercy!

Praised and thanked at each moment be the most holy and most divine Sacrament!

Eternal Father, I offer Thee the most precious Blood of Jesus Christ in expiation of my sins, and for the needs of the holy Church.

PRAYER TO OUR LADY OF THE MOST BLESSED SACRAMENT

O Virgin Mary, Our Lady of the Most Blessed Sacrament, who art the glory of Christians, the joy of the Universal Church, and the hope of the world, pray for us! Stir up in all the faithful devotion to the Most Holy Eucharist, that they may render themselves worthy to communicate every day.

Indulgence of 300 days.

Our Lady of the Most Blessed Sacrament, pray for us!

(300 days)

Time for private devotions and hymns.

EVENING PRAYER TO THE BLESSED SACRAMENT

O Divine Jesus, alone tonight in so many Tabernacles, without visitors or worshipers, we offer Thee our lowly hearts. May every beating be a prayer of love to Thee. In Thy love Thou art ever watching under the sacramental veils. Thou never sleepest, and Thou art never weary of Thy vigil for sinners. O loving Jesus, O lonely Jesus, may my heart be a lamp, the light of which shall burn and beam for Thee alone in time and eternity.

Watch, Sacramental Sentinel! Watch for the weary world, for the erring soul, and for Thy poor, lonely child.

MEMORARE OF THE SACRED HEART

Remember, O most sweet Jesus, that no one who has had recourse to Thy Sacred Heart, implored Its assistance, or called for mercy, has ever been abandoned. Filled and animated by this same confidence, O Divine Heart, Ruler of all hearts, I fly to Thee; and, oppressed beneath the weight of my

sins, I prostrate myself before Thee; despise not my feeble prayers, but listen to them with a favorable ear, and vouchsafe to answer them. Show us that Thou hast the Heart of the best of Fathers, and that He Who has deigned to give Thee to us for our salvation will, through Thee, receive our prayers. Amen.

May the Sacred Heart of Jesus be everywhere loved. (100 days)

Sacred Heart of Jesus, have mercy on us.
(100 days)

Litany of the Sacred Heart

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven,
God the Son, Redeemer of the world,
God, the Holy Ghost,
Holy Trinity, one God,
Heart of Jesus, Son of the Eternal
Father,
Heart of Jesus, formed by the Holy
Ghost in the Womb of the Virgin
Mother,
Heart of Jesus, substantially united
to the Word of God,
Heart of Jesus, of Infinite Majesty,

—Have mercy on us—

Heart of Jesus, Sacred Temple of
God,
Heart of Jesus, Tabernacle of the
Most High,
Heart of Jesus, House of God and
Gate of Heaven,
Heart of Jesus, burning furnace of
charity,
Heart of Jesus, abode of justice and
love,
Heart of Jesus, full of goodness and
love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all
praise,
Heart of Jesus, King and Centre of
all hearts,
Heart of Jesus, in whom are all the
treasures of wisdom and knowl-
edge,
Heart of Jesus, in whom dwells the
fulness of divinity,
Heart of Jesus, in whom the Father
was well pleased,
Heart of Jesus, of whose fulness we
have all received,
Heart of Jesus, desire of the ever-
lasting hills,
Heart of Jesus, patient and most
merciful,
Heart of Jesus, enriching all who in-
voke Thee,
Heart of Jesus, fountain of life and
holiness,

Have mercy on us.

Heart of Jesus, propitiation for our
 sins,
 Heart of Jesus, loaded down with
 opprobrium,
 Heart of Jesus, bruised for our of-
 fences,
 Heart of Jesus, obedient unto death,
 Heart of Jesus, pierced with a lance,
 Heart of Jesus, source of all con-
 solation,
 Heart of Jesus, our life and resur-
 rection,
 Heart of Jesus, our peace and recon-
 ciliation,
 Heart of Jesus, Victim of sin,
 Heart of Jesus, salvation of those
 who trust in Thee,
 Heart of Jesus, hope of those who
 die in Thee,
 Heart of Jesus, delight of all the
 saints,

Have mercy on us

Lamb of God, Who takest away the sins
 of the world, *spare us, O Lord.*

Lamb of God, Who takest away the sins
 of the world, *graciously hear us, O
 Lord.*

Lamb of God, Who takest away the sins
 of the world, *have mercy on us.*

V. Jesus, meek and humble of heart,
 R. Make our hearts like unto Thine.

LET US PRAY

O Almighty and Eternal God, look
 upon the Heart of Thy dearly beloved

Son, and upon the praise and satisfaction He offers Thee in behalf of sinners, and being appeased, grant pardon to those who seek Thy mercy, in the name of the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, world without end. Amen.

Indulgence of 300 days, once a day.

PRAYER TO THE SACRED HEART

O Heart of Jesus! deign to grant me an increase of faith in Thee; a strong faith to realize Thee; a loving faith to appreciate Thee; a trusting faith to turn to Thee in every want and every sorrow.

O loving Heart, I commend to Thee my thoughts, words, and works, that Thou mayest inspire and guide them; my affections, intentions, and desires, that Thou mayest purify and direct them; my dearly-bought soul, that Thou mayest sanctify and save it; my last sigh, that Thou mayest receive it united to Thine own. Amen.

Sacred Heart of Jesus, have mercy on us.

ACT OF CONSECRATION TO THE IMMACULATE HEART OF MARY

O Heart of Mary, ever Virgin! O Heart the holiest, the purest, the most perfect! O Heart full of all grace and sweetness, throne of love and mercy, image of the adorable Heart of Jesus! Heart that didst endure for love of us the bitter dolours at the foot of the Cross and dost so justly merit the love and gratitude of all mankind, we give thee thanks for all the benefits which thou hast obtained for us from the Divine Heart of Jesus, and unite ourselves to all the souls that find their joy and consolation in loving thee. We renew once more the consecration of ourselves to thee; we desire to perfect this offering and to persevere therein until death, and we ask thee as our Mother to take full possession of our hearts.

Let not thy love grow weary of our infidelity; may thy goodness and bounty continue to bless us, our pupils, our houses, and the Congregation of the Holy Cross. Grant that we who are united to thee and to each other by

the bonds of the most tender charity, may find the fulfillment of all our desires in eternal union with thee in heaven. May the Divine Heart of Jesus and the Immaculate Heart of Mary be known, praised, blessed, loved, and glorified in all places forever. Amen.

Jesus, my God, I adore Thee in the Sacrament of Thy Love.

All for Thee, sweet Jesus, thirsting for my love.

TO JESUS

Sweet Jesus, let me lay at Thy Sacred feet my daily share of struggles and sorrows, my hopes and fears; and do Thou, in the stillness of Thy sanctuary, tenderly gather them into Thy Sacred Heart. Solace my doubts, calm my fears, and grant that, day by day, I may become more united to Thee. Amen.

O Jesus, when dawns the day which shall be my last, come to me, as my Divine Friend; come to me once more in a last Host, in order that, having

begun with Thee every day of my life on earth, I may also begin with Thee the day of eternity that shall never end. Amen.

Tantum Ergo Sacramentum

Down in adoration falling,
Lo! the sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying,
Where the feeble senses fail.

To the everlasting Father,
And the Son Who reigns on high,
With the Holy Ghost proceeding
Forth from each eternally,
Be salvation, honor, blessing,
Might and endless majesty.
Amen.

Litany of Goodness and Devotion

O Jesus! living in the Holy Eucharist, but living silent and inactive, void of that material life which falls under the senses, and, consequently, unable to make them feel Thy goodness and mercy as in the days of Thy mortal life; Jesus, Who nevertheless, desirest that men feel Thy love, I come to offer myself to Thee, that communicating Thyself to me, dwelling within me, Thou mayest use all the members of my body, all the faculties of my soul, to do for even those whom Thou lovest what Thou wert wont to do for them on earth, when Thou wert visibly present with them.

O Jesus, abandoned by all in the Garden of Olives, with no one to comfort, to strengthen, to encourage Thee; Jesus, Who knowest that at this hour there are souls who, like Thee, have no longer any support, strength or consolation on earth, send them an angel to pour into their souls a little joy, a little peace! Oh, that I might fill that angelic mission! What must I suffer to that end, O Jesus? If there be need-

ed an interior trial or exterior sorrow to make me for a few moments the consoling angel of a desolate soul, oh, whatever the bitterness of the trial, whatever the duration of the sorrow, I ask it of Thee, O Jesus.

O Jesus, Who seekest lips to tell souls of the love Thou bearest them; lips to remind the poor and the outcast that they are not despised, the timid that they are protected; Jesus, take my lips, and without my knowledge, if it is to be feared that vanity may spoil what comes but from Thee, give me to speak or write words of strength, of love, of kindness, of pardon. Grant that I may consider that day lost in which I shall not have spoken of Thy goodness, in which I shall not have raised up or fortified a soul, in which I shall not have caused Thy name to be uttered with love at least by a little child!

O Jesus, so patient with those who tried Thee by their importunity, and wearied Thee by their ignorance and their slowness in comprehending Thy words; Jesus, so kind in repeating the same lessons, in waiting the hour of

grace rather than humiliate those who seemed to be indifferent to Thy doctrine; Jesus, make me patient to listen, patient to instruct, patient to begin again the same lessons three, four, ten times. Make me strong to preserve in my countenance a kind expression, even when the importunity of a visitor weighs heavily upon me; and if the weakness of my temperament overcome my will, and I allow my weariness and fatigue to be visible, O Jesus, give me quickly to repair by loving words the pain I may have caused!

O Jesus, Who with infinite delicacy didst wait on the roadside the opportunity to do good, Who didst simply ask a material service to approach more easily the soul of the Samaritan woman, whom Thou didst seek to save; Jesus, give me to divine the sorrow which timidity, fear, or even an exaggerated delicacy conceals in the depth of the soul; give me that simple, courageous but discreet tact which insinuates itself without wounding, which asks without irritating, and which, without humiliating, pours oil and wine into the wound it has discovered.

O' Jesus, Who seekest a faithful dispenser of Thy material treasures and of those exterior joys, the reflection of the ineffable joys of heaven, give me much that I may bestow much. Take my hands and make them the dispensers of Thy alms; take them that like Thine, when Thou didst wash the feet of Thy Disciples, they may be at the service of all, laboring for all, coming to the assistance of all. Grant that I may never forget that like Thee, I am on earth to serve, not to be served. Take my lips, also, that they may give to hearts joyous words and cheering smiles. O Jesus, may I be like the fountain by the wayside where all may be refreshed; may I be like the tree by the roadside which is the property of no one, and belonging to all, offers to the passing traveler the shade of its branches laden with the fruit God has lent it for others!

O Jesus, Who passionately lovest souls, and Who never permittest Thyself, in spite of pleasing or repellent exteriors, docile or unquiet minds, gentle or irascible tempers, to forget that these souls, even the coarsest, are

God's beloved children; grant me in my relations with those about me to see but their souls, to love but their souls, to help them but with a view to their souls—these souls, O Jesus, for whom Thou didst die, who in truth may with me call Thee Father, and with whom near Thee, in the intimacy of Thy Heart, I am to live for a happy eternity.

GOD'S MERCY

Was there ever kinder Shepherd,
Half so gentle, half so sweet,
As the Saviour who would have us
Come and gather at His feet?

There's a wideness in God's mercy,
Like the wideness of the sea;
There's a kindness in His justice,
Which is more than liberty.

There is no place where earth's sorrows
Are more felt than up in heaven;
There is no place where earth's failings
Have such kindly judgment given.

—*F. W. Faber.*

PRAYER OF ST. THOMAS AQUINAS
FOR VISITS TO THE BLESSED
SACRAMENT

O Thou Who lovest me so much, Jesus, truly here, my hidden God, hear my prayer, I implore Thee.

May Thy good pleasure be my pleasure, my passion, my love. Grant me to seek it, to find it, to fulfill it! Show me Thy ways, teach me Thy paths. Thou hast Thy designs over me, make them known to me, and give me grace to follow them that so I may save my soul.

Indifferent to all that passes away, and wishing to see only Thee, may I love all that is of Thee, but Thee above all, O my God!

Make bitter every joy that comes not from Thee, impossible every desire which tends not to Thee, delightful every labor undertaken for Thee, unbearable all rest which is not sought in Thee. At every hour, O good Jesus, may my soul take its flight towards Thee, may my life be an act of love. Cause me to feel that every work which is not done for Thee is useless and

dead. May my piety be less a habit than a continual uplifting of the heart towards Thee.

O Jesus, my delight and my life, grant me to be without self-seeking in my humility, without dissipation in joy, without despondency in sadness, without harshness in austerity. Grant that I may speak without dissimulation, fear without despair, hope without presumption, be pure without stain, reprove without anger, love without pretense, edify without ostentation, obey without questioning, suffer without murmuring.

O Supreme Goodness, O Jesus, I ask a heart captivated by Thee, which no sight or sound may distract from Thee; a pure and faithful heart which never wavers, never descends; a dauntless heart, ever ready to renew the battle after defeat; a free heart, never seduced, never enslaved; an upright heart, never found in devious ways.

And my mind, O Lord, grant that eager to know Thee, ardent in seeking Thee, it may know how to find Thee, O Thou Supreme Wisdom! May its thoughts and meditations be agreeable in Thy sight; confiding and calm, may

it wait Thy answer, and tranquilly repose in Thy word.

May penance make me feel the thorns of Thy crown; may grace load me with Thy gifts during my exile; may glory inebriate me with Thy joys in Thy Kingdom. Amen.

DIVINE PRAISES

Blessed be God.

Blessed be His holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be Jesus in the Most Holy Sacrament of the altar.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

Litany of the Holy Name of Jesus

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Jesus, hear us.

Jesus, graciously hear us.

God, the Father of heaven,

Have mercy on us.

God, the Son, Redeemer of the world,

God, the Holy Ghost,

Holy Trinity, one God,

Jesus, Son of the living God,

Jesus, splendor of the Father,

Jesus, brightness of eternal light,

Jesus, King of glory,

Jesus, sun of justice,

Jesus, Son of the Virgin Mary,

Jesus, most amiable,

Jesus, most admirable,

Jesus, mighty God,

Jesus, Father of the world to come,

Jesus, Angel of the great council,

Jesus, most powerful,

Jesus, most patient,

Jesus, most obedient,

Jesus, meek and humble of heart,

Jesus, lover of chastity,

Jesus, lover of us,

Jesus, God of peace,

Jesus, author of life,

Jesus, model of all virtues,

Jesus, zealous lover of souls,

Jesus, our God,

Have mercy on us.

Jesus, our refuge,
Jesus, Father of the poor,
Jesus, treasure of the faithful,
Jesus, good Shepherd,
Jesus, true light,
Jesus, eternal wisdom,
Jesus, infinite goodness,
Jesus, our way and our life,
Jesus, joy of angels,
Jesus, King of patriarchs,
Jesus, Master of apostles,
Jesus, teacher of evangelists,
Jesus, strength of martyrs,
Jesus, light of confessors,
Jesus, purity of virgins,
Jesus, crown of all saints,
Be merciful unto us,

Spare us, O Jesus.

Be merciful unto us,

Graciously hear us, O Jesus.

From all evil,
From all sin,
From Thy wrath,
From the snares of the devil,
From the spirit of fornication,
From everlasting death,
From neglect of Thy inspirations,
Through the mystery of Thy holy
 Incarnation,
Through Thy nativity,
Through Thine infancy,
Through Thy most divine life,
Through Thy labors,

—Have mercy on us—

—Jesus, deliver us—

Through Thine agony and passion,
Through Thy Cross and dereliction,
Through Thy weariness and faintness,
Through Thy death and burial,
Through Thy resurrection,
Through Thine ascension,
Through Thine institution of the
 Most Holy Eucharist,
Through Thy joys,
Through Thy glory,

Jesus, deliver us.

Lamb of God, Who takest away the sins
 of the world,

Spare us, O Jesus.

Lamb of God, Who takest away the sins
 of the world,

Graciously hear us, O Jesus.

Lamb of God, Who takest away the sins
 of the world,

Have mercy on us, O Jesus.

Jesus, hear us.

Jesus, graciously hear us.

LET US PRAY

O Lord Jesus Christ, Who has said,
“Ask, and ye shall receive; seek and
ye shall find; knock, and it shall be
opened unto you;” grant, we beseech
Thee, to us who ask the gift of Thy
divine love, that we may love Thee
with our whole heart, in word and
work, and never cease from showing
forth Thy praise.

Grant, O Lord, that we may have a perpetual fear and love of Thy holy Name; for Thou never failest to direct and govern those whom Thou instructest in Thy true and solid love: Who livest and reignest, world without end. Amen.

OFFERING OF THE PRECIOUS BLOOD

Eternal Father, we offer Thee the most precious Blood which flowed for us from the wound in the right hand of Jesus, and by the merits and virtue of this precious Blood we supplicate Thy Divine Majesty to grant us Thy holy benediction in order that by it we may be protected against our enemies and delivered from all evil.

May the blessing of God the Father Almighty, Son, and Holy Ghost descend upon us and abide with us forever. Amen.

Our Father, Hail Mary, Glory be to the Father, etc.

Indulgence of 100 days.

RABBONI

When I am dying how glad I shall be
That the lamp of my life has been burn-
ed out for Thee,
That sorrow has darkened the pathway
I trod,
That thorns, not roses, were strewn o'er
the sod—

That anguish of spirit full often was
mine,
Since anguish of spirit so often was
Thine.
O sweetest Rabboni! how glad I shall be
To die with the hope of a welcome from
Thee.

O Heart of Love, I place all my
trust in Thee; for though I fear all
things from my weakness, I hope all
things from Thy mercies.
(300 days)

Jesus, meek and humble of heart,
make my heart like unto Thine.
100 days, once a day.

Heart of Jesus, burning with love
of us, inflame our hearts with love of
Thee.
100 days, once a day.

Eucharistic Heart of Jesus, have
mercy on us!
(300 days)

Holy Mass

DAILY OFFERING OF MASSES

Eternal Father, I offer Thee the sacrifice which Thy beloved Son, our blessed Redeemer, made of Himself on the cross and now renews on this altar. I offer it in union with all the Masses which have been said and which shall be said throughout the whole world, for all the intentions and interests of the Sacred Heart of Jesus, in *praise and adoration* of Thy supreme majesty; in *thanksgiving* for the numberless benefits which Thy divine mercy has conferred upon me; in *reparation* for my offences and in atonement for the sins of all mankind; finally, in humble *supplication* for my temporal and eternal welfare, for the wants of our holy Mother the Church, for the conversion of sinners, for the propagation of the Faith, and for relief of the souls in purgatory.

MANNER OF ASSISTING PIOUSLY AT HOLY MASS

To follow the Holy Sacrifice by means of the Missal is the best possible

manner of assisting at Mass for those who can do so profitably; another way is to read pious reflections adapted to the various parts of the Mass.

Those capable of meditating will find it profitable to observe the following advice of St. Leonard of Port Maurice:

The priest offers the Holy Sacrifice to acquit the four debts we owe to God.

The first is to praise and adore the infinite Majesty of God; the second, to atone for our sins; the third, to return thanks for the benefits we have received; the fourth, to pray to Him as the Author and Source of all graces. Therefore earnestly consider these four ends, by making use of the four offerings here given.

At the beginning of Mass, when the priest, humbling himself at the foot of the altar, recites the *Confiteor*, make a short examen, excite yourself to a heartfelt act of contrition, humbly ask the forgiveness of your sins, and implore the assistance of the Holy Ghost and of the Blessed Virgin, to hear Mass with due respect and devotion. Then, divide the Mass into four parts, in order to acquit in the most perfect manner the four debts mentioned above, which correspond to the four ends for which Jesus Christ instituted this august Sacrifice. Do this in the following manner.

In the first part, from the beginning

until the Gospel, pay the debt, by adoring and praising the Majesty of God, worthy of infinite honor and praise. To this end humble yourself with Jesus Christ, hide yourself in your own nothingness, confess your unworthiness before His immense Majesty, and say the following prayer:

O my God, I adore Thee and acknowledge Thee as my Lord and the Master of my soul; I confess that all that I am, and all that I have, is from Thee; but as Thy Sovereign Majesty merits infinite honor, and receives infinite homage, and as I am poor and totally unable to pay this great debt, I offer Thee the humiliations of Jesus and the homage He gives Thee upon the altar. What Jesus does, I wish to do. I humble and abase myself with Him before Thy Supreme Majesty. I adore Thee with the same sentiments of humility with which Jesus adores Thee. The infinite submission which my Divine Jesus renders to Thee for me fills my soul with joy.

Here close the book and continue to make interior acts, rejoicing that God is infinitely honored, and say repeatedly:

O my God! I rejoice with all my heart at the infinite honor which is given to Thy Divine Majesty in this Holy Sacrifice. My joy and satisfaction are unutterable.

Do not be anxious about repeating these prayers word for word, but make use of any other words devotion may suggest. Above all, be recollected and united to God. You may thus worthily pay the first debt.

From the Gospel to the Elevation, pay the second debt. Cast a glance upon your many sins, and seeing what an enormous debt you owe to divine Justice, say with profound humility:

Behold, my God, the wretch who has so often rebelled against Thee. With sincere sorrow I heartily detest my numberless sins. I offer to Thee in atonement the same satisfaction which Jesus on the altar gives to Thee. I offer to Thee the merits of Jesus, the Blood of Jesus; this same Jesus Himself, whole and entire, true God and true man, Who as Victim deigns to renew His sacrifice for me. And as my Jesus on the altar is my mediator and advocate, and asks mercy for me by His most precious Blood, I unite my

voice to that of His adorable Blood, and beseech Thy pardon for the many enormous sins I have committed. The Blood of Jesus asks Thy mercy, and my heart, also, penetrated with sorrow, most humbly asks it. Oh, God of my heart, if Thou art not moved by my tears, listen to the sighs of my Jesus. And, as upon the Cross He obtained mercy for the whole human race, why should He not obtain it for me upon this altar? I hope through this precious Blood to obtain pardon for my sins, which I shall weep over until the last moment of my life.

Then, closing your book, repeat these acts of true and profound contrition; give free scope to the affections of your heart, and say to Jesus with all your soul:

My most beloved Jesus! give me the tears of St. Peter, the contrition of St. Magdalene, and the sorrow of all those saints who from sinners became true penitents, that I may obtain by the merits of this Holy Sacrifice the absolute pardon of my sins.

With profound recollection in God, repeat these acts, being sure that thus

you will pay, in the best possible manner, the debt which you owe to God for your sins.

During the third part, from the Elevation until the Communion, consider how many and how great are the benefits you have received from God, and offer to Him in exchange the precious Body and Blood of Jesus Christ, the value of which is infinite, and ask the Angels and Saints in heaven to thank God for you, in words like the following:

Behold me, O God of my heart, loaded with the benefits which Thou hast deigned to heap upon me, and which Thou art willing to give me in time and in eternity. I confess that Thy mercy toward me is infinite, and yet I am ready to pay Thee entirely, even to the last farthing. In acknowledgment therefore, and in payment of all I owe Thee, I present to Thee by the hands of the priest this Divine Blood, this most precious Body, this innocent Victim. Certain am I that this offering is enough to compensate for all the gifts Thou hast bestowed upon me; this gift of infinite value is worth all those which I have heretofore received, which I receive each moment, and which I

shall receive hereafter from Thee. O all ye Angels of the Lord, all ye blessed inhabitants of heaven! help me to thank my God, and offer Him for me in thanksgiving for so many benefits, not only this Mass, but all those which are now celebrating throughout the world: that I may thereby perfectly compensate His loving kindness for all the graces He has bestowed upon me, for those He now gives me, and for all those which He will deign to grant me through all eternity.

With what sweet complaisance will not the God of goodness receive such sincere testimonies of grateful affection! How satisfied He will be with this offering of infinite value! In order to favor these pious and tender sentiments, invite all the Angels and Saints to thank God for you, and particularly those to whom you have a special devotion, and in the fulness of your heart say the following prayer:

O ye, my holy patrons! return thanks to God in my behalf for His goodness to me, that I may not live and die ungrateful; entreat Him to accept my good will and to have regard to the

loving thanksgiving which my Jesus gives Him for me in this Holy Sacrifice.

To keep these pious sentiments alive, repeat this prayer as often as possible, and be assured you will in this manner fully discharge this great debt.

In the fourth part, from the Communion to the end, while the priest communicates sacramentally, make a Spiritual Communion. Then contemplating God within you, fervently ask Him for all the graces you need; it is at this moment that Jesus unites Himself with you; He prays and entreats for you; dilate your heart, do not limit yourself to little things, but ask for great graces, since the offering you have made of His Divine Son is of infinite value. Say with profound humility:

O God of my soul! I am unworthy of Thy favors; I sincerely confess my utter unworthiness. I do not merit to be heard by Thee, on account of the multitude and enormity of my sins; but canst Thou reject the prayer of Thy adorable Son upon this altar, on which He offers Thee His life and His precious Blood for me? O God of my heart! accept the prayer of Him who pleads to Thy Majesty for me, and

for His sake grant me all the graces Thou knowest I need in order to secure the great affair of my salvation. At this moment more than ever, I dare ask pardon for all my sins, and the grace of final perseverance in good. Moreover, always placing my confidence in the prayers which my Jesus addresses to Thee in my behalf, I ask Thee, O my God, for every virtue in the highest degree, and all the assistance I need in order to become a true saint. I pray also for the conversion of infidels, of all sinners, and particularly of all those who are near and dear to me by ties of blood or friendship. I also beseech Thee to grant me the deliverance, not of one soul, but of all the souls now in purgatory; free them all; and by the efficacy of this Holy Sacrifice may that place of torment and expiation be emptied. Convert all the souls of the living, that this miserable world may be changed into a paradise of delights for Thy Majesty, that having loved Thee, praised Thee, blessed and adored Thee here, they may praise and glorify Thee in heaven for all eternity. Amen.

Devotions for Confession

PRAYER BEFORE CONFESSION

Holy Spirit, eternal Source of light, dispel the darkness which hides from me the malice and greatness of my sins. Grant me grace, O my God, to hate them, if possible, as much as Thou dost hate them Thyself; and may I henceforth fear nothing so much as the commission of any sin.

Now make a serious and calm self-examination on the Commandments of God and of the Church; the Seven Capital Sins; and the duties of your state of life.

CONFESSION

Regard Jesus Christ in your Confessor. Having said the Confiteor during the immediate preparation, on entering the Confessional make the sign of the Cross, and say:

Bless me, Father, for I have sinned. Since my last confession, which was—, I accuse myself of—.

Having finished the accusation say:

For these and all the sins which I do not remember, and those of my past life, especially—, I am sincerely

sorry, and I promise to amend, humbly begging pardon of God, and of you, Father, penance and absolution.

Answer candidly the questions of your Confessor, and listen to his advice. During the absolution, bow profoundly and say the Act of Contrition.

AN ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee, because Thou art infinitely good and infinitely amiable, and because sin displeases Thee. I am firmly resolved, with the help of Thy grace, to do penance for my sins and never to offend Thee for the future. Amen.

PRAYERS AFTER CONFESSION

May the Passion of our Lord Jesus Christ, the merits of the Blessed Virgin and of all the Saints, the good which I may do, and the evil that I may suffer, serve for the remission of my sins, the increase of grace, and the attaining of everlasting life. Amen.

Dare I hope, O my God, that from the sinner which I was but a moment ago I am now become pure and agree-

able to Thee? Yes, O God of goodness, Thy pardoning words of mercy have justified me in Thy sight, and cleansed me from all stain of sin.

Ah, Lord, a merciful God indeed art Thou, thus to pardon so miserable a sinner! May Thy forgiveness, which I have just received, increase both my love for Thee and my sorrow for having offended Thee. All my life shall be spent in atoning for my past sins, and in honoring and loving so good a God, so merciful a Father.

SHORT OFFERING OF SACRAMENTAL PENANCE

My Lord and my God, I offer Thee the penance I am going to perform, and I unite it to the infinite satisfaction of Jesus Christ my Saviour. Grant that the abundant merits of Thy dear Son Jesus, and the immense extent of the love of His Sacred Heart, may supply the imperfections and feebleness of the works which I shall perform, and the punishment which I wish to endure, to satisfy Thy divine justice. Amen.

(Recite here the penance imposed.)

Devotions for Holy Communion

BEFORE HOLY COMMUNION

Harken to the voice of your Blessed Redeemer: "Come to Me all you that labor and are burdened, and I will refresh you."

"The bread that I will give is My flesh, for the life of the world."

"Take ye and eat; this is My body."

"Take ye and drink; this is My blood."

"He that eateth My flesh and drinketh My blood, abideth in Me, and I in him."

O my Jesus, these words so full of tenderness, sweetness, and love, encourage me; but my sins terrify me and keep me back from approaching so great mysteries. The sweetness of Thy words giveth me hope, when the multitude of mine offenses weigheth me down.

Thou commandest me to approach with confidence, if I would have part with Thee; and to receive the food of immortality, if I desire to have life and glory everlasting. Come to Me, Thou sayest, all ye that labor and are heavy-laden, and I will refresh you.

O sweet and welcome words in the ear of a sinner, that Thou, our Lord and God, shouldst invite the poor and needy to the Communion of Thy most sacred Body!

But who am I, Lord, that I should presume to come to Thee? Behold the heaven of heavens cannot contain Thee; and Thou sayest, "Come, you all to Me." What meaneth this most loving condescension, this most friendly invitation? How shall I dare to approach Thee? I, who am conscious of no good on which I could presume,—how shall I dare to introduce Thee into my house?

Had I, at least, like so many of Thy servants, unceasingly labored to please Thee! Had I never ceased to lament my ingratitude in corresponding so unworthily to Thine infinite love and goodness! But, alas, how little is it that I do! With what little sorrow do I ever grieve for my past offenses! With what apathy do I now continue in Thy service! How feebly resolved to amend; how little inclined to resist temptation! Nay, alas, how much read-

ier perhaps to court the first impulses to sin!

And yet do Thou, O God, O Good Jesus, vouchsafe to give me, though so unworthy, some little of Thine all-powerful grace, that I may confess and bewail these and other of my defects with a hearty sorrow and a great dislike of mine own weakness; that I may make stronger, and yet stronger resolutions always to amend my life and to advance in virtue; that I may endeavor, with my whole heart and will, to offer myself as a perpetual holocaust to Thine honor, and faithfully commit to Thee both my body and soul.

“Be of good heart. . . . They that are in health need not a physician, but they that are ill.”—St. Matt. ix. 2, 12.

My Saviour! I will then approach to Thee, because my soul is sick and in need of the abundance of Thy graces, and the multitude of Thy mercies. I am subject to innumerable faults, tepid and inconstant in my duty to Thee; but it is only Thou, my adorable Physician, Who canst remedy my miseries and my weaknesses; Thou Who art the God

of mercy and the bread that strengthens the soul.

O my sweet Saviour! I am aware that I have no claims to address Thee with the confidence with which I feel animated; yet I am persuaded Thou wilt pardon my presumption, since Thou Thyself inspirest me to tell Thee what my wretchedness would otherwise forbid me to utter. Yes, I will call Thee my dearest Love; for every power of my soul and every feeling of my heart tells me that Thou art essentially love, and peculiarly my Love. Come, then, adorable Love of my soul! Come, and let me, far removed from all creatures, enjoy Thee as my soul desires, and become totally changed and transformed into Thee. O my Jesus! eternal Lover of my soul, fill my heart with divine charity; and grant that every earthly affection, everything even in the least displeasing to Thee, may be entirely consumed in its holy flames; that, when Thou enterest therein, I may say with truth that Thou art all mine, and that I am all Thine.

O Sovereign of my heart! *what wilt Thou have me to do? Speak, Lord, for Thy servant heareth* (I Kings iii. 9); command, and let Thy sweet accents be heard in the inmost recesses of my soul, that they may produce therein such fruits of virtue as will attract the eyes of Thy mercy, and gain Thy compassionate heart. O my Almighty Saviour! Thou canst do all things: by one glance Thou canst banish all imperfection from my soul. Grant, then, I beseech Thee, that when Thou comest in Thy adorable Sacrament to me, who am altogether unworthy of the smallest of Thy favors, I may be Thine unalterably and forever.

Come, my adored Lord! come and take possession of my soul and body, of my will, memory, and understanding; of all my thoughts, words, and actions; of every look, step, breath, and motion; in fine, of all that I am and have. Come, and deliver me from all my spiritual enemies. Come, and unite me indissolubly to Thyself. Come, my God and my Saviour! I long to be united to Thee; I desire to receive Thee in

the best manner I can, into my poor heart; come, take possession of it, and make it Thy dwelling place forever. Amen.

May the Heart of Jesus in the Most Blessed Sacrament be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

(100 days)

HEAVEN

My Heaven is hidden within the
Small White Host,

Wherein beneath Love's veil the
Bridegroom dwells.

Thence I draw life—the very
Life of God!

There does my Saviour hear me
Night and day.

And, Oh! the blissful moment when
Thou comest, Beloved One, to change
Me into Thee!

Mystery of Love, union ineffable!

This—this is Heaven for me!

AN ACT OF HUMILITY

What am I, O God of majesty and glory, or who am I, that Thou shouldst deign even to look on me? Whence am I honored with so unspeakable a favor, as that my Lord and my God should come and visit in person so miserable a sinner and vile a worm of the earth? How dares a being more contemptible than nothing, approach so holy a God, eat the bread of Angels, and feed on Thy divine Flesh? Ah, Lord, it is too much: I am not worthy of so great a favor; I shall never, no, never deserve it.

O King of heaven and earth! adorable Sovereign! the Author and Preserver of the Universe! behold, I annihilate myself before Thee, protesting that I would humble myself as much for Thy glory, as Thou dost here for my salvation. I acknowledge, with the most profound respect, the infinite grandeur of Thy divine Majesty, and my own miserable baseness. The contemplation of the one and the other fills me with inexpressible confusion. Can I possibly say more, my dear Sav-

iour, than to confess with the utmost humility, in the words of the Centurion, *Lord, I am not worthy that Thou shouldst enter under my roof; but only say the word, and my soul shall be healed!*

TO THE BLESSED VIRGIN MARY

(Prayer which the Blessed Virgin herself taught St. Gertrude.)

O most chaste Virgin Mary, I beseech thee by that unspotted purity wherewith thou didst prepare for the Son of God a dwelling of delights in thy virginal womb, that by thy intercession I may be cleansed from every stain.

O most humble Virgin Mary, I beseech thee by that most profound humility whereby thou didst merit to be raised high above all the choirs of angels and of saints, that by thy intercession all my negligences may be expiated.

O most amiable Virgin Mary, I beseech thee, by that ineffable love which united thee so closely and so inseparably to God, that by thy intercession I may obtain an abundance of all merits. Amen.

TO OUR LORD JESUS CHRIST

Prayer of St. Gertrude before Communion, the efficacy of which Our Lord revealed to her.

O most loving Lord Jesus Christ, I beseech Thee, by all the love of Thy sweetest Heart, that Thou wouldst vouchsafe to offer for me all that perfection wherewith Thou didst stand arrayed in the presence of God the Father when Thou didst ascend on high to enter into Thy glory; and through Thy sinless and unspotted manhood to render my polluted soul pure and free from every sin, and through Thy most glorious divinity to endow and adorn it with every virtue, and through the virtue of that love, which has forever united Thy supreme divinity to Thine immaculate humanity, to furnish it befittingly with Thy best gifts. Amen.

ACT OF FAITH

O God, because Thou hast said it, I believe that I shall receive the sacred

Body of Jesus Christ to eat and His precious Blood to drink. My God, I believe this with all my heart.

ACT OF ADORATION

O Jesus, great God, present on the altar, I bow down before Thee, I adore Thee.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee, because Thou art infinitely good and infinitely amiable, and because sin displeases Thee. I am firmly resolved, with the help of Thy grace, to do penance for my sins and never to offend Thee for the future.

ACT OF HUMILITY

My God, I confess that I am a poor sinner; I am not worthy to receive the Body and Blood of Jesus on account of my sins. Lord, I am not worthy that Thou shouldst enter under my roof; say but the word and my soul shall be healed.

ACT OF LOVE AND DESIRE

Sweet Jesus, I love Thee. I desire with all my heart to receive Thee. Most sweet Jesus, come into my poor soul and give me Thy Flesh to eat and Thy Blood to drink. Give me Thy whole Self: Body, Blood, Soul, and Divinity, that I may live forever with Thee.

PRAYER FOR HELP

O my God, help me to make a good Communion! Mary, my dearest Mother, pray to Jesus for me. My dear angel guardian, lead me to the altar of God.

TWO ASPIRATIONS TO BE USED BEFORE HOLY COMMUNION

O Mary! O Joseph! my guides, my models, my advocates with Jesus, help me to think of Him, to receive Him worthily, to belong to Him entirely for time and for eternity. Amen.

O Jesus! Jesus! how sweet it is to think of Thee! How sweet it is to approach Thee in Thy Sacrament of Love, to belong entirely to Thee!

After Holy Communion

After you have received Holy Communion, do not take up your prayer-book at once. Adore God, present in your heart. Speak to Him as you would to your greatest benefactor, your best friend. Thank Him for all He has done for you; tell Him your desires, your ambitions. Ask Him for those spiritual and temporal blessings you most need. However, rather than allow the mind to wander to other matters, have recourse to your prayer-book, trying to make yourself feel and realize what you are saying to God.

O my dear Jesus, Thou art mine and I am Thine! Thou, our Lord Jesus Christ, hast come to me! And what return do I make for so great a favor? Do I remember that Thou art my God, my Creator and my Redeemer? Do I remember that Thou comest to me laden with all the graces I need and that Thou art ready to shower every blessing on the faithful? Do I remember that in order to gain these much-needed graces, I need only ask them of Thee, for Thou hast said: "Ask, and ye shall receive"?

Thou hast also said, "Seek, and ye shall find." Thou art in my own heart now, really and truly present. Do I seek Thee? O my dear Jesus, I am overwhelmed by the coldness and indif-

ference with which I receive Thee, my God, into my heart! But Thou canst and Thou wilt forgive me, in virtue of Thine own words: "Ask, and ye shall receive." I now ask, most humbly, forgiveness from Thy Divine Heart for the indifference with which I have hitherto received Thee in Holy Communion.

Thou hast come to me, my God, and prostrating myself before Thee, I adore Thee with all the powers of my soul, and I love Thee with my whole heart. But, O my God, make me feel this love which my soul has for Thee; let it permeate my every thought, word and action.

Thou, my Jesus, art my best friend; and, as my friend, Thou art my confidant and my consoler in all my afflictions. What truer friend could man find than Thee! Thou dost understand all hearts, Thou wilt understand mine, and Thou wilt tell me what Thy will is for me in all things. With great reverence I should guard and preserve this heart of mine from all vain and worldly thoughts—this heart which is

so often visited by Thee in Holy Communion. Without Thy grace, O my God, I can do nothing! Grant that I may at all times and in all places remember that Thou hast visited me in my heart and that Thou wilt again visit me, and so remembering this, I may observe a watchfulness and a guard over myself, my soul and my body, which so often forms the Tabernacle of the Most High. Amen.

It is but just, it is only an act of gratitude, O my Jesus, that I should give myself entirely to Thee, since Thou hast given Thyself entirely to me. Let my eyes be Thine, my ears Thine, my taste Thine. Thou hast sanctified my senses, let them, then, be all Thine; let them no longer be opposed to Thy divine and holy law, but act according to it in all things. Thou hast sanctified my memory; may it be ever mindful of Thee. Thou hast sanctified my intellect; may it think on Thee alone. Thou hast sanctified my will; may it be in harmony only with Thine. To Thee, then, with my whole heart, do I offer, as a perpetual holo-

caust, my soul and body, my senses and my powers. Burn, O divine fire, all that is foreign to Thee in me. Consume, Omnipotent Lord, all that is not Thine. Amen.

Jesus, all beauty, all strength and all power!

Jesus, be with me each day and each hour.

Jesus, all beauty, all strength and all power!

Jesus, be with me in my dying hour.

ANIMA CHRISTI

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds hide me.

Permit me not to be separated from
Thee.

From the malignant enemy defend me.

At the hour of my death call me.

And bid me come to Thee;

That with Thy saints, I may praise Thee,

For ever and ever. Amen.

Indulgence of 300 days.

PRAYER TO PRESERVE THE FRUITS
OF HOLY COMMUNION

Jesus Christ lives, Jesus Christ reigns, in my soul and over my senses. May my eyes which have beheld Thee, Lord, never be pleased with any profane or criminal object; may my lips, sanctified by Thy touch, repel all words scandalous to religion or injurious to my neighbor; may my heart, which has possessed Thy Heart, demand thoughts and tastes conformable to Thine; may my feet and hands never be employed in the performance of any action unbecoming so great an honor. What could I give to the world without wronging Thee? It comes too late to claim my heart; I gave it to Thee without reserve in Holy Communion, and it is a source of joy to me to think that Thou didst deign to accept it with pleasure, and that Thou wilt sustain me in my earnest desire to be wholly and entirely Thine.

O Jesus and Mary, give me your blessing now and at the hour of my death. Amen.

PRAYER FOR PERSEVERANCE

At this moment, O Jesus, when Thy adorable Body is within me, what strength dost Thou not communicate to my soul! Oh! how much I need it. The road I have to travel is so difficult that without Thee I should fear to venture upon it. In a short time I shall return to my daily occupations; I shall continue my life of yesterday; I shall be exposed to many temptations; I shall find myself with my usual faults; but, Jesus, Thou Who dost help the saints, hast come to me. Oh! stay with me, and do Thou, Thyself, help to preserve in all my words and actions modesty, sweetness, and humility, evenness of temper, simple obedience, and a cheerful countenance on occasions of contradiction. Help me to make Thy presence within me visible to all. Let others see in me the *sweetness* of Thy *charity*, *goodness*, and *submission*. Give me the grace of perseverance in Thy service unto a happy death and a glorious immortality. Amen.

O God, that I might know Thee, that knowing Thee I might love Thee, that

loving Thee I might serve Thee faithfully unto the end.

PRAYER OF ST. THOMAS AQUINAS

I give Thee thanks, Eternal Father, for having, out of Thy pure mercy, without any deserts of mine, been pleased to feed my soul with the Body and Blood of Thy only Son, our Lord Jesus Christ. I beseech Thee that this holy Communion may not be to my condemnation, but prove an effectual remission of all my sins. May it strengthen my faith, encourage me in all that is good, deliver me from my vicious customs, remove all concupiscence, perfect me in charity, patience, humility and obedience, and in all other virtues. May it secure me against all the snares of my enemies, both visible and invisible; perfectly moderate all my inclinations; closely unite me to Thee, the true and only good, and happily settle me in unchangeable bliss. I now make it my hearty request that Thou wilt one day admit me, though an unworthy sinner, to be a guest at that divine banquet, where Thou, with

Thy Son and the Holy Ghost, art the true light, eternal fullness, everlasting joy, and perfect happiness of all the saints, through the same Jesus Christ, our Lord. Amen.

SUSCIPE

Take, O Lord, and receive all my liberty, my memory, my understanding and my whole will. Thou hast given me all that I am and all that I possess; I surrender it all to Thee that Thou mayest dispose of it according to Thy will. Give me only Thy love and Thy grace; with these I will be rich enough, and will have no more to desire.

Indulgence of 300 days, once a day.

FORMULA FOR SPIRITUAL COMMUNION

O Jesus, I turn toward the holy tabernacle where You live hidden for love of me. I love You, O my God. I cannot receive You in Holy Communion. Come nevertheless and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

SUPPLICATION

Be to me, O my Jesus!
The Bread of the strong to-day;
My burden presses so wearily,
I falter and faint on the way.

From the depths of misery and weariness
I cry, O my Master, to Thee;
Thou art the hope of the erring,
Thou wilt hear and pity me.

Storms in the hidden heart and life—
Trifles, that sting from without,
Work, with never a respite,
Prayer, with the life gone out;

Thy Heart grows dim in the darkness,
Thy cross stands naked and bare,
Backward and onward I look to my failures,
And see failures everywhere.

How little the eyes that look coldly
On the gathering faults of each day,
Can dream of how much lies hidden
From all, save Thy dear sight, away.

Could they know of the deep crucifixion,
That can never be put into speech,
How gently their judgment would linger,
On the little their blindness can reach.

O my Master and Lord, Who hast made
me.

Oh! Hands that have fashioned my clay,
Be to me, so inconstant and weary,
The Bread of the strong, to-day.

Eucharistic Heart of Jesus burning
with love for us, inflame our hearts with
love for Thee.

(200 days)

PRAYER TO JESUS CRUCIFIED

Look down upon me, good and gentle
Jesus, while before Thy face I humbly
kneel, and with burning soul pray and
beseech Thee to fix deep in my heart
lively sentiments of faith, hope and
charity, true contrition for my sins,
and a firm purpose of amendment; the
while I contemplate with great love
and tender pity Thy five wounds, pon-
dering over them within me, whilst I
call to mind the words which David,
Thy prophet, said of Thee, my Jesus:
“They have pierced my hands and my
feet; they have numbered all my
bones.” (Ps. xxi. 17, 18)

Plenary indulgence under the usual con-
ditions.

Special Prayers

CONSECRATION OF THE HUMAN RACE TO THE SACRED HEART OF JESUS

(For the First Friday of the Month)

Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thy altar. We are Thine, and Thine we wish to be; but, to be more surely united with Thee, behold each one of us freely consecrates herself today to Thy most Sacred Heart. Many indeed have never known Thee; many too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart. Be Thou King, O Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee; grant that they may quickly return to their Father's house lest they die of wretchedness and hunger. Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbor of truth and

unity of faith, so that soon there may be but one flock and one Shepherd. Be Thou King of all those who are still involved in the darkness of idolatry or of Islamism, and refuse not to draw them all into the light and kingdom of God. Turn Thine eyes of mercy toward the children of that race, once Thy chosen people. Of old they called down upon themselves the Blood of the Saviour; may It now descend upon them a laver of redemption and of life. Grant, O Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation; to It be glory and honor forever. Amen.

Indulgence of 300 days.

PRAYER TO THE SACRED HEART

O Divine Heart of Jesus, grant we beseech Thee, eternal rest to the souls in purgatory, the grace of final perseverance to those who will die today, true repentance to sinners, the light of

faith to pagans, and Thy blessing to me and mine. To Thee O most compassionate Heart of Jesus, I commend all these souls and I offer to Thee on their behalf all Thy merits, together with the merits of Thy most Blessed Mother and of all the angels and saints, and all the sacrifices of the Holy Mass, Communion, prayers and good words, which shall be offered today throughout the Christian world.

Indulgence of 100 days, once a day.

INVOCATIONS TO THE HEART OF JESUS

Love of the Heart of Jesus, inflame my heart.

Charity of the Heart of Jesus, flow into my heart.

Strength of the Heart of Jesus, support my heart.

Mercy of the Heart of Jesus, pardon my heart.

Patience of the Heart of Jesus, grow not weary of my heart.

Kingdom of the Heart of Jesus, be in my heart.

Wisdom of the Heart of Jesus, teach my heart.

Will of the Heart of Jesus, dispose of my heart.

Zeal of the Heart of Jesus, consume my heart.

Immaculate Virgin, pray for us to the Sacred Heart of Jesus.

THREE INCOMPARABLE ACTS OF PRAISE

I venerate and glorify Thee, O most blessed Trinity, in union with that ineffable glory with which God the Father in His omnipotence honours the Son and the Holy Ghost forever.

I magnify and bless Thee, O most blessed Trinity, in union with that most reverent glory with which God the Son in His unsearchable wisdom glorifies the Father and the Holy Ghost forever.

I adore and extol Thee, O most blessed Trinity, in union with that most adequate and befitting glory with which the Holy Ghost in His unchangeable goodness extols the Father and the Son forever. Amen.

PRAYER TO THE HOLY FACE

O Jesus, Who in Thy cruel Passion didst become the reproach of men and the Man of Sorrows, I worship Thy Divine Face. Once it shone with the beauty and sweetness of the Divinity; now, for my sake it is become as the face of a leper. Yet in that disfigured countenance I recognize Thy infinite Love, and I am consumed with the desire of loving Thee and of making Thee loved by all mankind. The tears that streamed in such abundance from Thy Eyes are to me as precious pearls which I delight to gather, that with their infinite worth I may ransom the souls of poor sinners.

O Jesus, Whose Face is the sole beauty that ravishes my heart, I may not behold here upon earth the sweetness of Thy glance, nor feel the ineffable tenderness of Thy kiss. There-to I consent, but I pray Thee to imprint in me Thy Divine Likeness, and I implore Thee so to inflame me with Thy Love, that it may quickly consume me, and soon I may reach the Vision of Thy glorious Face in Heaven! Amen.

AN ACT OF CONSECRATION TO THE HOLY GHOST

On my knees, before the great multitude of heavenly witnesses, I offer myself, soul and body, to Thee, Eternal Spirit of God. I adore the brightness of Thy purity; the unerring keenness of Thy justice, and the might of Thy love. Thou art the Strength and the Light of my Soul. In Thee I live and move and am. I desire never to grieve Thee by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against Thee. Mercifully guard my every thought, and grant that I may always watch for Thy light and listen to Thy voice, and follow Thy gracious inspirations. I cling to Thee, and give myself to Thee, and ask Thee, by Thy compassion, to watch over me in my weakness. Holding the pierced Feet of Jesus, and looking at His Five Wounds, and trusting to His precious Blood, and adoring His opened Side and stricken Heart, I implore Thee, Adorable Spirit, Helper of my infirmity, so to keep me

in Thy grace that I may never sin against Thee. Give me grace, O Holy Ghost, Spirit of the Father and the Son, to say to Thee always and everywhere: "Speak Lord, for Thy servant heareth." Amen.

A PRAYER

That the Spouse of Jesus Christ, St. Catherine of Siena, wrote with her own hand in vermilion upon parchment.

O Holy Ghost, O Deity Eternal, Christ-Love, come into my heart. By Thy power allure me to Thee, my God, and grant me charity with fear. Guard me, O Love unspeakable, from every evil thought; warm me and fire me with Thy sweetest love that all pain seem slight to me, my Holy Father, my sweet Lord. Help me now in my every service.

Christ-Love! Christ-Love! Amen.

Learning Christ

Teach me, my Lord, to be sweet and gentle in all the events of life: in disappointments, in the thoughtlessness of others, in the insincerity of those I trusted, in the unfaithfulness of those on whom I relied.

Let me put myself aside, to think of the happiness of others, to hide my little pains and heartaches, so that I may be the only one to suffer from them.

Teach me to profit by the suffering that comes across my path. Let me so use it that it may mellow me, not harden or embitter me; that it may make me patient, not irritable; that it may make me broad in my forgiveness, not narrow, or haughty and overbearing.

May no one be less good for having come within my influence; no one less pure, less true, less kind, less noble for having been a fellow-traveler in our journey toward Eternal Life.

As I go my rounds from one distraction to another, let me whisper from time to time, a word of love to Thee.

May my life be lived in the supernatural, full of power for good, and strong in its purpose of sanctity.

My Treasure

Apart from the surging thousands who
throng the city street,
From the noise and glare and tumult
and the tramping of many feet;
I seek Thee, my heart's own Treasure,
upon Thine altar-throne,
For here would I lay my burden and
speak with Thee—alone.

I hear Thy voice 'mid the silence: "My
child, I have traveled wide,
O'er lonely moor and woodland and
over the mountain's side;
And now at last have I found thee,
weary and bowed with care.
Come, lay thy head on My bosom, and
rest in safety there."

Oh, keep me, my heart's own Treasure,
close in Thy fond embrace;
Help me to see through the darkness a
smile on Thy loving Face;
Guide gently back to Thy pathway the
feet that have gone astray;
Hasten the end of the journey and the
breaking of the day.

The Way of the Cross

Act of Contrition

O God, we love Thee with our whole heart and above all things, and are heartily sorry that we have offended Thee. May we never offend Thee any more! Oh, may we love Thee without ceasing, and make it our delight to do in all things Thy most holy will!

Before each Station:

V. We adore Thee, O Christ, and bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.*

After each Station:

Our Father, Hail Mary, Glory be to the Father.

V. Have mercy on us, O Lord.

R. Have mercy on us.

V. And may the souls of the faithful departed through the mercy of God rest in peace.

R. Amen.

Between the stations recite:

Holy Mother! pierce me through

In my heart each wound renew

Of my Saviour crucified.

*Indulgence of 3 years.

FIRST STATION

Jesus condemned to death by Pilate

What a spectacle! The Sovereign Lord at the tribunal of His creature, and innocence condemned by wickedness! I alone am to blame. Blind Judge! He is holiness itself; I alone have committed the crime. O Jesus, Thou lettest Thyself be condemned to death without uttering a word of complaint, and I have not the courage to support a rash judgment, a slander, or a calumny!

SECOND STATION

Jesus laden with His Cross

After having overwhelmed Him with outrages, they have laid upon Him a heavy Cross, the instrument of His punishment. This He receives with love. What have I done to deserve such devotion? I am unable to support the least trouble in order to please Thee, O my God, and to expiate my sins! Henceforth I also will bear my cross.

THIRD STATION

Jesus falls beneath His Cross

His strength is exhausted. He has already suffered so much since His

agony in the Garden of Olives, and lost so much blood in His scourging. He falls. They strike Him, blaspheme Him, and raise Him up again. He once more bears His Cross. O Lord, I lose courage at the first difficulty; and if I fall I can not raise myself again. Give me strength to brave the obstacles that are opposed to my salvation, and to repair nobly all my faults.

FOURTH STATION

Jesus meets His Blessed Mother

What a sword of grief pierced the soul of this tender Mother when her eyes met those of her Son at the turning of the street, where she was waiting to see Him for the last time! Who can tell the anguish of these two hearts! And yet they display no bitterness, hatred or revenge. They love their executioners! How, after this can I encourage feelings of hate or revenge?

FIFTH STATION

Jesus aided by Simon of Cyrene

How fortunate was this man to be obliged to carry, with his Saviour, that

heavy Cross! How I envy him his place! I wish, O my God! to support with Jesus all the crosses Thou mayst send me, and to console His Heart by a great devotion to Thy glory and service.

SIXTH STATION

A pious woman wipes the face of Jesus

This courageous woman braves the insults of the multitude and the brutality of the guard. She comes forward, wipes the face of her Saviour, and deservedly bears away with her the image of His blessed countenance imprinted on the linen.

O Jesus! shall the fear of the opinion of others deter me from proclaiming myself Thy disciple? No, I will brave it. Give me grace to engrave Thy love on my heart.

SEVENTH STATION

Jesus falls the second time

Although assisted by Simon, Jesus falls the second time under the Cross. O my Lord and my God, what trials and sorrows hast Thou not endured for my sake! My frequent relapses into

sin are the cause of them. Forgive me; at length I would make Thee some return for so much suffering.

EIGHTH STATION

Jesus consoles the women of Jerusalem

He was in such a terrible state that the wives of His enemies could not but mourn on His account. He said to them: "Weep not for Me, but for yourselves." In truth, all evil comes from ourselves; and but for our sins we should have no cause for fear. O God, give me grace to amend my life and to appease Thy anger by my penitence.

NINTH STATION

Jesus falls a third time

Regard, O my soul, thy Saviour fallen for the third time. He lies extended, bleeding in the dust. The soldiers curse Him, strike Him with their lances, and drag Him on the ground. He can not raise Himself again. O Eternal Father! wilt Thou defend Him? No, He must needs die in our stead. He makes a last effort, and arrives at Calvary. Let us kiss the trace of His footsteps.

TENTH STATION

Jesus stripped of His garments

His garments had adhered to His wounds. They are torn from Him, and His Blood flows afresh. What pain! what ignominy! It behooved Him thus to expiate our sensuality. Ah! let us learn to mortify our flesh and to restrain the assaults of lust by keeping our bodies in subjection.

ELEVENTH STATION

Jesus nailed to the Cross

Behold, He is extended on the Cross! They stretch out His hands and feet, and drive large nails into them. What suffering! Ah! if my hands and feet were pierced in like manner, to expiate their sins, should I not shriek with pain! But my Saviour is silent. I will suffer everything without complaint.

TWELFTH STATION

Jesus dies on the Cross

Prostrate yourself at the foot of this bloody tree on which your God expired for love of you. Contemplate His wounds, mingle your tears with the streams of His Blood, and plead for

mercy. But give yourself unreservedly to Jesus, as He has sacrificed Himself for you. This Cross teaches you all the virtues: charity, patience, forgiveness of injuries, love of suffering, etc.

THIRTEENTH STATION

Jesus taken down from the Cross and restored to His Mother

Mary received in her arms the body of her Son, when they had taken Him down from the Cross. See, O tender Mother, in what a state do we restore Him to thee! Oh, forgive us! We will console your maternal heart; we will cause you to forget so many sorrows. Only deign to pray for us.

FOURTEENTH STATION

Jesus placed in the tomb

The Body of Jesus was placed in the grave, but to rise again in glory. Our bodies will be gnawed by worms, but will they afterward partake of the Saviour's glory? Yes, if we do not render so many sacrifices useless, and if we sanctify them frequently by Holy Communion, which is the seed of immortality.

Six times "Our Father," "Hail Mary," and "Glory be to the Father" are said, before the high altar, for the intentions of our Holy Father the Pope, and to gain the indulgences.

Today

Lord, for to-morrow and its needs
I do not pray;
Keep me, my God, from stain of sin,
Just for to-day.

Let me both diligently work
And duly pray;
Let me be kind in word and deed,
Just for to-day.

Let me be slow to do my will,
Prompt to obey;
Help me to mortify my flesh,
Just for to-day.

Let me no wrong or idle word
Unthinking say;
Set Thou a seal upon my lips,
Just for to-day.

Let me in season, Lord, be grave,
In season gay;
Let me be faithful to Thy grace,
Just for to-day.

And if to-day, my tide of life
Should ebb away,
Give me Thy Sacrament Divine,
Sweet Lord, to-day.

In Purgatory's cleansing fires
Brief be my stay;
Oh, bid me, if to-day I die,
Come home to-day.

So for to-morrow and its needs,
I do not pray;
But guide me, guard me, keep me,
Lord, just for to-day.

PRAYER FOR PRIESTS

We pray Thee, O Lord Jesus Christ, to shower Thy most abundant and precious graces on the Priests of Thy Holy Church, who are Thy dearest servants, the dispensers of Thy celestial graces, the fathers of our souls; that they, being more and more intimately united to Thee, may obtain from Thy bounty the grace to confirm our faith, to strengthen our hope, to increase our charity, and to make us detest our sins with more lively sorrow, through our Lord Jesus Christ. Amen.

Our Father, Hail Mary, Glory be to the Father.

ACT OF CONSECRATION TO MARY IMMACULATE

O pure and Immaculate Virgin we, N . . . , desiring to consecrate ourselves to thee, in a particular manner, under the august title of thy children, come to prostrate ourselves at thy feet. Deign we beg of thee, our Mother, to place us in the number of thy cherished children and obtain for us the grace to imitate thy virtues, above all, the virginal modesty which always characterized thee. Do not permit that we should ever forget the protestation we make at thy feet, to avoid in the world all that would be opposed to thy service or to that of thy Divine Son, and to embrace with joy all occasions of extending His glory and thine. Help us, O our Mother, to acquire the virtues that are wanting in us; obtain for us the necessary graces, when we shall re-enter the world; sustain us in all our combats against our own weakness. Place us under the shade of thy powerful protection; conduct us to Jesus, O Mother, that we may be one day at thy feet in the celestial Jerusalem. We

renew the sacred promises of our Baptism, in the Sacred Hearts of Jesus and Mary, under the protection of St. Joseph, St. Angela, St. Aloysius Gonzaga, and our Guardian Angel. Amen.

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy aid or besought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but, in thy mercy, hear and answer me. Amen.

Indulgence of 300 days.

PRAYER TO OUR LADY QUEEN OF THE APOSTLES

O Queen of the Apostles, conceived without sin, pray the Lord of the Harvest to send laborers into His Vineyard.

Our Father, Hail Mary, Glory be to the Father.

TO THE MOTHER OF DOLORS

O Mother of Dolors, by the anguish and love with which you stood beneath the cross of Jesus, stand by me in my last agony. To your maternal heart I commend the last three hours of my life.

Offer these hours to the Eternal Father, in union with the agony of our dearest Lord. Offer in atonement for my sins, the precious Blood of Jesus mingled with your tears on Calvary, to obtain for me the grace to receive Holy Communion with dispositions of perfect love and contrition, immediately before my death, and to breathe forth my soul in the actual presence of Jesus in the Blessed Sacrament.

Dearest Mother, when the moment of my death has at length arrived, present me as your child to Jesus, and say to Him: "Forgive her and receive her this day into Thy Kingdom."

Mary, most sorrowful Mother of all Christians, pray for us.

(300 days)

PRAYER TO OUR LADY OF
PERPETUAL SUCCOR

Behold at thy feet, O Mother of Perpetual Succor, a miserable sinner, who has recourse to thee and confides in thee. O Mother of Mercy, have pity on me. I hear thee called by all, the refuge and the hope of sinners; be therefore my refuge and my hope. Assist me for the love of Jesus Christ; stretch forth thy hand to a miserable wretch who has fallen and who recommends himself to thee, and who consecrates himself to be thy servant forever. I bless and thank Almighty God, Who by His mercy has given me this confidence in thee, which I hold to be a pledge of my eternal salvation. It is true that in past times I have miserably fallen into sin, because I had not recourse to thee. I know that with thy help I will be able to conquer! I know, too, that thou wilt assist me if I recommend myself to thee; but I fear that in the time of danger I may neglect to call on thee and thus lose my soul. The grace, therefore, which I ask of thee, and for which I beg with all the fervor

of my soul, is that in all trials and temptations I may ever have recourse to thee and say to thee: O Mary, help me; O Mother of Perpetual Succor, never permit me to lose my God.

Five Hail Marys.

Indulgence of 100 days, once a day.

PRAYER TO OUR LADY OF VICTORY

O Victorious Lady! thou who hast ever such powerful influence with thy Divine Son in conquering the hardest of hearts, intercede for those for whom we pray, that their hearts being softened by the rays of Divine grace, they may return to the unity of the true Faith, through Christ our Lord. Amen.

Three Hail Marys.

Indulgence of 300 days, each time. .

PRAYER TO OUR LADY OF LIGHT

Our Lady of Light, spouse of the Holy Ghost, I give thee my whole self, soul and body, all that I have, or may have, to keep for Jesus, that I may be His for evermore. •

Our Lady of Light, spouse of the Holy Ghost, pray for me.

Litany of the Blessed Virgin

Lord, have mercy on us.

Christ have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ graciously hear us.

God, the Father of heaven,

Have mercy on us.

God, the Son, Redeemer of the world,

Have mercy on us.

God, the Holy Ghost,

Have mercy on us.

Holy Trinity, one God,

Have mercy on us.

Holy Mary,

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother undefiled,

Mother inviolate,

Mother most amiable,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Redeemer,

Virgin most prudent,

Virgin most venerable,

Virgin most renowned,

Pray for us.

Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Vessel of singular devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the weak,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of angels,
Queen of patriarchs,
Queen of prophets,
Queen of apostles,
Queen of martyrs,
Queen of confessors,
Queen of virgins,
Queen of all saints,
Queen conceived without original sin,
Queen of the most Holy Rosary,
Queen of peace,

Pray for us.

Lamb of God, Who takest away the sins
of the world,

Spare us, O Lord!

Lamb of God, Who takest away the sins
of the world,
Graciously hear us, O Lord!

Lamb of God, Who takest away the sins
of the world,
Have mercy on us.

V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the
promises of Christ.

LET US PRAY

We beseech Thee, O Lord, through
the intercession of Mary, ever Virgin,
to protect this humble family against
adversity and the snares of all enemies,
through Christ our Lord. Amen.

Indulgence of 300 days.

NOVENA FOR THE IMMACULATE CONCEPTION

Through thy purity and Immaculate
Conception, O pure and holy Mother
of God, obtain for me perfect purity of
heart, soul and body, and be to me a
Mother.

O Mary conceived without sin, pray
for us who have recourse to thee.

Mysteries of the Holy Rosary

THE JOYFUL MYSTERIES

(Monday and Thursday)

1. The Annunciation.....Humility
2. The Visitation.....Charity
3. The Nativity.....Spirit of Poverty
4. The PresentationObedience
5. The Finding of the Child
Jesus in the Temple.....Zeal

THE SORROWFUL MYSTERIES

(Tuesday and Friday)

1. The Agony in the Garden.....
.....Resignation
2. The Scourging at the Pillar..Purity
3. The Crowning with Thorns.....
.....Humility
4. The Carrying of the Cross..Patience
5. The Crucifixion.....
.....Abiding Sorrow for Sin

THE GLORIOUS MYSTERIES

(Sunday, Wednesday and Saturday)

1. The ResurrectionFaith
2. The Ascension.....Hope
3. The Descent of the Holy Ghost....
.....Charity
4. The Assumption of the B.V.M.....
.....Desire of Heaven
5. The Coronation of the B.V.M.....
.....Confidence in Mary

PRAYER TO OUR LADY OF
MOUNT CARMEL

O most beautiful flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in *this my necessity*. O Star of the Sea, help me, and *show me herein thou art my Mother*.

O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart, to succor me *in this necessity*; there are none that can withstand thy power. O, *show me herein thou art my Mother*.

O Mary, conceived without sin, pray for us who have recourse to thee.

(Three times)

Sweet Mother, I place *this cause* in thy hands.

(Three times)

PRAYER TO OUR LADY OF
GOOD SUCCESS

Our Lady, our Queen, our Mother, in the name of Jesus and for the love of Jesus, we implore thee to take our cause in hand and to grant it good success.

PRAYER TO OUR LADY OF GOOD COUNSEL

Hail Mary, Mother of Good Counsel! We lovingly salute thee in thy wondrous image, from which, as from a throne of grace and mercy, thou dost dispense to all, with extraordinary liberality, the benefits and blessings of thy Good Counsel. O bright Star, guide us over the stormy sea of life! O pure Star, comfort and counsel us in the trials of our exile! Most sweet Star, Virgin of Good Counsel, we devoutly salute thee; and beseech thee to hear our petitions, and obtain for us the benediction of the Divine Infant Jesus. Amen. _____

OBLATION TO MARY

O my Sovereign! O my Mother! I devote myself entirely to thee; and to prove my love toward thee, I consecrate to thee this day my ears, my mouth, my heart! in a word, myself wholly. Since, then, I am thine, O good Mother, keep me, defend me as thine own.

With one Hail Mary, morning and evening, an indulgence of 100 days, once a day.

PRAYER TO OUR LADY OF LOURDES

O ever Immaculate Virgin, Mother of Mercy, health of the sick, refuge of sinners, comfort of the afflicted, you know my wants, my troubles, my sufferings; deign to cast upon me a look of mercy. By appearing in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, whence you dispense your favors; and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence, to implore your maternal intercession. Obtain, O loving Mother, the grant of my requests. I will endeavor to imitate your virtues, that I may one day share your glory, and bless you in eternity. Amen.

Mary, Mother of God, and Mother of Mercy, pray for me and for the departed.

(100 days)

Blessed be the holy and Immaculate Conception of the most Blessed Virgin Mary, Mother of God.

(100 days)

PRAYER TO ST. JOSEPH

To thee, O Blessed Joseph, we have recourse in our tribulations, and, after imploring the aid of thy most holy Spouse, we confidently invoke thy patronage also. By that love which united thee to the Immaculate Virgin Mother of God, and by the fatherly affection with which thou didst embrace the Infant Jesus, we humbly beseech thee graciously to regard the inheritance which Jesus Christ purchased by His Blood, and to help us in our necessities by thy powerful intercession.

Protect, O most provident guardian of the Holy Family, the chosen children of Jesus Christ; ward off from us, O most loving father, all taint of error and corruption; graciously assist us from heaven, O most powerful Protector, in our struggle with the powers of darkness; and as thou didst once rescue the Child Jesus from imminent peril to His life, so now defend the Holy Church of God from the snares of her enemies and from all adversity. Shield each one of us with thy unceasing patronage, that imitating thy example, and supported by thy aid, we

may be enabled to live a good life, die a holy death, and secure everlasting happiness in heaven. Amen.

Indulgence of 300 days once a day. Seven years and quarantines for each public recital during October.

LITANY OF ST. JOSEPH

Lord have mercy on us.

Christ have mercy on us.

Lord have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven,

God the Son, Redeemer

of the world,

God, the Holy Ghost,

Holy Trinity, one God,

Holy Mary,

Saint Joseph,

Illustrious scion of David,

Light of Patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster-father of the Son of God,

Zealous defender of Christ,

Head of the Holy Family,

St. Joseph most just,

St. Joseph most chaste,

*Have mercy ——— Pray for us ———
on us.*

St. Joseph most prudent,
St. Joseph most valiant,
St. Joseph most obedient,
St. Joseph most faithful,
Mirror of patience,
Lover of poverty,
Model of laborers,
Honor of domestic life,
Guardian of virgins,
Safeguard of families,
Solace of the afflicted,
Hope of the sick,
Patron of the dying,
Terror of the demons,
Protector of Holy Church,

Pray for us.

Lamb of God, Who takest away the
sins of the world, *spare us O Lord.*

Lamb of God, Who takest away the
sins of the world, *graciously hear us,
O Lord.*

Lamb of God, Who takest away the
sins of the world, *have mercy on us.*

V. He appointed him lord of His
house,

R. And prince of all that was His.

LET US PRAY

O God, Who in Thine ineffable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that we may be made worthy to have him for our intercessor in heaven, whom on earth we venerate as our protector; Who livest and reignest, world without end. Amen.

An indulgence of 300 days, once each day.

NOVENA IN HONOR OF ST. JOSEPH

Remember, O most pure spouse of the Blessed Virgin Mary, my sweet protector St. Joseph! that no one ever had recourse to thy protection or implored thy aid without obtaining relief. Confiding therefore in thy goodness, I come before thee, and humbly supplicate thee. Oh, despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

Indulgence of 300 days, once a day.

St. Joseph, model and patron of those who love the Sacred Heart of Jesus, pray for us.

(100 days)

PRAYER TO ST. ANNE

Glorious St. Anne, filled with compassion for those who invoke thee, and with love for those who suffer, heavily laden with the weight of my troubles, I cast myself at thy feet and humbly beg of thee to take the present affair, which I recommend to Thee, under thy special protection.

Vouchsafe to commend it to thy daughter, the Blessed Virgin Mary, and lay it before the throne of Jesus, so that He may bring it to a happy issue. Cease not to intercede for me until my request is granted. Above all, obtain for me the grace of one day beholding my God face to face, that with thee and Mary and all the saints I may praise and bless Him for all eternity. Amen.

Good St. Anne, mother of Mary, who is our life, our sweetness, and our hope, pray to her for us, and obtain our request. (3 times.)

Mother of love, of sorrow, and of mercy, pray for us.

(300 days)

PRAYER TO ST. JUDE

St. Jude, glorious Apostle, faithful servant and friend of Jesus, the name of the traitor has caused you to be forgotten by many, but the Church honors and invokes you as the patron of things despaired of; pray for me, who am so miserable; pray for me, that finally I may receive the consolations and the succor of heaven in all my necessities, tribulations and sufferings, particularly (*here make request*), and that I may bless God with the elect throughout eternity. Amen.

St. Jude, Apostle, martyr and relative of Jesus Christ, of Mary, and of Joseph, intercede for us!

NOVENA TO THE LITTLE FLOWER

O Saint Teresa of the Child Jesus, who during thy short life on earth became a mirror of angelic purity, of love strong as death, and of whole-hearted abandonment to God, now that thou rejoicest in the reward of thy virtues, cast a glance of pity on me as I leave all things in thy hands. Make my troubles thine own—speak a word for

me to our Lady Immaculate, whose flower of special love thou wert—to that Queen of heaven “who smiled on thee at the dawn of life.” Beg her as Queen of the Heart of Jesus to obtain for me by her powerful intercession, the grace I yearn for so ardently at this moment, and that she join with it a blessing that may strengthen me during life, defend me at the hour of death, and lead me straight on to a happy eternity.

Hail, holy Queen.

Indulgence of 100 days.

PRAYER TO ST. PAULINE

O God! who amongst the wonderful effects of Thy power hast granted the crown of martyrs to young, timid virgins, be pleased to give us grace in celebrating the triumph of blessed Pauline, Thy martyr, to imitate her example by walking in the way which leads to Thee. Through Our Lord Jesus Christ, great Saint, by thy generous intercession, obtain for me courage to suffer a thousand deaths rather than commit one deadly sin.

PRAYER TO ST. RAPHAEL,
ARCHANGEL

Glorious archangel St. Raphael, great prince of the heavenly court, illustrious by thy gifts of wisdom and grace, guide of travelers by land and sea, consoler of the unfortunate, and refuge of sinners, I entreat thee to help me in all my needs and in all the trials of this life, as thou didst once assist the young Tobias in his journeying. And since thou art the "physician of God," I humbly pray thee to heal my soul of its many infirmities and my body of the ills that afflict it, if this favor is for my greater good. I ask, especially, for angelic purity, that I may be made fit to be the living temple of the Holy Ghost. Amen.

Indulgence of 100 days.

Angel of God, whom Divine Goodness has made my guardian, enlighten, protect, guide, and govern me. Amen.

(100 days each time)

PRAYER OF ST. THOMAS AQUINAS
BEFORE STUDY

Ineffable Creator, Who out of the treasures of Thy wisdom hast appointed three hierarchies of angels and set them in admirable order high above the heavens, and hast disposed the divers portions of the universe in such marvelous array, Thou Who art called the True Source of Light and super-eminent Principle of Wisdom, be pleased to cast a beam of Thy radiance upon the darkness of my mind and dispel from me the double darkness of sin and ignorance in which I have been born.

Thou Who makest eloquent the tongues of little children, fashion my words and pour upon my lips the grace of Thy benediction. Grant me penetration to understand, capacity to retain, method and facility in study, subtlety in interpretation, and abundant grace of expression.

Order the beginning, direct the progress, and perfect the achievement of my work, Thou Who art true God and Man and livest and reignest for ever and ever. Amen.

Alone With Thee

Alone with Thee, a little while apart
From all the world, I love to be away
And in the twilight calm, O Sacred
Heart,
I love to be alone with Thee and pray.

Before Thy altar, silent and alone,
What human tongue can tell the joy
I feel
To know I am, dear Lord, Thy very
own,
And Thou art near me when at eve
I kneel

To pray for those on earth I dearly
love.
Oh, guard and bless our loved ones
near and far
And lead us onward to our home above
To dwell with Thee where bright-
robed angels are.

Alone with Thee, peace in my rapt soul
swelling!
In pain and sorrow Thou my comfort
be.
Fill all my thoughts that they may still
be dwelling
In life, in death, dear Lord, alone
with Thee.

PRAYER FOR THE RIGHT CHOICE
OF A STATE OF LIFE

O Thou, the God of wisdom and counsel, Who dost perceive in my heart a sincere desire of pleasing Thee alone, and of conforming myself entirely to Thy most holy will in the choice of my state of life, grant me, I beseech Thee, through the intercession of the Blessed Virgin, my Mother, and of my patron Saints, especially St. Joseph and St. Aloysius, the grace to know what state of life I should choose; and when known to embrace it, so that I may seek and spread therein Thy glory, work out my salvation, and merit that reward in heaven which Thou hast promised those who fulfill Thy Divine will. Amen.

Indulgence of 300 days, once a day.

May the holy will of God be done in me, for me, and by me. Glory be to the Father, glory be to the Son, and glory be to the Holy Ghost.

AN HABITUAL GOOD INTENTION

O my God, I offer Thee all my thoughts, words, and deeds, in union with the precious Blood of Jesus, the Sorrows of Mary, and all the Masses now being celebrated, for the needs of the Church, for my family and friends, and for my own sanctification, that I may faithfully practice unfailing charity, avoid sin, and obtain a personal, conforming, and excluding love for my dearest, truest, and best Friend, in His Sacrament of Love, with an unlimited confidence in my Mother, Mary Immaculate, Queen of Sorrows.

PRAYER FOR THOSE IN THEIR AGONY

Merciful Jesus, lover of souls, I pray Thee by the agony of Thy most Sacred Heart, and by the sorrows of Thy Immaculate Mother, wash in Thy Blood the sinners of the whole world, who are now in their agony, and are to die this day. Amen.

Heart of Jesus once in agony, have pity on the dying.

Indulgence of 100 days, each time. Plenary once a month when said three times a day.

PRAYER FOR THE AFFLICTED

Holy Spirit, Who art God and our good Comforter, deliver us this day from sadness, discouragement, and above all, from sin.

Preserve forever all Christians from despair and its fatal results.

To all, even to those who kill themselves, or who may be taken away by a sudden or violent death, very mercifully grant time and salutary contrition before the soul leaves the body.

Jesus, Mary, and Joseph, help all afflicted souls.

Indulgence of 100 days.

PRAYER FOR THE SOULS IN PURGATORY

Mary most holy, offer to the Eternal Father the most precious Blood of Jesus Christ for my soul, for the souls in Purgatory, for the needs of the Holy Church, for the conversion of sinners and for the whole world.

Glory be to the Father, three times, Hail Mary once. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

(300 days)

PRAYER FOR A HAPPY DEATH

O my Lord and Saviour support me in that hour in the strong arms of Thy Sacraments, and by the fresh fragrance of Thy consolations. Let the absolving words be said over me, and the holy oil sign and seal me, and Thy own Body be my food, and Thy Blood my sprinkling; and let my sweet Mother, Mary, breathe on me, and my Angel whisper peace to me, and my glorious Saints . . . smile upon me; that in them all, and through them all, I may receive the gift of perseverance, and die, as I desire to live, in Thy faith, in Thy Church, in Thy service, and in Thy love. Amen.

—*Cardinal Newman.*

May He support us all the day long, till the shades lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done! Then in His mercy may He give us a safe lodging, and a holy rest, and peace at the last!

—*Cardinal Newman.*

PRAYER IN HONOR OF THE
SACRED WOUNDS

Oh! sacred Feet, all gashed and torn,
Bruised by the hammer's cruel blows,
Bathed in the Life-blood dripping down
From anguished Heart in bitter
throes;

I press you to my lips in tears
With contrite sorrow, fervent sigh,
Dear precious Wounds, God's bleeding
prayers,
Receive my soul when death draws
nigh.

Oh! mangled Hands, transfixed and wan,
In supppliance raised to Heaven above,
Pierced by the nails that torture wrung
From breaking Heart of burning love;

I press you to my lips in tears
With contrite sorrow, fervent sigh,
Dear precious Wounds, God's bleeding
prayers,
Receive my soul when death draws
nigh.

Oh! sacred refuge, tender Side,
Rent by the lance with cruel thrust,
There, where His Heart is, let me hide,
There, where His Love is, let me
trust;

I press Thee to my lips in tears
With contrite sorrow, fervent sigh,
Most holy Wound, allay my fears,
Receive my soul when death draws
nigh.

I, N. N., in acknowledgment of my infidelities and in reparation for them, give Thee my heart and consecrate myself entirely to Thee, O amiable Jesus! and purpose, by Thy grace, never more to offend Thee.

PRAYER FOR DAILY NEGLECTS

Eternal Father, I offer Thee the Sacred Heart of Jesus, with all Its love, all Its sufferings and all Its merits.

First—To expiate all the sins I have committed this day and during all my life. Gloria Patri.

Second—To purify the good I have done badly this day and during all my life. Gloria Patri.

Third—To supply for the good I ought to have done, and that I have neglected this day and during all my life. Gloria Patri.

A Universal Prayer

FOR ALL THINGS NECESSARY TO SALVATION

O my God, I believe in Thee, fortify my faith; I hope in Thee, strengthen my hope; I love Thee, increase my love; I am sorry for having sinned, augment my sorrow.

I adore Thee as my first beginning; I seek Thee as my last end; I thank Thee as my constant Benefactor; I invoke Thee as my sovereign Protector.

Vouchsafe, O my God! to guide me by Thy wisdom, to restrain me by Thy justice, to comfort me by Thy mercy, to defend me by Thy power.

To Thee I consecrate my thoughts, words, actions and sufferings, that henceforth I may think and speak only of Thee, live according to Thy holy law, and suffer all things for Thee.

Lord, I pray that Thy will may be done because it is Thy will, and in all things even as Thou willest.

I pray Thee to enlighten my understanding, to inflame my will, to purify my heart, and to sanctify my soul.

Give me strength to atone for past offences, to overcome future temptations, to govern my ruling passions, and to acquire all those virtues of which I am in need.

Fill my heart with gratitude for Thy benefits, hatred for my sins, love for my neighbor, and contempt for the world.

Make me submissive to my superiors, condescending to my inferiors, faithful to my friends, and charitable to my enemies.

Aid me to overcome sensuality by mortification, avarice by almsdeeds, anger by meekness, and lukewarmness by zeal.

O my God, make me prudent in my dealings, courageous in dangers, patient in trials, and humble in prosperity.

Grant me to be attentive at my prayers, temperate at my meals, diligent in my employments, and constant in my good resolutions.

May my conscience be ever pure, my exterior modest, my conversation edifying, and my conduct regular.

May I ever strive to conquer nature, to correspond to Thy grace, to keep Thy commandments, and to work out my salvation.

Discover to me, O my God, the nothingness of earth, the greatness of Heaven, the shortness of time, and the duration of eternity.

Grant me, O God, to prepare for death, to fear Thy judgments, to escape hell, and in the end to obtain everlasting life—through the merits of our Lord and Saviour, Jesus Christ. Amen.

FOR OUR FRIENDS

O God, Who by the grace of the Holy Ghost, didst pour the gifts of charity into the hearts of Thy faithful, grant to Thy servants for whom we entreat Thy mercy, health of mind and body; that they may love Thee with all their strength, and by perfect love may do what is pleasing to Thee, through Christ our Lord. Amen.

PRAYER FOR ADVENT

O Jesus, living in Mary,
Come and live in Thy servants,
In the spirit of Thy holiness,
In the fulness of Thy might,
In the truth of Thy virtues,
In the perfection of Thy ways,
In the communion of Thy mysteries.
Subdue every hostile power,
By Thy spirit, for the glory of the
Father. Amen.

Indulgence of 300 days, once a day.

A PRAYER FOR THE CONVERSION OF UNBELIEVERS

O Holy Spirit of Truth, we beseech
Thee to enlighten the minds of unbe-
lievers in the midst of us, to incline
their hearts to receive Thy word, and
to believe the teachings of Thy Church;
give them courage to accept the faith
and openly profess it; that they may
come into union with Thee and the
Father, through Christ Our Lord, Who
liveth and reigneth forever and ever.
Amen.

Our Father, Hail Mary, Glory be to the
Father.

An indulgence of 100 days, once a day.

CHURCH UNITY OCTAVE

Antiphon: That they all may be one, as Thou, Father, in Me and I in Thee; that they also may be one in Us; that the world may believe that Thou hast sent Me.

V.—I say unto thee that thou art Peter.

R.—And upon this rock I will build My Church.

LET US PRAY

O Lord Jesus Christ, Who saidst unto Thine Apostles: Peace I leave with you, My Peace I give unto you; regard not our sins, but the faith of Thy Church, and grant unto her that peace and unity which are agreeable to Thy Will, Who livest and reignest, God forever and ever. Amen.

Jan. 18—Return of all to the one Fold.

Jan. 19—Return of all Orientals to communion with the Apostolic See.

Jan. 20—Submission of all Anglicans to the Pope.

Jan. 21—That all Protestants in Europe come back to Holy Church.

Jan. 22—That all Christians in America may be one in communion with Rome.

Jan. 23—Return to the Sacraments of all lapsed Catholics.

Jan. 24—Conversion of the Jews.

Jan. 25—Missionary conquest of the entire world for Christ.

Plenary Indulgence to all who receive Holy Communion on first or last day.

Say at least a decade of the Rosary for intentions each day.

Receive Holy Communion as often as possible during the Octave.

NOVENA FOR CHRISTMAS

Hail and blessed be the hour and the moment in which the Son of God was born of the most pure Virgin Mary, at midnight in Bethlehem, in piercing cold. In that hour, vouchsafe, O my God, to hear my prayer and grant my desires, through the merits of our Saviour Jesus Christ and of His Blessed Mother. Amen.

Morning Prayers

MORNING OFFERING

OF THE APOSTLESHIP OF PRAYER

O Jesus, through the Immaculate Heart of Mary, I offer Thee my prayers, works, and sufferings, of this day for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intention of all our Associates, and in particular for . . . (the General Intention recommended each month by the Holy Father).

THE LORD'S PRAYER

Our Father, Who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

THE ANGELIC SALUTATION

Hail Mary, full of grace, the Lord is with Thee; blessed art thou among women, and blessed is the fruit of Thy

womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; the third day He arose again from the dead; He ascended into heaven, sitteth at the right hand of God, the Father Almighty, thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

THE SALVE REGINA

Hail, holy Queen! Mother of Mercy; our life, our sweetness and our hope; to thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears; turn then, most gra-

cious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

ASPIRATIONS

Sacred Heart of Jesus, have mercy on us!

Our Lady of the Sacred Heart, pray for us!

Saint Joseph, pray for us!

THE ANGELUS

The Angel of the Lord declared unto Mary;

And she conceived by the Holy Ghost.

Hail Mary, etc.

Behold the handmaid of the Lord;

Be it done unto me according to Thy word.

Hail Mary, etc.

And the Word was made flesh;

And dwelt amongst us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord. Amen.

During Paschal Time the following prayer is said standing, in place of the Angelus:

V. O Queen of heaven, rejoice! alleluia.

R. For He Whom thou didst deserve to bear, alleluia.

V. Is risen again as He said, alleluia.

R. Pray for us to God, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.

R. Because our Lord is truly risen, alleluia.

LET US PRAY

O God, Who, by the Resurrection of Thy Son, our Lord Jesus Christ, hast been pleased to fill the world with joy; grant, we beseech Thee, that by the Virgin Mary, His Mother, we may receive the joys of eternal life, through the same Christ our Lord. Amen.

Night Prayers

O Almighty and Eternal God, I prostrate myself before Thy adorable Majesty. I adore Thee with all the powers of my soul, I love Thee with all my heart. Grant me pardon for all the sins that I have committed this day in thought, word, action or omission, and give me perfect sorrow for all my sins.

THE CONFITEOR

I confess to Almighty God, to blessed Mary, ever Virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous

fault. Therefore, I beseech the Blessed Mary, ever Virgin, the blessed Michael the Archangel, the blessed John the Baptist, the holy Apostles, Peter and Paul, and all the saints to pray to the Lord our God for me.

May Almighty God have mercy on me, forgive me my sins, and bring me to life everlasting. Amen.

May the Almighty and merciful Lord grant me pardon, absolution, and remission of all my sins. Amen.

Our Father, Hail Mary, and Creed.

ACT OF FAITH

O my God, I firmly believe whatever the holy Roman Catholic and Apostolic Church teaches, because Thou, O infallible Truth, hast revealed it to her.

ACT OF HOPE

O my God, I have a firm confidence, founded on Thy promises and the merits of Jesus Christ, that, by making good use of Thy grace in this life, I shall possess Thee eternally in the next.

ACT OF CHARITY

O my God, I love Thee above all things for Thy sake, and my neighbor as myself for love of Thee. I forgive all who have injured me, and ask pardon of all those whom I have injured.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, Who art infinitely good and worthy of all love. I am firmly resolved, with the help of Thy grace, to confess my sins, to do penance, and to amend my life.

LOVING SOUL

Sweet Jesus, since Thy will ordains
These daily cares of mine,
And since I may not break the chains
That keep me from Thy shrine,

Oh, grant that this may be my part:
A torch of charity,
To kindle in each selfish heart
A tender love for Thee.

Good Night My Jesus

Jesus, dear, the day is over,
Now I leave my labor light,
And before I seek my slumber,
Come to say a sweet "Good-night."

Would that I might tarry near Thee,
Rest before Thy lonely shrine;
Thou wouldst whisper loving secrets,
And I'd tell Thee all of mine.

But I cannot linger, Jesus,
I must leave Thee for a while;
Now bestow on me a blessing
And a fond, approving smile.

I will leave my heart beside Thee
It will rest securest here,
And within Thy fond embraces,
It will grow to Thee more dear.

So "Good-night" once more, my Jesus,
Grant, no matter where I be,
All my thoughts and all my dreaming
Be of Thee and only Thee.

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