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International Catholic Truth Society
- A simple prayer book
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A
Simple Prayer Book



FOR REVIEW

INDEX

	PAGE
Usual Prayers	2
Morning Prayers	3
Night Prayers	4
Acts and Prayers	5
Indulgenced Prayers	8
Holy Mass	9
Prayers after Mass	37
The Angelus	38
The De Profundis	39
Prayers for Confession	40
Prayers for Holy Communion	45
Necessary Truths	53
Benediction	54
Litany of the Blessed Virgin	54
Divine Praises	58
Way of the Cross	58
The Holy Rosary	59
Litany of the Most Holy Name of Jesus	60
A Quarter of an Hour before the Blessed Sacrament	62
Summary of Christian Doctrine	65

Reimprimatur

✠ PETRUS

EPISCOPUS SOUTHWARCENSIS

A
Simple Prayer Book



INTERNATIONAL CATHOLIC TRUTH SOCIETY
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USUAL PRAYERS

OUR FATHER

Our Father who art in heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth. And in Jesus Christ His only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; the third day He rose again from the dead; He ascended into heaven, sitteth at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body, and life everlasting. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

CONFITEOR

I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word and deed, through my fault, through my fault, through my most grievous fault. Therefore, I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the

Baptist, the holy Apostles Peter and Paul, and all the Saints, to pray to the Lord our God for me.

May Almighty God have mercy on me, forgive me my sins and bring me to life everlasting. Amen.

May the Almighty and merciful Lord grant me pardon, absolution, and remission of all my sins. Amen.

MORNING PRAYERS

✠ In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

Our Father. Hail Mary. The Apostles' Creed. Glory be.

O my God, I believe in Thee, because Thou art truth itself.

O my God, I hope in Thee, because of Thy promises to me.

O my God, I love Thee above all things, because Thou art so good; teach me to love Thee daily more and more.

O my God, I offer Thee all my thoughts, words, actions, and sufferings; and I beseech Thee give me Thy grace that I may not offend Thee this day, but may faithfully serve Thee and do Thy holy will in all things.

I desire to gain all the Indulgences that I can.

Holy Mary, be a mother to me.

All ye Angels and Saints of God, pray for me.

May our Lord ✠ bless us and keep us from all evil, and bring us to life everlasting.

✠ May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

During the Day—Keep from sin. Be obedient. Always tell the truth. Do not steal. Do not let anyone lead you to do anything wrong. GOD SEES YOU.

Always do what is right, and be afraid of none but God.

If you are tempted to sin, make the sign of the Cross and say, "Lord, save me, or I perish."

If you have fallen into sin, say, "My God, I am very sorry that I have offended Thee. I will not sin again."

Never miss Mass on Sundays or Holydays of Obligation.

Do not eat meat on Fridays or other days on which it is forbidden.

NIGHT PRAYERS

✠ In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

Our Father. Hail Mary. The Apostles' Creed. Glory be.

O my God, I return Thee thanks for all the benefits which I have ever received from Thee, and particularly this day. Give me light to see what sins I have committed this day, and grant me grace to be truly sorry for them.

[Here wait a little, and think over what faults you have committed during the day.]

O my God, I am very sorry that I have offended Thee; I love Thee with all my heart because Thou art so good, and I will not sin again.

Into Thy hands, O Lord, I commend my spirit; Lord Jesus, receive my soul.

Holy Mary, be a mother to me.

May the blessed Virgin Mary, St. Joseph, and all the Saints, pray for us to our Lord, that we may be preserved this night from sin and all evil. Amen.

O my good Angel, whom God has appointed to be my guardian, watch over me during this night.

All ye Angels and Saints of God, pray for me.

May our Lord ✠ bless us and preserve us from all evil, and bring us to life everlasting.

✠ May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

ACTS AND PRAYERS

An Act of Faith

I firmly believe that there is one God and that in this one God there are three Persons, the Father, the Son, and the Holy Ghost; that the Son took to Himself the nature of man, from the Virgin Mary's womb, by the power of the Holy Ghost; and that in this our human nature He was crucified and died for us; that afterwards He arose again and ascended into heaven; from thence He shall come to repay the just with everlasting glory, and the wicked with everlasting punishment. Moreover, I believe whatsoever else the Catholic Church proposes to be believed; and this because God, Who is the sovereign Truth, Who can neither deceive nor be deceived, has revealed all these things to this His Church.

An Act of Hope

O my God, relying on Thine almighty power and Thine infinite mercy and goodness, and because Thou art faithful to Thy promises, I trust in Thee that Thou wilt grant me forgiveness of my sins, through the merits of Jesus Christ Thy Son; and that Thou wilt give me the assistance of Thy grace, with which I may labor to continue to the end in the diligent exercise of all good works, and may deserve to obtain the glory which Thou hast promised in heaven.

An Act of Charity

O Lord, my God, I love Thee with my whole heart, and above all things, because Thou, O God, art the sovereign good, and for Thine own infinite perfections art most worthy of all love; and for Thy sake I also love my neighbor as myself. I renounce every thought which is contrary to that love of one another, by which men are known to be the disciples of Thy Son; I forgive all who have in any way injured me, and I beg Thy grace and mercy for all the world.

An Act of Contrition

O my God, I am sorry and beg pardon for all my sins, and detest them above all things, because they deserve Thy dreadful punishments, because they have crucified my loving Saviour Jesus Christ, and most of all, because they offended Thine infinite goodness; and I firmly resolve, by the help of Thy grace, never to offend Thee again, and carefully to avoid the occasions of sin.

In Temptation

Lord, save me, or I perish. Keep me close to Thee by Thy grace, or I shall sin and fall away from Thee. Lord, I am very weak; give me grace and make my will strong, that I may not sin.

Jesus, help me; Mary, help me; my holy Angel, watch over me.

In Trouble

In all things may the most holy, the most just, and the most lovable will of God be done, praised and

exalted above all for ever. Thy will be done. O Lord, Thy will be done. The Lord has given, the Lord has taken away; blessed be the name of the Lord.

In Sickness and Pain

Lord, Thy will be done, I take this for my sins. I offer up to Thee my sufferings, together with all that my Saviour has suffered for me; and I beg of Thee, through His sufferings, to have mercy on me. Free me from this illness and pain if Thou wilt, and if it be for my good. Thou lovest me too much to let me suffer unless it be for my good. Therefore, O Lord, I trust myself to Thee; do with me as Thou pleasest. In sickness and in health, I wish to love Thee always.

For Purity

O Jesus, most pure of heart! O spotless Lamb of God! help me that I may keep my heart and body pure, that all through my life I may never displease Thee by any wicked thing. Give me the blessings of the clean of heart.

On Going to Bed

Into Thy hands, O Lord, I commend my spirit; Lord Jesus, receive my soul. In the name of our Lord Jesus Christ crucified, I lay me down to rest. Bless me, O Lord, and defend me; preserve me from a sudden and unprovided death, and from all dangers, and bring me to life everlasting with Thee.

INDULGENCED PRAYERS

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now and ever shall be, world without end. Amen. (*100 days, three times a day.*)

In all things may the most holy, the most just, and the most lovable will of God be done, praised, and exalted above all for ever. (*100 days, once a day.*)

O Sacrament most holy, O Sacrament divine
All praise and all thanksgiving be every moment Thine!
(*100 days, once a day.*)

My Jesus, mercy! Mary, help! (*100 days each time.*)

My sweetest Jesus, be not to me a judge, but a Saviour. (*50 days each time.*)

Jesus, my God, I love Thee above all things. (*50 days each time.*)

O sweetest Heart of Jesus I implore,
That I may ever love Thee more and more.
(*300 days.*)

Jesus, meek and humble of heart, make my heart like to Thine. (*300 days, once a day.*)

Jesus, Mary, Joseph, I give you my heart and my life.

Jesus, Mary, Joseph, assist me in my last agony.

Jesus, Mary, Joseph, may I breathe forth my soul in peace in your blessed company. (*300 days each time.*)

O my good Angel, whom God, by His divine mercy, has appointed to be my guardian, enlighten and protect, direct and govern me. (100 *days each time.*)

HOLY MASS

The first commandment of the Church binds all Catholics to *hear Mass on all Sundays and Holydays of Obligation.*

The Holydays of Obligation are:—

1. Christmas Day, December 25th.
2. The Circumcision or New Year's Day. January 1st.
3. Ascension Thursday, forty days after Easter Sunday.
4. The Assumption of our Lady into heaven, August 15th.
5. The Feast of All Saints, November 1st.
6. The Immaculate Conception, December 8th.

To miss Mass on Sunday or on one of the above named Holydays, through one's own fault, is a mortal or grievous sin.

To come in late, willfully or through carelessness, when Mass has begun, before the Gospel, is a venial sin.

To be absent from one of the principal parts of Mass is not hearing Mass at all.

To miss Mass when you cannot help it, or when it would be very difficult for you to hear Mass, is not a sin. So if you missed Mass because you were ill, or because you had to stay at home to mind a sick person or children, or because you were a long way from church, or if for some other reason you could not go, it would not be a sin. When you cannot go to Mass, say some prayers at home; but in no case may you join in the services of another religion. Servants should try not to take a place or situation where they cannot go to Mass on Sundays and Holydays of Obligation.

The three principal parts of the Mass are:—

- I—The Offertory, or Offertory of the Bread and Wine.
- II—The Consecration or Elevation (when the Bread and Wine are consecrated, or made holy by being changed into our Lord's Body and Blood).
- III—The Priest's Communion (when the Priest gives himself Holy Communion, after the last bell has rung at the *Domine non sum dignus.*)

Short Instruction on Holy Mass

Holy Mass is the most solemn act of the worship of God. It is now more than nineteen hundred years since our Lord Jesus Christ hung for three long hours on the Cross of Mount Calvary, and then died on it for our salvation—that is, to save us from sin and hell.

Mass is the same sacrifice as that of Calvary; the manner only in which it is offered is different; so that when you assist at it, you may think you are standing with our Blessed Lady and St. John at the foot of the Cross.

The bread and wine are changed by the Priest in the middle of the Mass at the Consecration, into the Body and Blood of Jesus Christ, who then offers Himself again to His Eternal Father for the salvation of mankind. The graces obtained for us by the shedding of our Lord's Blood on Calvary are given in an especial manner to those who hear Holy Mass devoutly.

You know that our Lord died once only, on Good Friday. But in the Mass His death on the Cross is commemorated by the separate Consecration of the Bread and Wine. He cannot *really* die again. His Body and Blood cannot really be separated, for His glorious risen Body cannot suffer any more—it is immortal. But in the Mass the Bread is *first* changed into our Lord's Body and *then* the Wine is changed into His Blood. Thus it looks as though the Body and Blood were separate, and this recalls the real separation, the real shedding of our Lord's Blood on Mount Calvary. *Then* He really died for us. In the Mass His death is represented, as "shown forth," as St. Paul says. Both on Mt. Calvary and in the Mass the victim (that which is offered) is the same—the Body and Blood of Christ; and the Priest is the same—Christ our Lord, who offered Himself on Calvary through the executioners who put Him to death, and who offers Himself in the Mass on the altar through His Priests, who say the words of Consecration. So the sacrifice of Calvary and the Mass are the same sacrifice, only the manner in which they are offered is different. On Calvary our Lord's Blood was really shed, and He really died; in the Mass His Blood appears to be shed, and His death is represented. Thus our Lord offers Himself for us every time Mass is said.

To pray well during Mass is the best way to worship God and to obtain His blessing. Jesus Christ Himself then prays *with us* and *for us* and His sacrifice is offered for us.

How the Mass Reminds Us of the Passion of Christ Our Lord

As the Mass represents the Passion of Christ our Lord, its chief parts remind us of His sufferings. Thus:—

At the beginning of the Mass the Priest bows down for the *Confiteor*, as our Lord bowed Himself to the ground during His agony.

The *Offertory*, or offering of bread and wine, reminds us that our Lord offered His sacred Body to be scourged and His Head to be crowned with thorns.

At the *Elevation* or Consecration, our Lord appears as if dead on the altar. This speaks to us of Calvary, when our Redeemer really died for our salvation.

The *Prayer for the Dead* represents our Lord's going down to Limbo, to comfort the holy souls detained there.

The *Priest's Communion* puts us in mind of Christ's burial, when He was hidden from the sight of men.

The reading of the Prayers called *Communion* and *Post-Communion* signifies His rising again after being part of three days in the tomb.

The *Blessing* given by the Priest to the people represents our Lord's Ascension; when, stretching His hands, He blessed His Virgin Mother and His disciples, and then departed from them into heaven.

Prayer Before Mass

O my Saviour, I come before Thy holy Altar to assist at Thy divine Sacrifice. Do Thou prepare my soul to receive Thy grace; fix my mind on Thee; wash away in Thy Precious Blood all the sins of which Thou seest me guilty; I hate them for the love of Thee, and most humbly beg pardon for them. Grant, O sweet Jesus, that uniting my intentions to Thine, I may spend my whole life for Thy glory, as Thou didst give Thy life for the saving of my soul. Amen.

I wish to share in the communion of saints by gaining all the indulgences I can today; and I place them in the hands of our Blessed Lady for the relief of the souls in purgatory. My Jesus, mercy! Mary, help!

The Priest begins Mass standing at the foot of the Altar. Call to mind the Garden of Olives, where our Lord went on Holy Thursday night, taking with Him His three chosen Apostles—Peter, James and John. It was then that our Saviour began His Passion. He went a little distance from these His companions and prayed, His face bowed to the earth. The pain He felt was so bitter that He sweated blood, which ran

in great drops to the ground. He accepted His sufferings, although they cost Him so much, saying to His heavenly Father, "Not my will, but Thine be done." Let us lovingly remember our dear Lord's agony which was the beginning of His Passion, as we join ourselves with the Priest and say the following prayers.

The Beginning of Holy Mass

The Priest makes the sign of the Cross (make it with him), saying:

In nomine Patris, ✠ et
Fili, et Spiritus Sancti.
Amen.

Priest. Introibo ad altare
Dei.

Clerk. Ad Deum qui lætifi-
cat juventutem meam.

Then follows Psalm 42, which is said in Latin; you can say it in English.

Psalm 42

Pr. Judica me, Deus, et
discerne causam meam de
gente non sancta, ab homine
iniquo et doloso erue me.

Cl. Quia tu es Deus, forti-
tudo mea, quare me repul-
isti? et quare tristis incedo
dum affligit me inimicus?

Pr. Emitte lucem tuam
et veritatem tuam; ipsa me
deduxerunt et adduxerunt
in montem sanctum tuum et
in tabernacula tua.

Cl. Et introibo ad altare
Dei: ad Deum qui lætifi-
cat juventutem meam.

In the name of the
Father, ✠ and of the Son,
and of the Holy Ghost.
Amen.

I will go unto the altar
of God.

To God, who gives joy
to my youth.

Judge me, O God, and
distinguish my cause from
the nation that is not holy:
deliver me from the unjust
and deceitful man.

For Thou art my strength,
O God: why hast Thou cast
me off? and why do I go
sorrowful, whilst the enemy
afflicteth me?

Send forth Thy light and
Thy truth: they have con-
ducted me and brought me
unto Thy holy hill and into
Thy tabernacles.

And I will go in to the
altar of God: to God who
giveth joy to my youth.

Pr. Confitebor tibi in ci-
thara, Deus, Deus meus;
quare tristis es, anima
mea? et quare conturbas
me?

Cl. Spera in Deo, quoniam
adhuc confitebor illi; salu-
tare vultus mei, et Deus
meus.

Pr. Gloria Patri, et Fi-
lio, et Spiritui Sancto.

Cl. Sicut erat in princi-
pio, et nunc, et semper, et
in sæcula sæculorum.
Amen.

Pr. Introibo ad altare Dei.

Cl. Ad Deum, qui læti-
ficat juventutem meam.

The Priest makes the sign of the Cross.

Pr. Adjutorium ✠ nos-
trum in nomine Domini.

Cl. Qui fecit cælum et
terram.

The Priest bows down and says the Confiteor.

Pr. Confiteor Deo omni-
potenti, beatæ Mariæ sem-
per virgini, beato Michaeli
Archangelo, beato Joanni
Baptistæ, sanctis Apostolis
Petro et Paulo, omnibus
sanctis, et vobis fratres,
quia peccavi nimis cogita-
tione, verbo et opere, mea
culpa, mea culpa, mea max-
ima culpa. Ideo precor

To Thee, O God, my God,
I will give praise upon the
harp: why art thou sad, O
my soul? and why dost thou
disquiet me?

Hope in God, for I will
still give praise to Him;
the salvation of my coun-
tenance and my God.

Glory be to the Father,
and to the Son, and to the
Holy Ghost.

As it was in the begin-
ning, is now, and ever shall
be, world without end.
Amen.

I will go in to the altar of
God.

To God who giveth joy
to my youth.

Our help ✠ is in the
name of the Lord.

Who made heaven and
earth.

I confess to Almighty
God, to blessed Mary ever
Virgin, to blessed Michael
the Archangel, to blessed
John the Baptist, to the
holy Apostles Peter and
Paul, to all the saints, and
to you, brethren, that I have
sinned exceedingly in
thought, word and deed,
through my fault, through

beatam Mariam semper
Virginem, beatum Mich-
aelem Archangelum, beat-
um Joannem Baptistam,
sanctos Apostolos Petrum
et Paulum, omnes sanc-
tos, et vos fratres, orare
pro me ad Dominum
Deum nostrum.

Cl. Misereatur tui omni-
potens Deus et dimissis pec-
catis tuis, perducatur te ad
vitam æternam.

Pr. Amen.

*The clerk now bows down and says the Confiteor in the
name of the people.*

Cl. Confiteor Deo omni-
potenti, beatæ Mariæ sem-
per Virgini, beato Michaeli
Archangelo, beato Joanni
Baptistæ, sanctis Apostolis
Petro et Paulo, omnibus
sanctis, et tibi Pater, quia
peccavi nimis cogitatione,
verbo et opere, mea culpa,
mea culpa, mea maxima
culpa. Ideo precor beatam
Mariam semper Virginem,
beatum Michaellem Archan-
gelum, beatum Joannem
Baptistam, sanctos Aposto-
los Petrum et Paulum, om-
nes sanctos, et te, Pater,
orare pro me ad Dominum
Deum nostrum.

my fault, through my most
grievous fault. Therefore I
beseech blessed Mary ever
Virgin, Blessed Michael the
Archangel, blessed John the
Baptist, the holy Apostles
Peter and Paul, and all the
saints, and you, brethren, to
pray to the Lord our God
for me.

May Almighty God be
merciful to thee, and forgiv-
ing thee thy sins, bring thee
to everlasting life.

Amen.

I confess to Almighty
God, to blessed Mary ever
Virgin, to Blessed Michael
the Archangel, to blessed
John the Baptist, to the holy
Apostles Peter and Paul, to
all the saints, and to you,
father, that I have sinned
exceedingly in thought, word
and deed, through my fault,
through my fault, through
my most grievous fault.
Therefore I beseech blessed
Mary ever Virgin, blessed
Michael the Archangel,
blessed John the Baptist,
the holy Apostles Peter and
Paul, and all the saints, and

Pr. Misereatur vestri omnipotens Deus, et dimissis peccatis vestris, perducatur vos ad vitam æternam.

Cl. Amen.

Pr. Indulgentiam ✠ absolutionem, et remissionem peccatorum nostrorum tribuat nobis omnipotens et misericors Dominus.

Cl. Amen.

Pr. Deus, tu conversus vivificabis nos.

Cl. Et plebs tua lætabitur in te.

Pr. Ostende nobis, Domine, misericordiam tuam.

Cl. Et salutare tuum da nobis.

Pr. Domine, exaudi orationem meam.

Cl. Et clamor meus ad te veniat.

Pr. Dominus vobiscum.

Cl. Et cum spiritu tuo.

you, father, to pray to the Lord our God for me.

May Almighty God have mercy on you, and forgive you your sins, and bring you to life everlasting.

Amen.

May the almighty and merciful Lord give us pardon, ✠ absolution, and remission of our sins (*make the sign of the Cross while saying this*). Amen.

O God, Thou being turned towards us, wilt give us the life of grace.

And Thy people will rejoice in Thee.

Show us, O Lord, Thy mercy.

And grant us the grace to save our souls.

O Lord, hear my prayer.

And let my cry come unto Thee.

The Lord be with you.

And with thy spirit.

The Priest goes up to the Altar, and says in a low tone of voice:

Take away from us our sins, we beseech Thee, O Lord, that we may be worthy to enter with pure minds into the Holy of Holies; through Jesus Christ our Lord. Amen.

We beseech Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints, that Thou wouldst mercifully forgive us all our sins. Amen.

The Introit

The Introit is the first prayer the Priest reads at the right or Epistle side of the Altar. This prayer reminds us how much those who lived holy lives under the Old Law wished for the coming of our blessed Redeemer. "Glory be to the Father" is added in honor of the Blessed Trinity.

Prayer During the Reading of the Introit

Let the name of the Lord be blessed both now and for ever. From the rising to the setting of the sun let all praise be given to the name of the Lord. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Kyrie Eleison is a cry for mercy. It is repeated three times to God the Father, three times to God the Son, and three times to God the Holy Ghost.

The Kyrie Eleison

<i>Pr.</i> Kyrie eleison.	Lord have mercy on us.
<i>Cl.</i> Kyrie eleison.	Lord have mercy on us.
<i>Pr.</i> Kyrie eleison.	Lord have mercy on us.
<i>Cl.</i> Christe eleison.	Christ have mercy on us.
<i>Pr.</i> Christe eleison.	Christ have mercy on us.
<i>Cl.</i> Christe eleison.	Christ have mercy on us.
<i>Pr.</i> Kyrie eleison.	Lord have mercy on us.
<i>Cl.</i> Kyrie eleison.	Lord have mercy on us.
<i>Pr.</i> Kyrie eleison.	Lord have mercy on us.

The Gloria in Excelsis

The *Gloria* begins with the hymn the angels sang on Christmas night, to honor the birth of our Lord. Let us give to God the glory which is due to Him, and let us humbly ask for ourselves that peace which the world cannot give, but which God can bring into our hearts, as the angels then foretold.

Gloria in excelsis Deo, et in terra pax hominibus bonæ voluntatis. Laudamus te; benedicimus te; adoramus te; glorificamus te. Gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex cœlestis, Deus Pater omnipotens. Domine Fili unigenite Jesu Christe; Domine Deus, Agnus Dei, Filius Patris, qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi suscipe deprecationem nostram: qui sedes ad dexteram Patris, miserere nobis. Quoniam tu solus sanctus: tu solus Dominus: tu solus altissimus, Jesu Christe, cum Sancto Spiritu, in gloria Dei Patris. Amen.

Glory be to God on high, and on earth peace to men of good will. We praise Thee; we bless Thee; we adore Thee; we glorify Thee. We give Thee thanks for Thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord Jesus Christ, the only begotten Son, O Lord God, Lamb of God, Son of the Father, who takest away the sins of the world, have mercy on us; Thou who takest away the sins of the world, receive our prayers; Thou who sittest at the right hand of the Father, have mercy on us. For Thou alone art holy: Thou only art the Lord: Thou alone, O Jesus Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

At the end of the Gloria, the Priest kisses the Altar and turns to the people saying:

Dominus vobiscum.

The Lord be with you.

The clerk answers:

Et cum spiritu tuo.

And with Thy spirit.

This is a blessing the Priest and people wish each other many times during Mass.

The Collect

The *Collect*, which means "gathered together," is so called because in it the Priest offers to God the united prayers of the faithful. It ends in the name of Jesus Christ to show that

we can only come to God through His Divine Son. You must now think for what particular intention you are hearing this Mass, and ask the Blessed Virgin and your patron saint to pray for you and with you. Sometimes there are two or more Collects.

O merciful God and Father, hear the prayers of Thy children and of Thy Church. We beg of Thee to help us. Give us Thy grace without which we cannot keep from sin, or do any good. Help us to get what we need for our bodies. Help us to love Thee with our whole hearts, and bring us all to Thy heavenly kingdom. Through Jesus Christ our Lord. Amen.

The Epistle

Epistle means a "letter." It is often taken from the letters of the Apostles to the faithful in different places, from the writings of the Prophets, or from other parts of Holy Scripture. As a part of the Mass, it reminds us of the Old Law.

While the Priest reads the Epistle, you may read the following:

My child, all the days of thy life have God in thy mind, and take heed that thou never consent to sin, nor break the commandments of the Lord our God. Never suffer pride to reign in thy mind or in thy words. See thou never do to another what thou wouldst hate to have done to thee by another. Bless God at all times and desire Him to direct thy ways. If sinners entice thee, consent not. The Lord says to thee: My son, give Me thy heart, and let thine eyes keep My ways.

The clerk answers:

Deo gratias.

Thanks be to God.

The Book or Missal is carried to the left or Gospel side of the Altar. This reminds us that when the Jews refused to listen to the teachings of our Lord, the Apostles preached the true faith to the Gentiles in their stead. Before beginning the

Gospel the Priest bows down to pray at the middle of the Altar. Join with him and say:

Create a clean heart in me, O God, and grant that I may listen to Thy holy Gospel with respect and bless Thy name for ever.

The Gospel

No longer Prophets and Apostles speak to us, but Jesus Christ Himself. We stand out of reverence for the words of Christ, and to signify that we should always be ready to obey Him. Make the sign of the Cross on your forehead to show that you believe the gospel; on your lips to show that you will never deny it or speak against it; and on your heart because you love it and will follow it faithfully.

While the Priest reads the Gospel, you may read the following:

Pr. Dominus vobiscum. The Lord be with you.

Cl. Et cum spiritu tuo. And with thy spirit.

Pr. Sequentia ✠ Sancti The continuation ✠ of the
Evangelii secundum Mat- Holy Gospel according to St.
thæum. Matthew.

Cl. Gloria tibi Domine. Glory be to Thee, O Lord.

GOSPEL—*St. Matt. v. 1-12.* At that time, Jesus, seeing the multitudes, went up into a mountain; and when He was set down, His disciples came unto Him. And opening His mouth, He taught them, saying, Blessed are the poor in spirit; for theirs is the kingdom of Heaven. Blessed are the meek; for they shall possess the land. Blessed are they that mourn; for they shall be comforted. Blessed are they that hunger and thirst after justice; for they shall have their fill. Blessed are the merciful; for they shall obtain mercy. Blessed are the clean of heart; for they shall see God. Blessed are the peace-makers; for they shall be called the children of God. Blessed are they that suffer persecution for justice sake; for theirs is the kingdom of heaven. Blessed are ye when they revile you, and persecute you, and speak all that is evil against you untruly, for My sake; be glad and rejoice, for your reward is very great in heaven.

At the end the clerk says:

Laus tibi Christe.

Praise be to Thee, O Christ.

After reading the Gospel the Priest kisses the Missal.

The Nicene Creed

The *Nicene Creed* (that is, the Creed of the Council of Nice) is an explanation of several points of Catholic doctrine. Almighty God likes to hear us tell Him what we believe.

We kneel with the Priest when he says *Et homo factus est* "and was made man," in grateful remembrance of our Lord coming down from heaven and taking flesh for us.

Credo in unum Deum, Patrem omnipotentem, factorem coeli et terræ, visibilium omnium et invisibilium.

Et in unum Dominum Jesum Christum, Filium Dei unigenitum, et ex Patre natum ante omnia sæcula. Deum de Deo; Lumen de Lumine; Deum verum de Deo vero; genitum non factum; consubstantialem Patri, per quem omnia facta sunt. Qui propter nos homines, et propter nostram salutem, descendit de cœlis, et incarnatus est de Spiritu Sancto, ex Maria Virgine: ET HOMO FACTUS EST. Crucifixus etiam pro nobis; sub Pontio Pilato passus et sepultus est. Et resurrexit tertia die secundum scripturas, et ascendit in cœlum, sedet ad dex-

I believe in one God, the Father Almighty, maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the only begotten Son of God, born of the Father before all ages, God of God; Light of Light; true God of true God; begotten not made; consubstantial with the Father, by whom all things were made. Who for us men, and for our salvation, came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, AND WAS MADE MAN. [*Kneel in reverence for Christ's Incarnation.*] He was crucified also for us, suffered under Pontius Pilate, and was buried. The third day He rose again

teram Patris; et iterum venturus est cum gloria judicare vivos et mortuos: cujus regni non erit finis.

Et in Spiritum Sanctum Dominum et vivificantem, qui ex Patre Filioque procedit; qui cum Patre et Filio simul adoratur et conglorificatur; qui locutus est per prophetas. Et unam sanctam Catholicam et Apostolicam Ecclesiam. Confiteor unum baptismum in remissionem peccatorum. Et expecto resurrectionem mortuorum, et vitam venturi sæculi. Amen.

P. Dominus vobiscum.

Cl. Et cum spiritu tuo.

according to the Scriptures; and ascended into heaven, and sitteth at the right hand of the Father: and He shall come again with glory to judge both the living and the dead: of whose kingdom there shall be no end.

And I believe in the Holy Ghost, the Lord and life-giver, who proceedeth from the Father and the Son: who together with the Father and the Son is adored and glorified: who spake by the prophets. And in One Holy Catholic and Apostolic Church. I confess one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

The Lord be with you.

And with thy spirit.

The Offertory or Offering

The First Principal Part of the Mass

The best gift we can make to God is our heart, if it is humble and full of sorrow for sin. Let us then join ourselves to the Host which the Priest is about to offer to Almighty God, and which, later on, in the middle of the Mass, will become the Body and Blood of Jesus Christ.

What the Priest Does at the Offertory

At the beginning of Mass, the Priest placed on the Altar a chalice with a silver plate on it, called a paten. These are covered with a silk veil. He now takes off the veil, and holding up with both hands the paten, on which lies a large Host

—the bread which is to be changed into our Lord's Body and Blood—he prays:—

Accept, O holy Father, almighty and eternal God, this unspotted Host, which I, Thy unworthy servant, offer unto Thee for my many sins, my faults, and my negligences. I offer it also for all here present as well as for all faithful Christians, both living and dead, that it may help both them and me to gain eternal life.

The Priest Pours Wine and Water into the Chalice

The mixing of wine and water reminds us that the Son of God took to Himself our human nature and makes us sharers of His divine nature.

Prayer

O my God, I believe that Thy Son, our Lord Jesus Christ, became man for my sake. May I live in Thy love, and never lose Thy grace by mortal sin. Amen.

Offering of the Chalice

The Priest now offers the wine, which will soon be changed into our Lord's Precious Blood.

Let us ask that this Precious Blood may be applied to our own souls and the souls of those for whom we ought to pray.

Prayer

We offer Thee, O Lord, the chalice of salvation, humbly begging Thy mercy, that it may ascend to Thee for our salvation, and that of the whole world. Amen.

Offering of the Faithful

The Priest says the following prayer for himself and for the people:

Prayer

Accept us, O Lord, who come to Thee with contrite and humble hearts; and grant that the sacrifice

we offer this day in Thy sight may be pleasing to Thee,
O Lord God.

The Blessing of the Bread and Wine

All is now ready for the sacrifice. First the bread, next the wine, and lastly, the hearts of the people, have been separately offered up to God. Then, as nothing is ever done in the order of grace without the help of the Holy Spirit, the Priest prays:

Prayer

Come, O mighty and eternal God and bless this sacrifice prepared for the glory of Thy holy Name.

The Priest Washes His Hands

This action is to remind us how pure our hearts ought to be when we assist at Holy Mass.

Prayer

O Jesus, most pure of heart; O spotless Lamb of God; help me that I may keep my heart pure; that all through my life I may never displease Thee by any wicked thing. Give me the blessing of the clean of heart.

Prayer to the Blessed Trinity

The Priest returns to the middle of the Altar, and bowing down, offers the sacrifice to the Most Holy Trinity.

Prayer

Receive, O holy Trinity, this oblation which we offer Thee in memory of the Passion, Resurrection and Ascension of our Lord Jesus Christ, in honor of the Blessed Mary ever Virgin, of blessed John the Baptist, of the holy Apostles Peter and Paul, St. Joseph, our angel guardians and patron saints. And

may all the saints and angels, whom we now honor upon earth, intercede for us in heaven. Amen.

The Orate Fratres, or "Brethren Pray"

The Priest turns to the congregation, and, with his hands stretched out, invites them to pray with him.

Orate fratres, ut meum ac vestrum sacrificium acceptabile fiat apud Deum Patrem omnipotentem.

Brethren, pray that my sacrifice and yours may be acceptable to God the Father almighty.

The clerk answers:

Suscipiat Dominus sacrificium de manibus tuis, ad laudem et gloriam nominis sui, ad utilitatem quoque nostram, totiusque ecclesiæ suæ sanctæ.

May the Lord receive the sacrifice from thy hands, to the praise and glory of His Name, to our benefit and that of all His holy Church.

The Secret Prayers

The Priest now prays in a low tone of voice.

During this time, do you in charity think of the thousands who are to pass today from this world to the next. Say most earnestly for them this

Prayer

Heart of Jesus, once in agony, have pity on the dying.

The Preface

The *Preface* leads to the *Canon*, and the bell is rung to tell us that the Priest is entering upon the most solemn part of the Mass.

Let us heartily join the angels in praising God.

Pr. Per omnia sæcula sæculorum. World without end.

Cl. Amen.

Amen.

Pr. Dominus vobiscum.

The Lord be with you.

Cl. Et cum spiritu tuo.

And with thy spirit.

Pr. Sursum corda.

Lift up your hearts.

Cl. Habemus ad Domi-
num.

We have lifted them up
to the Lord.

Pr. Gratias agamus Do-
mino Deo nostro.

Let us give thanks to the
Lord our God.

Cl. Dignum et justum est.

It is right and just.

It is truly right and just that we should always, and in all places, give thanks to Thee, O holy Lord, Father almighty, eternal God, through Christ our Lord; through whom the angels praise Thy Majesty, adore Thee, reverence Thee, and sing Thy everlasting praise. Together with them we beseech Thee that Thou wouldst allow our voices also to be admitted, whilst we humbly say:

The Sanctus

(The bell rings.)

Sanctus, sanctus, sanctus,
Dominus Deus Sabaoth,
Pleni sunt cœli et terra
gloria tua. Hosanna in ex-
celsis. Benedictus qui venit
in nomine Domini. Hosanna
in excelsis.

Holy, holy, holy, Lord
God of Hosts. Heaven and
earth are full of Thy glory.
Hosanna in the highest.
Blessed is he that cometh in
the name of the Lord. Ho-
sanna in the highest.

The Canon of the Mass

The word "*Canon*" here means "*rule*," and it is used for this part of the Mass because the prayers said during it are seldom changed. The angels gather round with awe and reverence; the Priest prays in a low tone, and all should be quiet and still, for the great moment is fast approaching when our Lord Jesus Christ will come down upon the Altar.

The Priest begins the Canon by kissing the Altar, to show he is united to Christ, the invisible High Priest. He then prays for the living.

Prayer During the Canon

O Jesus, dying on the Cross for love of poor sin-

ners, through Thy Sacred Head, crowned with thorns, I beg Thee to have mercy on the Pope, all Bishops, Priests, all religious orders, and all those placed over us.

Through the Wound in Thy right Hand I recommend to Thee my father, mother, brothers, sisters, relations and friends, and benefactors.

And through the Wound in Thy left Hand my enemies, all poor sinners, and those who have never been baptized. Help Thy servants who are trying to convert them.

Through the Wound in Thy right Foot I pray for the poor, the sick, and the dying, and for all who are in any kind of pain, temptation, or trouble.

Through the Wound in Thy left Foot I beg of Thee mercifully to grant eternal rest to the souls of the faithful departed.

Through Thy Sacred Heart, O Jesus, I offer myself to do and suffer all things for Thy love. Give me all the graces I stand in need of, and especially the grace I am hearing this holy Mass to obtain (*name it*).

The clerk rings the bell once.

Make an act of contrition, and join yourself to the angels present around the Altar.

The Consecration or Elevation

The Second Principal Part of the Mass

The solemn moment has arrived. The Priest takes in his hands the bread, and lifting his eyes to heaven to show that this great wonder is worked by the power of God, he says the very words of our Lord at the Last Supper: "*This is My Body.*" The bread at that moment is changed into the Body of Jesus

Christ, true God and true Man, now present on the Altar. The Priest genuflects in deepest reverence, and then holds up the Sacred Host for the people to adore. Look for a moment on the Sacred Host, then bow down and adore. The bell is rung three times.

Prayer

O my God, I *adore* Thee through Jesus; I *beg pardon* through Jesus; I *thank* Thee through Jesus: I humbly *ask* every blessing and grace through Jesus. May I lead a holy life and die a good death. My Jesus, mercy. My Jesus, mercy. My Jesus, mercy.

The Consecration bell rings again three times. The Priest is now changing the wine into our Lord's Precious Blood. He says over the wine: "*This is My Blood,*" and the wine itself is no longer in the Chalice, but the Blood of our Lord is there instead. Raise your eyes to the Chalice in which is the Precious Blood of Jesus, then bow down and adore.

Prayer

Hail, Sacred Blood, flowing from the wounds of Jesus Christ, and washing away the sins of the world. O cleanse, sanctify and keep my soul, that nothing may ever separate me from Thee. Eternal Father, through the death of Thy Son Jesus on the Cross, and through the shedding of His Precious Blood, have mercy on me and on all Thy creatures.

After the Elevation

We firmly believe Jesus Christ is *now* present on the Altar. He has come to us for our good—to hear us tell Him what we want, and to help us. Remember His own words, "Ask and you shall receive," and pray with all your heart.

Prayer

O Jesus, who after Thy death upon the Cross wast laid in the grave and didst raise thyself to life on the

third day, help me to keep my soul in the life of grace. Help me so to live that on the last day I may rise in glory and be happy with Thee in heaven.

Prayer for the Dead

As soon as our Lord died, His blessed Soul went down to Limbo, to comfort the saints of the old law who were waiting to be set free. Let us not forget the poor souls in Purgatory, but ask Him to set them free from their dreadful pains.

Prayer

O most merciful Lord Jesus, give unto them eternal rest. Be mindful, O Lord, of Thy servants who are gone before us with the sign of faith, and sleep in the sleep of peace.

Mention the names of your friends for whom you wish to pray, especially those recently dead.

To these, O Lord, and to all that rest in Christ, grant, we beseech Thee, a place of refreshment, light and peace. Through the same Christ our Lord. Amen.

Here, striking his breast and raising his voice, the Priest says:

Nobis quoque peccatoribus. And to us sinners.

Prayer

And to us sinners, O Lord, also show mercy, and admit us to the happy company of the Saints, not considering what we deserve, but forgiving us all our sins. We ask this favor of Thee, through Christ our Lord. It is through Him Thou givest us every good thing. And through Him and with Him, and in Him be to Thee, God the Father almighty, in the unity of the Holy Ghost, all honor and glory.

Pr. Per omnia sæcula For ever and ever.
 sæculorum. Amen.

Cl. Amen.

The Pater Noster, "Our Father."

The Priest is going to speak to God in our Lord's own words. Say the *Our Father* with him, and add a *Hail Mary* for the conversion of sinners.

Oremus

Præceptis salutaribus moniti, et divina institutione formati, audemus dicere:—

Pater noster, qui es in cœlis, sanctificetur nomen tuum; adveniat regnum tuum; fiat voluntas tua sicut in cœlo, et in terra. Panem nostrum quotidianum da nobis hodie: et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem.

Let us Pray

Instructed by Thy saving precepts, and following Thy divine institution, we presume to say:

Our Father who art in heaven, hallowed be Thy name, Thy kingdom come; Thy will be done on earth; as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation.

The clerk answers:

Sed libera nos a malo. But deliver us from evil.

The Priest says in a low voice "Amen," and continues:

Deliver us, we beseech Thee, O Lord, from all evils, past, present and to come; and by the prayers of the Blessed Virgin Mary and all the Saints, mercifully grant peace in our days, that with Thy help we may be always free from sin and safe from harm. Through the same Jesus Christ Thy Son our Lord, who with Thee, in the unity of the Holy Ghost, liveth and reigneth God.

Then he says aloud:

Pr. Per omnia sæcula World without end.
sæculorum.

Gl. Amen. Amen.

Pr. Pax Domini sit semper vobiscum. May the peace of the Lord be always with you.

Gl. Et cum spiritu tuo. And with thy spirit.

Breaking the Host, the Priest puts a part of it into the Chalice.

Prayer

Thy Body was broken and Thy Blood was shed for us: grant, O sweet Jesus, that we, who receive Thee in this Holy Sacrament, may ever believe in Thee, and hope in Thee, and love Thee, more and more. Amen.

The Agnus Dei: "Lamb of God"

God is so glorious in heaven, so powerful on earth, and so terrible in hell! But here He comes mild and gentle as a lamb, full of sweetness and humility. He comes to take away the sins of the world, and chiefly our own. How good He is!

Strike your breast and say:

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Lamb of God, who takest away the sins of the world, have mercy on us.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Lamb of God, who takest away the sins of the world, have mercy on us.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Lamb of God, who takest away the sins of the world, grant us peace.

In Masses for the Dead, the Priest says, "*dona eis requiem.*" "give them eternal rest."

Preparation for Holy Communion

Lord, Jesus Christ, who saidst to Thy Apostles, Peace I leave with you, My peace I give unto you; look not upon my sins but upon the faith of Thy

Church, and give her that peace which Thou dost love to see among her children; who livest and reignest God for ever and ever. Amen.

Lord Jesus Christ, Son of the living God, who by the will of Thy Father and by the power of the Holy Ghost, hast by Thy death given life to the world, deliver me, by this Thy most Sacred Body and Blood, from all my sins and from all evils; and make me always follow Thy commandments, and never let me be separated from Thee: who, with the same God the Father and the Holy Ghost livest and reignest God for ever and ever. Amen.

May this Holy Communion, which I am about to receive, O Lord, keep my soul and body from all evil. Who with God the Father, in the unity of the Holy Ghost, livest and reignest God, for ever and ever. Amen.

The Priest takes the Sacred Host in his hands and says:

I will take the Bread of Heaven, and call upon the name of the Lord.

Then he strikes his breast three times, saying:

Domine, non sum dignus	Lord, I am not worthy that
ut intres sub tectum meum;	Thou shouldst enter under
sed tantum dic verbo, et san-	my roof; say but the word
abitur anima mea.	and my soul shall be healed.

The clerk rings the bell.

The Priest's Communion

The Third Principal Part of the Mass

The Priest bows down and gives himself Holy Communion. This part of the Mass is not finished until he has received the Precious Blood in the Chalice.

If you are obliged through sickness, or any other cause, to leave the church before the Priest has done this, you must take care, on Sundays or Holydays of Obligation, to hear another Mass if you can, as the first one does not fulfill your Mass of Obligation.

During this time, if you are not going to receive Holy Communion,* make a

SPIRITUAL COMMUNION

This means *to wish* to receive our Lord.

Prayer

My Jesus, I believe that Thou art truly and really present in the Sacrament of the Altar. I adore Thee; I love Thee; come into my heart. May the Body of our Lord Jesus Christ preserve my soul to life everlasting.

After a short pause, in which he is speaking quietly to our Lord, the Priest says:

Prayer

What shall I give to the Lord for all that he hath given me? I will take the chalice of salvation, and call upon the name of the Lord. Praising I will call upon the Lord, and I shall be saved from my enemies.

While the Priest empties the Chalice, think of the power of the Precious Blood to take away sin.

Prayer

Dear Jesus, wash my soul in Thy Precious Blood. May the Blood of our Lord Jesus Christ preserve my soul to life everlasting. Eternal Father, I offer Thee the Precious Blood of Jesus Christ in satisfaction for my sins, and for the needs of Holy Church. Amen.

* Devotions for Holy Communion will be found on pages 45 to 52.

The communicants, that is, those who are going to receive Holy Communion, go up to the Altar rail when the bell rings the last time at the *Domine non sum dignus*. As soon as the Priest's Communion is finished and the clerk has said the "*I confess*," the Priest turns to the people and says:

Pr. Misereatur vestri omnipotens Deus, et dimissis peccatis vestris, perducatur vos ad vitam æternam.

Cl. Amen.

May the Almighty God have mercy upon you, and, forgiving you your sins, bring you to life everlasting.

Amen.

Making the sign of the Cross over them he says:

Pr. Indulgentiam, absolutionem, et remissionem peccatorum vestrorum tribuat vobis omnipotens et misericors Dominus.

Cl. Amen.

May the Almighty and merciful Lord grant you pardon, absolution and forgiveness of your sins.

Amen.

Then the Priest takes the Ciborium—the cup or vessel containing the Blessed Sacrament—and, holding up the Blessed Sacrament, turns again to the people, saying:

Ecce Agnus Dei, ecce qui tollit peccata mundi.

Domine, non sum dignus ut intres sub tectum meum: sed tantum dic verbo, et sanabitur anima mea.

Behold the Lamb of God, behold Him who taketh away the sins of the world.

Lord, I am not worthy that Thou shouldst enter under my roof; say but the word, and my soul shall be healed.

This prayer is repeated three times. Strike your breast each time.

The Priest now goes down the Altar steps and places the Blessed Sacrament on the tongue of each communicant, saying:

Corpus Domini nostri Jesu	May the Body of our Lord
Christi custodiat animam tu-	Jesus Christ preserve thy
am in vitam æternam.	soul to life everlasting.
Amen.	Amen.

While the Priest is giving Holy Communion, say the Rosary, or Litany of the Holy Name (p. 60), or any other prayers.

The Ablutions

The Communion being over, the Priest holds out the Chalice to the Clerk, who pours wine into it, which the Priest drinks, saying :

Prayer

Grant, O Lord, that what we have taken with our mouth we may receive with a pure mind; and may it do us good both for time and eternity. Amen.

Then the clerk pours wine and water over the fingers of the Priest.

Prayer

May Thy Body, O Lord, which I have received, and Thy Blood which I have drunk, remain with me; and grant that no stain of sin may be left on my soul, which has been fed with this pure and holy Sacrament. Who livest and reignest one God, world without end. Amen.

The Priest covers the Chalice, folds the Corporal, places it on the Chalice as at the beginning of Mass. He then reads the prayers called the COMMUNION and the POST-COMMUNION.

Communion

My God, I thank Thee for all Thou hast done for me. In return for all Thy mercies I wish never more to displease Thee. Make me wholly Thine, and let me always love Thee more and more.

He turns to the people and says:

<i>Pr.</i> Dominus vobiscum.	The Lord be with you.
<i>Cl.</i> Et cum spiritu tuo.	And with thy spirit.
<i>Pr.</i> Oremus.	Let us pray.

Post-Communion

Jesus, meek and humble of heart, make my heart like to Thine. O Sacred Heart of Jesus, I implore that I may love Thee daily more and more. O Mary, conceived without sin, pray for us who have recourse to thee. St. Joseph, foster-father of our Lord, pray for us.

Afterwards the Priest turns again to the people and says:

<i>Pr.</i> Dominus vobiscum.	The Lord be with you.
<i>Cl.</i> Et cum spiritu tuo.	And with thy spirit.
<i>Pr.</i> Ite, missa est.	Go, the Mass is ended.
<i>Cl.</i> Deo gratias.	Thanks be to God.

Or, in Lent and Advent:

<i>Pr.</i> Benedicamus Domino.	Let us bless the Lord.
<i>Cl.</i> Deo gratias.	Thanks be to God.

Or, in Masses for the dead:

<i>Pr.</i> Requiescant in pace.	May they rest in peace.
<i>Cl.</i> Amen.	Amen.

The Priest, bowing down before the Altar, says:

Prayer

O Holy Trinity, let what I have done be pleasing to Thee; and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be accepted by Thee; and through Thy mercy

may I, and all for whom it has been offered, receive forgiveness of our sins. Through Christ our Lord. Amen.

He now kisses the Altar, and then turning to the people blesses them, making over them the sign of the Cross.

Benedicat vos omnipotens Deus, Pater, ✠ et Filius, et Spiritus Sanctus.	May Almighty God, the Father, ✠ Son and Holy Ghost, bless you.
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Cl. Amen.

Amen.

*In Masses for the dead the Blessing is not given.
Going to the Gospel side, he says:*

Pr. Dominus vobiscum.

The Lord be with you.

Cl. Et cum spiritu tuo.

And with thy spirit.

The Last Gospel

Pr. Initium ✠ sancti
Evangelii secundum Joan-
nem.

The beginning ✠ of the
holy Gospel according to St.
John.

Cl. Gloria tibi Domine.

In principio erat Verbum
et Verbum erat apud Deum;
et Deus erat Verbum; hoc
erat in principio apud Deum.
Omnia per ipsum facta sunt,
et sine ipso factum est nihil
quod factum est: in ipso vita
erat, et vita erat lux homin-
um; et lux in tenebris lucet,
et tenebræ eam non compre-
henderunt.

Glory be to Thee, O Lord.
In the beginning was the
Word, and the Word was
with God, and the Word
was God, the same was in
the beginning with God. All
things were made by Him,
and without Him was made
nothing that was made: in
Him was life, and the life
was the light of men; and
the light shineth in darkness,
and the darkness did not
comprehend it.

Fuit homo missus a Deo,
cui nomen erat Joannes. Hic
venit in testimonium ut testi-

There was a man sent from
God, whose name was John.
This man came for a witness,

monium perhiberet de lumine, ut omnes crederent per illum. Non erat ille lux; sed ut testimonium perhiberet de lumine: Erat lux vera quæ illuminat omnem hominem venientem in hunc mundum.

In mundo erat, et mundus per ipsum factus est, et mundus eum non cognovit. In propria venit, et sui eum non receperunt. Quotquot autem receperunt eum, dedit eis potestatem filios Dei fieri; his qui credunt in nomine ejus, qui non ex sanguinibus, neque ex voluntate carnis, neque ex voluntate viri, sed ex Deo nati sunt. ET VERBUM CARO FACTUM EST, et habitavit in nobis; et vidimus gloriam ejus, gloriam quasi Unigeniti a Patre, plenum gratiæ et veritatis.

Cl. Deo gratias.

to give testimony of the light, that all men might believe through him. He was not the light, but came to give testimony of the light. He was the true light which enlighteneth every man that cometh into this world.

He was in the world, and the world was made by Him, and the world knew Him not. He came into His own, and His own received Him not. But as many as received Him, to them He gave power to become the sons of God; to those that believed in His name, who are born not of blood, nor of the will of the flesh, nor of the will of man, but of God. AND THE WORD WAS MADE FLESH [*Here the Priest and people kneel down*] and dwelt among us; and we saw His glory, as it were the glory of the Only-begotten of the Father, full of grace and truth.

Thanks be to God.

PRAYERS

To Be Said After Mass

Hail Mary, etc., *to be said three times by the Priest and people.*

Hail, holy Queen, Mother of Mercy; our life, our sweetness, and our hope! To thee do we cry, poor banished

children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us Pray

O God, our refuge and our strength, look down with favor upon Thy people, who cry to Thee; and through the intercession of the glorious and immaculate Virgin Mary, Mother of God, of her Spouse, Saint Joseph, of Thy Holy Apostles, Peter and Paul, and of all the Saints, mercifully and graciously hear the prayers, which we pour forth to Thee, for the conversion of sinners and the liberty and exaltation of Holy Mother Church, through the same Christ our Lord. Amen.

St. Michael the Archangel, defend us in battle; be our protection against the malice and snares of the devil. We humbly beseech Thee, O God, to command him; and do Thou, O Prince of the heavenly host, by the divine power thrust into hell Satan and the other evil spirits who roam through the world seeking the destruction of souls. Amen.

THE ANGELUS

To be said morning, noon, and night, to put us in mind that God the Son became man for our salvation.

1. The Angel of the Lord declared unto Mary:
And she was conceived of the Holy Ghost.
Hail Mary, etc.
2. Behold the handmaid of the Lord:
Be it done unto me according to Thy word.
Hail Mary, etc.

3. And the Word was made Flesh
And dwelt among us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

Pour forth, we beseech Thee, O Lord, Thy Grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross † be brought to the glory of His Resurrection, through the same Christ our Lord. Amen.

May the divine assistance remain always with us † and may the souls of the faithful departed, through the mercy of God, rest in peace.

Amen.

Psalm 129, "DE PROFUNDIS"

Out of the depths I have
cried to Thee, O Lord; Lord,
hear my voice.

Let Thine ear be attentive
to the voice of my supplica-
tion.

If Thou, O Lord, shalt
observe iniquities; Lord who
shall endure it?

For with Thee there is
merciful forgiveness: and by
reason of Thy Law I have
waited for Thee, O Lord.

My soul hath relied on

His word; my soul hath
hoped in the Lord.

From the morning watch
even until night let Israel
hope in the Lord.

Because with the Lord
there is mercy, and with
Him plentiful redemption.

And He shall redeem Is-
rael from all his iniquities.

Eternal rest give to them
O Lord, and let perpetual
light shine upon them.

Let us pray.

O God, the Creator and Redeemer of all the faith-
ful, grant to the souls of thy servants departed the
remission of all their sins, that through pious supplica-
tions they may obtain that pardon which they have
always desired; who livest and reignest for ever and
ever. Amen.

May they rest in peace. Amen.

PRAYERS FOR CONFESSION

Before Confession

O most merciful God, I most humbly thank Thee for all Thy mercies unto me; and particularly at this time, for Thy forbearance and long suffering with me, notwithstanding my many and grievous sins. It is of Thy great mercy that I have not fallen into greater and more grievous sins than those which I have committed, and that I have not been cut off and cast into hell.

O my God, although I have been so ungrateful to Thee in times past, yet now I beseech Thee to accept me, returning to Thee with an earnest desire to repent, and to devote myself to Thee, my Lord and my God, and to praise Thy holy Name for ever.

Grant me, I beseech Thee, a perfect contrition for my sins, that I may detest them with the deepest sorrow of heart. Send forth Thy light into my soul, and discover to me all those sins, which I ought to confess at this time. Assist me by Thy grace, that I may be able to declare them to the priest, fully, humbly, and with a contrite heart, and so obtain perfect remission of them all through Thine infinite goodness. Amen.

O most gracious Virgin Mary, beloved Mother of Jesus Christ my Redeemer, intercede for me with Him. Obtain for me the full remission of my sins and perfect amendment of life, to the salvation of my soul, and the glory of His Name.

Now try to find out your sins, and how often you have committed them.

How long is it since your last confession? Did you conceal any sin in your last confession? Did you say your penance? Did you go to Holy Communion without preparing yourself, or after having broken your fast? Have you always said your morning and night prayers? Did you say them badly? Have you used bad words? Did you stay away from Mass on Sundays or Holydays through your own fault? Have you been disobedient to your parents or superiors? Have you called them names? or grumbled at them? or struck them? Have you been angry or in a passion; or sulky? Have you quarrelled? or fought? or struck anyone? Have you borne malice to anyone? Have you done anything wrong by thought, word, or deed against purity or modesty? Have you got others to do wrong? Have you stolen anything? or done any wilful damage? or kept that to which you had no right? Have you told lies? Have you told lies against anyone? Have you injured your neighbor's character by speaking ill of him without reason? Have you eaten meat on Fridays or other days on which it is forbidden? Have you been proud or vain of yourself? or despised others? Have you committed sin by eating or drinking too much? Have you wasted your money in drink? or frequented public houses? or gone with bad company? Have you been jealous of

others? Have you been idle or slothful? Have you done anything else that you ought to confess?

For those who are in service—Have you been disrespectful to your employers? Have you wasted or wilfully damaged their goods? or allowed others to do so? Have you stolen from them or given away their things without leave? Have you been idle or careless at your work? or not done what you were told to do? Have you read other people's letters? Have you gossiped about the private affairs of your employers?

God is very good. He made you and gave you your soul and body, and everything that you have. He is also very holy and just; and He hates sin. He made Heaven for good people, and hell for the wicked. He loves you very much. He was made man for you, and died upon the Cross, with great nails in His Hands and Feet, and a crown of thorns upon His head, to help you to be good, and to get to Heaven. And when you sin, you offend this good God, who loves you so much.

Try now to be very sorry for your sins, and make up your mind not to sin any more.

Acts of Contrition

O Lord Jesus Christ, lover of our souls, who, for the great love wherewith Thou hast loved us, wouldst not the death of a sinner, but rather that he should be converted and live; I grieve from the bottom of my heart that I have offended Thee, my most loving Father and Redeemer, unto whom all sin is infinitely displeasing; who has so loved me that Thou didst shed

Thy Blood for me, and endured the bitter torments of a most cruel death. O my God, O Infinite Goodness, would that I had never offended Thee. Pardon me, O Lord Jesus, most humbly imploring Thy mercy. Have pity upon a sinner, for whom Thy Blood pleads before the face of the Father.

O most merciful and forgiving Lord, for the love of Thee I forgive all who have ever offended me: I firmly resolve to forsake and flee from all sins, and to avoid the occasions of them; and to confess, in bitterness of spirit, all those sins which I have committed against Thy divine goodness, and to love Thee, O my God, for Thine own sake, above all things for ever. Grant me grace so to do, O most gracious Lord Jesus.

O my God, I am very sorry that I have offended Thee, because Thou art so good; and I will not sin again.

My Lord and my God, I sincerely acknowledge myself a vile and wretched sinner unworthy to appear in Thy presence; but do Thou have mercy on me, and save me.

Most loving Father, I have sinned against heaven and before Thee, and am unworthy to be called Thy child; make me as one of Thy servants, and may I for the future be ever faithful to Thee. I am now resolved, with the help of Thy grace, to be more watchful over myself, to amend my faults and fulfil Thy law. Look down on me with the eyes of mercy, O God, and blot out my sins.

Say the Our Father and the Hail Mary.

After Confession

O Almighty and most merciful God, who, according to the multitude of Thy tender mercies, has been pleased once more to receive me, after so many times going astray from Thee, and to admit me to this sacrament of forgiveness! I give Thee thanks with all the powers of my soul for this and all other mercies, graces, and blessings bestowed on me; and casting myself at Thy sacred feet, I offer myself to be henceforth for ever Thine. Let nothing in life or death ever separate me from Thee. I renounce with my whole soul all the sins of my past life. I renew my promises made in baptism, and from this moment I give myself eternally to Thy love and service. Grant that for the time to come I may hate sin more than death itself, and avoid all such occasions and company as have unhappily brought me to it. This I resolve to do, by the aid of Thy divine grace, without which I can do nothing. I beg Thy blessing on these my resolutions, for O Lord, without Thee I am nothing but misery and sin. Supply, also, by Thy mercy, whatever defects have been in this my confession, and give me grace to be now and always a true penitent; through Jesus Christ Thy son. Amen.

Mary, Mother of God, be a Mother to me!

Now say your penance.

PRAYERS FOR HOLY COMMUNION

- 1—Say these prayers *slowly*, a few words at a time.
 2—It is well to *stop after every few words* that they may sink into the heart.
 3—Each Prayer may be said *several times*.

Before Holy Communion*

Prayer for Help—O my God, help me to make a good Communion. Mary, my dearest Mother, pray to Jesus for me. My dear Angel Guardian, lead me to the Altar of God.

Act of Faith—O God, because Thou hast said it, I believe that I shall receive the Sacred Body of Jesus Christ to eat, and His Precious Blood to drink. My God, I believe this with all my heart.

Act of Humility—My God, I confess that I am a poor sinner; I am not worthy to receive the Body and Blood of Jesus on account of my sins. Lord, I am not worthy that Thou shouldst enter under my roof; say but the word, and my soul shall be healed.

Act of Sorrow—My God, I detest all the sins of my life. I am sorry for them, because they have offended Thee, my God, who art so good. I resolve never to commit sin any more. My good God, pity me, have mercy on me, forgive me. Amen.

Act of Adoration—O Jesus, Great God, present on the Altar, I bow down before Thee, I adore Thee.

Act of Love and Desire—Sweet Jesus, I love Thee. I desire with all my heart to receive Thee

* For other devotions for Holy Communion, see p. 48.

Most sweet Jesus, come into my poor soul, and give me Thy flesh to eat and Thy Blood to drink. Give me Thy whole Self, Body, Blood, Soul and divinity, that I may live for ever with Thee.

In Receiving Holy Communion

(1) In going to the Altar rails, and returning to your place, keep your *hands* joined, your *eyes* cast down, and your *thoughts* on Jesus Christ.

(2) Hold your head straight up, keep your eyes closed, your mouth well open, and your tongue out, resting on the under lip. Then with great outward reverence, receive the Sacred Host, saying in your heart with all the faith of St. Thomas—"My Lord and my God."

After Holy Communion

Act of Faith—O Jesus, I believe that I have received Thy Flesh to eat and Thy Blood to drink, because Thou hast said it, and Thy word is true.

Act of Adoration—O Jesus, my God, my Creator, I adore Thee, because from Thy hands I came and with Thee I am to be happy for ever.

Act of Humility—O Jesus, I am but dust and ashes, and yet Thou hast come to me, and my poor heart may speak to Thee.

Act of Love—Sweet Jesus, I love Thee; I love Thee with all my heart. Thou knowest that I love Thee, and wish to love Thee daily more and more.

Act of Thanksgiving—My good Jesus, I thank Thee with all my heart. How good, how kind

Thou art to me, sweet Jesus. Blessed be Jesus in the most holy Sacrament of the Altar.

Act of Offering—O Jesus, receive my poor offering. Jesus, Thou hast given Thyself to me, and now let me give myself to Thee:—

I give Thee my body, that it may be chaste and pure.

I give Thee my soul, that it may be free from sin.

I give Thee my heart, that it may always love Thee.

I give Thee every breath that I shall breathe, and especially my last; I give Thee myself in life and in death, that I may be Thine for ever and ever.

Remember the words of Jesus: "Ask and you shall receive," and

Pray for Yourself

O Jesus, wash away my sins with Thy Precious Blood.

O Jesus, the struggle against temptation is not yet finished. My Jesus, when temptation comes near me, make me strong against it. In the moment of temptation, may I always say, "Jesus, mercy! Mary, help."

O Jesus, may I lead a good life; may I die a happy death. May I receive Thee before I die. May I say when I am dying, "Jesus, Mary, Joseph, I give you my heart and my soul."

Listen now for a moment to Jesus Christ, perhaps He has something to say to you. There may be some promise you have made and broken, which He wishes you to make again and keep.

Answer Jesus in your heart, and tell Him all your troubles.
Then

Pray for Others

O Jesus, have mercy on Thy Holy Church; take care of it.

O Jesus, have pity on poor sinners, and save them from hell.

O Jesus, bless my father, my mother, my brothers and sisters, and all I ought to pray for, as Thy Heart knows how to bless them.

O Jesus, have pity on the poor souls in Purgatory and give them eternal rest.

Sweet Jesus, I am going away for a time, but I trust not without Thee. Thou art with me by Thy grace. I will never leave Thee by mortal sin. I do not fear to do so, though I am so weak, because I have such hope in Thee. Give me grace to persevere. Amen.

OTHER DEVOTIONS FOR COMMUNION

Before Communion

Make an Act of Faith.

I most firmly believe, O Jesus, that in this holy Sacrament Thou art present verily and indeed; that here is Thy Body and Blood, Thy Soul and Thy Divinity. I believe that Thou, my Savior, true God and true Man, are really here, with all Thy treasures; that here Thou communicatest Thyself to us, makest us partakers of the fruit of Thy Passion, and givest us a pledge of eternal life. I believe there cannot be a

greater happiness than to receive Thee worthily, nor a greater misery than to receive Thee unworthily. All this I most steadfastly believe, because it is what Thou hast taught us by Thy Church.

Make an Act of Contrition.

O Lord, I detest, with my whole heart, all the sins by which I have offended Thy Divine Majesty, from the first moment that I was capable of sinning to this very hour. I desire to lay them all at Thy feet, to be cancelled by Thy Precious Blood. Hear me, O Lord, by that infinite love by which Thou hast shed Thy Blood for me. O let not that Blood be shed in vain! I detest my sins, because they have offended Thy infinite goodness. By Thy grace I will never commit them any more: I am sorry for them, and will be sorry for them as long as I live; and according to the best of my power, will do penance for them. Forgive me, dear Lord, for Thy mercy's sake; pardon me all that is past: and be Thou my keeper for the time to come, that I may never more offend Thee.

Make an Act of Divine Love.

O Lord Jesus, the God of my heart and the life of my soul, as the hart pants after the fountains of water, so does my soul pant after Thee, the fountain of life, and the ocean of all good. I am overjoyed at hearing the happy tiding that I am to go into the house of the Lord; or rather that our Lord is to come into my house, and take up His abode with me. O happy moments, when I shall be admitted to the embraces of the living God, for whom my soul languishes with love.

Come, Lord Jesus, and take full possession of my heart for ever! I offer it to Thee without reserve; I desire to consecrate it eternally to Thee. I love Thee with my whole soul above all things; at least, I desire so to love Thee. It is nothing less than infinite love that brings Thee to me; O teach me to make a suitable return of love.

Humbly beg God's Grace.

But, O my God, Thou knowest my great poverty and misery, and that of myself I can do nothing; Thou knowest how unworthy I am of this infinite favor, and Thou alone canst make me worthy. Since Thou art so good as to invite me thus to Thyself, add this one bounty more to all the rest—to prepare me for Thyself. Never let me be guilty of Thy Body and Blood by an unworthy communion. For the sake of this same precious Blood, which Thou hast shed for me, deliver me, O Jesus, from so great an evil.

Implore the Prayers of the Blessed Virgin and of the Saints.

O all ye blessed Angels and Saints of God, and thou most especially, ever blessed Virgin, Mother of this same God and Savior whom I am now going to receive in this holy Sacrament, pray for me that I may receive Him worthily.

After Communion

What return shall I make to Thee, O Lord, for all Thou hast done for me? Behold, when I had no being at all, Thou didst create me; and when I was

gone astray, and lost in my sins, Thou didst redeem me by dying for me. All that I have, all that I am, is Thy gift; and now, after all Thy other favors, Thou hast given me Thyself; blessed be Thy name for ever. Thou art great, O Lord, and exceedingly to be praised; great are Thy works and of Thy wisdom there is no end; but Thy tender mercies, Thy bounty and goodness to me, are above all Thy works; these I desire to confess and extol for ever.

O my Jesus, Thou art infinitely rich, and all the treasures of divine grace are locked up in Thee. These treasures Thou bringest with Thee when Thou dost visit us in this Blessed Sacrament, and Thou takest an infinite pleasure in opening them to us, to enrich our poverty. This it is that gives me confidence to present Thee now with my petitions and to beg of Thee those graces and virtues which I stand so much in need of. O increase and strengthen my belief of Thy heavenly truths; and grant that henceforth I may ever live by faith and be guided by the maxims of Thy Gospel. Teach me to be poor in spirit, and take off my heart from the love of these transitory things, and fix it upon eternity: teach me, by Thy divine example and by Thy most efficacious grace, to be meek and humble of heart, and in my patience to possess my soul. Grant that I may ever keep my body and soul chaste and pure; that I may ever bewail my past sins, and by a daily mortification restrain all irregular inclinations and passions for the future. Teach me to love Thee, to be ever recollected in Thee and to walk

always in Thy presence; teach me to love my friends in Thee, and my enemies for Thee; grant me grace to persevere to the end in this love, and so to come one day to that blessed place where I may love and enjoy Thee for ever.

Have mercy also on my parents, friends and benefactors, and on all those for whom I am bound to pray, that we may all love Thee and faithfully serve Thee. Have mercy on Thy whole church, especially on the clergy and religious men and women, that all may live up to their calling, and sanctify Thy name. Give Thy grace and blessing to all princes and magistrates, and to all Christians and sinners, and bring all strayed sheep back to Thy fold; particularly have mercy on———,* etc.

O blessed Virgin, Mother of my God and Savior, recommend all these my petitions to your Son. O all ye angels and Saints of God, unite your prayers with mine; be ever mindful of me, and obtain from Him, and through Him, that with you I may bless Him and love Him for ever. Amen.

* Here name those for whom you wish especially to pray.

Before you leave say this

INDULGENCED PRAYER

To be said before a Crucifix.

Behold, O kind and most sweet Jesus, I cast myself on my knees in Thy sight, and with the most fervent desire of my soul, I pray and beseech Thee that Thou wouldst impress upon my heart lively sentiments of faith, hope, and charity, with true repentance for my sins, and a firm desire of amendment, while with deep affection and grief of soul I ponder within myself and mentally contemplate Thy five most precious wounds; having before my eyes that which David spake in prophecy: "They pierced My hands and My feet; they have numbered all My bones."

Say also five times the Our Father and Hail Mary, for the Pope and the Church.

Truths of Faith Which Every Christian is Bound to Know

There is *one* God, who will reward the good and punish the wicked.

In this one God there are Three Persons, the Father, the Son, and the Holy Ghost.

God the Son was made man and died for us; afterwards He rose again and ascended into Heaven.

BENEDICTION

When the Priest opens the Tabernacle and incenses the Blessed Sacrament, the following Hymn is sung:

O SALUTARIS HOSTIA
Quæ cæli pandis ostium;
Bella premunt hostilia,
Da robur, fer auxilium.

Uni Trinoque Domino
Sit sempiterna gloria
Qui vitam sine termino
Nobis donet in patria.

O SAVING VICTIM, opening
wide
The gate of Heaven to
man below;
Our foes press on from every
side;
Thine aid supply, Thy
strength bestow,
To Thy great Name be end-
less praise,
Immortal Godhead, One in
Three; [of days
O grant us endless length
In our true native land
with Thee. Amen.

Amen.

After which usually follows:

The Litany of the Blessed Virgin

Kyrie eleison.
Kyrie eleison.
Christe eleison.
Christe eleison.
Kyrie eleison.
Kyrie eleison.
Christe audi nos.
Christe exaudi nos.
Pater de cælis Deus.

Fili Redemptor mundi
Deus,
Spiritus Sancte Deus,
Sancte Trinitas, unus Deus,
Sancta Maria,
Sancta Dei Genitrix.
Sancta Virgo Virginum,

Lord have mercy.
Lord have mercy.
Christ have mercy.
Christ have mercy.
Lord have mercy.
Lord have mercy.
Christ hear us.
Christ graciously hear us.
God the Father of
heaven,
God the Son, Redeemer
of the world,
God the Holy Ghost,
Holy Trinity one God,
Holy Mary,
Holy Mother of God,
Holy Virgin of Virgins,

*Oratio pro
nobis*

*Have mercy
on us.
Pray
for us.*

Mater Christi,
 Mater divinæ gratiæ,
 Mater purissima,
 Mater castissima,
 Mater inviolata,
 Mater intemerata,
 Mater amabilis,
 Mater admirabilis,
 Mater boni consilii,
 Mater Creatoris,
 Mater Salvatoris,
 Virgo prudentissima,
 Virgo veneranda,
 Virgo prædicanda,
 Virgo potens,
 Virgo clemens,
 Virgo fidelis,
 Speculum justitiæ,
 Sedes sapientiæ,
 Causa nostræ lætitiæ.
 Vas spirituale,
 Vas honorabile,
 Vas insigne devotionis,
 Rosa mystica,
 Turris Davidica,
 Turris eburnea,
 Domus aurea,
 Fœderis arca,
 Janua cœli,
 Stella matutina,
 Salus infirmorum,
 Refugium peccatorum,
 Consolatrix afflictorum,
 Auxilium Christianorum,
 Regina Angelorum,
 Regina Patriarcharum,
 Regina Prophetarum,
 Regina Apostolorum,

Ora pro nobis.

Mother of Christ,
 Mother of Divine grace,
 Mother most pure,
 Mother most chaste,
 Mother inviolate,
 Mother undefiled,
 Mother most amiable,
 Mother most admirable,
 Mother of good counsel,
 Mother of our Creator,
 Mother of our Savior,
 Virgin most prudent,
 Virgin most venerable,
 Virgin most renowned,
 Virgin most powerful,
 Virgin most merciful,
 Virgin most faithful,
 Mirror of justice,
 Seat of wisdom,
 Cause of our joy,
 Spiritual vessel,
 Vessel of honor,
 Singular vessel of devotion,
 Mystical Rose,
 Tower of David,
 Tower of ivory,
 House of gold,
 Ark of the covenant,
 Gate of heaven,
 Morning Star,
 Health of the sick,
 Refuge of sinners,
 Comforter of the afflicted,
 Help of Christians,
 Queen of Angels,
 Queen of Patriarchs,
 Queen of Prophets,
 Queen of Apostles,

Pray for us.

Pray for us.

Regina martyrum,
 Regina Confessorum,
 Regina Virginum,
 Regina Sanctorum
 omnium,
 Regina sine labe origin-
 ali concepta,
 Regina Sacratissimi
 Rosarii,
 Regina pacis,

Ora pro nobis.

Queen of Martyrs,
 Queen of Confessors,
 Queen of Virgins,
 Queen of all Saints,

Pray for us.

Queen conceived without
 original sin,
 Queen of the most holy
 Rosary,
 Queen of Peace,

Agnus Dei, qui tollis pec-
 cata mundi,
Parce nobis Domine.
 Agnus Dei, etc.
Exaudi nos, Domine.
 Agnus Dei, etc.
Miserere nobis.

V. Ora pro nobis, sancta
 Dei Genitrix.

R. Ut digni efficiamur
 promissionibus Christi.

Lamb of God who takest
 away the sins of the
 world, *Spare us, O Lord.*
 Lamb of God, etc.
Graciously hear us, O Lord.
 Lamb of God, etc.
Have mercy on us.

V. Pray for us, O holy
 Mother of God.

R. That we may be made
 worthy of the promises of
 Christ.

*Then the following Hymn is sung, all present bowing down at
 the words "Veneremur cernui."*

Tantum ergo Sacramentum
 Veneremur cernui:

Et antiquum documentum
 Novo cedat ritui:

Præstet fides supplementum
 Sensuum defectui.

Genitori Genitoque
 Laus et jubilatio,

Down in adoration falling,
 Lo, the Sacred Host we hail;
 Lo, o'er ancient forms de-
 parting,
 Newer rites of grace prevail;
 Faith for all defects supply-
 ing,
 Where the feeble senses fail.

To the everlasting Father,
 And the Son who reigns on
 high,

Salus, honor, virtus quoque
Sit et benedictio;

Procedenti ab utroque
Compar sit laudatio.
Amen.

V. Panem de cœlo præ-
stitisti eis (Alleluia).

R. Omne delectamentum
in se habentem (Alleluia).

Deus, qui nobis sub sacra-
mento mirabili passionis tuæ
memoriam reliquisti; tribue,
quæsumus, ita nos corporis et
sanguinis tui sacra mysteria
venerari; ut redemptionis
tuæ fructum in nobis jugiter
sentiamus; qui vivis, etc.
Amen.

*Here, bowing down in fervent adoration, receive the Benediction
of the Most Holy Sacrament. Then is usually sung:*

Ant. Adoremus in æter-
num Sanctissimum Sacramen-
tum.

Laudate Dominum omnes
gentes;* laudate eum omnes
populi.

Quoniam confirmata est su-
per nos misericordia ejus* et
veritas Domini manet in
æternum.

Gloria Patri, etc.

With the Holy Ghost pro-
ceeding

Forth from each eternally,
Be salvation, honor, blessing,
Might and endless majesty.

Amen.

V. Thou hast given them
bread from heaven (Alle-
luia).

R. Having in itself all
that is delicious (Alleluia).

O God, who in this won-
derful Sacrament has left us
a memorial of Thy Passion;
grant us we beseech Thee, so
to reverence the sacred mys-
teries of Thy Body and
Blood, that we may continu-
ally find in our souls the fruit
of Thy redemption: who liv-
est, etc.

Amen.

Ant. Let us adore for-
ever the Most Holy Sacra-
ment.

O praise the Lord, all ye
nations; praise Him all ye
people.

For His mercy is confirm-
ed upon us; and the truth
of the Lord remaineth for
ever.

Glory be to the Father, etc.

The Divine Praises*

Blessed be God.
 Blessed be His holy Name.
 Blessed be Jesus Christ, true God and true Man.
 Blessed be the Name of Jesus.
 Blessed be His Most Sacred Heart.
 Blessed be Jesus in the Most Holy Sacrament of the Altar.
 Blessed be the Great Mother of God, Mary most holy.
 Blessed be her holy and Immaculate Conception.
 Blessed be the name of Mary, Virgin and Mother.
 Blessed be St. Joseph her most chaste Spouse.
 Blessed be God in His Angels and in His Saints.

THE WAY OF THE CROSS

The Way of the Cross is a devotion to the Blessed Passion, in which we accompany, in spirit, our Blessed Lord in His sorrowful journey from the house of Pilate to Calvary, and recall to mind, with sorrow and love, all that took place from the time when He was condemned to death to His being laid in the Tomb. There are fourteen *Stations*, at which something took place which it is well for us to call to mind, and to think over. At each of them we should say the Our Father and the Hail Mary, and think, with love and sorrow for our sins, on the suffering of our Lord represented to us at the stations. Many indulgences are attached to this devotion; to gain them we must be in a state of grace, must visit each station in order, thinking over what is represented, and must pray for the intentions of the Holy Father.

- I. Jesus is condemned to death.
- II. Jesus is made to bear the Cross.
- III. Jesus falls the first time under the Cross.
- IV. Jesus meets His afflicted Mother.
- V. The Cross is laid upon Simon of Cyrene.
- VI. Veronica wipes the face of Jesus.
- VII. Jesus falls the second time.
- VIII. Jesus speaks to the daughters of Jerusalem.
- IX. Jesus falls the third time.
- X. Jesus is stripped of His garments.

* Indulgence one year every time they are said.

- XI. Jesus is nailed to the Cross.
 - XII. Jesus dies upon the Cross.
 - XIII. Jesus is taken down from the Cross.
 - XIV. Jesus is placed in the sepulchre.
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THE HOLY ROSARY

The Rosary is a devotion to the Blessed Virgin. It is composed of fifteen decades, each decade consisting of the Our Father, ten Hail Marys, and the Glory be to the Father, and each being recited in honor of some mystery in the life of our Lord and of His Blessed Mother. During each decade we should call to mind the mystery which it is intended to honor, and pray that we may learn to practise the virtues specially taught us by the mystery.

Many indulgences can be gained by saying the Rosary devoutly.

I. THE FIVE JOYFUL MYSTERIES

- 1. The Annunciation.
- 2. The Visitation.
- 3. The Nativity.
- 4. The Presentation of our Blessed Lord in the Temple.
- 5. The Finding of the Child Jesus in the Temple.

II. THE FIVE SORROWFUL MYSTERIES

- 1. The Agony in the Garden.
- 2. The Scourging of our Blessed Lord at the Pillar.
- 3. The Crowning of our Blessed Savior with Thorns.
- 4. Jesus Carries His Cross.
- 5. The Crucifixion.

III. THE FIVE GLORIOUS MYSTERIES

- 1. The Resurrection.
- 2. The Ascension of Christ into Heaven.
- 3. The Descent of the Holy Ghost on the Apostles.
- 4. The Assumption of the Blessed Virgin Mary into Heaven.
- 5. The Coronation of the Blessed Virgin Mary as Queen of Heaven.

LITANY OF THE MOST HOLY NAME OF JESUS*

Lord, have mercy on us.	Jesus, most obedient,	
Christ, have mercy on us.	Jesus, meek and humble of	
Lord, have mercy on us.	heart,	
Jesus, hear us.	Jesus, lover of chastity,	
Jesus, graciously hear us.	Jesus, lover of us,	
God the Father of heaven	Jesus, God of peace,	
<i>Have mercy on us.</i>	Jesus, author of life,	
God the Son, Redeemer of	Jesus, example of virtues,	
the world,	Jesus, zealous lover of souls,	
<i>Have mercy on us.</i>	Jesus, our God,	
God the Holy Ghost,	Jesus, our refuge,	
<i>Have mercy on us.</i>	Jesus, Father of the poor,	
Holy Trinity, one God,	Jesus, treasure of the faith- ful,	<i>Have mercy on us.</i>
<i>Have mercy on us.</i>	Jesus, good Shepherd,	
Jesus, Son of the living God,	Jesus, true light,	
Jesus, splendor of the Father,	Jesus, eternal wisdom,	
Jesus, brightness of eternal light,	Jesus, infinite goodness,	
Jesus, King of glory,	Jesus, our way and our life,	
Jesus, sun of justice,	Jesus, joy of Angels,	
Jesus, Son of the Virgin Mary,	Jesus, king of Patriarchs,	
Jesus, most amiable,	Jesus, master of Apostles,	
Jesus, most admirable,	Jesus, teacher of Evangelists,	
Jesus, mighty God,	Jesus, strength of Martyrs,	
Jesus, Father of the world to come,	Jesus, light of Confessors,	
Jesus, Angel of great coun- sel,	Jesus, purity of Virgins,	
Jesus, most powerful,	Jesus, crown of all Saints,	
Jesus, most patient,	Be merciful unto us, <i>Spare us, O Jesus.</i>	
	Be merciful unto us, <i>Graciously hear us, O Jesus.</i>	

* Indulgence of 300 days, for those who say it devoutly.

From all evil,
 From all sin,
 From Thy wrath,
 From the snares of the devil,
 From the spirit of uncleanness,
 From everlasting death,
 From the neglect of Thy inspirations,
 Through the mystery of Thy holy incarnation,
 Through Thy nativity,
 Through Thy infancy,
 Through Thy most divine life,
 Through Thy labors,
 Through Thine agony and passion,
 Through Thy Cross and dereliction,
 Through Thy faintness and weariness,

Jesus, deliver us.

Through Thy death and burial,
 Through Thy resurrection,
 Through Thine ascension,
 Through Thine institution of the most holy Eucharist,
 Through Thy joys,
 Through Thy glory,
 Lamb of God who takest away the sins of the world,
Spare us, O Lord Jesus,
 Lamb of God who takest away the sins of the world,
Graciously hear us, O Lord Jesus,
 Lamb of God who takest away the sins of the world,
Have mercy on us, O Lord Jesus.
 Jesus, hear us,
Jesus, graciously hear us.

Jesus, deliver us.

Let us Pray

O Lord Jesus Christ, who hast said: Ask, and ye shall receive; seek, and ye shall find; knock and it shall be opened unto you: give, we beseech Thee, to us who ask, the gift of Thy most divine love, that with all our heart, words, and works, we may love Thee, and never cease to praise Thee.

Make us, O Lord, to have a perpetual fear and love of Thy holy Name; for Thou never failest to govern those whom Thou dost solidly establish in Thy love; through Jesus Christ, our Lord. Amen.

A QUARTER OF AN HOUR BEFORE THE BLESSED SACRAMENT

To please Me, my dear child, it is not necessary to know much; all that is required is to love Me much, to be deeply sorry for ever having offended Me and desirous of being ever faithful to Me in future.

Speak to Me now as you would to your dearest friend. Tell me all that now fills your mind and heart. Are there any you wish to commend to Me? Tell Me their names, and tell Me what you would wish Me to do for them. Do not fear, ask for much; I love generous hearts, which, forgetting themselves, wish well to others.

Speak to Me of the poor you wish to comfort; tell Me of the sick that you would wish to see relieved. Ask of Me something for those who have been unkind to you, or who have crossed you. Ask much for them all; commend them with all your heart to Me.

And ask Me many graces for yourself. Are there not many and many you would wish to name, that would make you happier to yourself, more useful and pleasing to others, more worthy of the love of Me, the dearest Lord, Master and Spouse of your soul? Tell me the whole list of the favors you want of Me. Tell Me them with humility, knowing how poor you are without them, how unable to gain them by yourself; ask for them with much love, and they may make you more pleasing to Me.

With all a child's simplicity, tell Me how self-seeking you are, how proud, vain, irritable, how cowardly in sacrifice, how lazy in work, uncertain in your good resolutions, and then ask Me to bless and crown your efforts. Poor child, fear not, blush not at the sight of so many failings; there are Saints in Heaven who had the faults you have; they came to me lovingly, they prayed earnestly to Me, and my grace has made them good and holy in My sight.

You should be mine, body and soul; fear not, therefore to ask of Me gifts of body and mind, health, judgment, memory,

and success—ask for them for My sake; that God may be glorified in all things. I can grant everything, and never refuse to give what may make a soul dearer to Me and better able to fulfill the will of God.

Have you no plans for the future which occupy, perhaps distress, your mind? Tell Me your hopes, your fears. Is it about your future state? your position among My creatures? some good you wish to bring to others? In what shall I help and bless your good will?

And for Me you must have—have you not?—some zeal, some wish to do good to the souls of others. Some, perhaps, who love and care for you, have ceased, almost, to know or care for Me. Shall I give you strength, wisdom and tact, to bring these poor ones close to my Heart again? Have you failed in the past? tell Me how you acted; I will show you why you did not gain all you expected; rely on Me, I will help you, and will guide you to lead others to Me.

And what crosses have you, my dear child? Have they been many and heavy ones? Has some one caused you pain? some one wounded your self-love? slighted you? injured you? Lay your head upon My breast, and tell Me how you suffered. Have you felt that some have been ungrateful to you, and unfeeling towards you? Tell Me all, and in the warmth of My Heart you will find strength to forgive and even to forget that they have ever wished to pain you.

And what fears have you, my child? My providence shall comfort you; my love sustain you. I am never away from you, never can abandon you. Are some growing cold in the interest and love they had for you? Pray to Me for them; I will restore them to you if it be better for you and your sanctification.

Have you not some happiness to make known to Me? What has happened, since you came to Me last, to console you, to gladden and give you joy? What was it? a mark of true friendship you received? a success unexpected and almost un hoped for? a fear suddenly taken away from you? and did you not remember the while, that in all it was My

will, My love, that brought all that your heart has been so glad to have? It was My hand, My dear child, that guided and prepared all for you. Look to Me now, My child, and say, "Dear Jesus, I thank you."

You will soon leave Me now; what promises can you make Me? Let them be sincere ones, humble ones, full of love and desire to please Me. Tell Me how carefully you will avoid every occasion of sin, drive from you all that leads to harm, and shun the world—the great deceiver of souls.

Promise Me to be kind to the poor; loving for My sake, to friends; forgiving to your enemies, and charitable to all, not in word alone and actions, but in your very thoughts. When you have little love for your neighbor, whom you see, you are forgetting Me who am hidden from you.

Love all My saints; seek the help of your holy patrons. I love to glorify them by giving you much through them. Love, above all, My own sweet glorious Mother—she is your mother; O love her, speak to her often, and she will bring you to Me, and for her sake I will love and bless you more each day.

Return soon to Me again, but come with your heart empty of the world, for I have many more favors to give, more than you can know of, bring your heart so that I may fill it with many gifts of My love.

May peace be with you.

SUMMARY OF CHRISTIAN DOCTRINE

I. We are bound to know and to believe: 1. That there is one supreme, eternal, infinite God, the Creator of heaven and earth; and that the good will be rewarded by Him for ever in heaven, and the wicked punished for ever in hell. 2. That in God there are three persons, co-eternal, co-equal, God the Father, God the Son, and God the Holy Ghost. 3. That God the Son, the Second Person of the Most Holy Trinity, was made Man, and died upon the Cross to save us.

II. We are bound also to know and to believe the Apostles' Creed; to have a knowledge of the Commandments of God and of the Church, and of the Holy Sacraments; and to know the Lord's Prayer and Hail Mary.

III. We are bound moreover, to believe whatever God teaches us by His holy Church, who in her teaching cannot deceive us nor be deceived. Her teaching is, amongst other ways, infallibly made known to us by the Roman Pontiff "when he speaks *ex cathedra*"—that is, when, discharging the office of Pastor and teacher of all Christians, he defines, by virtue of his supreme apostolic authority, a doctrine, regarding faith or morals, to be held by the universal Church.

THE SEVEN SACRAMENTS

1. *Baptism*: by which we are made Christians, children of God; members of His holy Church, and heirs of heaven.

2. *Confirmation*: by which we receive the Holy Ghost, to make us strong and perfect Christians and soldiers of Christ.

3. *The Holy Eucharist*: which is really and truly the Body and Blood, the Soul and the Divinity, of Jesus Christ, under the appearance of bread and wine. The Holy Eucharist is not only a sacrament in which we receive our Divine Lord for the food and nourishment of our souls, and in which He is really present to be adored upon the altar; it is also a *Sacrifice*, the Sacrifice of the Holy Mass, in which, at the time of consecration, the bread and wine are changed into the Body and Blood of Jesus Christ, and in which He is offered up for us to His Eternal Father.

4. *Penance*: by which the sins committed after Baptism are forgiven.

5. *Extreme Unction*: which, in dangerous illness, comforts the soul, remits sin and restores health if God sees it to be expedient.

6. *Holy Orders*: by which Bishops, Priests, and other Ministers of the Church are ordained.

7. *Matrimony*: which is the Sacrament of Christian Marriage.

THE TWO PRECEPTS OF GOD

1. Thou shalt love the Lord thy God with thy whole heart, and with thy whole soul, and with thy whole mind, and with thy whole strength. 2. Thou shalt love thy neighbor as thyself.

THE TEN COMMANDMENTS OF GOD

1. Thou shalt not have strange Gods before Me. Thou shalt not make to thyself any graven thing; nor the likeness of anything that is in heaven above, or in the earth beneath, nor of those things that are in the waters under the earth. Thou shalt not adore them nor serve them. 2. Thou shalt not take the name of the Lord thy God in vain. 3. Remember that thou keep holy the Sabbath-day. 4. Honor thy father and thy mother. 5. Thou shalt not kill. 6. Thou shalt not commit adultery. 7. Thou shalt not steal. 8. Thou shalt not bear false witness against thy neighbor. 9. Thou shalt not covet thy neighbor's wife. 10. Thou shalt not covet thy neighbor's goods.

THE SIX COMMANDMENTS OF THE CHURCH

1. To keep the Sundays and Holy-days of Obligation holy, by hearing Mass and resting from servile works. 2. To keep the days of Fasting and Abstinence appointed by the Church. 3. To go to Confession at least once a year. 4. To receive the Blessed Sacrament at least once a year, at Easter or thereabouts. 5. To contribute to the support of our Pastors. 6. Not to marry within certain degrees of kindred, nor to solemnize marriage at the forbidden times.

The Three Theological Virtues: Faith, Hope and Charity.

The Four Cardinal Virtues: Prudence, Justice, Fortitude and Temperance.

Seven Gifts of the Holy Ghost: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, the Fear of the Lord.

Twelve Fruits of the Holy Ghost: Charity, Joy, Peace, Patience, Benignity, Goodness, Longanimity, Mildness, Faith, Modesty, Contineny, Chastity (Galatians v. 22, 23).

Seven Corporal Works of Mercy: To feed the hungry; to give drink to the thirsty; to clothe the naked; to harbor the harborless; to visit the sick; to visit the imprisoned; to bury the dead.

Seven Spiritual Works of Mercy: To counsel the doubtful; to instruct the ignorant; to admonish sinners; to comfort the afflicted; to forgive offences; to bear wrongs patiently; to pray for the living and the dead.

Seven Deadly Sins: Pride, Covetousness, Lust, Anger, Gluttony, Envy, Sloth. *The opposite virtues:* Humility, Liberty, Chastity, Meekness, Temperance, Brotherly Love, Diligence.

INDULGENCES

An Indulgence is a remission granted by the Church to those who are free from the guilt of mortal sin, of the whole, or of a part of the temporal punishment due for sins already forgiven.

Explanation—1. By *temporal punishment*, as distinguished from *eternal punishment*, is meant punishment which is due for sin, and which is to be undergone, either in this world or in the next world in purgatory. The repentance for sin may be so great as to obtain from God the remission both of the guilt and of all punishment; but often through the imperfection of our repentance, some punishment remains due for sin after the guilt has been removed. 2. Indulgences are granted on the condition of the performance of certain specified good works; and they cannot be gained by any one who is not free from the guilt of all grievous sins. 3. The Church, in granting an indulgence, offers to God, for the remission of the temporal punishment deserved for our sins, the infinite superabundant merits of our Lord, and also (but only secondarily) the merits of the Blessed Virgin and the Saints. 4. A *Plenary Indulgence* is a remission of the whole of the punishment due for forgiven sins; a *Partial Indulgence* is a remission of some part of that punishment. An indulgence, granted as *Plenary*, will, if there be an obstacle to its full effect, be only partially obtained. In the early ages of the Church, "canonical penances," as they were called, were inflicted for sin; and an indulgence of *forty days*, for example, represents a remission of as much of the *temporal punishment* as would have been remitted by means of forty days of such canonical penance.

For most of the Plenary Indulgences Confession is required.

THE LAW OF THE CHURCH CONCERNING MARRIAGE

1. In consequence of the Papal decree *Ne Temere*, which came into force at Easter, 1908, every marriage between Catholics, or between a Catholic and a non-Catholic, must be celebrated before a Bishop or Priest duly authorized and two witnesses. Such marriages if otherwise celebrated, *e. g.*, before the Registrar, or any minister of the non-Catholic sects—may be binding legal contracts under the civil law; but they are null and void before God, and the parties are not in the sight of God really husband and wife.

2. Catholics who apostasize, either formally or equivalently, are not thereby withdrawn from the Church's jurisdiction in this matter.

3. These rules have nothing to do with marriages between non-Catholics neither of whom has been baptised in the Catholic Church.

4. As ecclesiastical law requires the publication of banns in the church, persons intending to marry should give notice to the parish priest at least three weeks before the date proposed for the marriage.

5. The solemn celebration of marriage is forbidden from Ash Wednesday till after Low Sunday, and from the 1st Sunday in Advent till the day after the Epiphany.

Note—The marriages of those already married before Easter, 1908, are to be judged by the rules then in force in this country.

Mixed Marriages.

A "mixed marriage" (that is, a marriage between a Catholic and one who, though baptised does not profess the Catholic Faith) may not take place without a dispensation; and the dispensation cannot lawfully be given unless for a sufficiently grave reason, and subject to the following conditions: 1. That *all* the children that may be born of the marriage shall be baptised, and brought up, in the Catholic Faith. 2. That the Catholic party shall have full liberty for the practice of the Catholic religion. 3. That the Catholic party shall endeavor to convert the other to the Catholic Faith. 4. That no religious marriage ceremony shall take place elsewhere than in the Catholic Church.

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